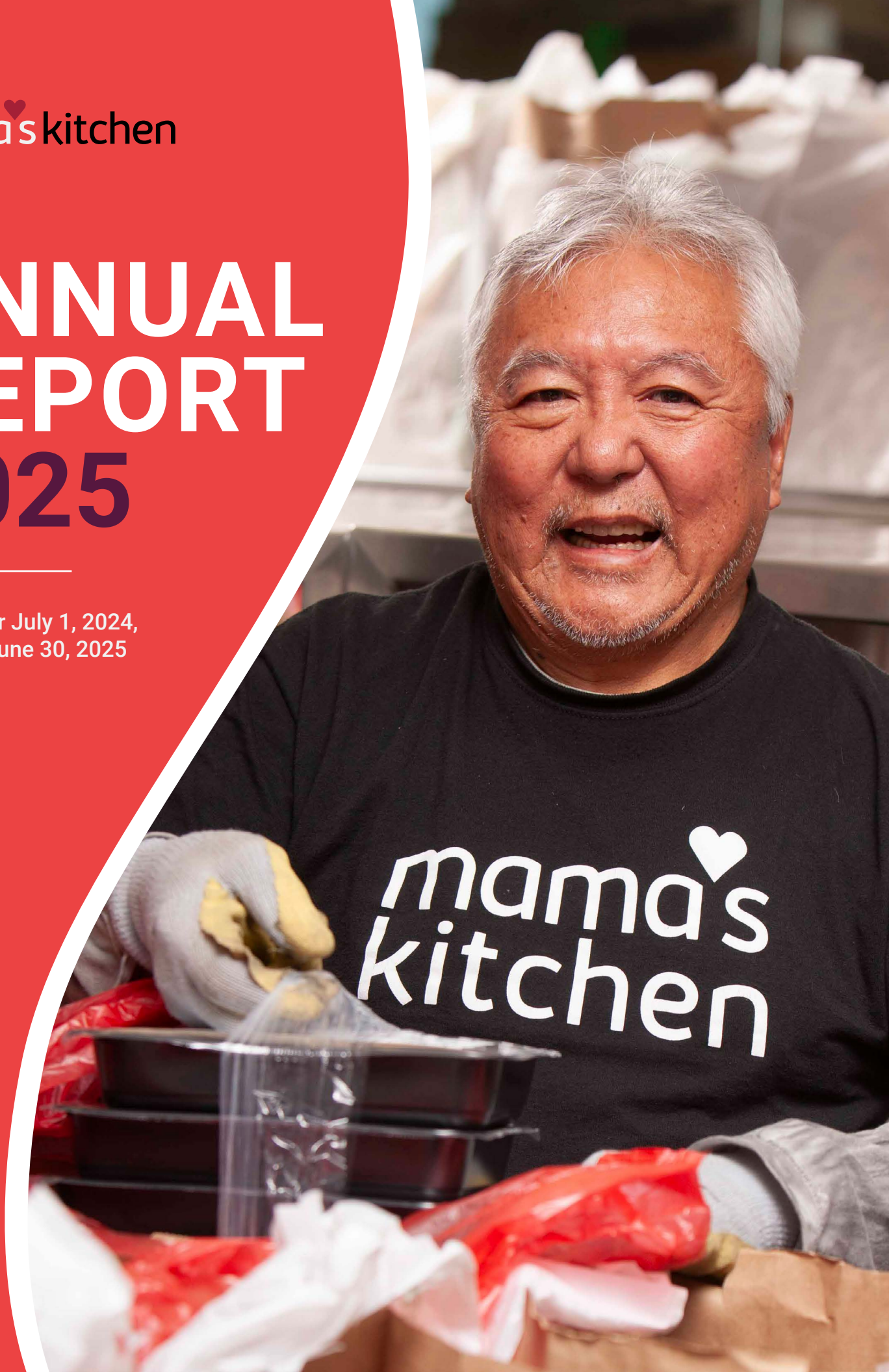


mama's kitchen

ANNUAL REPORT 2025

Fiscal Year July 1, 2024,
Through June 30, 2025



ABOUT MAMA'S KITCHEN

SERVING SAN DIEGO SINCE 1990

Mama's Kitchen is a community-based nonprofit organization that provides medically tailored meals and nutrition education for individuals affected by HIV, cancer, type 2 diabetes, heart disease, and kidney disease.

With the help of hundreds of volunteers, we deliver more than 800,000 meals each year - more than any other nonprofit in San Diego County. We are proud to be the region's largest provider of delivered meals and the only local organization offering medically tailored meals.



OUR MISSION

Mama's Kitchen believes that everyone is entitled to the basic necessity of life - nutritious food. Our services improve the health and well-being of individuals and families vulnerable to malnutrition due to critical illness.

OUR VISION

At Mama's Kitchen, we envision a community where all individuals with critical illnesses are no longer vulnerable to malnutrition.

OUR SERVICES

♥ Medically Tailored Meal Service

Provides **three daily, no-cost medically tailored meals**, seven days a week, for critically ill individuals who are too ill to cook or shop for themselves. Each meal is designed by registered dietitians to meet the clients' medical needs.

♥ Medical Nutrition Therapy

Provides clients with **one-on-one nutrition education sessions** with one of our registered dietitians. These sessions provide clients with crucial knowledge such as how to use nutrition to manage their diagnosis and increase treatment response and how to read nutrition labels.

♥ Emergency Food Bag Assistance

Provides up to **12 weekly grocery bags** in a 12-month period, each containing perishable and nonperishable food items for low-income HIV+ and emergent crisis clients.

A MESSAGE FROM OUR BOARD PRESIDENT AND CHIEF EXECUTIVE OFFICER

The 2024–2025 fiscal year marked a period of meaningful growth paired with unprecedented challenges for Mama's Kitchen. While the year was defined by strategic advancements, expanded capacity, and new opportunities to deepen our impact across San Diego County, threats to federal funding and social service programs brought looming concerns for the future.

As demand for our services has surged over the past five years, we recognized the importance of investing in the infrastructure and systems needed to scale our operations. This year, those priorities translated into significant achievements that strengthened our ability to serve more individuals with greater efficiency and impact.

Transformative Kitchen Enhancements

This year, Mama's Kitchen was able to complete two long-anticipated kitchen equipment upgrades: an advanced tray-sealing machine and a commercial Combi Oven. Prior to these investments, our ovens and packaging equipment were operating at full capacity, limiting our ability to cook and package medically tailored meals at the scale required to meet growing demand. For years, our culinary team relied on two leased Oliver Tray Sealing Machines, each capable of sealing only 20 meals per minute. Packaging more than 15,000 meals per week required extended kitchen hours and significant volunteer support.

With new funding from the California Department of Healthcare Services and the County of San Diego, we purchased an advanced Point Five Tray Sealing Machine capable of sealing 60 meals per minute. This equipment has drastically increased efficiency while reducing labor demands, tray costs, and reliance on volunteers.

Additionally, support from the California Department of Healthcare Services and the Parker Foundation enabled the purchase of a commercial Combi Oven, increasing our cooking capacity by 160%. This new oven, capable of holding twenty full sheet pans, expanded our total capacity to thirty-two sheet pans, a critical improvement as we prepare more than 8,000 lbs. of fresh vegetables each week!

Supporting Our Seniors

In August 2024, Mama's Kitchen became San Diego County's only contracted provider of medically tailored meals for its Older Californians Nutrition Program (OCNP). With more than 60%

of our clients over age 60—and with seniors experiencing higher rates of chronic and critical health conditions—this contract expands access for seniors in need.

Piloting for the Future

This year, Mama's Kitchen also secured American Rescue Plan Act funding to launch a shipped meal pilot. The one-year pilot, which concluded in December 2024, tested the feasibility of shipping meals to communities beyond the reach of our current delivery routes. While designed as a limited trial, the pilot provided valuable insight into the systems, protocols, and unique needs associated with serving rural communities. Additional details about this initiative can be found later in this report.

Ensuring Our Resilience

In May 2025, shortly after the Big Beautiful Bill was introduced with significant budget cuts that would impact Mama's Kitchen, we received our first notice of cancelled funding – the cancellation of our Housing Opportunities for Persons with AIDS (HOPWA) contract, a loss of \$615,000 over the next three years. To safeguard our programs and ensure our sustainability, we launched the Mama's Kitchen Resiliency Fund on May 22, with a goal of raising \$1 million. The fund is a forward-looking investment to ensure we can continue serving our clients – without disruption and without compromise – no matter the challenges ahead.

Your support makes a meaningful difference every single day. Because of you, Mama's Kitchen continues to respond to rising needs while ensuring that nutritious medically tailored meals reach those who rely on them.

Thank you for being an essential part of this work. We are deeply grateful and look forward to what we can accomplish together in the coming year.



Eva Matthews

Eva Matthews
Chief Executive Officer



Jeannie L. Posner

Jeannie Posner
Board President

WHAT IS A MEDICALLY TAILORED MEAL?

With decades of experience caring for critically ill individuals, Mama's Kitchen knows firsthand the value of proper nutrition in the treatment of those with critical and chronic illnesses. Today, we are San Diego's only nonprofit provider of medically tailored meals (MTM) and our organization is proud to have played a significant role in progressing the movement of MTM and Food is Medicine across the nation.

What Makes a Meal "Medically Tailored"?

MTMs are meals specifically tailored by a registered dietitian to an individual's medical diagnosis, symptoms, medication interactions, and overall health needs. They go beyond what is considered generally healthy eating to support disease-specific nutritional needs.

Kidney disease exemplifies the complexity of nutritional needs and restrictions for a critical diagnosis. Someone with stages 3-4 kidney disease may be recommended to limit protein to avoid overworking and further damaging the kidneys. But once a patient reaches end-stage renal disease and begins dialysis, their protein needs increase significantly to replace what is lost during dialysis treatment. MTMs adapt to these shifting requirements, helping clients improve treatment response, strength, and overall health.

While most U.S. food assistance programs focus on food insecurity, medically tailored meals address **nutrition insecurity** and **medical necessity**. MTMs are different: Mama's Kitchen's registered dietitian nutritionists design these meals according to clinical guidelines to meet the needs of people whose conditions require highly specialized diets.

Why Medically Tailored Meals Matter

MTMs don't just improve individual health – they strengthen community health outcomes. Live Well San Diego identifies poor diet as a key contributor to the four leading causes of death



in San Diego: cancer, heart disease, diabetes, and lung disease. For individuals already facing serious illness, nutrition insecurity compounds every challenge. Pain, fatigue, treatment side effects, and financial hardship from healthcare costs make it harder to access nutritious food. In turn, poor nutrition worsens illness and makes disease management more difficult.

Diabetes illustrates this challenge clearly. Many people experience a pattern of hospitalizations for diabetes-related complications, making progress in the hospital, but then struggling to sustain that progress once home. Research shows that MTMs can break this cycle: among people with type 2 diabetes, MTMs reduced hospital admissions by 50%, shortened hospital stays by 37%, and increased the likelihood of being discharged home rather than to a costly nursing facility.

The Impact of Mama's Kitchen

Mama's Kitchen's Medically Tailored Meal Service has home delivered more than 13 million meals and has impacted tens of thousands of individuals and families throughout San Diego. Medically tailored meals are a cost-effective service that promotes health equity, reduces expensive healthcare utilization, and improves quality of life for those facing serious illness – carrying forward our founding belief that nutritious food is a life-saving medical intervention.

INCREASING CAPACITY THROUGH NEW INNOVATION

This last fiscal year brought big changes to our kitchen that drastically improved the efficiency in which we cook and prepare our meals. We purchased a new tray sealing machine, a new oven, and invested in more local and sustainable products which have helped position us to better serve San Diego for years to come.

Local Products

In February of 2024, we began working with more family owned, local distributors, that give us more access to otherwise inaccessible foods. Some items include new vegetable offerings like rainbow carrots, locally made tempeh, and scratch-made tortillas from a family owned and operated tortilleria. With the ability to source more local items and a larger catalog of fresh ingredients available, we quickly designed new recipes and improved classics to be more supportive of our local farmers and distributors.

New Tray Machine

As demand for our services has increased over the last five years, a new tray sealing machine quickly rose to the top of our “need to have” list. Our previous machine was small and had limited capacity to reliably support our growing client base. This equipment was also leased, which locked us into using one type of tray that had inconsistent and unexpected price hikes each year.

In August of 2024, this purchase was made possible through a generous grant from the California Department of Healthcare Services and the California Department of Aging.

Our new tray sealing machine features an automatic tray counter and dispenser, two sealing lines that can hold 24 trays at a time, and a self-labeling feature. In short, this technology triples our output and has already helped us in plating close to 900,000 meals this fiscal year.

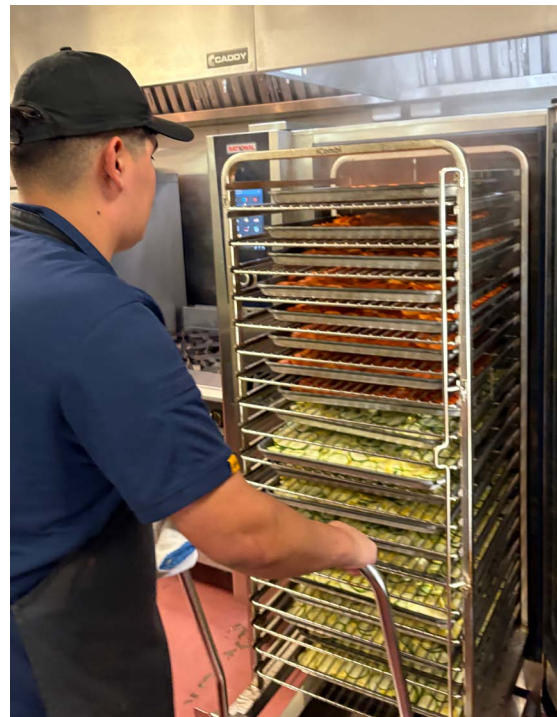
The purchase of our own machine also allows us to work directly with distributors to ensure that we get the best tray pricing available.

New Combi Oven

We have also recently received grant funding that allowed for the purchase of a new oven that is drastically improving our services and the quality of our meals. It has been the talk of the kitchen since it was installed because it's more than just an oven, it's a smart oven.

Our new iCombi Pro can cook, steam, roast, grill, or even bake high volumes of food with precise control. Previously, our main ovens had heat spots and cooked inconsistently, which required much more hands-on attention.

This oven automatically detects food-specific needs and makes intelligent adjustments, giving us consistent, perfect results every time. If the oven detects an ingredient is becoming too dry during the roasting process, it adds steam. This has resulted in juicier chicken, crisper vegetables, and less oversight from staff. If that wasn't enough, it also has more capacity and a higher max temperature, allowing us to cook more efficiently.



MAMA'S KITCHEN'S LAUNCHES NEW SHIPPED MEAL PILOT

In December 2023, Mama's Kitchen launched a 12-month Shipped Meal Pilot Program to test a new delivery method to reach rural and remote areas of San Diego County that are currently beyond the reach of our volunteer and staff delivery routes. This initiative was made possible through a grant from the **County of San Diego Health and Human Services Agency's Public Health Services**, administered by the **San Diego Foundation**.

During the pilot year, we enrolled 55 clients across eastern areas, including Alpine, Borrego Springs, Campo, Dulzura, and Descanso.

What Do "Shipped Meals" Look Like?

Clients in the Shipped Meal Pilot received the same medically tailored meals as our home-delivered program. However, these meals were freshly prepared, then frozen for food safety and quality, and delivered in temperature-controlled shipping boxes. Deliveries occurred once per week, rather than twice weekly, and were paired with nutrition education sessions led by Mama's Kitchen registered dietitians.

The Shipped Meal Pilot concluded in December 2024 and demonstrated promising results. 58% of pilot participants reported fewer hospital admissions or ER visits, and 32% of clients received positive feedback from their doctor about their improved health.

Looking Ahead

As demand for our service continues to grow, so do requests from rural communities, as well as from farther-reaching areas within our delivery territory, including Escondido, Oceanside, Chula Vista, and El Cajon.

It is our mission to support all individuals battling critical illness in San Diego and we are grateful that we had the opportunity to test a groundbreaking solution. While we are not currently implementing shipped meals as a permanent delivery model, we will continue to evaluate our capacity and identify possible financial resources that would allow us to expand our service reach and better reach those who have less access.

Over the past two years, Mama's Kitchen has proactively expanded our home-delivery methods, including the addition of staff delivery drivers, two electric delivery vehicles, and a refrigerated van that delivers to more than 60 clients each delivery day. This forward-thinking approach has allowed us to increase our capacity and provide healing nutrition to the communities who need it most.



ADDITIONAL SUPPORT FOR OUR SENIORS

Did you know seniors represent **65% of Mama's Kitchen clients**? Meeting the nutritional needs of critically ill seniors is essential to our mission and a long-standing strength of Mama's Kitchen. While seniors already account for the majority of our clients, San Diego's senior population is rapidly growing, with the number of residents age 60+ increasing 43% to a population of 910,000 by 2030.

In **August 2024**, Mama's Kitchen secured funding through the **Older California's Nutrition Program (OCNP)**, administered under the Older Americans Act and distributed by the County of San Diego Aging and Independence Services. This multi-year contract and funding provides more sustainable revenue for our current senior clients and allows us to prepare to serve even more homebound seniors living with serious illness in the future. The OCNP program's goal - to reduce hunger, food insecurity, and malnutrition among older adults - closely aligns with Mama's Kitchen's mission and expertise.

While we brought decades of experience serving seniors, implementing a new program also presented opportunities for learning and growth.

While the OCNP program provides parameters for "healthy" meals, they were not accustomed to the specific needs for medically complex diets such as renal nutrition. Launching our OCNP program required our culinary and registered dietitian teams to work closely with OCNP administration for our menus to receive approval. Thanks to Mama's Kitchen's feedback, contract guidelines were updated to allow for reimbursement of medically tailored meals, instead of just a one-size-fits-all "healthy" diet. This was critical for our clients and for our community.

Within six months, our menu and recipes were successfully approved to receive reimbursement for up to two **medically tailored meals per day** for OCNP-eligible senior clients. This achievement reflects our ability to expand access for

more homebound seniors while maintaining the integrity, clinical focus, and high quality that define Mama's Kitchen's services.



One of those clients is Ariel.

When Ariel first enrolled with Mama's Kitchen, she was experiencing significant mobility challenges, including difficulty transferring in and out of a chair, shopping, and accessing transportation. She was also struggling to manage her diabetes.

In addition to receiving three medically tailored meals each day, Ariel participated in Mama's Kitchen's nutrition education program, meeting monthly with a registered dietitian for three months. For the first time in more than ten years of living with diabetes, Ariel received individualized nutrition education tailored to her condition. Her dietitian reviewed how different types of carbohydrates affect blood sugars, and the importance of balanced meals, whole grains, and fiber. Ariel shared that the information was insightful and empowering, and she reported significant improvements in her blood sugar levels.

In our first year of OCNP service, Mama's Kitchen **served 354 senior clients through the delivery of 176,934 medically tailored meals**. We anticipate serving even more seniors through the program next fiscal year.

ENSURING A RESILIENT FUTURE



In May 2025, proposed federal budget cuts and policy changes, including cuts to Medi-Cal and the elimination of multiple federal grant programs, signaled significant threats to the stability of nutrition and health services across the country. These proposals would have a direct and serious impact on Mama's Kitchen's ability to deliver medically tailored meals to San Diegans facing critical illness.

That same month, Mama's Kitchen received notice that one of our largest County contracts that originate with federal funding, the Housing Opportunities for Persons With AIDS (HOPWA) program, had been cancelled for the next three years, resulting in a projected total loss of \$615,000 in essential program support.

In response, on May 22, 2025, Mama's Kitchen announced the Resiliency Fund, with a goal of raising \$1 million to protect our programs, safeguard uninterrupted services for our clients, and strengthen our long-term sustainability amid growing public funding uncertainty.

This marked the first fund of its kind for Mama's Kitchen's history. While we established our Emergency Response Fund during the COVID-19 pandemic to address surging demand, rising food costs, and volunteer disruptions, the Resiliency Fund was created to proactively address the unprecedented risk of large-scale, long-term funding reductions.

With 42% of our funding originating from federal grants and Medi-Cal reimbursements, sustained cuts could jeopardize the delivery of up to 400,000 meals and care for 1,300 individuals annually. At the same time, cuts to programs like Medi-Cal, Veteran Affairs, and nutrition and housing assistance programs are expected to increase demand for Mama's Kitchen's services, particularly among those with critical illness and limited access to care.

The COVID pandemic demonstrated how quickly reduced access to care, paired with inflation and economic instability, can deepen health disparities for underserved communities. The challenges ahead reflect similar warning signs and underscore the importance of preparation.

Through the Resiliency Fund, Mama's Kitchen has called on our community of supporters to help ensure there is no disruption in service for the people who depend on us. Funds raised will help stabilize operations, maintain medically tailored meal delivery, and preserve the integrity of San Diego's largest home-delivered meal provider and only scratch-made medically tailored meal program.

We will continue raising support for the Resiliency Fund into the next fiscal year, as we prepare for the long-term impacts of evolving federal and state changes, remaining steadfast in our commitment to resilience, transparency, and care for our most vulnerable neighbors.

MORE THAN A MEAL: HOW WE CALCULATE IMPACT

For Mama's Kitchen, impact is not measured by volume alone. While we are proud to report on the astounding number of meals we deliver and the clients we serve each year, we recognize that these metrics only tell part of the story. What matters most is whether our meals make a difference — improving health, supporting treatment plans, and helping clients feel stronger, more stable, and better able to manage their conditions.

Medically tailored meals are designed to be an intervention, not just a service. That is why tracking health-related outcomes is central to our work. We closely monitor how our meals affect clients' well-being.

We collect feedback from clients and referral partners — and both play a critical role in our process. Together, these perspectives provide a more meaningful picture of the impact our services provide.

What Our Referral Partners Shared This Year:

- 86%** reported their patients have moved towards a healthy weight since starting Mama's Kitchen's service
- 31%** reported their patients increased medication adherence since starting Mama's Kitchen's service
- 70%** reported their patients decreased hospitalizations since starting Mama's Kitchen's service

"The renal friendly meals are so beneficial for my patients on dialysis. They help them adjust to the complex renal diet given that their diet requirements have just changed from what they might have been used to for years."

- Referral Partner

"Mama's Kitchen has provided my patients with reliable nutrition so they can complete their cancer treatments and maintain their weight and strength."

- Referral Partner

What Our Clients Shared This Year:

- 96%** of responding clients improved or maintained their health
- 94%** reported the meals helped them take their medication correctly
- 89%** reported improved weight
- 86%** reported fewer ER visits or hospitalizations
- 95%** reported they haven't had to worry about having enough food
- 84%** reported they were able to increase their consumption of fruits, vegetables, and whole grains

"Mama's Kitchen's meals have improved my health significantly. My ER visits have dropped dramatically and my weight has stabilized."

- Mama's Kitchen Client

"The Registered Dietitian has taught me to think differently about nutrition. I'm open to healthier foods, and no salt! I've learned correct portion sizes and feel like I know what I need to eat for my diabetes and kidney disease."

- Mama's Kitchen Client

MEET OUR CLIENT: MARIA

Maria has always loved taking care of others. As a mother of two grown children and four grandkids, she had all the love in the world to give.

Maria was notorious about putting the needs of her family over her own. She would often avoid the doctor because she didn't want to burden her loved ones with worry about her health or logistics of taking her to appointments. But it wouldn't be long before this would start to affect her health.

In May, Maria's A1C skyrocketed and her body began to feel it. As a type 2 diabetic, Maria began to worry. The intense pain and neuropathy she experienced made simple tasks like moving from her chair in the living room to the kitchen to heat up lunch or get a glass of water feel impossible.

She was in and out of the hospital multiple times a month; her health began to slow her down, and Maria didn't have a solution. She felt hopeless and ready to give up.

That's when her kids stepped up and encouraged Maria to get help. At her next doctor's appointment, it would be a referral to Mama's Kitchen that would change everything.

Maria began receiving no-cost medically tailored meals at home a week after being referred to the program. Now, Maria was receiving scratch-made, whole-ingredient meals paired with personalized nutrition education sessions from a Mama's Kitchen registered dietitian.

Nutrition counseling helped Maria understand her own health challenges and how the right food could make the difference. Taken with medication, she learned what to eat, what to moderate, and what to avoid in order to improve her health.

In August, just three months after Maria received her first meals from Mama's Kitchen, she began to feel like herself again! She even had enough energy to come visit us at Mama's Kitchen, share her story, and meet her dietitian, Tanya, in person. It was the first time in years that Maria independently left her house.

Recently, she told us that her doctor was surprised she had lost 30 pounds. She said; "The doctor asked me what I was doing? I told her that I was eating healthy food from Mama's Kitchen and taking walks with my family! She was very impressed."

Maria believes Mama's Kitchen changed her outlook on life and the food she eats. She said that she had learned so much from eating the right portions with the right nutritional components. She was also proud to share that she's traded out her Doritos for snack salads and fresh fruit.



"I feel so much better and just being here with you today is very special. I can't thank Mama's Kitchen enough for this service. It has changed my life. My legs aren't swollen anymore and I'm able to move around the house and be there for my family again."

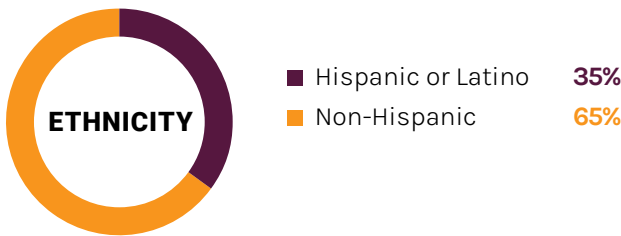
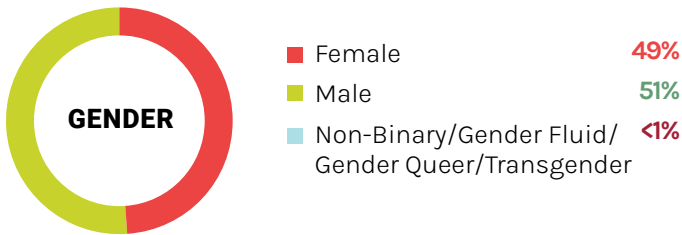
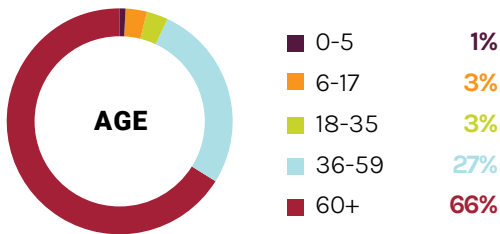
Maria's transformation represents the stories of thousands of others over our organization's history who have experienced life-changing care and support that nourishes, educates, and transforms lives.



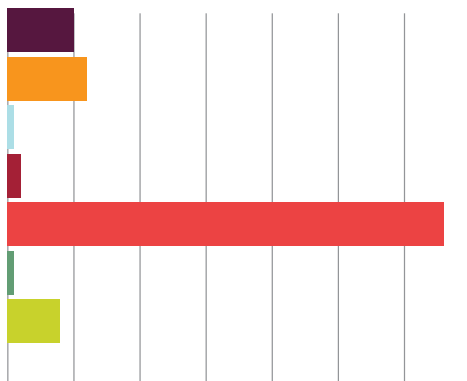
OUR CLIENTS

The clients Mama's Kitchen serves reflect the diversity of San Diego County. We take pride in providing bilingual services and a variety of culturally-inspired recipes to provide a caring and culturally sensitive service to all populations.

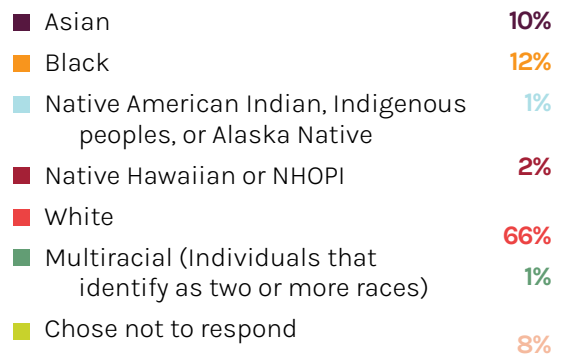
CLIENT DEMOGRAPHICS



RACE



INCOME BREAKDOWN AVERAGE MONTHLY INCOME: \$1,140.75



OUR IMPACT

NUMBER OF MEALS AND CLIENTS SERVED IN FISCAL YEAR 2024-2025

Our Medically Tailored Meal Service home-delivers complete nutrition through the following programs.

Cancer Nutrition Program

 **810**

 **220,563**

HIV Nutrition Program*

 **299**

 **168,765**

Diabetes Nutrition Program

 **561**

 **136,926**

Congestive Heart Failure Nutrition Program

 **427**

 **138,691**

Chronic Kidney Disease Nutrition Program

 **584**

 **181,197**

Other Critical Illnesses

 **338**

 **45,275**

*HIV Nutrition Program includes Mama's Pantry clients who enrolled into Medically Tailored Meal Service due to COVID-19 upon Pantry closure.

EMERGENCY FOOD ASSISTANCE PROGRAM & PANTRY SERVICE

Provides up to 12 weekly grocery bags, in a 12-month period, each containing nonperishable food items to low-income, HIV+ individuals with an emergency or crisis.

224
Emergency Food Assistance Program Clients

997
Emergency Food Assistance Program Bags Distributed

NUTRITION EDUCATION

Partners our clients with registered dietitians to create custom menu plans and teach clients how to use nutrition to achieve the best possible health outcomes.

403
Nutrition Education Clients

2,037
Nutrition Education Sessions

TOTAL IMPACT NUMBERS-AT-A-GLANCE

3,019

Total number of unique clients served across all programs

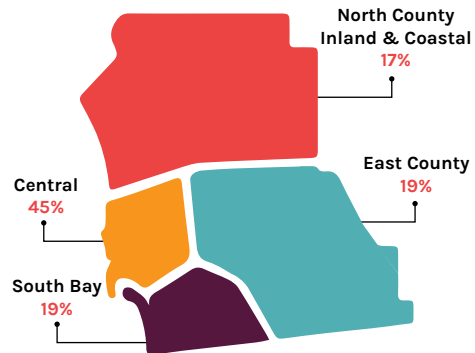
891,417

Total number of meals served through home-delivered meal service

\$1,269,120

Total value of volunteer contributions

HOME-DELIVERED MEALS BY AREA



VOLUNTEER SUPPORT

245,003
Volunteer Miles Driven



\$163,678
Value of Volunteer Miles

(Value based on the IRS Mileage Reimbursement Rate = \$0.70 Source IRS business rate)

596
Total Volunteers



27,540
Total Volunteer Hours Donated

69 +
Total Number of Corporate Volunteer Groups

\$1,105,442
Value of Donated Hours

(Value based on California Volunteer Time Valuation = \$40.14 per hour, Source the Independent Sector)



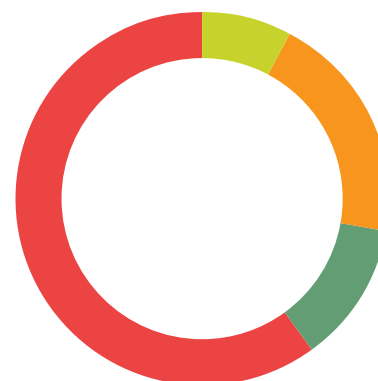
FINANCIAL STATEMENT

STATEMENT OF ACTIVITIES

For the period of July 1, 2024 - June 30, 2025 (with comparative totals for the period of July 1, 2023 - June 30, 2024)

Revenue, Gains, and Other Support	2025	2024
OPERATING:		
County of San Diego - Ryan White	\$601,208	\$623,434
County of San Diego - HOPWA	\$193,017	\$194,179
Cities (San Diego and others) - CDBG	\$140,809	\$89,781
Other Government grants	\$240,470	\$619,721
Non-Government contracts	\$716,729	\$338,607
Contributions	\$3,481,230	\$2,618,720
Capital projects - net of discount	-	-
Donations in-kind	\$38,992	\$31,543
Donated services and facilities	\$486,564	\$512,554
Special Events, net of direct expenses	(\$46,654)	(\$4,936)
TOTAL OPERATING REVENUE	\$5,852,365	5,023,603
OTHER		
Total Revenue, Gains and Other Support	\$5,852,365	\$5,023,603
Expenses & Losses		
Program services	\$6,247,306	\$5,823,490
Management and general	\$430,653	\$267,320
Fundraising	\$231,721	\$293,986
Total Expenses & Losses	\$6,909,680	\$6,384,796
Change in Net Assets	(\$1,057,315)	(\$1,361,193)

OPERATING REVENUE AND OTHER SUPPORT



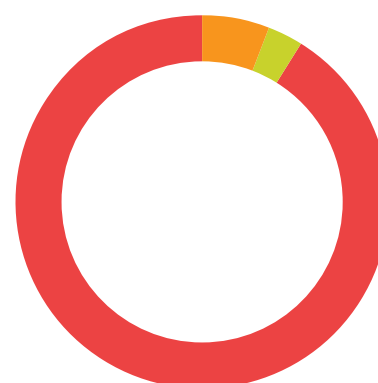
Contributions	60%
Non-Government Contracts	12%
Government	20%
Donated Services, Facilities & Net Special Events	8%

STATEMENT OF ACTIVITIES

As of June 30, 2025 (with comparative totals for June 30, 2024)

Assets	2025	2024
Cash and cash equivalents	\$578,186	\$230,298
Investments	\$7,242,603	\$7,932,451
Accounts Receivable	\$1,118,991	\$575,682
Inventories	\$105,119	\$204,373
Prepaid expenses and other	\$140,192	\$293,301
Pledges receivable - net - current portion	-	-
Total Current Assets	\$9,185,091	\$9,236,105
Long-term investments	\$145,155	\$144,240
Grants Receivable	-	\$370,000
Deposits	-	-
Property and equipment - net	\$2,174,589	\$1,998,125
Other Assets - net	\$181,212	\$348,276
Total Assets	\$ 11,686,047	\$12,096,746
Liabilities		
Accounts payable and accrued expenses	\$521,993	\$443,355
Total Current Liabilities	\$521,993	\$443,355
Long-term debt	-	-
Total Liabilities	\$521,993	\$443,355
Net Assets		
Without donor restrictions	\$10,734,657	\$10,913,406
With donor restrictions	\$429,397	\$739,985
Total Net Assets	\$11,164,054	\$11,653,391
Total Liabilities and Net Assets	\$11,686,047	\$12,096,746

OPERATING EXPENSES AND LOSSES



Program Services	91%
Management and General	6%
Fundraising	3%

OUR VOLUNTEERS

Whether cooking in our kitchen, delivering meals, or another critical role – our hundreds of volunteers are the life source of Mama's Kitchen's impact and growth.

Lifetime Service AWARD

.....
Robin Chiki



VOLUNTEERS OF THE YEAR

Michael Bloomberg
Becky Deckard
Calvin Iida
Mark Mandel

500+ Hours of Service

Ellen Baum
Robert Brum
Becky Deckard
Ludmila Galkina
Patricia Pasquill
Robert Rosenberger

250 - 499 Hours of Service

Irene Akiyama
Gary Allard
Linda Cook
Erin Cox
Aasanti Drake
Kaye Durant
Ron Fichter
Victor Izquierdo
Eileen Marks
Joni Meier
Marcy Montag
Richard Moore
Nancy Murrell
Amy Nisen
Aurora Ortega
Cyril Reinicke
Monica Reinicke
Laurel Valdez

100 - 249 Hours of Service

Larry Ambrose
Donald Armento
Paulina Avina
Claudia Bender
Madonna Bentz
Jim Blevins
Michael Bloomberg
Kate Buehrig
Christopher Cacioppo
Mike Carter
Pamela Chapman
Robin Chiki
Carlos Clark
AJ Cox
Patrick Cullen

Melissa Cutler
Cynthia Diaz Masso
Carol Dreyer
Anthony Flores-Garcia
Kip Foster
Nancy Francis
Rhonda Gibson
Sydney Goodin
Dave Grube
Louis Harris
April Heinze
Cindy Hiort
Calvin Iida
Nui (Maibo) Jeong
Ming Jeong
Patricia Karstein
Jason Keyes
Andrea Kocher
Susan Levy
Elaine Lewis
Myra Lousteau
Mark Mandel
John McCarthy
Leslie McCormick
Meredith Minerich
Ron Newcomer
Vang Ngo
Nancy Novotny
Oluwatolani Olanrewaju Ojo
AJ Paul
Jaime Pena
Barbara Plute
Elena Rodriguez
Andrew Rosenberg
Natalia Serrano
Amanda Shane
Jazmin Emelia Soto
Vyona Tran
Roger Werbeck

50 - 99 Hours of Service

Edith Aispuro
Kelly Alexander
Carina Antonino
Jeff Bennett
Elayne Berman

Dianne Borgwardt
 Sandy Bourdette
 Bruce Calkins
 Jose Chavez
 Candace Claar
 Debbie Clark
 Lee Coursey
 Kenny D'Arigo
 Kevin Day
 Jason DeFay
 Brenda Diaz
 Michelle Drye
 Kevin Dudley
 Jeffrey Dunlap
 Kelly Eifler
 Joel Eilerts
 Bella Ely
 Laura Feldman
 Matthew Foley
 Denise Foster
 David Friedman
 Barbara Gegan
 Wayne Gray
 Juan Guillen
 Molly Guo
 Ty Harewood
 Abhishek Kalapatapu
 Thomas Kwan
 Scott Lawry
 Robin Lee
 Francine Lightfoot
 Adam Lovell
 Ami Lovell
 Nancy Marlin
 Philip McDonough
 Jonathan McMullen
 David Mears
 Chuck Meltzer
 Edward Mowers
 John Nicastro
 Bill Olson
 Kenya Orozco
 Fernando Padilla
 Robert Page
 Amy Perez
 Sofia Plascencia
 Jeffrey Robers
 Mark Rosenberg
 Renato Salazar
 Judi Schlebecker
 Rich Shenson
 Jocelyn Sosa
 Bill Tench
 Bob Terris

Alan Vanden Avond
 Christobal Vega
 Oceania Wang
 Cheryl Weldon*
 Carol Wilmot
 Kelly Wing

25-49
Hours of Service

Leticia Abrego
 Jason Adkins
 Robert Akiyama
 Elizabeth Alvarez
 Tara Braswell
 Paela Buna
 Gianna Carpenter
 Tom Corbett
 Barbara Hanson Forsyth
 Fernando Francis
 Kenny Fulgham
 Diego Gamez
 Carolina Garcia
 Kyle Gunn
 Ryan Haringa
 Bobbi Harwood
 Lisa Hatfield
 Lottie Hersch
 Katie Higman
 Michelle Holm
 Mike Horn
 Bill Jefferson
 Marie Kastner
 Janice Laster
 Christina Leeper
 Gregory Lommen
 Lane Mashal
 Steven Mashal
 Timothy Moran
 Robin Moss
 Patrick O'Brien
 Mandy Old
 Jonathan Ortiz
 Kenneth Pahkim
 Heath Parrish
 Jeannie Posner
 Charlotte Ramers
 Patty Ricci
 Emilio Rodriguez
 Lena Rutherford
 Kris Ryner
 Tessa Sandoval
 Gill Simpson
 Bradley Stech
 Summer Stech

Lee Straub
 Molly Swann
 Mohammed Tawfeeq
 Liliya Tchistiak
 Mary Thompson
 Scott Walls
 Chris Wang
 Nathan Wauthier
 Amy Wong
 Robert Zatarain

1-24
Hours of Service

Allyson Abandonato
 Gus Aburto
 Sierra Adkins
 Calvin Adonga
 Rodel Agpaoa
 Mike Ahern
 Sarah Ahern
 Amanda Alfaro
 Mia Fernandez Alfonso
 Bilal Al-Jaibaji
 Melika Allameh
 Jenette Allen
 Audrianna Alonso
 Charlie Ames
 Richard Amparo
 Chad Anderson
 Jeffrey Andrews
 Uchenna Aniegbuna
 Cecilia Areta
 Karen Arntz
 Tiffany Aung
 Kye Baker
 Mary Balbuena
 Paul Barnard
 Evan Barnes-Wallace
 Gabrielle Beebee
 Anya Benaissa
 Nawel Benaissa
 Analisa Benedetto
 Tynishia Benson
 Jennifer Berend
 Kristin Bergqvist
 Monet Bernhardt
 Josh Berrios
 Emma Bertel
 Sharan Bhullar
 Alicia Bianchi
 Becca Bierman
 Patti Bonilla
 Liz Bourn

Kathy Bowles
Geoff Braswell
Armando Bravo
Jeffrey Brehove
Myia Brink
Timothy Brouillette
Eden Brukman
Alyssa Brzenski
Layla Brzenski
Heather Buonomo
Shameaka Butler
Brendalie Cabacungan
Amy Cagape
Caron Calabrese
Sally Caperton
Stephen Carnes
Parker Carpenter
Maya Carroll
Miguel Casian
Kenia Casillas
Dore Castro
Kristin Cavanaugh
Steven Abreu Cedano
Fadoua Chafik
Adalberto Castillejos Chaires
Morgan Chamberlin
Mar'shell Cherry
Maurice Chianese
Carly Chianese
Linda Chianese
Chad Chrisman
Lorna Christensen
Anika Chung
Madeline Cohen
Christina Velasco Cohen
Sherry Cohen-Richards
Renee Coleman
Robert Collins
Alayna Connor
Allison Corlew
Cate Coxon
Barb Crittenden
Ronilo Cruz
Armando De La Cruz
Vania Cuarenta
Clare Curran
Isa Stolze Custodio
Natasha Dabler
Natalie Daley
Phyllis Davidson
Cynthia Davis
Haylee Davis
Mayra Dearte
Ellen DeFranco
Stanley Delaney

Lucas DeLeon
Allison Deogaygay
Troy Dewitt
Jeneth Diesta
Joseph Diesta
Tony Diesta
Angeline Dominguez
Barry Dragon
Alice Drennan
Bill Driscoll
Eli Durant
Kristen Earle
Santanna Edwards-Gerhard
Stephen Eisermann
Lorinda Elder
Angela Eley
Danielle Enriquez
Crystal Erwin
Marco Esquerra
Melanie Estrella
Jax Fahr
Ryan Fentin-Thompson
Bryan Ferguson
Gavin Ferguson
Kiana Ferguson
Marilee Fischbeck
Bill Fisher
Aurelia Forsyth
Terri Foster
Madison Frady
Regina Frias
Cathy Froelicher
Emmanuel Fuentes
Isaiah Fulgham
Mike Gaby
Gabriel Gallegos
Yang Gao
Tiffany Gavin
Adiam Gebreyohannes
Zara Georgeo
Steven Gerring
Don Giaquinto
Timarie Giarrusso
Samir Gill
Kriszl Godfrey
Rachel Goldberg
Marco Gomez
Cole Gordon
Mike Gorski
Tana Gran
Erika Green
Julia Green
Jennifer Grodberg
Yazmin Guadiana
Kimberley Gudeth

Alexander Guerrero
Johanna Guglielmino
Laura Gunn
Logan Gunn
Daniel Gurholt
Ian Gurholt
Sara Ha
Laura Handler
Mery Hanna
Jenna Harrison
Michael Harrison
Ashley Henderson
Taylor Henderson
Laura Henry
Gerson Ariel Argueta Hernandez
Elizabeth Hernandez
Horacio Hernandez
Nayeli Hernandez
Ricardo Hernandez
Barbara Herrinton
Emily Herrinton
Tom Ho
Caitlyn Hoang
Sarah Holstrom
John Hulsey
Yousif Issa
Natalie Jackson
Jill Jacobson
Joshua Jaffe
Julia Jaffe
Marc Jaffe
Christian James
Shaily Jariwala
Judy Jeong
Vanessa Jewell
Ashley Ji
Greg Johnson
Katherine Johnson
Carlo Joyce
Ankita Kadakia
Jen Kay
Katya Kazulina
Daniel Kerney
Javed Khan
Rawane Khattan
Brooke Kimpton
Helen King
Melia Van Kirk
Holland Kitchell
Susi Komatsu
Elizabeth Koumas
Kelli Kufra
Amy Laier
Jamie Lally

Aven LaMere
Rylee Lamirande
Angela Landeros
Jessica Larson
Louise Law
Tori Laxalt
Michael Ledwein
Gene Lee
Lena Lee
Adam Lefevre
Cat Lei
Sara Leibelshon
Miriam de Leon
Ruben Lerma
Chiara Leroy
Cordelia Levesque
Apalila Levi
Grecia Limon
Kelsey Lind
Morgen Lindroth
Keith Lombardo
Penelope Lombardo
Virginia Lorne
Alen Loubier
Diane Lowrie
Nicholas Lucido
Sergio Luna
Lily Ly
Lester Machado
Ines Madrigal
Rosario Madrigal
Sarah Maerowitz
Morgan Mainarick
Pete Major
Jenna Mannerino
Rhea Marie
Nicholas Mariuz
Donna Martin
Tracy Martin
Alejandra Martinez
Melissa Martinez
Luis Valencia Martinez
Kyle McDaniels
Tracy McFarland
Romaine McFarlane
Ashleigh McKenzie
Noel Medina
Kathy Mejia
Sophia Mesghenna
Ashleigh Messerman
Paula Miranda
Kali Mistry
Annalier Mitchell
Gina Molise
Tina Monji
Yoana Montano
Elena Moorehead
Crystian Moreno
Lindsey Moreno
Kevin Morris
Juan Murillo
Merced Myking
Jennifer Nauta
Raleigh Nauta
Addy Newman
An Nguyen
Dang Nguyen
My Nguyen
Tina Nguyen
Larry Nieto
Jeanne Niner
Erin Nissen
Annette North
Ashley O'Neil
Ry O'Neill
Michelle Ooi
Tracie Ortiz
Gabriel Oviedo
Jennifer Park
Della Pascucci
Bria Patterson
Andrik Perez
April Peterson
Katie Peterson
Brianna Phillips
Stephan Phillips
Maria Pina
Bob Plaisted
Patrick Plaisted
Jackie Plaza
Danielle Posner
Derek Powers
Christian Ramers
Brian Ramirez
Raul Randle
Therezza Rathman
Sean Redmond
Tiffany Rees
Lior Remler
Isela Renteria
Ellie Rest
Brooke Robb
Keith Robinson
Bob Rocchi
Rocio Rodriguez
Rori Rodriguez
Rosa Rodriguez
Audrey Romero
Rene Romero
Alyssa Romine
Amber Rose
Jennifer Sadoski
Vic Salazar
Jillian Salerno
Jeremy Sanburn
Arianna Sanchez
Jo-Jo Sanchez
Lily Santhamaytry
Charlotte Sawyer
Sabrina Sharif
Toney Shea
Cecil Shelton
Yolanda Sidoti
Justin Sifuentes
Alexis (Kaiser) Silva
Mandeep Singh
Julia Siu
Barry Skown
Molly Snipes
Becky Song
Kathleen Soon
Tert Gyver Soriano
Renzo Stech
Yonice Sterling
Ticin Strausburg
Christelle Stubbs
Emily Suchecki
Dilon Suliman
Madison Swieczkowski
Isaiah Sykes
Eileen Sze
Joseph Tabo
Lorna Tan
Jennifer Tapp
Scott Teerlink
Haregu Teklezghi
Kathy Tench
Vincent Thai
Julie Tibbitts
Martin Tiongson
Martin Topete
Jessica Tounzen
Jennifer Trombley
Marty Tullar
Jennifer Tuteur
Brenda Ucich
Jackie Ung
Zjar Uruluzu
Providence Uwanyirigira
Luis Valencia
Victoria Valencia
Guadalupe Valerio
Erika Valverde
Ellen Vance
Trisha Vann

Crystal Vanrensselaer
Michele Vela
Sarah Veskimagi
Merwin Videna
Nicole Viena
Ricky Vieyra
Susan Vintilla-Friedman
Alan Waddell
Emily Wan
Brenda Warnke

Margie Watkins
LaTasha Webb
David Weir
Alex Wermers
Fadra Whyte
Karen Wilform
Kay Williams
Sarah Williams
Meredith (Susan) Winters
Becca Wood

Anna Woodcock
Alex Yamashiro
Gaby Yanez-Mercado
Lee Yater
Belen Ybarrondo
David Yee
Jamie York
Christina Young
Angel Zamora

*In loving memoriam



MEET OUR MEANINGFUL CLUBS

LEGACY CLUB

The Legacy Club at Mama's Kitchen is a special group of more than 120 donors who have named Mama's Kitchen as a charitable beneficiary in their estate plans. These gifts leave a legacy to advance our mission and secure the future of Mama's Kitchen. For our community, the club represents hope and a future in which San Diegans facing a critical illness are never vulnerable to malnutrition.

Our members are a diverse group that come from all walks of life. Some are survivors. Many have loved ones affected by critical illness and want to help others in their journey. But all know the healing power of nutrition, hope, and love.

Members of the Legacy Club receive an array of benefits, including our donor newsletter, annual report, exclusive meetings with key leadership at Mama's Kitchen, and invitations to special events and seminars throughout the year. Legacy Club membership is complimentary, optional, and can be done anonymously.

"Through my time as a volunteer and a board member, I witnessed firsthand the profound impact that Mama's Kitchen has on the lives of individuals. Inspired by their unwavering dedication and the work they do, I chose to leave a gift in my will ensuring that their mission continues to flourish long after I'm gone. It is a testament that together, we can create a lasting legacy of positive change."

-Tom D'Amico

BREAD & BUTTER CLUB

"About 10 years ago, one of my favorite construction projects was a remodel of Mama's Kitchen. As an electrical contractor, I was on site working on the facility while simultaneously witnessing firsthand all the incredible planning and meal preparations that Mama's Kitchen provides for families. After being a part of this project, my wife and I decided to support the efforts of Mama's Kitchen for our local community. It has been rewarding to participate in the "Bread & Butter Club" for all these years. As we both get closer to retirement, we are looking forward to becoming even more involved."

-Brian and Sue Ann Mitchell

The Bread & Butter Club is Mama's Kitchen's monthly giving club. With a decades-long history of faithful supporters, the club is more than 250 members strong! Donations from monthly givers, at all levels, provide essential support for the organization's programs and operations year-round.

With reliable and consistent revenue from the club, the organization can plan with confidence and respond to the community's growing demand. Their support ensures that Mama's Kitchen's services are not only available for our clients today, but the 200 new clients referred to us each month.

Supporters enjoy the benefits of a quarterly curated newsletter, special club events, VIP event pre-sales, and more.

LEGACY CLUB MEMBERS

Thank you to our dedicated supporters who have committed to leaving a legacy through Mama's Kitchen by including our organization in their estate planning. We gratefully recognize your commitment to the future of Mama's Kitchen and our impact throughout San Diego.

Blair Alexander & Dan Belair
 Alice Alperin*
 Lisa I. Amparan
 John Anguiano
 Thomas Bell
 Catherine Boyer
 Robert Brisick*
 Leo Thomas Brogan*
 Tim Brouillette
 Jack Bungay
 Gene Burkard*
 Rosemary Bybee*
 Gloria Lee Campbell*
 Roy L. Carlson
 Heather Chisholm-Chait R.
 Tim Chisser
 Leslie Cohen*
 Roger C. Cornell*
 Alberto R. Cortés
 Linda Cory Allen
 Charles Cotton*
 Cliff Cox
 William Daiber*
 Rick Dallin
 Thomas J. D'Amico
 John Davis
 Jim Dexter
 Roger Joseph DUBY*
 Richard Farrar*
 Philip Flick*
 Gary & Cliff Fox
 Lynda Fox*
 Ortis Furches*
 George Garrison*
 Marcy J. Goldstone
 Renee Gonsalves
 Joan Goodwin*
 Susan Guenzel*
 Howard Guidry
 Edward S. Hand
 Cynthia Haney*

Stanley C. Harazim
 George Hecht
 David Henbest
 Walter Henn*
 Charles Higgins
 Leroy Holloway*
 Carrie H. Holmes*
 Carol L. Holt*
 William Hughes*
 Gary A. Humbracht
 Nancy Janus
 Diane M. Johnson
 Dr. David Jordan
 James Kerr
 Marion Kolesnikoff*
 Joan Kroc*
 Peter Lawthers
 Harold Leifer*
 Leonard L. Lenz*
 Judy A. Lidstrom
 Matt LoPinto
 Ray Lubecki
 Leslie Maltman*
 Loren Manning*
 Betty Jean Marchant*
 Faith A. Maybury
 John McCarthy
 Francis McKinnon*
 Bruce Mclean
 Sandy Mekuchonis*
 Terry Merrell*
 N. Byron Metts*
 Gail Ann Michaels*
 Michael Molino
 Roger Moser*
 Laurie D. Munday
 Bruce Murray*
 Franklin Neuberger*
 Jerry R Nott*
 Jerome Phalen*
 William Piles*

Adrian Plante
 John M. Prosen
 Elizabeth M. Reukauf*
 David G. Ricks
 Jeffrey Robers
 Charles Robertson*
 Leonard Rosen
 Shirley Rosen
 Andrew S. Rosenberg
 Frances Russell
 Gerald Sasek*
 Brenda & Steven Schick
 Ralph Seewald Jr. *
 Jeffrey D. Shorn* &
 Charles S. Kaminski
 Steven E. Singleton
 John Slaman*
 Barbara Stark
 Helen & Quinton Stokes
 Randall J. Sulzer
 Russel John Taylor*
 William Tench
 Josephine P. Toledo
 Mark Wagner*
 Nowell Walker*
 Scott U. Walls &
 Gregory A. Lommen
 Brian D. Weathersbee
 Roger S. Werbeck
 Valarie Westberg
 Jeffrey White*
 Mitchell J. Williamson
 Rocky M. Wood
 Richard Wyckoff*
 Ken Robert Young*
 The James Ziegler Fund
 at the San Diego Foundation

*In loving memoriam



The Mama's Kitchen Bread & Butter Club is a special, dedicated community of people that provide reliable support each month to our organization and programs. This important group of people allow us to concentrate on what is essential—keeping our ovens lit and our clients' bags full of nutritious food.

Thank you to our Bread & Butter Club members for their support!

Diana Lord Adam
 Omonigho A. Aisagnonhi
 Dianne Aker
 Irene Akiyama
 Peter Allen & Marlon Garcia
 Adam & Janyce Ally
 Burt & Patricia Anderson
 Anonymous
 A. Alex Arce
 Donald Armento &
 Anita Arnold
 Paul Asbury
 Audrey Asparuhov
 Kevin S. & Zachary Atto
 John Bane
 Dr. Wayne Bardwell, Ph.D. &
 Steven Gennaro
 Paul Barnard
 Anna May Barrera
 Kirsten Barstad Mulvey
 Thomas & Mary Ann Bennett
 Kristina Berry
 Tricia Bertram Gallant &
 James Gallant
 Marc Birou
 Laurie Black
 Allen Blaugh
 Jim Blevins &
 Francisco Yescas
 Jane Bossart
 Stephanie & Christopher Boyd
 Zachary Bramwell
 Joan Brice
 Michael Brierley
 Leo Brogan*
 Lorraine Broglie
 Valerie M. Brown
 Charles Bucey
 Lisa Burgert
 Caron & Chris Calabrese
 William Shawn Carleton
 David P. Carosella, Jr.
 Victoria Carrillo
 Penny Castleman
 Charlie's Do-Good-Stuff Fund
 Connie Chovan

Christine Christmas
 Amelia Clarke
 Teri Clavell
 Anne M. Clifford
 Carla Cocco
 Mike Cooper
 Alberto R. Cortés
 Linda Cory Allen &
 John E. McCarthy
 Kristina Cox
 Anne M. & Rodney J Cressey
 Janet & Greg Crow
 Dean Crowder
 Julia K. Cuneo
 Nancy Cunningham
 Ellen Curtin
 Sally Dadmun-Bixby
 Thomas J. D'Amico
 Elaine Davidson
 Linda Davis
 Terry Davis
 Deborah Deese
 David & Mary Dewse
 Amy DiFrancesco
 Lorraine A. Doherty
 David Dolnick
 John Earl & Jean Gear Earl
 Lisa & Brian Efron
 Ralph Estrada
 Roland S. Feghali
 Ronald G. Fichter & Lee Oum
 Rosemary Floquet
 Theresa Foster
 Judy Galindo
 Larry Ganzell
 Lawrence J. Gardepie
 Stephanie Gasca
 Joanna Gesikowski
 Michael Giancola &
 Rocio Ocampo-Giancola
 Rhonda Gibson
 Henry Gnoza
 Marsha A. Greene
 Joe Greenwald
 Manjit Grewal &
 Kuljinder S. Grewal, M.D.

Lynda & Jimmie Griggs
 Michael Growe
 Mariateresa Guerra
 Jane & Bill Guetz
 Cindy & Christopher Hall
 Alan & Susan Hamm
 Laura Handler
 Georgann N. Hanna
 Nancy Hart
 April Heinze
 Philip Henderson
 Carlos Hernandez
 Llisa Hiebert &
 Michelle Burkart
 Valerie Hike-Smith
 Dianne Hodges
 Jeremy & Cheri Hoolihan
 Maryka Hofman Hoover
 Mike Horn
 Ann Irwin, M.D
 Barry Ishikawa
 Tami Ivko
 Steven Jacobson
 Jill Jacobson
 Deana & Glen Jaffe
 Stacey E. James &
 Jeannie Cunningham
 Mark E. James
 Nancy Janus
 Frederic Jewett
 Taylor Johndrew
 Scott Kanuha
 Autumn Kelly
 Rosanna Kendrick Sanders
 Sheila Kennedy & Carl Luster
 Jennifer Kennedy
 Rye-Ji Kim
 Michael King
 Alice Kirkham
 Daniel* & Sharon Kitchen
 Anthony Konzal
 Terry E. Kovarik
 Ines Kraft, Ph.D.
 Scott Lawry & John D. Rogers
 Kathleen LeMieux
 Maggie & Thomas Lengyel

Carlos R. Longoria	Vijay Parthasarathy	Jill & Mark Stull
Alice Lowe	Patricia G. Pasquill	Judith Sundquist
Vince Manfredi	Karen Pearce	Richard Swain
Nancy Marlin & Fred Kolkhorst	Marjorie Peck	Elaine Tagliaferri
Jody Martin	David Pedersen	Debra L. & Andrew Teclaw
Martin & Joanne Marugg	Jamie & Jack Pellegrino	Mary T. Teegarden
Tracie Masi	Carmencita Picar	Terry & Carol Tennebaum
Eva Matthews, MPH &	Lorraine Pritchett	Kenneth C. Thompson
Keith Lombardo	Samantha Przywitowski	Alex Tiscareno
Jodi Maurice	Peggy Quinn	Paul & Deborah Trivino
David Mayo	Lynn Rank	Shontay Turner
Emilie McBain	Michelle & Dennis Regan	Dr. Jennifer Tuteur, M.D. &
John E. McCarthy &	Charles & Mary Reiches	Frank Cairo
Linda Cory Allen	Julie Richardson	Dan Valko
Deborah McClain	Dave Ricks	Paul Van Deusen
John E. McConnell	Jeffrey L. Robers	Linda Van Fulpen
Richard McCue	Cynthia Robertson	Aida Van Herk
Gina McFeely	Celia Rock	Molly & Joseph Vasquez
Lori McMacken	Julia Romero Walker &	Maria G. Vazquez
Joe McMahan	Charles W. Walker	Steven B. & Cindy T. Venolia
Robert McMonigle	Andrew S. Rosenberg	David Vincent
Jonathan T. McMullen &	Timothy Rourke &	Susan A. Vintilla-Friedman &
Renato E. Salazar	Robert L. Burdge	Michael Friedman
David McNeely	Peter C. & Mary A. Roussos	Maja Vito
James Medard	Frances B. Russell	Dennis Walker
James D. Menkel	Carole Salazar	Erin Walker
Stephen Mettner	Mary Sandoval	Nowell Walker* &
James R. & Karen A. Miller	Leslie Schnaubelt	Jonathan Widener
Brian & Sue Ann Mitchell	Steven & Deborah Schneider	Vicki Wallace
Melissa Mondina	Bryan Schneider	John D. Walsh
Ronald E. Monroe	Dr. Stuart E. Schwartz &	Diane Walters
Gisela E. Muller	Karl Peterson	Margaret Watkins
Eden & Jeffery Muller	Neal Sekiya	Michael Welch
Anthony W. Munday	Isobel & David Shapiro	Leland Wessel &
Becky Murphy	Albert Shelden	Dane Christensen
Aaron Murray	Ebony Shelton	Ryan White
Trish Mylet	Alicia Sheridan	Joanne J. Williams
William Nguyen	Sandra & Edward Silverman	Rebecca Willis
Susan Nichols	Mary T. Singh	Mitch Wilson
Amy & Perry Nisen	Bridget Slatten	Stewart & Leona Wolfson
Ellen & John Nolan	Marvin & Pamela Slay	Alin Worley
Jenna Novotny	Dana M. Smith	Judith R. Yates
James P. Nugent	Marie Smith	Caitlin Yaussi
Mary L. O'Brien	Michael Sprague	George Young
Kathryn Olsen	Lisa Denise Stahl	
Tracie R. Ortiz	Michael & Jan Standerfer	
Barbara Oswald	Allison Stevens	
Fema Padrigan	Lola Stice	

*In loving memoriam

OUR DONORS

♥ \$100,000+

CA Department of Health Care Services
 California Physicians' Service - Blue Shield
 of California
 County of San Diego
 Direct Relief
 Estate of Ronald Hicks
 Shamrock Foods Company
 Takeda

♥ \$50,000 - \$99,000

City of San Diego
 Community Health Group
 Estate of Gene Burkard
 The Hay Foundation
 The JEM Project
 Kaiser Permanente
 Life Science Cares San Diego
 N. Byron Metts Trust
 Susan E. Guenzel Trust

♥ \$25,000 - \$49,000

Blue Shield of California
 Broadway Cares/Equity Fights AIDS, Inc.
 Rev. Dr. Faith Conklin
 Doron E. Rosenthal
 Gesner Johnson Family Foundation
 Green Vistas
 The Parker Foundation
 Philip D. Sokol Foundation
 Price Philanthropies
 Resounding Joy, Inc.
 Sycuan Casino Resort
 Walter J. and Betty C. Zable Foundation

♥ \$10,000 - \$24,000

Allison and Robert Price Family Foundation
 Behind the Scenes Catering and Events
 Chris Cacioppo
 Charles A. Frueauff Foundation
 City of Chula Vista
 City of El Cajon
 City of Vista
 Cox Charities West
 David C. Copley Foundation
 DeFalco Family Foundation
 Dignity of San Diego
 Dr. Seuss Foundation
 Erasca
 The Farrell Family Foundation
 Grossmont Healthcare District
 The Hellman Foundation
 Hologic Charitable Fund
 Barry Ishikawa
 John Krakauer Charitable Trust
 LB Charitable Foundation
 The Liddy Group at UBS Financial Services, Inc.
 Marasco Charitable Foundation
 The Melvin Garb Foundation
 Michael W. Louis Private Foundation
 The Patricia A. Markeson Revocable Trust
 The Rainbow Trust
 Serene & Jonathan Neddenriep
 Kyle Nelson
 Bryan Poffenberger
 Seymour (Tiny) And Rose Kaplan
 Endowment Fund
 Paul Portillo & Anton Sterzinger

♥ **\$5,000 - \$9,999**

Alexandria Real Estate Equities
 Thomas & Mary Ann Bennett
 Boys and Girls Foundation
 The Bulova Gale Foundation
 Barbara Calvao
 Charles Schwab Foundation
 City of Escondido
 Douglas & Judith Clarke
 Crinetics Pharmaceuticals, Inc.
 The Daphne Seybolt Culpeper Memorial
 Foundation, Inc
 Carol L. Dreyer
 Beth & Aaron Duggan
 John Earl & Jean Gear Earl
 Nader Ebeid
 Madeline Harper
 Evans Hotels
 Fr. Leo Brogan Trust
 Gay and Lesbian Fund for San Diego

Jay & Karri Goldschmidt
 The Gray White Family Fund
 Dr. David K. Jordan
 Thomas Kwan & Brian Curcio
 Leonard John Slaman Administrative Trust
 Courtney McDonald Liddy
 Mars Construction
 Jonathan T. McMullen & Renato E. Salazar
 Dr. Chuck Meltzer & Scott Johnson
 Melinda Newman
 William Pope
 Cynthia Robertson
 San Diego Human Dignity Foundation
 SDG&E
 Sempra Employee Giving Network
 Starbucks Foundation
 Swinerton, Inc.
 Mary Ann Tilotta
 Dr. Jennifer Tuteur, M.D. & Frank Cairo
 Yacoub Y Chammas Meals On The Move Fund



OUR TEAM & BOARD

BOARD OF DIRECTORS

Jeannie Posner (she/her)
Board President

Mike Horn (he/him)
President Elect

Jamie York (she/her)
Treasurer

Fadoua Chafik (she/her)
Secretary

Andrew Rosenberg (he/him)
& Chuck Meltzer (he/him)
Members at Large

Donald ("Don") Armento
(he/him)

Caron Calabrese (she/her)

Jennifer ("Jenny") Grodberg

April Heinze (she/her)

Julia Jaffe (she/her)

Bill Jefferson (he/him)

Thomas Kwan (he/him)

Chiara Leroy (she/her)

Kali Mistry (he/him)

Richard Moore (he/him)

Jeff Robers (he/him)

Vic Salazar (he/him)*

Jennifer Tuteur, MD
(she/her)

Jacqueline ("Jackie") Ung
(she/her)*

Jim Blevins (he/him)*

Aida Van Herk

Denise Foster

Christian Ramers

OUR TEAM

Administration

Bonnie Jablonski (she/her)
Executive Assistant

Faye Levy (she/her)
Human Resources Manager

Kelly Sherlock (she/her)
Chief Financial Officer

James Whittenburge (he/him)*
Staff Accountant

Dean Gauvain (he/him)
Full Charge Bookkeeper

Client Services

Verena Aguilar (she/her)*
Bilingual Client Services
Coordinator

Tim Dominic (he/him)
Client Services Coordinator

Minerva Esparza (she/her)
Bilingual Client Services
Coordinator

Joanna Gonzalez (she/her)*
Bilingual Client Services
Coordinator

Paola Henao Jimenez
(she/her)
Bilingual Client Services
Coordinator

Noemi Huerta (she/her)
Director of Client Services

Ana Lopez (she/her)
Bilingual Client Services
Coordinator

Nutrition Services/ Programs

Stephanie Boyd (she/her)
Registered Dietitian
Nutritionist

Pamela De Leon (she/her)
Bilingual Community
Outreach Coordinator

Tanya Morales (she/her)
Bilingual Registered
Dietitian

Chris Nolan (she/her)*
Chief Programs Officer

Michael Searfoss (he/him)
Community Support
Coordinator

Lexi Striler (she/her)
Director of Nutrition
Services

Poojitha Pakeeru (she/her)
Data Analyst

Sandra D'Alonzo (she/her)
Chief Programs Officer

Operations

Shane Algarin (he/him)
Delivery Driver

Robert Bartolo (he/him)
Delivery Driver

Efrain Cortes-Arce (he/him)
Cook & Dishwasher

JD Damon (he/him)
Operations & Facilities
Coordinator

Keely Fuller (she/her)
Volunteer Engagement
Coordinator

Katrina Gonzales (she/her)
Delivery Driver

Pluto Gullans (he/him)
Delivery Driver

Alejandro Ibarra (he/him)*
Delivery Driver

Marie Landeros (she/they)
Director of Volunteer
Engagement

Jason Martini (he/him)*
Chief of Food Services
Officer

Taneia Mczeal Crawford
(she/her)
Delivery Driver

Jonathan Moreno (he/him)
Sous Chef

Jon Potter (he/him)*
Delivery Driver

Frank Pulido (he/him)*
Delivery Driver

Lorenzo Ricardo (he/him)
Cook & Dishwasher

Danny Sanchez (he/him)
Delivery Driver

DeAndre Simmons (he/him)
Operations & Staging
Specialist

Cheryl Sonstein (she/her)
Delivery Driver

Zachary Striler (he/him)*
Delivery Driver

Vincent Thai (he/him)*
Delivery Coordinato

Thalia Thomas (she/her)
Delivery Driver

Rene Uribe (he/him)
Cook & Dishwasher

Benjamin Ward (he/him)
Delivery Driver

Gerson Argueta*
Delivery Driver

Aaron South*
Delivery Driver

Sam Martinez*
Delivery Driver

Steven Neim*
Delivery Driver

Perla Morales (she/her)
Cook/Dishwasher

David Lee (he/him)
Delivery Driver

Britt Castro (she/her)
Senior Director of Operations

Ryan Ellazar
Delivery Driver

Development

Paul Barnard
Donor Database
Administrator

Silvia Dominguez (she/her)
Marketing and Events
Manager

Julia Fordham (she/her)*
Grants and Institutional
Giving Coordinator

Sabrina Garza (she/her)
Grants & Institutional Giving
Manager

Maggie Lengyel (she/her)
Donor Stewardship and
Government Relations
Manager

Brady McCollom (he/him)
Marketing & Events
Coordinator

Jenna Novotny (she/her)
Chief Development Officer

Adam Reed (he/they)
Grants & Institutional Giving
Coordinator

*indicates an outgoing board or staff member



THANK YOU!

mama's kitchen

Mama's Kitchen acknowledges that our facility is on the unceded, ancestral, traditional, and contemporary land of the Kumeyaay People.

3960 Home Avenue, San Diego, CA 92105
PHONE (619) 233-6262 FAX (619) 233-6283
mamaskitchen.org EIN 33-0434246