

ANNUAL REPORT 2024

FISCAL YEAR JULY 1, 2023 THROUGH JUNE 30, 2024



ABOUTMAMA'S KITCHEN

SERVING SAN DIEGO SINCE 1990

Mama's Kitchen is a community-based nonprofit organization that provides medically tailored meals and nutrition education for individuals affected by HIV, cancer, type 2 diabetes, heart disease, and kidney disease.

Every year with the help of hundreds of volunteers, our organization delivers more than 900,000 meals throughout San Diego County - more than any other nonprofit organization.





OUR MISSION

Mama's Kitchen believes that everyone is entitled to the basic necessity of life – nutritious food. Our services improve the health and well-being of individuals and families vulnerable to malnutrition due to critical illness.

OUR VISION

At Mama's Kitchen, we envision a community where all individuals with critical illnesses are no longer vulnerable to malnutrition.

OUR SERVICES

♥ Medically Tailored Meal Service

Provides **no cost Medically Tailored meals** for individuals who are too ill to cook or shop for themselves. Each meal is design by registered dietitians to meet the clients medical needs.

♥ Medical Nutrition Therapy

Provides clients with one-on-one nutrition education sessions with one of our registered dietitians. These sessions provide clients with crucial knowledge such as how to use nutrition to manage their diagnosis and increase treatment response and how to read nutrition labels.

Emergency Food Bag Assistance

Provides up to 12 weekly grocery bags in a 12-month period, each containing perishable and nonperishable food items for low-income HIV+ and emergent crisis clients.



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A MESSAGE FROM OUR BOARD PRESIDENT

This year marked a pivotal chapter for Mama's Kitchen as we welcomed our new CEO, Eva Matthews. With clear vision and deep commitment to our mission, Eva has brought fresh energy to our work and strengthened our foundation for continued growth. While we continue to navigate a landscape shaped by ongoing need and evolving challenges, this transition represents both progression and transformation. It's a moment to honor the legacy that brought us here—and to boldly embrace the path ahead.



Caron Calabrese
Board President

A MESSAGE FROM OUR CHIEF EXECUTIVE OFFICER

Fiscal year 2023-2024 confirmed what we saw at the end of the pandemic: the surge in demand for our services is not a temporary spike—it's our new normal. As communities continue to navigate the lasting impact of overlapping crises, the need for our work remains as urgent and vital as ever. This year, we delivered 900,026 medically tailored meals to 2,853 individuals and their children. We not only met the heightened demand, we embraced it, adapted to it, and grew stronger because of it.

First on the West Coast to receive accreditation

As we reflect upon fiscal year 2023-2024 and its accomplishments, we must acknowledge they are the result of not just one year of hard work, but decades of dedication and progress. In May, Mama's Kitchen became the first organization on the west coast- and second in the nation- to achieve accreditation as a medically tailored meal provider from the Food Is Medicine Coalition. This milestone reflects decades of commitment to refining and elevating quality in medically tailored meals and programming.

The rigorous accreditation process examines numerous aspects of an agency's operation and service, including nutritional quality, meal packaging and labeling, delivery model, volunteer and client services and food safety practices. The accreditation signals to clients, healthcare

partners, and funders that Mama's Kitchen has verified credibility of an operation and ensures fidelity to the delivery of high quality medically tailored meals.

12 Million Meals—and Counting

In addition to hitting a new record of delivering more than 900,000 meals in a single year, we also reached a major organizational milestone: our 12 millionth meal served. We celebrated this moment with San Diego City Councilmember Stephen Whitburn, who helped deliver the meal to our client Jerry.

Jerry began receiving our meals after receiving a cancer diagnosis. The effects of chemotherapy can be physically debilitating and daily activities, like cooking, became challenging. Having access to nutritious ready-to-eat meals support clients like Jerry through treatment – helping them stay nourished, manage medications, and regain strength.

Fueling the "Food is Medicine" Movement

Until recently, the practice and principles of using 'food is medicine' to support patient health outcomes, was almost exclusively seen within nonprofit medically tailored meal providers like Mama's Kitchen. As evidence for 'food is medicine' has grown, national foundations, hospitals, and universities have entered the field. This year alone, the Friedman School of Nutrition Science and Policy at Tufts University launched a Food is Medicine Institute; the Rockefeller Foundation and American Cancer Society invested in 'food is medicine' programing and research. As an early leader in this space, Mama's Kitchen is proud to contribute to this growing body of evidence and innovation.

Thanks to your generosity and belief in our mission, we continue to meet the growing needs of our community with compassion and care. You are part of a powerful group of supporters who understand that nutritious food is not a luxury—it's a lifeline. We hope you feel proud of the role you've played in every meal served and every life touched. We're deeply grateful for your partnership and look forward to all we'll accomplish together in the year ahead.



Eva Matthews
Chief Executive Officer

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Q&A WITH CEOEVA MATTHEWS

What inspired you to join the team at Mama's Kitchen?

I have known about the life changing work of Mama's Kitchen since I moved to San Diego 15 years ago. In 2023, it became very personal for me as my mother, who lived across the country, was diagnosed with chronic kidney disease. There is no organization like Mama's Kitchen in her town, and her doctor was giving her confusing advice about nutrition with her condition. There was a lot of fear around how best to care for her, and few resources available. Within a few months of this, I accepted the position of CEO at Mama's Kitchen, dedicated to our mission, our clients, and our community.

What is your vision for Mama's Kitchen?

I envision a strong, sustainable, resilient, and responsive organization that builds upon our 35-year history as San Diego's nonprofit leader in providing nutritious, medically appropriate meals for those living with critical illness. Our goal is to be known throughout the region as experts in the field of "food is medicine", and a trusted provider of medically tailored meals and nutrition education for San Diegans in need. As we expand access to our life-saving service, we will do it with the heart and compassion that Mama's Kitchen has been known for since day one!

What are you currently most excited about?

I'm most excited about the growing network of partners and supporters who share our fundamental belief that nutritious food is a basic right and understand the incredible impact of medically tailored meals in managing chronic and critical illnesses. We are engaging new health care partners across San Diego, reaching farther than ever before, and working with managed care plans so that we can create a more sustainable future for Mama's Kitchen.

What keeps you up at night?

I'm always thinking about how we position Mama's Kitchen for a stable and sustainable future in an environment of increasingly scarce resources and growing need for our services. We have made tremendous progress this year in establishing new revenue streams that will be felt in 2025 and beyond, but there is still much to be done. With our hard work, ingenuity, and dedication alongside the investment of our community, partners, and supporters, we can strengthen our foundation and build capacity for our future.

What is your favorite Mama's Kitchen meal?

There are so many! I love our black bean chili with locally made tempeh and brown rice pilaf, and I crave our braised beef and mashed potatoes with freshly roasted vegetables!

Do you have a favorite client story since you have been with the organization?

Every day holds a new client story that moves me. Arnaldo's story is special because as he was "graduating" from our services, he spoke about how Tanya, our registered dietitian, helped him navigate his multiple diagnoses and was always supportive and compassionate. He shared that he looked forward to seeing April, the volunteer (also a Mama's Kitchen Board member) who delivered his food each week and always asked him how he was doing and made him laugh. Arnaldo talked about the comfort he had knowing that both Mama's Kitchen and his doctor worked together to make sure he was well cared for; and as he was preparing to move into a new phase of his life in which his daughter would be playing a larger role, he was grateful to have had the education needed to feel confident he and his daughter could manage his nutrition moving forward. This is the beautiful system that Mama's Kitchen and our volunteers have created for our clients - it is our mission in action.



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Eva Matthews spends time with Maria, a Mama's Kitchen client who visited the Kitchen to express her gratitude.

What is the best way for people to get more involved with Mama's Kitchen?

Our volunteers are the very heartbeat of Mama's Kitchen, and there is a great fit for everyone who is interested. Whether you like to deliver meals or speak with clients over the phone, plate meals or help bundle deliveries, or lend your expertise to support our operations or fundraising, there is a place for you. Enjoy Mama's Kitchen events and introduce them to others! Come to

Mama's Day, our signature tasting event and bring someone new to Mama's Kitchen with you; engage with our annual Mama's Pies sale and tell your friends; join us to honor World AIDS Day through the Tree of Life ceremony! Make a one-time, recurring, or planned gift to Mama's Kitchen. Your support is needed now more than ever, and every dollar is put to work in bringing nutritious medically tailored meals to those who need them most.

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MAMA'S KITCHEN'S EARNS ACCREDITATION FROM THE FOOD IS MEDICINE COALITION



In April, Mama's Kitchen became the first organization on the West Coast, and second in the nation, to earn accreditation as a medically tailored meal provider.

This accreditation from the Food is Medicine Coalition (FIMC), verified our status as an agency that provides high-quality, medically tailored meal interventions that meet the needs of individuals living with severe, complex, or chronic health conditions.

While Mama's Kitchen has been nourishing critically ill San Diegans for over 34 years, receiving this accreditation from FIMC both reinforces our standing as a leader in the field and as an organization that centers quality in our entire operation. This accreditation is formal recognition of the excellent services we provide to our clients and signals a level of service that can be trusted.

WHAT IS ACCREDITATION?

The FIMC Medically Tailored Meal (MTM) Accreditation is a rigorous process of evaluation and audit against a measurable standard. This standard was established from the coalition's nearly four decades of medically tailored experience. This process offers nonprofit meal providers the opportunity to earn an accreditation for adherence to a proven medically tailored meal intervention. The accreditation signals verified credibility of an operation and ensures compliance to the high quality of MTM interventions regardless of location, size, types of critical illnesses served, or number of clients catered to.

WHY IS THIS SO IMPORTANT?

As the food is medicine movement grows nationally and the White House's new National Strategy on Hunger, Nutrition and Health includes a focus on medically tailored meals, the FIMC MTM Accreditation creates an important and reliable set of standards to ensure high quality and consistency for these meals nationwide. Mama's Kitchen's status as the first agency on the West Coast to receive accreditation not only demonstrates our commitment to quality but signals to our community, policy makers, healthcare partners, and most importantly – clients – that we are a trusted partner invested in quality.

The idea that quality "food is medicine" is something that we have embraced for decades. Having access to medically tailored meals to meet the unique needs of our clients' diagnoses paired with coaching and nutrition education from a registered dietitian – this can make the difference in regaining their health.

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Our Medically Tailored Meal Service offers meals that are medically tailored by registered dietitians to meet the nutritional needs associated with clients' complex chronic illnesses. As part of the medically tailored meal intervention, clients receive nutrition education and coaching to support long-term management of their nutrition and overall health.

We are grounded in our commitment to quality. From our scratch-made meals prepared by our skilled culinary team, to incorporating locally grown and produced ingredients, Mama's Kitchen has been at the forefront of this field since its start. This accreditation is a testament to the hard work of the entire Mama's Kitchen team and is also something that you – our valued supporters and advocates should feel proud of as well. We couldn't have arrived here without you!



SPECIAL EVENTS

MAMA'S DAY GETS A MAKEOVER

For the first time in 33 years, Mama's Day was held at a new venue and it did not disappoint! On Friday, May 5, more than 400 guests, food and beverage partners, and volunteers gathered at Hilton San Diego Bayfront for a fabulous evening in celebration of one of our most impactful fundraisers.

The festivities began with a welcoming champagne wall for our VIP Reception guests, leading them into a beautiful, modern ballroom where they enjoyed appetizers and cocktails and had the opportunity to get beautified by one of the many talented MAC Cosmetics makeup artists. The reception included a special presentation by host, KUSI News Reporter Allie Wagner, and featured a friendly cocktail-making competition with restauranteur and cookbook author Sam "the Cooking Guy" Zien and award-winning molecular mixologist Mike Yen. Guests also participated in a lively Raise the Paddle conducted by auctioneer Jenna Lee Golden, whose energy and talent was integral to a record-breaking paddle raise of more than \$30,000.

Following the reception, guests enjoyed a beautiful sunset and Bayfront views from the Promenade Plaza, where the general admission portion of the event began. For the next three hours, guests enjoyed food and beverages provided with love by 16 of San Diego's most generous and talented purveyors. While indulging in delectable eats and refreshing drinks, guests had the chance to bid on a variety of silent auction items, press their luck at a wine pull, experience the magic of Ben Silver, and boogie down to the yacht rock tunes of Band Overboard.

Thanks to the support of our sponsors, in-kind donors, and partners, Mama's Day raised \$141,000 in support of our services to serve our seriously ill clients. We cannot thank the generosity of our vendors who made this event a truly special experience for our guests, creating many joyous memories to be remembered on this important day.





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AN ELECTRIFYING GRANT FROM KURA ONCOLOGY

In June of 2024, Kura Oncology provided a generous grant to Mama's Kitchen in support of expanding our delivery fleet by funding two new electric delivery vehicles. Kura Oncology's generous grant, made through a partnership with Life Science Cares, allowed us to significantly expand our capacity to efficiently deliver meals at a crucial period in our growth.

Over the past three years, we have experienced a 120% increase in the number of individuals who have been referred to our Medically Tailored Meal Program. This growth presented a challenge in recruiting the number of volunteers needed to deliver all these meals. The addition of the two electric Chevy Bolts, used concurrently with the two vans already in our fleet, has been instrumental in allowing staff delivery drivers to make up for the shortage of volunteers.

In celebration and gratitude of this impactful contribution, we invited some of the Life Science Cares and Kura Oncology teams to our facility for an official ribbon-cutting ceremony and lunch hosted by our kitchen team. Their team was able to experience first-hand the delicious and nutritious meals we provide to our clients.

"We are incredibly grateful for the support from Kura Oncology and Life Science Cares," said Eva Matthews, MPH, Chief Executive Officer of Mama's Kitchen. "This grant allows us to meet the needs of our expanding client base, ensuring that more individuals receive the vital nutrition they need to improve their health. The vehicles will be instrumental in reliably serving our community."



CELEBRATING OUR CLIENTS'TRIUMPHS

Shy at first, but once he warms up to those around him, Arnaldo Cordero speaks and shares his life story proudly and with all of his heart.

Arnaldo has been HIV positive for over 21 years, which is also the number of years he has been sober from alcohol, a decision he made for himself once he received his HIV diagnosis. At first, he was very afraid of his diagnosis, but instead of allowing his fear to take over, he chose to fight for himself and for the life he had ahead. The path of alcohol abuse he had taken created and contributed to health challenges he continues to cope with today, nevertheless, he was determined to reroute his path.

After receiving more diagnoses including minor Alzheimer's disease, Rheumatoid Arthritis, and high blood pressure, Arnaldo applied multiple times for disability and was denied. After hearing about Arnaldo's difficulties getting approved while balancing his financial stress and critical health, his doctor suggested Mama's Kitchen.

Because of Arnaldo's decreasing health and immediate need, he was approved right away and started receiving our meals the following week. He also had regular meetings with one of our registered dietitians, Tanya Morales, who helped explain how our meals and proper nutrition can affect his body.

With their regular meetings, and our weekly delivery of meals, Arnaldo quickly began to see a difference. He noticed his blood pressure dropped to appropriate levels and his energy increased in a way that he hadn't experienced in a long time. With the goals that he and Tanya set up together, he also received a care roadmap specialized to him and his diagnoses.

We are so grateful that we could help Arnaldo overcome his health challenges and regain control of his future. He equates his wellbeing to Mama's Kitchen's kind, knowledgeable, and accepting service. Shortly after graduating from our services, he was approved for disability and is now on a path to bettering himself in a way that he'd never imagined.



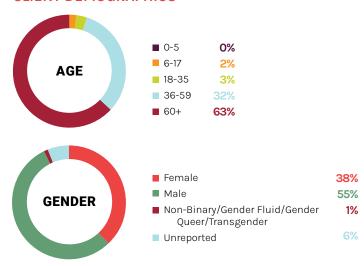
"The services that Mama's
Kitchen has provided me are
nothing short of a blessing. The
care that they've shown me gave
me the courage to make healthier
choices in my life. I want to thank
Tanya especially for providing
her knowledge and support
throughout my time with Mama's
Kitchen. I wouldn't have been able
to do it without her"



OUR CLIENTS

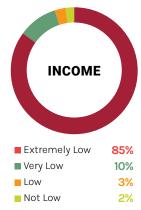
Mama's Kitchen's work addressing nutrition insecurity and social inequities has been recognized regionally and nationally for its ability to improve the health and well-being of critically ill individuals, while simultaneously reducing healthcare costs.

CLIENT DEMOGRAPHICS



INCOME BREAKDOWN



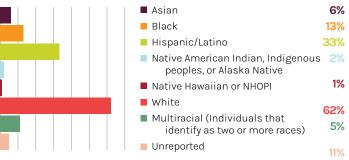






13%
ARE VETERANS





SURVEY RESULTS

Every fall, we conduct a program evaluation through a mailed and emailed client survey. Below are some of the results based on survey respondents.

Percent of clients who...



OUR IMPACT

NUMBER OF MEALS AND CLIENTS SERVED IN FISCAL YEAR 2023-2024

Our Medically Tailored Meal Service home-delivers complete nutrition through the following programs.

Cancer Nutrition Program



687



193,767

HIV Nutrition Program*



338



· 185,796

Diabetes Nutrition Program



617



175,667

Congestive Heart Failure Nutrition Program



544



181,828

Chronic Kidney Disease Nutrition Program



545



148,644

Other Critical Illnesses



122



14,324

*HIV Nutrition Program includes Mama's Pantry clients who enrolled into Medically Tailored Meal Service due to COVID-19 upon Pantry closure.

EMERGENCY FOOD ASSISTANCE PROGRAM & PANTRY SERVICE

Provides up to 12 weekly grocery bags, in a 12-month period, each containing perishable and nonperishable food items to low-income, HIV+ and emergent crisis clients.

219

Emergency Food Assistance Program Clients 1,082

Emergency Food Assistance Program Bags Distributed

NUTRITION EDUCATION

Partners our clients with registered dietitians to create custom menu plans and teach clients how to use nutrition to achieve the best possible health outcomes.

799

Nutrition Education Clients

2,113

Nutrition Education Sessions

TOTAL IMPACT NUMBERS-AT-A-GLANCE

2,853

Total number of unique clients served across all programs

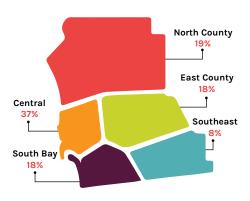
900,026

Total number of meals served through home-delivered meal service

\$1,200,970

Total value of volunteer contributions

HOME-DELIVERED MEALS BY AREA



VOLUNTEER SUPPORT

240,457

Volunteer Miles Driven



\$156,222

Value of Volunteer Miles

(Value based on the IRS Mileage Reimbursement Rate = \$0.625 Source IRS business rate)

667

Total Volunteers



Total Volunteer Hours Donated

28

Total Number of Corporate Volunteer Groups

\$1,044,748

Value of Donated Hours

(Value based on California Volunteer Time Valuation = \$38.61 per hour, Source the Independent Sector)



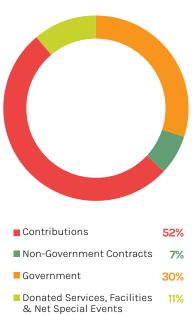
FINANCIAL STATEMENT

STATEMENT OF ACTIVITIES

For the period of July 1, 2023 - June 30, 2024 (with comparative totals for the period of July 1, 2022 - June 30, 2023)

Revenue, Gains, and Other Support OPERATING:	2024	2023
County of San Diego - Ryan White	\$623,434	\$547,219
County of San Diego - HOPWA	\$194,179	\$190,694
Cities (San Diego and others) - CDBG	\$89,781	\$156,695
Other Government grants	\$619,721	\$33,950
Non-Government contracts	\$338,607	\$400,198
Contributions	\$2,618,720	\$3,621,596
Capital projects - net of discount	-	-
Donations in-kind	\$31,543	\$363,091
Donated services and facilities	\$512,554	\$575,216
Special Events, net of direct expenses	(\$4,936)	(\$21,307)
TOTAL OPERATING REVENUE OTHER	\$5,023,603	\$5,902,761
Total Revenue, Gains and Other Support	\$5,023,603	\$5,902,761
Expenses & Losses		
Program services	\$5,823,490	\$4,997,874
Management and general	\$267,320	\$340,879
Fundraising	\$293,986	\$662,337
Total Expenses & Losses	\$6,384,796	\$6,001,090
Change in Net Assets	(\$1,361,193)	(\$98,329)

OPERATING REVENUE AND OTHER SUPPORT

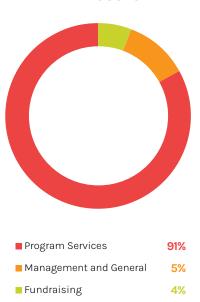


STATEMENT OF ACTIVITIES

As of June 30, 2024 (with comparative totals for June 30, 2023)

Assets 2024 2023 Cash and cash equivalents \$230,298 \$666,924 Investments \$8,032,451 \$8,153,126 Accounts Receivable \$575,682 \$705,228 Inventories \$204,373 \$165,105 Prepaid expenses and other \$293,301 \$46,384 Pledges receivable - net - current portion - - Total Current Assets \$9,336,105 \$9,736,767 Long-term investments \$44,240 \$43,632 Grants Receivable \$370,000 \$370,000 Deposits - \$118,490 Property and equipment - net \$1,998,125 \$2,069,608 Other Assets - net \$348,276 \$149,518 Total Assets \$12,096,746 \$12,488,015 Liabilities \$443,355 \$281,795 Total Current Liabilities \$443,355 \$281,795 Net Assets \$10,913,406 \$11,010,945 With donor restrictions \$739,985 \$1,195,375 Total Net Assets \$11,653,391 \$12,206,320 Total Liabilities and Net Assets \$12,096,746 \$12,488,115 <th></th> <th></th> <th></th>			
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Accounts payable and accrued expenses \$443,355 \$281,795 Total Current Liabilities \$443,355 \$281,795 Long-term debt - - Total Liabilities \$443,355 \$281,795 Net Assets Without donor restrictions \$10,913,406 \$11,010,945 With donor restrictions \$739,985 \$1,195,375 Total Net Assets \$11,653,391 \$12,206,320	Linkilision		
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Total Liabilities \$443,355 \$281,795 Net Assets Without donor restrictions \$10,913,406 \$11,010,945 With donor restrictions \$739,985 \$1,195,375 Total Net Assets \$11,653,391 \$12,206,320		\$443,355	\$281,795
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Without donor restrictions \$10,913,406 \$11,010,945 With donor restrictions \$739,985 \$1,195,375 Total Net Assets \$11,653,391 \$12,206,320	Total Liabilities	\$443,355	\$281,795
Without donor restrictions \$10,913,406 \$11,010,945 With donor restrictions \$739,985 \$1,195,375 Total Net Assets \$11,653,391 \$12,206,320			
With donor restrictions \$739,985 \$1,195,375 Total Net Assets \$11,653,391 \$12,206,320			
Total Net Assets \$11,653,391 \$12,206,320	Without donor restrictions	\$10,913,406	\$11,010,945
*··,···;-··	With donor restrictions	\$739,985	\$1,195,375
Total Liabilities and Net Assets \$12,096,746 \$12,488,115	Total Net Assets	\$11,653,391	\$12,206,320
Total Liabilities and Net Assets \$12,096,746 \$12,488,115			
	Total Liabilities and Net Assets	\$12,096,746	\$12,488,115

OPERATING EXPENSES AND LOSSES



LIFETIME SERVICE AWARDRICHARD MOORE

"Let me know where you need me," should be Richard Moore's catchphrase. As a volunteer for almost a decade, his dedication to Mama's Kitchen exemplifies flexibility, expertise, and a friendly disposition that goes unmatched.

Richard's journey as a Mama's Kitchen volunteer, by his own account, has led him along a path that strengthened his compassion and grace towards others and emphasized his gratitude for the fortune and blessings in his own life. These valuable lessons began in 2016 when his friend Linda, a longtime Mama's Kitchen volunteer, invited him to volunteer, and since then, his commitment to our organization only grows.

With over 1,700 hours of delivery driving – equating to spending two-and-a-half months in his car for our clients – Richard consistently delivers three, sometimes four routes, often more than a paid staff driver. Rather than committing himself to specific routes, he prefers to "diversify" his itinerary, and enjoys the reward of meeting new clients and the knowledge that it's what helps our team the most.

In 2021, he joined the Board of Directors, offering his expertise to further enhance our mission.

In addition to the time he spends behind the wheel and at our clients' doorsteps with a smile on his face, Richard provides crucial feedback and insight into the volunteer and delivery delivery process, helping our team continuously improve procedures, efficiencies, and the volunteer experience. To further demonstrate why he was selected as this year's Lifetime Service Award winner, Richard has even learned basic Spanish phrases to communicate with his Spanish-speaking clients. Now he gets to say, "I love you too!" to one of his clients who tells him how much she loves him each week.

"Mama's is a great organization, with good people, doing good work for clients that rely on our services. It's really rewarding to be a part of this collective effort."



OUR VOLUNTEERS

Whether cooking in our kitchen, delivering meals, assisting in our food pantry, or another critical role – our hundreds of volunteers are the life source of Mama's Kitchen's impact and growth.

AWARD

Richard Moore

VOLUNTEERSOF THE YEAR

Jon Nicastro Melissa Cutler AJ Paul Meredith Minerich

CORPORATE

Navy Federal Credit Union

500+ Hours of Service

Patricia Pasquill Ellen Baum Becky Deckard Richard Moore

250 - 499 Hours of Service

Robert Rosenberger Oscar Alvarez Marcy Montag Kaye Durant Linda Cook April Heinze Robert Brum Jenifer Martinez Guatemala Gary Allard Carlos Clark Mike Carter Napoleon Corona Valencia Eileen Marks John McCarthy Cyril Reinicke Monica Reinicke

Siara McComb Cindy Hiort Andrew Rosenberg

100 - 249 Hours of Service

Michael Bloomberg Carol Wilmot Tom Corbett Patricia Karstein Kip Foster Myra Lousteau Juan Castillo Barbara Plute Ron Newcomer Michael Ledwein Dave Grube Larry Ambrose Jessica Riedinger Robin Chiki John Nicastro Irene Akiyama Mike Ritter Anthony Flores-Garcia



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Judi Schlebecker
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Nui Jeong
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Meredith Minerich
Cheryl Weldon

50 – 99 Hours of Service

Sean Loughran Sandy Bourdette Sharon Simpson Kim Wilcox Rhonda Gibson

Margaret O'Rourke Kelly Eifler Robin Moss Bob Terris Louis Harris Philip McDonough Kenny D'Arigo Kevin Day

Adam Lovell Ami Lovell Bob Rocchi Judy Bee Lee Coursey Marie Kastner Myrna Guerena Molly Guo Mark Mandel Jonathan McMullen

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Shannon Dolan
Caron Calabrese
Jason DeFay
Jenna Harrison
Michele Vela
Luz Valenzuela
Mike Goodrich

Ancel Thompson Suzanne Thompson Brandy Caston Rye-Ji Kim Amy Perez Andrea Kocher Bryan Lozano Jason Adkins

25 - 49

Hours of Service

Volunteers NetWork Ryan Haringa Elaine Lewis Kim Paul April Peterson Bradley Stech Summer Stech Terrence McClaron Jeannie Posner Candace Claar Bill Driscoll Scott Lawry Judy Means Sara Ha Erick Haswell Jose Rodriguez Andy Salcido LaShanda Brittian Sharman French Justin Haggar June Martin Pryce Moore

Patricio Quintanilla Michael Roatis Julia Jaffe

Carolina Mcallister
Jeffrey Brehove
Kyle Harris
Mandy Old
Tara Braswell
Carina Antonino
Tien Nguyen
Gianna Carpenter
(Navy Federal)
Jeanne Niner
Mohammed Tawfeeq

Geoff Braswell
Samantha Elane
Donna Martin
Holda Ashima
Ector Hernandez
Rocio Rodriguez

Jennifer Tuteur

MAMA'S KITCHEN | 17

Bruce George DeShea Jones Rich Shenson Barbara Siesel Bill Jefferson Leslie McCormick Jennifer Grodberg Sharon Velletta Duc Bui

David Butterfield Nathan Wauthier Yaulande Miller

Yaulande Miller Bill Moss Roberta Moss Zac Shira Jamie York Jason Borakove Elizabeth Hill Kali Mistry Gus Aburto

Alexis Silva (Kaiser)
Margaret Slaska
Vanessa Perez
Betty Butterfield
Mary Thompson
Bryan Ferguson
Oceania Wang
Georgina Arreola
Jennifer Berend
Armando De La Cruz
Lisa Hatfield
Ashley Ji

Mariana Muñoz Lara Salvador Rodriguez Alyssa Romine

1 – 24 Hours of Service

Jackie Ung Rachel Berdugo Gary Butterfield Fadoua Chafik Faith Evans Jaime Pena Kevin Salazar Vic Salazar Cate Coxon Kelly Kuhn Theodore Berz Dianne Borgwardt Abraham Daly Romaine McFarlane Milo Barton Karen Wilform

Scott Teerlink
Jeffrey Andrews
Paul Angelos
Carol Cross
Janet Dixon
Jasper Halterman

Jaime Lee Chiara Leroy Lucas DeLeon

Shari Juster (Jack in the Box)

Audrianna Alonso Alayna Connor Clare Curran Addy Newman Brooke Robb Eileen Sze

Providence Uwanyirigira

Mike Gorski Molly Swann Erika Weber Cynthia Davis Sharan Bhullar Guillermo Perez Don Giaquinto Martha Jimenez Alen Loubier James Thompson Madonna Bentz Bill Fisher Paul Jacquemain Jamie Lally Renzo Stech Caitlin Wright Patrick Zaccaria Rick Hensley Angela Castillo Toney Shea

San Diego Humane Society

(group) Justin Gall

Arline Gomez Arreola Michelle Holm

Lizeth Moore Paulkun Noy Jen Spencer

Emilio Vazquez Torres

Emma Bertel Omar Carrillo

Joan Flores Cayetano Jennifer Sadoski Gerson Ariel Argueta

Hernandez Patrick Plaisted Mary Balbuena



Nancy Morrell Marco Esquerra Alicia Guiliano Laura Handler Danell Hollis Marissa Mazurie Teddy Merrick Dang Nguyen Carolyne Porter Jeffrey Dean Kristen Earle Martha Rubio Olivia Elfman Marc Jaffe Diane Lowrie Anna Spencer Juana Villa Mendoza

Margaux Thieme-Burdette Emily Awkerman Stephen Carnes Pamela Chapman Barbara Crawford Phil Gauthier

Phil Gauthier Gregory Gould Paulina Huerta Adam Luther

Ashleigh Messerman Sebastian Penalosa

Victor Scully
Julie Simpson
Alyssa Smith
Christelle Stubbs
Emily Suchecki
Viktoria Voragen
Younha Choi
Jen Kay

Jessica Angeles Andy Gonzalez Raquel Guardado-Soto

Susi Komatsu
Mark Maddox
Tracy McFarland
Gina Molise
Whitney Pinto
Bob Plaisted
Summer Pulice
Nicole Quiroz

Valeria Rodriguez

Alex Salazar Ed Sanchez Jordan To Eliomar Valdez

Angel Zamora Bradley Zerwas Kriszl Godfrey Mariko Matsutani Isela Renteria Belen Ybarrondo Ardelan Abdulla Amanda Alfaro Cary Berner Steph Bongiorno Laura Cate

Steven Gerring Lottie Hersch Natalie Jackson Meg McCue Lauren Ostrowski Della Pascucci Anisa Sanchez Nancy Torns Shannon Tran

Aimee Wilform

Sarah Holstrom

Analisa Benedetto (Novartis)

Carli Smithwick Vannakhane Sopha Jazmin Emelia Soto

Josh Wolf
Jill Macinko
Sarah Ahern
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Danielle Posner
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Francisca Romero

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Lauren Case-McFate Sherry Cohen-Richards

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Melanie Gallegos Erika Green Kimberley Gudeth John Hulsey Christian James Judy Jeong Greg Johnson Lena Lee Steven Macias

Steven Macias
Judy Mann
Kevin MCAninch
Veronica McCarthy
Elizabeth Montes
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Ellie Rest

Ellie Rest
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Rufino Echanis
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Anthea Leng Grecia Limon Xochitl lopez



Jocelyn Lu Maria Pina Keith Robinson Shawn Sei Bonnie Sgroi Luna Williams Darla Winn Bill Burton Linda Burton Phyllis Davidson Mike McNary Kimberly Owen Sarah Ahern Brian Bazinet Josh Berrios Alicia Bianchi Ishita Bisht Heather Brose Pamela De Leon Aguilera Jennifer DePoy Tess Eyrich Joslyn Fellows Ryan Fentin-Thompson Sarah Flynn Aurelia Forsyth Susan Foster Gabriel Gallegos Michelle Gonzales Barbara Hanson Forsyth Marta Hawkins Bryan Heers Horacio Hernandez Roseann Iovine **Emily Kvitek** Nicole Lenart Maggie Lengyel Ronald Ligon Nicholas Lucido

Analica Murillo Ellen Nolan Marty Norman Richard Ortiz **Brittany Porter** Purush Ram Sean Redmond Jasmine Rock-Mathurin Hector Ruben Theresa Smith Samantha Turnage Kelly Valencia Jenny Varol Guest A Volunteer Guest C Volunteer Maria Voss Sara Jo West Shania Zingales Alan Tardio



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The Mama's Kitchen Bread & Butter Club is a special, dedicated community of people that provide reliable support each month to our organization and programs. This important group of people allow us to concentrate on what is essential—keeping our ovens lit and our clients' bags full of nutritious food.

Thank you to our Bread & Butter Club members for their support!

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Members of the Legacy Club receive an array of benefits, ranging from our donor newsletter and annual report to meetings with key Mama's Kitchen leaders and invitations to special events and seminars.

Thank you to our dedicated supporters who have committed to leaving a legacy through Mama's Kitchen by including our organization in their estate planning. We gratefully recognize your commitment to the future of Mama's Kitchen and our impact throughout San Diego.

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^{*}In loving memoriam

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Administration

Alberto Cortés (he/him) Chief Executive Officer

Bonnie Jablonski (she/her)

Executive Assistant

Faye Levy (she/her)
Human Resources Manager

Eva Matthews (she/her)
Incoming Chief Executive
Officer

Kelly Sherlock (she/her)
Chief Financial Officer

James Whittenburge (he/him)
Staff Accountant

Operations

Verena Aguilar (she/her) Bilingual Client Services Coordinator

Shane Algarin (he/him)
Delivery Driver

Robert Bartolo (he/him)
Delivery Driver

Melissa Bedollla (she/her)
Delivery Driver

Adam Boswell (he/him)
Delivery Driver

Stephanie Boyd (she/her) Registered Dietitian Nutritionist

Philip Chao (he/him)
Director of Volunteer
Engagement

Efrain Cortes-Arce (he/him)
Cook & Dishwasher

JD Damon (he/him)
Operations & Facilities
Coordinator

Pamela De Leon Bilingual Community Outreach Coordinator

Tim Dominic (he/him)
Client Services Coordinator

Minerva Esparza (she/her)
Bilingual Client Services
Coordinator

Renee Fuentes Ibarra (she/her)

Delivery Driver

Keely Fuller (she/her)
Volunteer Engagement
Coordinator

Daniel Gold (he/him)
Delivery Driver

Joanna Gozalez (she/her)
Bilingual Client Services
Coordinator

Paola Henao Jimenez (she/her) Bilingual Client Services Coordinator

Noemi Huerta (she/her)
Director of Client Services

Alejandro Ibarra (he/him)
Delivery Driver

Marie Landeros (she/they) Incoming Director of Volunteer Engagement

Lauren Luks (she/her)
Delivery Driver

Jason Martini (he/him)
Chief of Food Service
Operations

Robert McDonald (he/him)
Delivery Driver

Taneia Mczeal Crawford (she/her) Delivery Driver

Tanya Morales (she/her)
Bilingual Registered
Dietitian

Jonathan Moreno (he/him)
Sous Chef

Chris Nolan (she/her)
Chief Programs Officer

Jon Potter (he/him)
Delivery Driver

Frank Pulido (he/him)
Delivery Driver

Lorenzo Ricardo (he/him)
Cook & Dishwasher

Danny Sanchez (he/him) Delivery Driver

Sandra Sanchez (she/her)
Bilingual Client Services
Assistant

Michael Searfoss (he/him) Community Support Coordinator

DeAndre Simmons (he/him)
Operations & Staging
Specialist

Cheryl Sonstein (she/her)
Delivery Driver

Lexi Striler (she/her)
Director of Nutrition Services

Zachary Striler (he/him)
Delivery Driver

Vincent That (he/him)
Delivery Coordinator

Thalia Thomas (she/her)
Delivery Driver



Jessica Turchen (she/her)
Delivery Driver

Rene Uribe (he/him)
Cook & Dishwasher

Luke Vaughn (they/them) Volunteer Engagement Coordinator

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Delivery Driver

Mary Wasserman (she/her)
Delivery Driver

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Brady McCollom (he/him) Marketing & Events Coordinator

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Chief Development Officer

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THANK YOU!



Mama's Kitchen acknowledges that our facility is on the unceded, ancestral, traditional, and contemporary land of the Kumeyaay People.

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