

January Renal Menu

		1/1	1/2	1/3	1/4	1/5
		Pasta Marinara with Beans	Roasted Moroccan Chicken Breast with CousCous	Braised Beef Stroganoff with Rice Pilaf	Greek Chicken with Mushroom and Artichoke Rice	Thai Peanut Noodles
		roasted vegetables, apple	roasted vegetables, peach + pear fruit cup, roll	roasted vegetables, peach + pear fruit cup, dinner roll	roasted vegetables, pear fruit cup	roasted tofu, roasted vegetables, applesauce
1/6	1/7	1/8	1/9	1/10	1/11	1/12
Lemon Basil Chicken Salad with Pita Bread	Greek Chicken Sandwich	Pasta Balsamico	Marinara Cheese Ravioli with Beans	Chicken Tacos	Roasted Chicken Parmesan	Vegetarian Chili
baby carrots, apple	mixed vegetables, apple	mixed vegetables, apple	roasted vegetables, pear fruit cup, dinner roll	roasted vegetables, pinto beans, brown rice pilaf, apple	roasted vegetables, peach + pear fruit cup	peach, dinner roll
1/13	1/14	1/15	1/16	1/17	1/18	1/19
Honey Ranch Chicken Salad with Pita Bread	Pasta Genovese with Beans	Beef Mushroom Swiss Burger	Cheese Tortellini with Beans	Steak Tacos	Indian Chicken	Chicken Margherita with Farro Pilaf
aaplesauce, apple	mixed vegetables, apple	mixed vegetables, peach + pear fruit cup, cheese stick	mixed vegetables, apple, dinner roll	roasted vegetables, pear, pinto beans, brown rice pilaf, cheese stick	roasted vegetables, apple	roasted vegetables, pear fruit cup, dinner
1/20	1/21	1/22	1/23	1/24	1/25	1/26
Chicken Salad with Pita Bread	Vegetarian Pasta with Beans	BBQ Chicken Sandwich	Hummus with Hard Boiled Eggs and Pita Bread	Vegetarian Egg Frittata with Farro Pilaf	Turkey Patty with Farro Pilaf	Vegetarian Chili
baby spring mix, apple	mixed vegetables, pear, cheese stick	green beans, apple	baby carrots, applesauce	roasted vegetables, peach + pear fruit cup, dinner roll	mixed vegetables, pear fruit cup	pear, dinner roll
1/27	1/28	1/29	1/30	1/31		
Hard Boiled Eggs with Cottage Cheese Dip and Pita Bread	Vegetarian Pasta Marinara with Beans	Cheese Ravioli with Beans	Balsamic Chicken Sandwich	BBQ Chicken		
baby carrots, peach + pear fruit cup	apple, pasta, saltine crackers	mixed vegetables, applesauce, dinner roll	mixed vegetables, pear fruit cup	roasted vegetables, peach + pear fruit cup, cornbread, dinner roll, cheese stick		