

## November Renal Menu

				11/1	11/2	11/3
				<b>Vegetarian Fritata with Oven Farro and Quinoa</b>	<b>Turkey Patty with White Rice</b>	<b>Vegetarian Chili</b>
				assorted vegetables, peach + pear fruit cup	assorted vegetables, apple, cheese stick	assorted vegetables, pear fruit cup, dinner roll, cheese stick
11/4	11/5	11/6	11/7	11/8	11/9	11/10
<b>Hard Boiled Eggs with Baby Carrots and Pita Bread</b>	<b>Vegetarian Pasta Marinara</b>	<b>Cheese Ravioli</b>	<b>Balsamic Chicken Sandwich</b>	<b>BBQ Chicken with Cornbread</b>	<b>Teriyaki Chicken with Sesame Rice</b>	<b>Meatloaf with Brown Rice Pilaf</b>
apple	assorted vegetables, chicken salad pouch, apple, saltine crackers	assorted vegetables, spring mix, applesauce, dinner roll, cheese stick	assorted vegetables, pear fruit cup	assorted vegetables, peach + pear fruit cup, cheese stick	assorted vegetables, apple, cheese stick	assorted vegetables, applesauce, dinner roll, cheese stick
11/11	11/12	11/13	11/14	11/15	11/16	11/17
<b>Sesame Chicken Salad</b>	<b>Beef BBQ Cheddar Burger With Green Beans</b>	<b>Hard Boiled Eggs with Baby Carrots and Pita Bread</b>	<b>Pasta Genovese</b>	<b>Braised Beef with White Rice</b>	<b>Hawaiian Braised Chicken with Coconut Rice</b>	<b>Vegetarian Chili</b>
spring mix, apple, pita bread	applesauce	pear fruit cup	assorted vegetables, apple, cheese stick	assorted vegetables, apple, cheese stick	assorted vegetables, peach fruit cup	assorted vegetables, applesauce, dinner roll, cheese stick
11/18	11/19	11/20	11/21	11/22	11/23	11/24
<b>Honey Mustard Fish and Brown Rice Pilaf</b>	<b>Roasted Teriyaki Chicken Sandwich</b>	<b>Vegetarian Pasta Marinara</b>	<b>Chicken Breast with Couscous</b>	<b>Braised Beef Stroganoff with White Rice</b>	<b>Greek Chicken with Mushroom and Artichoke Rice</b>	<b>Thai Peanut Noodles with Tofu, Garbanzo Beans and Peanuts</b>
assorted vegetables, apple, cheese stick	assorted vegetables, spring mix, peach fruit cup	assorted vegetables, apple, cheese stick	assorted vegetables, peach fruit cup, cheese stick	assorted vegetables, applesauce	assorted vegetables, pear fruit cup	assorted vegetables, apple, cheese stick
11/25	11/26	11/27	11/28	11/29	11/30	
<b>Lemon Basil Chicken Salad with Baby Carrots and Pita Bread</b>	<b>Greek Chicken Sandwich</b>	<b>Pasta Balsamico</b>	<b>Cheese Ravioli</b>	<b>Chicken Tacos with Brown Rice Pilaf</b>	<b>Chicken Parmesan with Brown Rice Pilaf</b>	
apple, cheese stick	assorted vegetables, applesauce	assorted vegetables, apple, cheese stick	assorted vegetables, spring mix, pear fruit cup, dinner roll, cheese stick	assorted vegetables, peach	assorted vegetables, peach fruit cup	