

October Renal Menu

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	10/1	10/2	10/3	10/4	10/5	10/6
	Beef BBQ Cheddar Burger With Green Beans	Hard Boiled Eggs with Baby Carrots and Pita Bread	Chicken Breast with White Rice	Braised Beef with White Rice	Hawaiian Braised Chicken with Coconut Rice	Vegetarian Chili
	applesauce	pear fruit cup, cottage cheese dip	assorted vegetables, apple, cheese stick	assorted vegetables, applesauce, cheese stick	assorted vegetables, peach fruit cup	assorted vegetables, apple, dinner roll, cheese stick
10/7	10/8	10/9	10/10	10/11	10/12	10/13
Lemon Basil Chicken Salad with Baby Carrots and Pita Bread	Roasted Teriyaki Chicken Sandwich	Vegetarian Pasta Marinara	Chicken Breast with Moroccan Spiced Couscous	Braised Beef Stroganoff with White Rice	Greek Chicken with Mushroom and Artichoke Rice	Thai Peanut Noodles with Tofu, Garbanzo Beans and Peanuts
apple, cheese stick	assorted vegetables, spring mix, apple, dinner roll	assorted vegetables, apple, cheese stick	assorted vegetables, peach fruit cup	assorted vegetables, applesauce	assorted vegetables, pear fruit cup, cheese stick	assorted vegetables, pear fruit cup, cheese stick
10/14	10/15	10/16	10/17	10/18	10/19	10/20
Turkey Patty with White Rice	Greek Chicken Sandwich	Pasta Balsamico	Cheese Ravioli	Chicken Tacos with Brown Rice Pilaf	Chicken Parmesan with Brown Rice Pilaf	Vegetarian Chili
assorted vegetables, apple, cheese stick	assorted vegetables, apple, cheese stick	assorted vegetables, apple, cheese stick	assorted vegetables, spring mix, pear fruit cup, dinner roll	assorted vegetables, applesauce	assorted vegetables, peach fruit cup	assorted vegetables, pear fruit cup, dinner roll, cheese stick
10/21	10/22	10/23	10/24	10/25	10/26	10/27
Honey Ranch Egg Salad Sandwich	Pasta Genovese	Beef Mushroom Swiss Burger	Cheese Tortellini	Steak Tacos with Brown Rice Pilaf	Indian Chicken with Rice	Chicken Margherita with White Rice
baby carrots, apple, cheese stick	assorted vegetables, apple, cheese stick	assorted vegetables, peach fruit cup, dinner roll	assorted vegetables, pear	assorted vegetables, apple	assorted vegetables, apple, cheese stick	assorted vegetables, pear fruit cup, cheese stick
10/28	10/29	10/30	10/31			
BBQ Chicken Sandwich	Pasta Balsamico	Lemon Basil Egg Salad Sandwich	Pesto Chicken with Rice Pilaf			
green beans, apple	assorted vegetables, applesauce, cheese stick	cauliflower, pear, cheese stick	assorted vegetables, pear			