

Form **990**

Return of Organization Exempt From Income Tax

OMB No. 1545-0047

2022

Department of the Treasury
Internal Revenue Service

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

Do not enter social security numbers on this form as it may be made public.

Go to www.irs.gov/Form990 for instructions and the latest information.

Open to Public Inspection

A For the 2022 calendar year, or tax year beginning **JUL 1, 2022** and ending **JUN 30, 2023**

B Check if applicable: <input type="checkbox"/> Address change <input type="checkbox"/> Name change <input type="checkbox"/> Initial return <input type="checkbox"/> Final return/terminated <input type="checkbox"/> Amended return <input type="checkbox"/> Application pending	C Name of organization MAMA 'S KITCHEN Doing business as Number and street (or P.O. box if mail is not delivered to street address) Room/suite 3960 HOME AVENUE City or town, state or province, country, and ZIP or foreign postal code SAN DIEGO, CA 92105 F Name and address of principal officer: EVA MATTHEWS same as C above	D Employer identification number 33-0434246 E Telephone number 619-233-6262 G Gross receipts \$ 7,385,460. H(a) Is this a group return for subordinates? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No H(b) Are all subordinates included? <input type="checkbox"/> Yes <input type="checkbox"/> No If "No," attach a list. See instructions H(c) Group exemption number
I Tax-exempt status: <input checked="" type="checkbox"/> 501(c)(3) <input type="checkbox"/> 501(c) () (insert no.) <input type="checkbox"/> 4947(a)(1) or <input type="checkbox"/> 527		
J Website: WWW.MAMASKITCHEN.ORG		
K Form of organization: <input checked="" type="checkbox"/> Corporation <input type="checkbox"/> Trust <input type="checkbox"/> Association <input type="checkbox"/> Other		
L Year of formation: 1990		M State of legal domicile: CA

Part I Summary

1	Briefly describe the organization's mission or most significant activities: WE PROVIDE NUTRITION SUPPORT TO THOSE AFFECTED BY CRITICAL ILLNESSES WHO ARE VULNERABLE TO HUNGER.				
2	Check this box <input type="checkbox"/> if the organization discontinued its operations or disposed of more than 25% of its net assets.				
3	Number of voting members of the governing body (Part VI, line 1a)	3		20	
4	Number of independent voting members of the governing body (Part VI, line 1b)	4		20	
5	Total number of individuals employed in calendar year 2022 (Part V, line 2a)	5		45	
6	Total number of volunteers (estimate if necessary)	6		857	
7a	Total unrelated business revenue from Part VIII, column (C), line 12	7a		0.	
7b	Net unrelated business taxable income from Form 990-T, Part I, line 11	7b		0.	
Revenue	8 Contributions and grants (Part VIII, line 1h)	Prior Year		Current Year	
	9 Program service revenue (Part VIII, line 2g)	9,085,723.		5,348,852.	
	10 Investment income (Part VIII, column (A), lines 3, 4, and 7d)	0.		0.	
	11 Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)	197,099.		134,302.	
	12 Total revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12)	-41,352.		-21,307.	
		9,241,470.		5,461,847.	
Expenses	13 Grants and similar amounts paid (Part IX, column (A), lines 1-3)	0.		0.	
	14 Benefits paid to or for members (Part IX, column (A), line 4)	0.		0.	
	15 Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10)	1,941,333.		2,263,306.	
	16a Professional fundraising fees (Part IX, column (A), line 11e)	0.		0.	
	b Total fundraising expenses (Part IX, column (D), line 25)	643,050.			
	17 Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e)	2,783,557.		3,162,568.	
18 Total expenses. Add lines 13-17 (must equal Part IX, column (A), line 25)	4,724,890.		5,425,874.		
19 Revenue less expenses. Subtract line 18 from line 12	4,516,580.		35,973.		
Net Assets or Fund Balances	20 Total assets (Part X, line 16)	Beginning of Current Year		End of Year	
	21 Total liabilities (Part X, line 26)	11,962,538.		12,488,015.	
	22 Net assets or fund balances. Subtract line 21 from line 20	225,032.		281,795.	
		11,737,506.		12,206,220.	

Part II Signature Block

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here	Signature of officer EVA MATTHEWS, CHIEF EXECUTIVE OFFICER	Date	
Paid Preparer Use Only	Print/Type preparer's name JASON C. GUTZMER	Preparer's signature JASON C. GUTZMER	Date 02/09/24
	Firm's name LING & BOUMAN CPA'S, LLP	Firm's EIN 81-4590836	Check if self-employed <input type="checkbox"/> PTIN P01204162
	Firm's address 4669 MURPHY CANYON ROAD, STE 130 SAN DIEGO, CA 92123-1833	Phone no. (858) 467-4770	

May the IRS discuss this return with the preparer shown above? See instructions Yes No

Part III Statement of Program Service Accomplishments

Check if Schedule O contains a response or note to any line in this Part III []

1 Briefly describe the organization's mission:
MAMA 'S KITCHEN BELIEVES THAT EVERYONE IS ENTITLED TO THE BASIC NECESSITY OF LIFE - NUTRITIOUS FOOD. OUR SERVICES IMPROVE THE HEALTH AND WELL-BEING OF INDIVIDUALS AND FAMILIES VULNERABLE TO MALNUTRITION DUE TO CRITICAL ILLNESS.

2 Did the organization undertake any significant program services during the year which were not listed on the prior Form 990 or 990-EZ? [] Yes [X] No
If "Yes," describe these new services on Schedule O.

3 Did the organization cease conducting, or make significant changes in how it conducts, any program services? [] Yes [X] No
If "Yes," describe these changes on Schedule O.

4 Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses. Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, and revenue, if any, for each program service reported.

4a (Code:) (Expenses \$ 4,441,973. including grants of \$) (Revenue \$ 5,461,847.)
DELIVERY OF FREE MEALS TO HOME-BOUND INDIVIDUALS WITH CRITICAL ILLNESSES. THE ORGANIZATION DELIVERED 816,920 MEALS, PROVIDED 689 EMERGENCY FOOD ASSISTANCE BAGS, AND PROVIDED MEDICAL NUTRITION THERAPY TO 959 CLIENTS.

4b (Code:) (Expenses \$ including grants of \$) (Revenue \$)

4c (Code:) (Expenses \$ including grants of \$) (Revenue \$)

4d Other program services (Describe on Schedule O.)
(Expenses \$ including grants of \$) (Revenue \$)

4e Total program service expenses 4,441,973.

Part IV Checklist of Required Schedules

	Yes	No
1 Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? <i>If "Yes," complete Schedule A</i>	1 X	
2 Is the organization required to complete <i>Schedule B, Schedule of Contributors</i> ? See instructions	2 X	
3 Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? <i>If "Yes," complete Schedule C, Part I</i>	3	X
4 Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? <i>If "Yes," complete Schedule C, Part II</i>	4	X
5 Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Rev. Proc. 98-19? <i>If "Yes," complete Schedule C, Part III</i>	5	X
6 Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? <i>If "Yes," complete Schedule D, Part I</i>	6	X
7 Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? <i>If "Yes," complete Schedule D, Part II</i>	7	X
8 Did the organization maintain collections of works of art, historical treasures, or other similar assets? <i>If "Yes," complete Schedule D, Part III</i>	8 X	
9 Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services? <i>If "Yes," complete Schedule D, Part IV</i>	9	X
10 Did the organization, directly or through a related organization, hold assets in donor-restricted endowments or in quasi endowments? <i>If "Yes," complete Schedule D, Part V</i>	10 X	
11 If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X, as applicable.		
a Did the organization report an amount for land, buildings, and equipment in Part X, line 10? <i>If "Yes," complete Schedule D, Part VI</i>	11a X	
b Did the organization report an amount for investments - other securities in Part X, line 12, that is 5% or more of its total assets reported in Part X, line 16? <i>If "Yes," complete Schedule D, Part VII</i>	11b	X
c Did the organization report an amount for investments - program related in Part X, line 13, that is 5% or more of its total assets reported in Part X, line 16? <i>If "Yes," complete Schedule D, Part VIII</i>	11c	X
d Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in Part X, line 16? <i>If "Yes," complete Schedule D, Part IX</i>	11d	X
e Did the organization report an amount for other liabilities in Part X, line 25? <i>If "Yes," complete Schedule D, Part X</i>	11e	X
f Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? <i>If "Yes," complete Schedule D, Part X</i>	11f	X
12a Did the organization obtain separate, independent audited financial statements for the tax year? <i>If "Yes," complete Schedule D, Parts XI and XII</i>	12a X	
b Was the organization included in consolidated, independent audited financial statements for the tax year? <i>If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional</i>	12b	X
13 Is the organization a school described in section 170(b)(1)(A)(ii)? <i>If "Yes," complete Schedule E</i>	13	X
14a Did the organization maintain an office, employees, or agents outside of the United States?	14a	X
b Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? <i>If "Yes," complete Schedule F, Parts I and IV</i>	14b	X
15 Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any foreign organization? <i>If "Yes," complete Schedule F, Parts II and IV</i>	15	X
16 Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? <i>If "Yes," complete Schedule F, Parts III and IV</i>	16	X
17 Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? <i>If "Yes," complete Schedule G, Part I.</i> See instructions	17	X
18 Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? <i>If "Yes," complete Schedule G, Part II</i>	18 X	
19 Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? <i>If "Yes," complete Schedule G, Part III</i>	19	X
20a Did the organization operate one or more hospital facilities? <i>If "Yes," complete Schedule H</i>	20a	X
b If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b	
21 Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or domestic government on Part IX, column (A), line 1? <i>If "Yes," complete Schedule I, Parts I and II</i>	21	X

Part IV Checklist of Required Schedules (continued)

	Yes	No
22 Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? <i>If "Yes," complete Schedule I, Parts I and III</i>		X
23 Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5, about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? <i>If "Yes," complete Schedule J</i>	X	
24a Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? <i>If "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25a</i>		X
b Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?		
c Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?		
d Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?		
25a Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? <i>If "Yes," complete Schedule L, Part I</i>		X
b Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? <i>If "Yes," complete Schedule L, Part I</i>		X
26 Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons? <i>If "Yes," complete Schedule L, Part II</i>		X
27 Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity (including an employee thereof) or family member of any of these persons? <i>If "Yes," complete Schedule L, Part III</i>		X
28 Was the organization a party to a business transaction with one of the following parties (see the Schedule L, Part IV, instructions for applicable filing thresholds, conditions, and exceptions):		
a A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? <i>If "Yes," complete Schedule L, Part IV</i>		X
b A family member of any individual described in line 28a? <i>If "Yes," complete Schedule L, Part IV</i>		X
c A 35% controlled entity of one or more individuals and/or organizations described in line 28a or 28b? <i>If "Yes," complete Schedule L, Part IV</i>		X
29 Did the organization receive more than \$25,000 in non-cash contributions? <i>If "Yes," complete Schedule M</i>	X	
30 Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M</i>		X
31 Did the organization liquidate, terminate, or dissolve and cease operations? <i>If "Yes," complete Schedule N, Part I</i>		X
32 Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? <i>If "Yes," complete Schedule N, Part II</i>		X
33 Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? <i>If "Yes," complete Schedule R, Part I</i>		X
34 Was the organization related to any tax-exempt or taxable entity? <i>If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1</i>		X
35a Did the organization have a controlled entity within the meaning of section 512(b)(13)?		X
b If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? <i>If "Yes," complete Schedule R, Part V, line 2</i>		
36 Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? <i>If "Yes," complete Schedule R, Part V, line 2</i>		X
37 Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? <i>If "Yes," complete Schedule R, Part VI</i>		X
38 Did the organization complete Schedule O and provide explanations on Schedule O for Part VI, lines 11b and 19?	X	

Note: All Form 990 filers are required to complete Schedule O

Part V Statements Regarding Other IRS Filings and Tax Compliance

Check if Schedule O contains a response or note to any line in this Part V

	Yes	No
1a Enter the number reported in box 3 of Form 1096. Enter -0- if not applicable		
b Enter the number of Forms W-2G included on line 1a. Enter -0- if not applicable		
c Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?	X	

Part V Statements Regarding Other IRS Filings and Tax Compliance (continued)

Table with columns for question number, question text, and Yes/No columns. Includes questions 2a through 17 regarding employee counts, tax returns, unrelated business income, foreign accounts, prohibited transactions, and charitable contributions.

Part VI Governance, Management, and Disclosure. For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions.

Check if Schedule O contains a response or note to any line in this Part VI

Section A. Governing Body and Management

		Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain on Schedule O.		
	1a 20		
b	Enter the number of voting members included on line 1a, above, who are independent		
	1b 20		
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other officer, director, trustee, or key employee?		X
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors, trustees, or key employees to a management company or other person?		X
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?		X
5	Did the organization become aware during the year of a significant diversion of the organization's assets?		X
6	Did the organization have members or stockholders?		X
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?		X
b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?		X
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:		
a	The governing body?	X	
b	Each committee with authority to act on behalf of the governing body?	X	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If "Yes," provide the names and addresses on Schedule O		X

Section B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.)

		Yes	No
10a	Did the organization have local chapters, branches, or affiliates?		X
b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?		
10b			
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	X	
b	Describe on Schedule O the process, if any, used by the organization to review this Form 990.		
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13	X	
b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	X	
c	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe on Schedule O how this was done	X	
12c		X	
13	Did the organization have a written whistleblower policy?	X	
14	Did the organization have a written document retention and destruction policy?	X	
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?		
a	The organization's CEO, Executive Director, or top management official	X	
b	Other officers or key employees of the organization		X
	If "Yes" to line 15a or 15b, describe the process on Schedule O. See instructions.		
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a taxable entity during the year?		X
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?		
16b			

Section C. Disclosure

- 17** List the states with which a copy of this Form 990 is required to be filed CA
- 18** Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (section 501(c)(3)s only) available for public inspection. Indicate how you made these available. Check all that apply.
 Own website Another's website Upon request Other (explain on Schedule O)
- 19** Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and financial statements available to the public during the tax year.
- 20** State the name, address, and telephone number of the person who possesses the organization's books and records
EVA MATTHEWS - 619-233-6262
3960 HOME AVENUE, SAN DIEGO, CA 92105

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.

- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's **current** key employees, if any. See the instructions for definition of "key employee."
 - List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (box 5 of Form W-2, box 6 of Form 1099-MISC, and/or box 1 of Form 1099-NEC) of more than \$100,000 from the organization and any related organizations.
 - List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
 - List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.
- See the instructions for the order in which to list the persons above.

Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee.

(A) Name and title	(B) Average hours per week (list any hours for related organizations below line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC/1099-NEC)	(E) Reportable compensation from related organizations (W-2/1099-MISC/1099-NEC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former			
(1) ALBERTO CORTES CHIEF EXECUTIVE OFFICER	40.00			X			201,093.	0.	6,606.	
(2) ANDREW PICARD CHIEF OPERATING OFFICER	40.00			X			110,513.	0.	0.	
(3) KELLY SHERLOCK CHIEF FINANCIAL OFFICER	40.00			X			100,493.	0.	8,440.	
(4) THOMAS KWAN PRESIDENT	2.00	X		X			0.	0.	0.	
(5) CARON CALABRESE PRESIDENT ELECT	2.00	X		X			0.	0.	0.	
(6) JEANNIE POSNER TREASURER	2.00	X		X			0.	0.	0.	
(7) MIKE HORN SECRETARY	2.00	X		X			0.	0.	0.	
(8) CHIARA LEROY VICE PRESIDENT	2.00	X		X			0.	0.	0.	
(9) RICHARD MOORE MEMBER AT LARGE	2.00	X					0.	0.	0.	
(10) JIM BLEVINS DIRECTOR	2.00	X					0.	0.	0.	
(11) CARY BERNER DIRECTOR	2.00	X					0.	0.	0.	
(12) JENNIFER GRODBERG DIRECTOR	2.00	X					0.	0.	0.	
(13) APRIL HEINZE DIRECTOR	2.00	X					0.	0.	0.	
(14) FADOUA CHAFIK DIRECTOR	2.00	X					0.	0.	0.	
(15) JACQUELINE UNG DIRECTOR	2.00	X					0.	0.	0.	
(16) CHARLES MELTZER DIRECTOR	2.00	X					0.	0.	0.	
(17) JULIA JAFFE DIRECTOR	2.00	X					0.	0.	0.	

Part VII Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees (continued)

(A) Name and title	(B) Average hours per week (list any hours for related organizations below line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC/1099-NEC)	(E) Reportable compensation from related organizations (W-2/1099-MISC/1099-NEC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former			
(18) JEFF ROBERS DIRECTOR	2.00	X						0.	0.	0.
(19) ANDREW ROSENBERG DIRECTOR	2.00	X						0.	0.	0.
(20) VIC SALAZAR DIRECTOR	2.00	X						0.	0.	0.
(21) JENNIFER TUTEUR DIRECTOR	2.00	X						0.	0.	0.
(22) JAMIE YORK DIRECTOR	2.00	X						0.	0.	0.
(23) KALI MISTRY DIRECTOR	2.00	X						0.	0.	0.
1b Subtotal							412,099.	0.	15,046.	
c Total from continuation sheets to Part VII, Section A							0.	0.	0.	
d Total (add lines 1b and 1c)							412,099.	0.	15,046.	

2 Total number of individuals (including but not limited to those listed above) who received more than \$100,000 of reportable compensation from the organization 3

	Yes	No
3 Did the organization list any former officer, director, trustee, key employee, or highest compensated employee on line 1a? <i>If "Yes," complete Schedule J for such individual</i>		X
4 For any individual listed on line 1a, is the sum of reportable compensation and other compensation from the organization and related organizations greater than \$150,000? <i>If "Yes," complete Schedule J for such individual</i>	X	
5 Did any person listed on line 1a receive or accrue compensation from any unrelated organization or individual for services rendered to the organization? <i>If "Yes," complete Schedule J for such person</i>		X

Section B. Independent Contractors

1 Complete this table for your five highest compensated independent contractors that received more than \$100,000 of compensation from the organization. Report compensation for the calendar year ending with or within the organization's tax year.

(A) Name and business address	(B) Description of services	(C) Compensation
NONE		

2 Total number of independent contractors (including but not limited to those listed above) who received more than \$100,000 of compensation from the organization 0

Part VIII Statement of Revenue

Check if Schedule O contains a response or note to any line in this Part VIII

			(A)	(B)	(C)	(D)	
			Total revenue	Related or exempt function revenue	Unrelated business revenue	Revenue excluded from tax under sections 512 - 514	
Contributions, Gifts, Grants and Other Similar Amounts	1 a Federated campaigns	1a					
	b Membership dues	1b					
	c Fundraising events	1c	259,348.				
	d Related organizations	1d					
	e Government grants (contributions)	1e	963,967.				
	f All other contributions, gifts, grants, and similar amounts not included above ...	1f	4,125,537.				
	g Noncash contributions included in lines 1a-1f	1g	\$ 363,091.				
	h Total. Add lines 1a-1f		5,348,852.				
Program Service Revenue	2 a _____	Business Code					
	b _____						
	c _____						
	d _____						
	e _____						
	f All other program service revenue						
	g Total. Add lines 2a-2f						
Other Revenue	3 Investment income (including dividends, interest, and other similar amounts)		200,540.			200,540.	
	4 Income from investment of tax-exempt bond proceeds						
	5 Royalties						
	6 a Gross rents	6a	(i) Real				
			(ii) Personal				
	b Less: rental expenses ...	6b					
	c Rental income or (loss)	6c					
	d Net rental income or (loss)						
	7 a Gross amount from sales of assets other than inventory	7a	(i) Securities	1,754,729.			
			(ii) Other				
	b Less: cost or other basis and sales expenses	7b	1,820,967.				
	c Gain or (loss)	7c	-66,238.				
d Net gain or (loss)		-66,238.			-66,238.		
8 a Gross income from fundraising events (not including \$ 259,348. of contributions reported on line 1c). See Part IV, line 18	8a		81,339.				
b Less: direct expenses	8b	102,646.					
c Net income or (loss) from fundraising events		-21,307.			-21,307.		
9 a Gross income from gaming activities. See Part IV, line 19	9a						
b Less: direct expenses	9b						
c Net income or (loss) from gaming activities							
10 a Gross sales of inventory, less returns and allowances	10a						
b Less: cost of goods sold	10b						
c Net income or (loss) from sales of inventory							
Miscellaneous Revenue	11 a _____	Business Code					
	b _____						
	c _____						
	d All other revenue						
	e Total. Add lines 11a-11d						
12 Total revenue. See instructions			5,461,847.	0.	0.	112,995.	

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response or note to any line in this Part IX

<i>Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.</i>	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21				
2 Grants and other assistance to domestic individuals. See Part IV, line 22				
3 Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16				
4 Benefits paid to or for members				
5 Compensation of current officers, directors, trustees, and key employees	426,679.	342,481.	63,681.	20,517.
6 Compensation not included above to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
7 Other salaries and wages	1,558,094.	1,098,632.	95,547.	363,915.
8 Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)	16,458.	8,394.	6,419.	1,645.
9 Other employee benefits	109,188.	55,686.	42,583.	10,919.
10 Payroll taxes	152,887.	111,317.	11,744.	29,826.
11 Fees for services (nonemployees):				
a Management				
b Legal				
c Accounting				
d Lobbying				
e Professional fundraising services. See Part IV, line 17				
f Investment management fees	52,636.	17,546.	17,545.	17,545.
g Other. (If line 11g amount exceeds 10% of line 25, column (A), amount, list line 11g expenses on Sch O.)	44,556.	7,667.	35,739.	1,150.
12 Advertising and promotion	78,933.	56.	6.	78,871.
13 Office expenses	28,517.	19,652.	3,098.	5,767.
14 Information technology	108,396.	68,393.	13,034.	26,969.
15 Royalties				
16 Occupancy	202,870.	169,948.	13,398.	19,524.
17 Travel				
18 Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 Conferences, conventions, and meetings				
20 Interest				
21 Payments to affiliates				
22 Depreciation, depletion, and amortization	157,575.	125,358.	8,807.	23,410.
23 Insurance	67,086.	46,438.	12,953.	7,695.
24 Other expenses. Itemize expenses not covered above. (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A), amount, list line 24e expenses on Schedule O.)				
a FOOD COSTS	2,222,968.	2,222,968.		
b CLIENT EXPENSE	46,515.	46,515.		
c SUPPLIES	40,383.	40,383.		
d BANK FEES	36,399.	9,794.	1,700.	24,905.
e All other expenses	75,734.	50,745.	14,597.	10,392.
25 Total functional expenses. Add lines 1 through 24e	5,425,874.	4,441,973.	340,851.	643,050.
26 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here <input type="checkbox"/> if following SOP 98-2 (ASC 958-720)				

Part X Balance Sheet

Check if Schedule O contains a response or note to any line in this Part X

		(A)		(B)
		Beginning of year		End of year
Assets	1 Cash - non-interest-bearing	899,872.	1	580,785.
	2 Savings and temporary cash investments	152,617.	2	86,139.
	3 Pledges and grants receivable, net	1,032,436.	3	1,075,228.
	4 Accounts receivable, net		4	
	5 Loans and other receivables from any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		5	
	6 Loans and other receivables from other disqualified persons (as defined under section 4958(f)(1)), and persons described in section 4958(c)(3)(B)		6	
	7 Notes and loans receivable, net		7	
	8 Inventories for sale or use	93,312.	8	165,105.
	9 Prepaid expenses and deferred charges	46,737.	9	46,384.
	10a Land, buildings, and equipment: cost or other basis. Complete Part VI of Schedule D	10a 3,700,949.		
	b Less: accumulated depreciation	10b 1,631,341.	1,553,174.	10c 2,069,608.
	11 Investments - publicly traded securities	7,851,833.	11	8,178,126.
	12 Investments - other securities. See Part IV, line 11		12	
	13 Investments - program-related. See Part IV, line 11		13	
	14 Intangible assets	24,650.	14	14,450.
	15 Other assets. See Part IV, line 11	307,907.	15	272,190.
16 Total assets. Add lines 1 through 15 (must equal line 33)	11,962,538.	16	12,488,015.	
Liabilities	17 Accounts payable and accrued expenses	225,032.	17	281,795.
	18 Grants payable		18	
	19 Deferred revenue		19	
	20 Tax-exempt bond liabilities		20	
	21 Escrow or custodial account liability. Complete Part IV of Schedule D		21	
	22 Loans and other payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		22	
	23 Secured mortgages and notes payable to unrelated third parties		23	
	24 Unsecured notes and loans payable to unrelated third parties		24	
	25 Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24). Complete Part X of Schedule D		25	
	26 Total liabilities. Add lines 17 through 25	225,032.	26	281,795.
Net Assets or Fund Balances	Organizations that follow FASB ASC 958, check here <input checked="" type="checkbox"/> and complete lines 27, 28, 32, and 33.			
	27 Net assets without donor restrictions	11,166,741.	27	11,010,945.
	28 Net assets with donor restrictions	570,765.	28	1,195,275.
	Organizations that do not follow FASB ASC 958, check here <input type="checkbox"/> and complete lines 29 through 33.			
	29 Capital stock or trust principal, or current funds		29	
	30 Paid-in or capital surplus, or land, building, or equipment fund		30	
	31 Retained earnings, endowment, accumulated income, or other funds		31	
	32 Total net assets or fund balances	11,737,506.	32	12,206,220.
33 Total liabilities and net assets/fund balances	11,962,538.	33	12,488,015.	

Part XI Reconciliation of Net Assets

Check if Schedule O contains a response or note to any line in this Part XI

1	Total revenue (must equal Part VIII, column (A), line 12)	1	5,461,847.
2	Total expenses (must equal Part IX, column (A), line 25)	2	5,425,874.
3	Revenue less expenses. Subtract line 2 from line 1	3	35,973.
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4	11,737,506.
5	Net unrealized gains (losses) on investments	5	432,741.
6	Donated services and use of facilities	6	
7	Investment expenses	7	
8	Prior period adjustments	8	
9	Other changes in net assets or fund balances (explain on Schedule O)	9	0.
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32, column (B))	10	12,206,220.

Part XII Financial Statements and Reporting

Check if Schedule O contains a response or note to any line in this Part XII

	Yes	No
1 Accounting method used to prepare the Form 990: <input type="checkbox"/> Cash <input checked="" type="checkbox"/> Accrual <input type="checkbox"/> Other		
If the organization changed its method of accounting from a prior year or checked "Other," explain on Schedule O.		
2a Were the organization's financial statements compiled or reviewed by an independent accountant?		X
If "Yes," check a box below to indicate whether the financial statements for the year were compiled or reviewed on a separate basis, consolidated basis, or both:		
<input type="checkbox"/> Separate basis <input type="checkbox"/> Consolidated basis <input type="checkbox"/> Both consolidated and separate basis		
b Were the organization's financial statements audited by an independent accountant?	X	
If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separate basis, consolidated basis, or both:		
<input checked="" type="checkbox"/> Separate basis <input type="checkbox"/> Consolidated basis <input type="checkbox"/> Both consolidated and separate basis		
c If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant?	X	
If the organization changed either its oversight process or selection process during the tax year, explain on Schedule O.		
3a As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Uniform Guidance, 2 C.F.R. Part 200, Subpart F?	X	
b If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why on Schedule O and describe any steps taken to undergo such audits	X	

SCHEDULE A
(Form 990)

Department of the Treasury
Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.
Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2022

Open to Public
Inspection

Name of the organization <p style="text-align:center">MAMA ' S KITCHEN</p>	Employer identification number <p style="text-align:center">33-0434246</p>
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Part I Reason for Public Charity Status. (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.)

- 1 A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i).**
- 2 A school described in **section 170(b)(1)(A)(ii).** (Attach Schedule E (Form 990).)
- 3 A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii).**
- 4 A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii).** Enter the hospital's name, city, and state: _____
- 5 An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv).** (Complete Part II.)
- 6 A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v).**
- 7 An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 8 A community trust described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 9 An agricultural research organization described in **section 170(b)(1)(A)(ix)** operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or university: _____
- 10 An organization that normally receives (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions, subject to certain exceptions; and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See **section 509(a)(2).** (Complete Part III.)
- 11 An organization organized and operated exclusively to test for public safety. See **section 509(a)(4).**
- 12 An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in **section 509(a)(1)** or **section 509(a)(2).** See **section 509(a)(3).** Check the box on lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g.
 - a **Type I.** A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. **You must complete Part IV, Sections A and B.**
 - b **Type II.** A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). **You must complete Part IV, Sections A and C.**
 - c **Type III functionally integrated.** A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). **You must complete Part IV, Sections A, D, and E.**
 - d **Type III non-functionally integrated.** A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). **You must complete Part IV, Sections A and D, and Part V.**
 - e Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization.
 - f Enter the number of supported organizations
 - g Provide the following information about the supported organization(s).

(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1-10 above (see instructions))	(iv) Is the organization listed in your governing document?		(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)
			Yes	No		
Total						

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support

Calendar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")	2651013.	4804017.	5377932.	8777313.	4726413.	26336688.
2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
3 The value of services or facilities furnished by a governmental unit to the organization without charge						
4 Total. Add lines 1 through 3	2651013.	4804017.	5377932.	8777313.	4726413.	26336688.
5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						
6 Public support. Subtract line 5 from line 4.						26336688.

Section B. Total Support

Calendar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
7 Amounts from line 4	2651013.	4804017.	5377932.	8777313.	4726413.	26336688.
8 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources	45,899.	47,236.	67,474.	146,330.	200,540.	507,479.
9 Net income from unrelated business activities, whether or not the business is regularly carried on						
10 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
11 Total support. Add lines 7 through 10						26844167.

12 Gross receipts from related activities, etc. (see instructions) **12**

13 First 5 years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and **stop here**

Section C. Computation of Public Support Percentage

14 Public support percentage for 2022 (line 6, column (f), divided by line 11, column (f))	14	98.11 %
15 Public support percentage from 2021 Schedule A, Part II, line 14	15	98.55 %
16a 33 1/3% support test - 2022. If the organization did not check the box on line 13, and line 14 is 33 1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization <input checked="" type="checkbox"/>		
b 33 1/3% support test - 2021. If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization <input type="checkbox"/>		
17a 10% -facts-and-circumstances test - 2022. If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more, and if the organization meets the facts-and-circumstances test, check this box and stop here. Explain in Part VI how the organization meets the facts-and-circumstances test. The organization qualifies as a publicly supported organization <input type="checkbox"/>		
b 10% -facts-and-circumstances test - 2021. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or more, and if the organization meets the facts-and-circumstances test, check this box and stop here. Explain in Part VI how the organization meets the facts-and-circumstances test. The organization qualifies as a publicly supported organization <input type="checkbox"/>		
18 Private foundation. If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions <input type="checkbox"/>		

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support

Calendar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")						
2 Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose						
3 Gross receipts from activities that are not an unrelated trade or business under section 513						
4 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
5 The value of services or facilities furnished by a governmental unit to the organization without charge ...						
6 Total. Add lines 1 through 5						
7a Amounts included on lines 1, 2, and 3 received from disqualified persons						
b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year						
c Add lines 7a and 7b						
8 Public support. (Subtract line 7c from line 6.)						

Section B. Total Support

Calendar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
9 Amounts from line 6						
10a Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources ...						
b Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
c Add lines 10a and 10b						
11 Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on						
12 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
13 Total support. (Add lines 9, 10c, 11, and 12.)						

14 First 5 years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and **stop here**

Section C. Computation of Public Support Percentage

15 Public support percentage for 2022 (line 8, column (f), divided by line 13, column (f))	15	%
16 Public support percentage from 2021 Schedule A, Part III, line 15	16	%

Section D. Computation of Investment Income Percentage

17 Investment income percentage for 2022 (line 10c, column (f), divided by line 13, column (f))	17	%
18 Investment income percentage from 2021 Schedule A, Part III, line 17	18	%

19a 33 1/3% support tests - 2022. If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and **stop here**. The organization qualifies as a publicly supported organization

b 33 1/3% support tests - 2021. If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3%, and line 18 is not more than 33 1/3%, check this box and **stop here**. The organization qualifies as a publicly supported organization

20 Private foundation. If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions

Part IV Supporting Organizations

(Complete only if you checked a box on line 12 of Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

	Yes	No
1 Are all of the organization's supported organizations listed by name in the organization's governing documents? <i>If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.</i>		
2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? <i>If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).</i>		
3a Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? <i>If "Yes," answer lines 3b and 3c below.</i>		
b Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? <i>If "Yes," describe in Part VI when and how the organization made the determination.</i>		
c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? <i>If "Yes," explain in Part VI what controls the organization put in place to ensure such use.</i>		
4a Was any supported organization not organized in the United States ("foreign supported organization")? <i>If "Yes," and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.</i>		
b Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? <i>If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.</i>		
c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? <i>If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.</i>		
5a Did the organization add, substitute, or remove any supported organizations during the tax year? <i>If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).</i>		
b Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?		
c Substitutions only. Was the substitution the result of an event beyond the organization's control?		
6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If "Yes," provide detail in Part VI.</i>		
7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? <i>If "Yes," complete Part I of Schedule L (Form 990).</i>		
8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7? <i>If "Yes," complete Part I of Schedule L (Form 990).</i>		
9a Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? <i>If "Yes," provide detail in Part VI.</i>		
b Did one or more disqualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? <i>If "Yes," provide detail in Part VI.</i>		
c Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? <i>If "Yes," provide detail in Part VI.</i>		
10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? <i>If "Yes," answer line 10b below.</i>		
b Did the organization have any excess business holdings in the tax year? <i>(Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)</i>		

Part IV Supporting Organizations (continued)

	Yes	No
11 Has the organization accepted a gift or contribution from any of the following persons?		
a A person who directly or indirectly controls, either alone or together with persons described on lines 11b and 11c below, the governing body of a supported organization?		
b A family member of a person described on line 11a above?		
c A 35% controlled entity of a person described on line 11a or 11b above? If "Yes" to line 11a, 11b, or 11c, provide detail in Part VI .		
11a		
11b		
11c		

Section B. Type I Supporting Organizations

	Yes	No
1 Did the governing body, members of the governing body, officers acting in their official capacity, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's officers, directors, or trustees at all times during the tax year? If "No," describe in Part VI how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove officers, directors, or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year.		
2 Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? If "Yes," explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization.		
1		
2		

Section C. Type II Supporting Organizations

	Yes	No
1 Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? If "No," describe in Part VI how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).		
1		

Section D. All Type III Supporting Organizations

	Yes	No
1 Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?		
2 Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s) or (ii) serving on the governing body of a supported organization? If "No," explain in Part VI how the organization maintained a close and continuous working relationship with the supported organization(s).		
3 By reason of the relationship described on line 2, above, did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's supported organizations played in this regard.		
1		
2		
3		

Section E. Type III Functionally Integrated Supporting Organizations

1 Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions).			
a <input type="checkbox"/> The organization satisfied the Activities Test. Complete line 2 below.			
b <input type="checkbox"/> The organization is the parent of each of its supported organizations. Complete line 3 below.			
c <input type="checkbox"/> The organization supported a governmental entity. Describe in Part VI how you supported a governmental entity (see instructions).			
2 Activities Test. Answer lines 2a and 2b below.		Yes	No
a Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? If "Yes," then in Part VI identify those supported organizations and explain how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities.			
b Did the activities described on line 2a, above, constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? If "Yes," explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.			
3 Parent of Supported Organizations. Answer lines 3a and 3b below.			
a Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? If "Yes" or "No" provide details in Part VI .			
b Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? If "Yes," describe in Part VI the role played by the organization in this regard.			
2a			
2b			
3a			
3b			

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations

1 Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). See instructions.
All other Type III non-functionally integrated supporting organizations must complete Sections A through E.

Section A - Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1	Net short-term capital gain	1	
2	Recoveries of prior-year distributions	2	
3	Other gross income (see instructions)	3	
4	Add lines 1 through 3.	4	
5	Depreciation and depletion	5	
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6	
7	Other expenses (see instructions)	7	
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8	

Section B - Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1	Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):		
a	Average monthly value of securities	1a	
b	Average monthly cash balances	1b	
c	Fair market value of other non-exempt-use assets	1c	
d	Total (add lines 1a, 1b, and 1c)	1d	
e	Discount claimed for blockage or other factors (explain in detail in Part VI):		
2	Acquisition indebtedness applicable to non-exempt-use assets	2	
3	Subtract line 2 from line 1d.	3	
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, see instructions).	4	
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5	
6	Multiply line 5 by 0.035.	6	
7	Recoveries of prior-year distributions	7	
8	Minimum Asset Amount (add line 7 to line 6)	8	

Section C - Distributable Amount			Current Year
1	Adjusted net income for prior year (from Section A, line 8, column A)	1	
2	Enter 0.85 of line 1.	2	
3	Minimum asset amount for prior year (from Section B, line 8, column A)	3	
4	Enter greater of line 2 or line 3.	4	
5	Income tax imposed in prior year	5	
6	Distributable Amount. Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6	
7	<input type="checkbox"/> Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see instructions).		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)

Section D - Distributions		Current Year
1	Amounts paid to supported organizations to accomplish exempt purposes	1
2	Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	2
3	Administrative expenses paid to accomplish exempt purposes of supported organizations	3
4	Amounts paid to acquire exempt-use assets	4
5	Qualified set-aside amounts (prior IRS approval required - <i>provide details in Part VI</i>)	5
6	Other distributions (<i>describe in Part VI</i>). See instructions.	6
7	Total annual distributions. Add lines 1 through 6.	7
8	Distributions to attentive supported organizations to which the organization is responsive (<i>provide details in Part VI</i>). See instructions.	8
9	Distributable amount for 2022 from Section C, line 6	9
10	Line 8 amount divided by line 9 amount	10

Section E - Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2022	(iii) Distributable Amount for 2022
1 Distributable amount for 2022 from Section C, line 6			
2 Underdistributions, if any, for years prior to 2022 (reasonable cause required - <i>explain in Part VI</i>). See instructions.			
3 Excess distributions carryover, if any, to 2022			
a From 2017			
b From 2018			
c From 2019			
d From 2020			
e From 2021			
f Total of lines 3a through 3e			
g Applied to underdistributions of prior years			
h Applied to 2022 distributable amount			
i Carryover from 2017 not applied (see instructions)			
j Remainder. Subtract lines 3g, 3h, and 3i from line 3f.			
4 Distributions for 2022 from Section D, line 7: \$			
a Applied to underdistributions of prior years			
b Applied to 2022 distributable amount			
c Remainder. Subtract lines 4a and 4b from line 4.			
5 Remaining underdistributions for years prior to 2022, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, <i>explain in Part VI</i> . See instructions.			
6 Remaining underdistributions for 2022. Subtract lines 3h and 4b from line 1. For result greater than zero, <i>explain in Part VI</i> . See instructions.			
7 Excess distributions carryover to 2023. Add lines 3j and 4c.			
8 Breakdown of line 7:			
a Excess from 2018			
b Excess from 2019			
c Excess from 2020			
d Excess from 2021			
e Excess from 2022			

Part VI

Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information. (See instructions.)

Multiple horizontal lines for supplemental information.

Schedule B
(Form 990)

Department of the Treasury
Internal Revenue Service

Schedule of Contributors

Attach to Form 990 or Form 990-PF.
Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2022

Name of the organization

MAMA ' S KITCHEN

Employer identification number

33-0434246

Organization type (check one):

Filers of:

Section:

Form 990 or 990-EZ

501(c)(3) (enter number) organization

4947(a)(1) nonexempt charitable trust **not** treated as a private foundation

527 political organization

Form 990-PF

501(c)(3) exempt private foundation

4947(a)(1) nonexempt charitable trust treated as a private foundation

501(c)(3) taxable private foundation

Check if your organization is covered by the **General Rule** or a **Special Rule**.

Note: Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.

General Rule

For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33 1/3% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of **(1)** \$5,000; or **(2)** 2% of the amount on (i) Form 990, Part VIII, line 1h; or (ii) Form 990-EZ, line 1. Complete Parts I and II.

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 exclusively for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I (entering "N/A" in column (b) instead of the contributor name and address), II, and III.

For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Don't complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year \$ _____

Caution: An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990), but it **must** answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990).

Name of organization MAMA ' S KITCHEN	Employer identification number 33-0434246
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Part I Contributors (see instructions). Use duplicate copies of Part I if additional space is needed.

(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	 <hr/> <hr/> <hr/>	\$ 370,000.	Person <input checked="" type="checkbox"/> Payroll <input type="checkbox"/> Noncash <input type="checkbox"/> (Complete Part II for noncash contributions.)
2	 <hr/> <hr/> <hr/>	\$ 329,918.	Person <input checked="" type="checkbox"/> Payroll <input type="checkbox"/> Noncash <input type="checkbox"/> (Complete Part II for noncash contributions.)
3	 <hr/> <hr/> <hr/>	\$ 250,000.	Person <input checked="" type="checkbox"/> Payroll <input type="checkbox"/> Noncash <input type="checkbox"/> (Complete Part II for noncash contributions.)
4	 <hr/> <hr/> <hr/>	\$ 224,143.	Person <input checked="" type="checkbox"/> Payroll <input type="checkbox"/> Noncash <input type="checkbox"/> (Complete Part II for noncash contributions.)
5	 <hr/> <hr/> <hr/>	\$ 322,708.	Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash <input checked="" type="checkbox"/> (Complete Part II for noncash contributions.)
 <hr/> <hr/> <hr/>	 <hr/> <hr/> <hr/>	\$ _____	Person <input type="checkbox"/> Payroll <input type="checkbox"/> Noncash <input type="checkbox"/> (Complete Part II for noncash contributions.)

Name of organization MAMA ' S KITCHEN	Employer identification number 33-0434246
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Part II Noncash Property (see instructions). Use duplicate copies of Part II if additional space is needed.

(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
5	BUILDING IMPROVEMENTS AND REPAIRS _____ _____ _____	\$ 322,708.	_____
_____	_____ _____ _____	\$ _____	_____
_____	_____ _____ _____	\$ _____	_____
_____	_____ _____ _____	\$ _____	_____
_____	_____ _____ _____	\$ _____	_____
_____	_____ _____ _____	\$ _____	_____
_____	_____ _____ _____	\$ _____	_____

Name of organization MAMA ' S KITCHEN	Employer identification number 33-0434246
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Part III Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year. (Enter this info. once.) \$ _____
Use duplicate copies of Part III if additional space is needed.

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held

(e) Transfer of gift	
Transferee's name, address, and ZIP + 4	Relationship of transferor to transferee

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held

(e) Transfer of gift	
Transferee's name, address, and ZIP + 4	Relationship of transferor to transferee

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held

(e) Transfer of gift	
Transferee's name, address, and ZIP + 4	Relationship of transferor to transferee

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held

(e) Transfer of gift	
Transferee's name, address, and ZIP + 4	Relationship of transferor to transferee

SCHEDULE D
(Form 990)

Department of the Treasury
Internal Revenue Service

Supplemental Financial Statements

Complete if the organization answered "Yes" on Form 990,
Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.
Attach to Form 990.

Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2022

Open to Public
Inspection

Name of the organization **MAMA ' S KITCHEN** Employer identification number **33-0434246**

Part I Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts. Complete if the organization answered "Yes" on Form 990, Part IV, line 6.

	(a) Donor advised funds	(b) Funds and other accounts
1 Total number at end of year		
2 Aggregate value of contributions to (during year)		
3 Aggregate value of grants from (during year)		
4 Aggregate value at end of year		
5 Did the organization inform all donors and donor advisors in writing that the assets held in donor advised funds are the organization's property, subject to the organization's exclusive legal control?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
6 Did the organization inform all grantees, donors, and donor advisors in writing that grant funds can be used only for charitable purposes and not for the benefit of the donor or donor advisor, or for any other purpose conferring impermissible private benefit?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Part II Conservation Easements. Complete if the organization answered "Yes" on Form 990, Part IV, line 7.

1 Purpose(s) of conservation easements held by the organization (check all that apply).
 Preservation of land for public use (for example, recreation or education) Preservation of a historically important land area
 Protection of natural habitat Preservation of a certified historic structure
 Preservation of open space

2 Complete lines 2a through 2d if the organization held a qualified conservation contribution in the form of a conservation easement on the last day of the tax year.

	Held at the End of the Tax Year
a Total number of conservation easements	2a
b Total acreage restricted by conservation easements	2b
c Number of conservation easements on a certified historic structure included in (a)	2c
d Number of conservation easements included in (c) acquired after July 25,2006, and not on a historic structure listed in the National Register	2d

3 Number of conservation easements modified, transferred, released, extinguished, or terminated by the organization during the tax year _____

4 Number of states where property subject to conservation easement is located _____

5 Does the organization have a written policy regarding the periodic monitoring, inspection, handling of violations, and enforcement of the conservation easements it holds?

Yes No

6 Staff and volunteer hours devoted to monitoring, inspecting, handling of violations, and enforcing conservation easements during the year _____

7 Amount of expenses incurred in monitoring, inspecting, handling of violations, and enforcing conservation easements during the year _____

8 Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h)(4)(B)(i) and section 170(h)(4)(B)(ii)?

Yes No

9 In Part XIII, describe how the organization reports conservation easements in its revenue and expense statement and balance sheet, and include, if applicable, the text of the footnote to the organization's financial statements that describes the organization's accounting for conservation easements.

Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets.

Complete if the organization answered "Yes" on Form 990, Part IV, line 8.

1a If the organization elected, as permitted under FASB ASC 958, not to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide in Part XIII the text of the footnote to its financial statements that describes these items.

b If the organization elected, as permitted under FASB ASC 958, to report in its revenue statement and balance sheet works of art, historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of public service, provide the following amounts relating to these items:

(i) Revenue included on Form 990, Part VIII, line 1 \$ _____

(ii) Assets included in Form 990, Part X \$ _____

2 If the organization received or held works of art, historical treasures, or other similar assets for financial gain, provide the following amounts required to be reported under FASB ASC 958 relating to these items:

a Revenue included on Form 990, Part VIII, line 1 \$ _____ 0.

b Assets included in Form 990, Part X \$ _____ 135,068.

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Schedule D (Form 990) 2022

Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets (continued)

- 3 Using the organization's acquisition, accession, and other records, check any of the following that make significant use of its collection items (check all that apply):
- a Public exhibition
 - b Scholarly research
 - c Preservation for future generations
 - d Loan or exchange program
 - e Other _____
- 4 Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII.
- 5 During the year, did the organization solicit or receive donations of art, historical treasures, or other similar assets to be sold to raise funds rather than to be maintained as part of the organization's collection? Yes No

Part IV Escrow and Custodial Arrangements. Complete if the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21.

- 1a Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X? Yes No
- b If "Yes," explain the arrangement in Part XIII and complete the following table:
- | | Amount |
|---------------------------------|--------|
| c Beginning balance | 1c |
| d Additions during the year | 1d |
| e Distributions during the year | 1e |
| f Ending balance | 1f |
- 2a Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability? Yes No
- b If "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided on Part XIII

Part V Endowment Funds. Complete if the organization answered "Yes" on Form 990, Part IV, line 10.

	(a) Current year	(b) Prior year	(c) Two years back	(d) Three years back	(e) Four years back
1a Beginning of year balance	43,103.	44,281.	40,476.	40,649.	39,591.
b Contributions					
c Net investment earnings, gains, and losses	529.	-1,178.	3,805.	-173.	1,058.
d Grants or scholarships					
e Other expenditures for facilities and programs					
f Administrative expenses					
g End of year balance	43,632.	43,103.	44,281.	40,476.	40,649.

- 2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as:
- a Board designated or quasi-endowment _____ %
 - b Permanent endowment _____ %
 - c Term endowment _____ %
- The percentages on lines 2a, 2b, and 2c should equal 100%.
- 3a Are there endowment funds not in the possession of the organization that are held and administered for the organization by:
- | | Yes | No |
|--|-----|----|
| (i) Unrelated organizations | X | |
| (ii) Related organizations | | X |
| b If "Yes" on line 3a(ii), are the related organizations listed as required on Schedule R? _____ | | |
- 4 Describe in Part XIII the intended uses of the organization's endowment funds.

Part VI Land, Buildings, and Equipment.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10.

Description of property	(a) Cost or other basis (investment)	(b) Cost or other basis (other)	(c) Accumulated depreciation	(d) Book value
1a Land		176,700.		176,700.
b Buildings		2,705,673.	1,063,801.	1,641,872.
c Leasehold improvements				
d Equipment		114,412.	46,231.	68,181.
e Other		704,164.	521,309.	182,855.
Total. Add lines 1a through 1e. (Column (d) must equal Form 990, Part X, column (B), line 10c.)				2,069,608.

Part VII Investments - Other Securities.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11b. See Form 990, Part X, line 12.

(a) Description of security or category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1) Financial derivatives		
(2) Closely held equity interests		
(3) Other		
(A)		
(B)		
(C)		
(D)		
(E)		
(F)		
(G)		
(H)		
Total. (Col. (b) must equal Form 990, Part X, col. (B) line 12.)		

Part VIII Investments - Program Related.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11c. See Form 990, Part X, line 13.

(a) Description of investment	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1)		
(2)		
(3)		
(4)		
(5)		
(6)		
(7)		
(8)		
(9)		
Total. (Col. (b) must equal Form 990, Part X, col. (B) line 13.)		

Part IX Other Assets.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11d. See Form 990, Part X, line 15.

(a) Description	(b) Book value
(1)	
(2)	
(3)	
(4)	
(5)	
(6)	
(7)	
(8)	
(9)	
Total. (Column (b) must equal Form 990, Part X, col. (B) line 15.)	

Part X Other Liabilities.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11e or 11f. See Form 990, Part X, line 25.

1. (a) Description of liability	(b) Book value
(1) Federal income taxes	
(2)	
(3)	
(4)	
(5)	
(6)	
(7)	
(8)	
(9)	
Total. (Column (b) must equal Form 990, Part X, col. (B) line 25.)	

2. Liability for uncertain tax positions. In Part XIII, provide the text of the footnote to the organization's financial statements that reports the organization's liability for uncertain tax positions under FASB ASC 740. Check here if the text of the footnote has been provided in Part XIII...

Part XI Reconciliation of Revenue per Audited Financial Statements With Revenue per Return.

Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.

1	Total revenue, gains, and other support per audited financial statements		1	6,469,804.
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:			
a	Net unrealized gains (losses) on investments	2a	432,741.	
b	Donated services and use of facilities	2b	575,216.	
c	Recoveries of prior year grants	2c		
d	Other (Describe in Part XIII.)	2d		
e	Add lines 2a through 2d		2e	1,007,957.
3	Subtract line 2e from line 1		3	5,461,847.
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1:			
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b	Other (Describe in Part XIII.)	4b		
c	Add lines 4a and 4b		4c	0.
5	Total revenue. Add lines 3 and 4c . (This must equal Form 990, Part I, line 12.)		5	5,461,847.

Part XII Reconciliation of Expenses per Audited Financial Statements With Expenses per Return.

Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.

1	Total expenses and losses per audited financial statements		1	6,001,090.
2	Amounts included on line 1 but not on Form 990, Part IX, line 25:			
a	Donated services and use of facilities	2a	575,216.	
b	Prior year adjustments	2b		
c	Other losses	2c		
d	Other (Describe in Part XIII.)	2d		
e	Add lines 2a through 2d		2e	575,216.
3	Subtract line 2e from line 1		3	5,425,874.
4	Amounts included on Form 990, Part IX, line 25, but not on line 1:			
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b	Other (Describe in Part XIII.)	4b		
c	Add lines 4a and 4b		4c	0.
5	Total expenses. Add lines 3 and 4c . (This must equal Form 990, Part I, line 18.)		5	5,425,874.

Part XIII Supplemental Information.

Provide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4; Part IV, lines 1b and 2b; Part V, line 4; Part X, line 2; Part XI, lines 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any additional information.

Part V, line 4:

THE ENDOWMENT FUND WAS CREATED FOR CONTINUED OPERATING PURPOSES OF THE ORGANIZATION

SCHEDULE G (Form 990)

Supplemental Information Regarding Fundraising or Gaming Activities

OMB No. 1545-0047

Complete if the organization answered "Yes" on Form 990, Part IV, line 17, 18, or 19, or if the organization entered more than \$15,000 on Form 990-EZ, line 6a.

2022

Department of the Treasury Internal Revenue Service

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for instructions and the latest information.

Open to Public Inspection

Name of the organization MAMA ' S KITCHEN Employer identification number 33-0434246

Part I Fundraising Activities. Complete if the organization answered "Yes" on Form 990, Part IV, line 17. Form 990-EZ filers are not required to complete this part.

- 1 Indicate whether the organization raised funds through any of the following activities. Check all that apply.
a Mail solicitations
b Internet and email solicitations
c Phone solicitations
d In-person solicitations
e Solicitation of non-government grants
f Solicitation of government grants
g Special fundraising events
2 a Did the organization have a written or oral agreement with any individual...
b If "Yes," list the 10 highest paid individuals or entities (fundraisers) pursuant to agreements...

Table with 6 columns: (i) Name and address of individual or entity (fundraiser), (ii) Activity, (iii) Did fundraiser have custody or control of contributions?, (iv) Gross receipts from activity, (v) Amount paid to (or retained by) fundraiser listed in col. (i), (vi) Amount paid to (or retained by) organization. Includes a Total row at the bottom.

3 List all states in which the organization is registered or licensed to solicit contributions or has been notified it is exempt from registration or licensing.

Part II Fundraising Events. Complete if the organization answered "Yes" on Form 990, Part IV, line 18, or reported more than \$15,000 of fundraising event contributions and gross income on Form 990-EZ, lines 1 and 6b. List events with gross receipts greater than \$5,000.

		(a) Event #1	(b) Event #2	(c) Other events	(d) Total events	
		MAMA'S PIES (event type)	MAMA'S DAY (event type)	4 (total number)	(add col. (a) through col. (c))	
Revenue	1	Gross receipts	161,923.	106,290.	72,474.	340,687.
	2	Less: Contributions	125,983.	87,815.	45,550.	259,348.
	3	Gross income (line 1 minus line 2)	35,940.	18,475.	26,924.	81,339.
Direct Expenses	4	Cash prizes				
	5	Noncash prizes				
	6	Rent/facility costs				
	7	Food and beverages				
	8	Entertainment				
	9	Other direct expenses	34,882.	41,815.	25,949.	102,646.
	10	Direct expense summary. Add lines 4 through 9 in column (d)				102,646.
11	Net income summary. Subtract line 10 from line 3, column (d)				-21,307.	

Part III Gaming. Complete if the organization answered "Yes" on Form 990, Part IV, line 19, or reported more than \$15,000 on Form 990-EZ, line 6a.

		(a) Bingo	(b) Pull tabs/instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add col. (a) through col. (c))
		1	Gross revenue		
Direct Expenses	2	Cash prizes			
	3	Noncash prizes			
	4	Rent/facility costs			
	5	Other direct expenses			
	6	Volunteer labor	<input type="checkbox"/> Yes _____ % <input type="checkbox"/> No	<input type="checkbox"/> Yes _____ % <input type="checkbox"/> No	<input type="checkbox"/> Yes _____ % <input type="checkbox"/> No
7	Direct expense summary. Add lines 2 through 5 in column (d)				
8	Net gaming income summary. Subtract line 7 from line 1, column (d)				

9 Enter the state(s) in which the organization conducts gaming activities: _____
 a Is the organization licensed to conduct gaming activities in each of these states? Yes No
 b If "No," explain: _____

10a Were any of the organization's gaming licenses revoked, suspended, or terminated during the tax year? Yes No
 b If "Yes," explain: _____

- 11 Does the organization conduct gaming activities with nonmembers? Yes No
- 12 Is the organization a grantor, beneficiary or trustee of a trust, or a member of a partnership or other entity formed to administer charitable gaming? Yes No
- 13 Indicate the percentage of gaming activity conducted in:

a The organization's facility	13a	%
b An outside facility	13b	%
- 14 Enter the name and address of the person who prepares the organization's gaming/special events books and records:

Name _____

Address _____

15a Does the organization have a contract with a third party from whom the organization receives gaming revenue? Yes No

b If "Yes," enter the amount of gaming revenue received by the organization \$ _____ and the amount of gaming revenue retained by the third party \$ _____

c If "Yes," enter name and address of the third party:

Name _____

Address _____

16 Gaming manager information:

Name _____

Gaming manager compensation \$ _____

Description of services provided _____

- Director/officer
 Employee
 Independent contractor

17 Mandatory distributions:

a Is the organization required under state law to make charitable distributions from the gaming proceeds to retain the state gaming license? Yes No

b Enter the amount of distributions required under state law to be distributed to other exempt organizations or spent in the organization's own exempt activities during the tax year \$ _____

Part IV Supplemental Information. Provide the explanations required by Part I, line 2b, columns (iii) and (v); and Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also provide any additional information. See instructions.

Part IV Supplemental Information *(continued)*

Multiple horizontal lines for supplemental information.

**SCHEDULE J
(Form 990)**

Department of the Treasury
Internal Revenue Service

Compensation Information

For certain Officers, Directors, Trustees, Key Employees, and Highest
Compensated Employees
Complete if the organization answered "Yes" on Form 990, Part IV, line 23.
Attach to Form 990.
Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2022

Open to Public
Inspection

Name of the organization

MAMA ' S KITCHEN

Employer identification number

33-0434246

Part I Questions Regarding Compensation

- 1a** Check the appropriate box(es) if the organization provided any of the following to or for a person listed on Form 990, Part VII, Section A, line 1a. Complete Part III to provide any relevant information regarding these items.
- | | |
|--|--|
| <input type="checkbox"/> First-class or charter travel | <input type="checkbox"/> Housing allowance or residence for personal use |
| <input type="checkbox"/> Travel for companions | <input type="checkbox"/> Payments for business use of personal residence |
| <input type="checkbox"/> Tax indemnification and gross-up payments | <input type="checkbox"/> Health or social club dues or initiation fees |
| <input type="checkbox"/> Discretionary spending account | <input type="checkbox"/> Personal services (such as maid, chauffeur, chef) |
- b** If any of the boxes on line 1a are checked, did the organization follow a written policy regarding payment or reimbursement or provision of all of the expenses described above? If "No," complete Part III to explain
- 2** Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all directors, trustees, and officers, including the CEO/Executive Director, regarding the items checked on line 1a?
- 3** Indicate which, if any, of the following the organization used to establish the compensation of the organization's CEO/Executive Director. Check all that apply. Do not check any boxes for methods used by a related organization to establish compensation of the CEO/Executive Director, but explain in Part III.
- | | |
|--|---|
| <input checked="" type="checkbox"/> Compensation committee | <input type="checkbox"/> Written employment contract |
| <input type="checkbox"/> Independent compensation consultant | <input checked="" type="checkbox"/> Compensation survey or study |
| <input type="checkbox"/> Form 990 of other organizations | <input checked="" type="checkbox"/> Approval by the board or compensation committee |
- 4** During the year, did any person listed on Form 990, Part VII, Section A, line 1a, with respect to the filing organization or a related organization:
- a** Receive a severance payment or change-of-control payment?
- b** Participate in or receive payment from a supplemental nonqualified retirement plan?
- c** Participate in or receive payment from an equity-based compensation arrangement?
- If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III.
- Only section 501(c)(3), 501(c)(4), and 501(c)(29) organizations must complete lines 5-9.**
- 5** For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the revenues of:
- a** The organization?
- b** Any related organization?
- If "Yes" on line 5a or 5b, describe in Part III.
- 6** For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation contingent on the net earnings of:
- a** The organization?
- b** Any related organization?
- If "Yes" on line 6a or 6b, describe in Part III.
- 7** For persons listed on Form 990, Part VII, Section A, line 1a, did the organization provide any nonfixed payments not described on lines 5 and 6? If "Yes," describe in Part III
- 8** Were any amounts reported on Form 990, Part VII, paid or accrued pursuant to a contract that was subject to the initial contract exception described in Regulations section 53.4958-4(a)(3)? If "Yes," describe in Part III
- 9** If "Yes" on line 8, did the organization also follow the rebuttable presumption procedure described in Regulations section 53.4958-6(c)?

	Yes	No
1b		
2		
4a		X
4b		X
4c		X
5a		X
5b		X
6a		X
6b		X
7		X
8		X
9		

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Schedule J (Form 990) 2022

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported on Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii). Do not list any individuals that aren't listed on Form 990, Part VII.

Note: The sum of columns (B)(i)-(iii) for each listed individual must equal the total amount of Form 990, Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual.

(A) Name and Title		(B) Breakdown of W-2 and/or 1099-MISC and/or 1099-NEC compensation			(C) Retirement and other deferred compensation	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	(F) Compensation in column (B) reported as deferred on prior Form 990
		(i) Base compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation				
(1) ALBERTO CORTES CHIEF EXECUTIVE OFFICER	(i)	201,093.	0.	0.	0.	6,606.	207,699.	0.
	(ii)	0.	0.	0.	0.	0.	0.	0.
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
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	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							

**SCHEDULE M
(Form 990)**

Noncash Contributions

OMB No. 1545-0047

2022

Open to Public Inspection

Department of the Treasury
Internal Revenue Service

Complete if the organizations answered "Yes" on Form 990, Part IV, lines 29 or 30.
Attach to Form 990.

Go to www.irs.gov/Form990 for instructions and the latest information.

Name of the organization **MAMA ' S KITCHEN** Employer identification number **33-0434246**

Part I	Types of Property	(a) Check if applicable	(b) Number of contributions or items contributed	(c) Noncash contribution amounts reported on Form 990, Part VIII, line 1g	(d) Method of determining noncash contribution amounts
1	Art - Works of art				
2	Art - Historical treasures				
3	Art - Fractional interests				
4	Books and publications				
5	Clothing and household goods				
6	Cars and other vehicles				
7	Boats and planes				
8	Intellectual property				
9	Securities - Publicly traded				
10	Securities - Closely held stock				
11	Securities - Partnership, LLC, or trust interests				
12	Securities - Miscellaneous				
13	Qualified conservation contribution - Historic structures				
14	Qualified conservation contribution - Other				
15	Real estate - Residential				
16	Real estate - Commercial				
17	Real estate - Other				
18	Collectibles				
19	Food inventory				
20	Drugs and medical supplies				
21	Taxidermy				
22	Historical artifacts				
23	Scientific specimens				
24	Archeological artifacts				
25	Other (BUILDING IMPROV)	X	1	322,708.	ACTUAL COST
26	Other (CATERING FOOD)	X	50	20,286.	COMPARABLE SALES
27	Other (AUCTION ITEMS)	X	48	19,142.	SELLING PRICE
28	Other (OTHER MISCELLAN)	X	1	955.	COMPARABLE SALES

29 Number of Forms 8283 received by the organization during the tax year for contributions for which the organization completed Form 8283, Part V, Donee Acknowledgement **29**

	Yes	No
30a During the year, did the organization receive by contribution any property reported in Part I, lines 1 through 28, that it must hold for at least 3 years from the date of the initial contribution, and which isn't required to be used for exempt purposes for the entire holding period?		X
b If "Yes," describe the arrangement in Part II.		
31 Does the organization have a gift acceptance policy that requires the review of any nonstandard contributions?	X	
32a Does the organization hire or use third parties or related organizations to solicit, process, or sell noncash contributions?		X
b If "Yes," describe in Part II.		
33 If the organization didn't report an amount in column (c) for a type of property for which column (a) is checked, describe in Part II.		

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990. Schedule M (Form 990) 2022

Part II **Supplemental Information.** Provide the information required by Part I, lines 30b, 32b, and 33, and whether the organization is reporting in Part I, column (b), the number of contributions, the number of items received, or a combination of both. Also complete this part for any additional information.

Lined area for supplemental information.

**SCHEDULE O
(Form 990)**

Department of the Treasury
Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on
Form 990 or 990-EZ or to provide any additional information.
Attach to Form 990 or Form 990-EZ.
Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2022

Open to Public
Inspection

Name of the organization

MAMA'S KITCHEN

Employer identification number

33-0434246

Form 990, Part VI, Section B, line 11b:

THE FORM 990 IS REVIEWED BY THE CHIEF EXECUTIVE OFFICER AND TREASURER, THEN PROVIDED TO THE FINANCE COMMITTEE FOR REVIEW AND APPROVAL TO FILE. ONCE THE FORM 990 HAS BEEN APPROVED BY THE FINANCE COMMITTEE IT IS PROVIDED TO THE ENTIRE BOARD OF DIRECTORS.

Form 990, Part VI, Section B, Line 12c:

NEW MEMBERS ARE REQUIRED TO COMPLETE A CONFLICT OF INTEREST DISCLOSURE STATEMENT AFTER BEING ELECTED TO THE BOARD. ALL BOARD MEMBERS COMPLETE A NEW CONFLICT OF INTEREST DISCLOSURE STATEMENT EACH JANUARY.

Form 990, Part VI, Section B, Line 15a:

THE EXECUTIVE COMMITTEE OF THE BOARD OF DIRECTORS REVIEWS THE COMPENSATION OF THE CHIEF EXECUTIVE OFFICER BASED ON COMPARIBILITY DATA AVAILABLE FOR THE GEOGRAPHIC AREA AND NATURE OF THE ORGANIZATION.

Form 990, Part VI, Section C, Line 19:

GOVERNING DOCUMENTS AND POLICIES ARE AVAILABLE UPON RECEIPT OF A WRITTEN REQUEST. AUDITED FINANCIAL STATEMENTS ARE AVAILABLE ON THE ORGANIZATION'S WEBSITE.

FORM 990, PART VII, SECTION A, LINE 1A (#2)

THE COMPENSATION LISTED FOR THE CHIEF OPERATING OFFICER IS BASED UPON FISCAL YEAR COMPENSATION AND NOT CALENDAR YEAR W-2 WAGES AS THEY WERE HIRED AFTER THE W-2 REPORTING WINDOW FOR THIS RETURN.

Name of the organization

MAMA'S KITCHEN

Employer identification number

33-0434246

FORM 990. PART XII, LINE 2C

THE AUDITOR SELECTION PROCESS HAS NOT CHANGED FROM THE PRIOR YEAR.

2022 DEPRECIATION AND AMORTIZATION REPORT

Form 990 Page 10

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
	Buildings														
1	BUILDING	09/01/11	SL	30.00		16	656,824.				656,824.	237,221.		21,900.	259,121.
2	BLDG-GENERAL	09/01/11	SL	30.00		16	1,224,134.				1,224,134.	439,586.		40,800.	480,386.
3	BLDG-HVAC	09/01/11	SL	10.00		16	110,860.				110,860.	110,860.		0.	110,860.
4	BLDG-FIRE ALARM/SPRINKLER	09/01/11	SL	10.00		16	62,177.				62,177.	62,177.		0.	62,177.
5	BLDG-ELEVATOR	09/01/11	SL	15.00		16	41,064.				41,064.	29,660.		2,738.	32,398.
6	BLDG-FLOOR COVERING	09/01/11	SL	5.00		16	30,313.				30,313.	30,313.		0.	30,313.
7	BLDG-FENCING/GATES	09/01/11	SL	7.00		16	19,892.				19,892.	19,892.		0.	19,892.
8	BLDG-INTRUSION SYSTEM	09/01/11	SL	7.00		16	12,632.				12,632.	12,632.		0.	12,632.
9	(D)BLDG-PHONE SYSTEM	09/01/11	SL	5.00		16	11,301.				11,301.	11,301.		0.	11,301.
10	BLDG-LANDSCAPING	09/01/11	SL	7.00		16	8,988.				8,988.	8,988.		0.	8,988.
11	BLDG-SIGNAGE	09/01/11	SL	5.00		16	4,320.				4,320.	4,320.		0.	4,320.
12	(D)BLDG-INTERIOR WINDOW TREATMENT	09/01/11	SL	7.00		16	2,313.				2,313.	2,313.		0.	2,313.
13	BLDG-ROLL UP DOOR	09/01/11	SL	5.00		16	1,995.				1,995.	1,995.		0.	1,995.
14	BLDG-FIRE EXTINGUISHERS (5)	09/01/11	SL	7.00		16	1,500.				1,500.	1,500.		0.	1,500.
15	(D)BLDG-BLINDS	06/01/12	SL	7.00		16	1,274.				1,274.	1,274.		0.	1,274.
16	BLDG-LOADING DOCK COVER	11/01/13	SL	15.00		16	16,333.				16,333.	9,438.		1,089.	10,527.
86	AUTOMATIC GATE	09/06/16	SL	5.00		16	7,900.				7,900.	7,900.		0.	7,900.

(D) - Asset disposed

* ITC, Salvage, Bonus, Commercial Revitalization Deduction, GO Zone

2022 DEPRECIATION AND AMORTIZATION REPORT

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
87	FRONT DOOR	06/30/17	SL	5.00		16	7,494.				7,494.	7,494.		0.	7,494.
97	KITCHEN ELECTRICAL	02/25/19	SL	2.00		16	6,716.				6,716.	3,863.		0.	3,863.
98	(D)FAUCETS-MENS UPSTAIRS	06/19/19	SL	2.00		16	1,219.				1,219.	1,219.		0.	1,219.
99	LOBBY SIGN	11/16/18	SL	2.00		16	1,794.				1,794.	1,794.		0.	1,794.
123	BUILDING IMPROVEMENTS	10/30/20	SL	15.00		16	16,668.				16,668.	1,852.		1,111.	2,963.
150	NEW VISION GLASS DOOR	07/01/22	SL	12.00		16	1,545.				1,545.			1,159.	1,159.
151	ALOHA SOLAR PANELS	07/26/22	SL	25.00		16	40,775.				40,775.			1,495.	1,495.
152	TOP FLOOR REMODEL	02/28/23	SL	30.00		16	85,307.				85,307.			948.	948.
153	BOD/CONFERENCE ROOM/AV EQUIP	04/29/23	SL	10.00		16	10,663.				10,663.			178.	178.
154	REMODEL PERMITS & DONATED MATERIALS	06/01/23	SL	30.00		16	323,214.				323,214.			898.	898.
155	PARKING LOT PAVING	06/17/23	SL	20.00		16	12,565.				12,565.			0.	
	* 990 Page 10 Total Buildings						2,721,780.				2,721,780.	1,007,592.		72,316.	1,079,908.
	Furniture & Fixtures														
17	(D)FF&E-MINOLTA COPIER D351	05/07/03	SL	5.00		16	8,243.				8,243.	8,243.		0.	8,243.
18	FF&E-RAISERS EDGE SOFTWARE	06/12/03	SL	3.00		16	15,420.				15,420.	15,420.		0.	15,420.
19	(D)FF&E-HP LASER JET PRINTER	06/24/03	SL	5.00		16	1,077.				1,077.	1,077.		0.	1,077.
20	FF&E-MEALSERVICE SOFTWARE	09/28/03	SL	3.00		16	6,250.				6,250.	6,250.		0.	6,250.
21	FF&E-BLACKBAUD SOFTWARE	01/01/05	SL	3.00		16	8,740.				8,740.	8,740.		0.	8,740.

(D) - Asset disposed

* ITC, Salvage, Bonus, Commercial Revitalization Deduction, GO Zone

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
22	(D)FF&E-DELL COMPUTERS-OPTIPLEX 170L (5)	12/04/05	SL	3.00		16	2,441.				2,441.	2,441.		0.	2,441.
23	FF&E-DONATED MICROSOFT SOFTWARE	02/28/07	SL	3.00		16	20,943.				20,943.	20,943.		0.	20,943.
24	(D)FF&E-DELL COMPUTERS (3)	03/08/07	SL	3.00		16	2,046.				2,046.	2,046.		0.	2,046.
25	(D)FF&E-TECHSOUP COMPUTER SOFTWARE	03/13/07	SL	3.00		16	1,104.				1,104.	1,104.		0.	1,104.
26	(D)FF&E-DONATED COPIER - BIZHUB	09/30/07	SL	3.00		16	6,500.				6,500.	6,500.		0.	6,500.
27	(D)FF&E-DELL LAPTOP COMPUTERS (3)	04/10/08	SL	3.00		16	5,460.				5,460.	5,460.		0.	5,460.
28	(D)FF&E-SMALL BIZ COMPUTER SERVER	01/01/10	SL	5.00		16	6,682.				6,682.	6,682.		0.	6,682.
29	FF&E-OFFICE FURNITURE BMS	09/01/11	SL	7.00		16	42,445.				42,445.	42,445.		0.	42,445.
30	FF&E-FILE CABNIETS (12)	09/02/11	SL	5.00		16	3,029.				3,029.	3,029.		0.	3,029.
31	FF&E-PROJECTION SCREEN-CONF ROOM	09/01/11	SL	5.00		16	2,300.				2,300.	2,300.		0.	2,300.
32	(D)FF&E-REFRIGERATOR/WATER COOLER-VOLUNTEER	09/01/11	SL	5.00		16	2,047.				2,047.	2,047.		0.	2,047.
33	(D)FF&E-REFRIGERATOR-STAFF KITCHEN	09/01/11	SL	5.00		16	1,453.				1,453.	1,453.		0.	1,453.
34	FF&E-DONATED HP COMPUTERS (5)	06/01/12	SL	3.00		16	5,195.				5,195.	5,195.		0.	5,195.
35	FF&E-CAPITAL CAMPAIGN VIDEO	07/01/12	SL	3.00		16	3,400.				3,400.	3,400.		0.	3,400.
36	(D)FF&E-DONOR WALL	07/01/12	SL	5.00		16	11,888.				11,888.	11,888.		0.	11,888.
37	FF&E-DONOR ROOM PLAQUES	12/01/12	SL	3.00		16	1,877.				1,877.	1,877.		0.	1,877.
38	FF&E-30 SECOND TV SPOT	12/01/12	SL	3.00		16	1,550.				1,550.	1,550.		0.	1,550.
39	FF&E-DONATED HP COMPUTERS (3)	06/01/13	SL	3.00		16	3,546.				3,546.	3,546.		0.	3,546.

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
40	(D)FF&E-DONATED HP LAPTOP	06/01/13	SL	3.00		16	829.				829.	829.		0.	829.
41	(D)FF&E-DONATED HP PRINTER	06/01/13	SL	3.00		16	997.				997.	997.		0.	997.
42	FF&E-FREEZER ENLARGEMENT	01/01/00	SL	10.00		16	1,458.				1,458.	1,458.		0.	1,458.
43	FF&E-FREEZER ENLARGEMENT	06/01/00	SL	10.00		16	1,459.				1,459.	1,459.		0.	1,459.
44	FF&E-AMANA RC27S/MICROWAVE	06/01/03	SL	10.00		16	2,685.				2,685.	2,685.		0.	2,685.
48	FF&E-WALK-IN COOLER ENLARGEMENT	12/20/06	SL	10.00		16	3,005.				3,005.	3,005.		0.	3,005.
49	FF&E-MOVE/INSTALL WALK-IN COOLER @HOME	09/01/11	SL	5.00		16	8,326.				8,326.	8,326.		0.	8,326.
51	FF&E-AUTOMATIC FOOD SLICER	04/15/08	SL	5.00		16	4,286.				4,286.	4,286.		0.	4,286.
54	FF&E-FREEZER	12/19/08	SL	7.00		16	2,759.				2,759.	2,759.		0.	2,759.
55	FF&E-KITCHEN TABLES	06/12/09	SL	7.00		16	884.				884.	884.		0.	884.
56	FF&E-VULCAN RANGES (2)	09/01/11	SL	10.00		16	15,682.				15,682.	15,682.		0.	15,682.
57	FF&E-GAS KETTLE	09/01/11	SL	10.00		16	13,353.				13,353.	13,353.		0.	13,353.
59	FF&E-CLEAN DISH TABLE/PRE-RINSE	09/01/11	SL	7.00		16	4,889.				4,889.	4,889.		0.	4,889.
60	FF&E-FLOOR TROUGH	09/01/11	SL	10.00		16	1,767.				1,767.	1,767.		0.	1,767.
61	FF&E-SPEC MASTER TABLES (24)	09/01/11	SL	7.00		16	18,685.				18,685.	18,685.		0.	18,685.
62	FF&E-PREP TABLE	09/01/11	SL	7.00		16	3,020.				3,020.	3,020.		0.	3,020.
63	FF&E-AMANA MICROWAVE	09/01/11	SL	10.00		16	1,169.				1,169.	1,169.		0.	1,169.
64	FF&E-REFRIGERATOR SYSTEM	09/01/11	SL	10.00		16	31,404.				31,404.	31,404.		0.	31,404.

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
65	FF&E-WALK-IN FREEZER	09/01/11	SL	10.00		16	17,150.				17,150.	17,150.		0.	17,150.
66	FF&E-WALK-IN COOLER	09/01/11	SL	10.00		16	16,251.				16,251.	16,251.		0.	16,251.
67	FF&E-AIR CURTAINS	09/01/11	SL	10.00		16	1,908.				1,908.	1,908.		0.	1,908.
68	FF&E-HOODS/FIRE SYSTEM	09/01/11	SL	7.00		16	32,957.				32,957.	32,957.		0.	32,957.
69	FF&E-WALL CABINETS (2)	09/01/11	SL	5.00		16	1,138.				1,138.	1,138.		0.	1,138.
70	FF&E-SHELVING/POT RACKS	09/01/11	SL	5.00		16	1,865.				1,865.	1,865.		0.	1,865.
71	FF&E-WIRE SHELVING	11/28/11	SL	5.00		16	2,338.				2,338.	2,338.		0.	2,338.
72	FF&E-PANTRY REFRIGERATOR & FREEZER	03/19/12	SL	5.00		16	3,868.				3,868.	3,868.		0.	3,868.
73	FF&E-WORK TABLES	05/03/12	SL	7.00		16	2,169.				2,169.	2,169.		0.	2,169.
74	FF&E-BLODGET DBL OVEN	08/12/14	SL	8.00		16	8,346.				8,346.	8,171.		175.	8,346.
80	FF&E - HOT BOXES	01/19/15	SL	5.00		16	13,301.				13,301.	13,301.		0.	13,301.
81	(D)FF&E - ELECTRIC DRYER	06/03/15	SL	7.00		16	1,003.				1,003.	1,001.		0.	1,001.
82	(D)FF&E - SURFACE PRO NOTEBOOK	07/23/15	SL	2.00		16	1,109.				1,109.	1,108.		0.	1,108.
83	FF&E - TWO LAPTOPS	11/09/15	SL	2.00		16	1,556.				1,556.	1,556.		0.	1,556.
88	(D)DELL SERVER	09/22/16	SL	4.00		16	1,000.				1,000.	1,000.		0.	1,000.
89	STANDUP DESK	02/13/17	SL	1.00		16	547.				547.	547.		0.	547.
90	STANDUP DESKS	03/31/17	SL	1.00		16	2,981.				2,981.	2,981.		0.	2,981.
91	REACH IN FRIDGE-FREEZER	08/07/16	SL	7.00		16	7,872.				7,872.	6,659.		1,125.	7,784.

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
92	AUTOMATIC FOOD SLICER	03/19/18	SL	5.00		16	6,167.				6,167.	5,343.		824.	6,167.
93	(D)NUTRITION SOFTWARE	10/13/17	SL	1.00		16	1,071.				1,071.	1,071.		0.	1,071.
94	(D)MACBOOK PRO LAPTOP	04/04/18	SL	2.00		16	1,364.				1,364.	1,364.		0.	1,364.
95	(D)NUTRITION SOFTWARE LICENSE	05/31/18	SL	1.00		16	1,285.				1,285.	1,285.		0.	1,285.
100	BLAST CHILLER	10/09/18	SL	7.00		16	21,221.				21,221.	10,179.		4,104.	14,283.
101	PANS/EQUIP FOR BLAST CHILLER	10/24/18	SL	2.00		16	2,078.				2,078.	2,078.		0.	2,078.
102	(D)PANTRY REFRIGERATOR	10/30/18	SL	5.00		16	2,573.				2,573.	1,674.		899.	2,573.
103	FOOD LABELER	12/19/18	SL	2.00		16	1,094.				1,094.	1,094.		0.	1,094.
104	HOBART DISHWASHER MODEL CL44EN	03/01/19	SL	7.00		16	38,839.				38,839.	18,397.		5,451.	23,848.
105	DELFIELD T14D BLAST CHILLER	03/01/19	SL	7.00		16	19,795.				19,795.	9,377.		2,778.	12,155.
106	ELKAY TABLES (X4) MODEL WT36S72	03/01/19	SL	7.00		16	4,635.				4,635.	2,152.		662.	2,814.
107	BLAST CHILLER SHEET PANS	03/01/19	SL	2.00		16	2,779.				2,779.	2,779.		0.	2,779.
108	DISHWASHING STATION	05/15/19	SL	2.00		16	3,432.				3,432.	3,432.		0.	3,432.
109	WASHER/DRYER	05/15/19	SL	2.00		16	1,880.				1,880.	1,880.		0.	1,880.
112	WORKSTATION WIRING	12/13/19	SL	1.00		16	1,441.				1,441.	1,441.		0.	1,441.
113	ELEC & PLUMBING PANS	06/22/20	SL	5.00		16	7,142.				7,142.	2,856.		1,428.	4,284.
114	2 DELL LAPTOPS (RD)	12/04/19	SL	2.00		16	1,789.				1,789.	1,789.		0.	1,789.
115	2 DELL WORKSTATIONS	12/04/19	SL	2.00		16	3,458.				3,458.	3,458.		0.	3,458.

(D) - Asset disposed

* ITC, Salvage, Bonus, Commercial Revitalization Deduction, GO Zone

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
116	5 DELL WORKSTATIONS	02/15/20	SL	2.00		16	5,297.				5,297.	5,297.		0.	5,297.
117	WORKSTATION-MKT	03/16/20	SL	2.00		16	865.				865.	865.		0.	865.
118	WALK-IN COOLER (POLAR KING)	01/01/20	SL	15.00		16	46,784.				46,784.	18,843.		7,798.	26,641.
119	PRIOR YEARS DEPRECIATION ADJUSTMENTS	12/01/19	SL	5.00		16	1.				1.	1.		0.	1.
120	ELECTRICAL PERMITS & DRAWINGS-WALK IN	07/28/20	SL	15.00		16	2,758.				2,758.	554.		184.	738.
121	INSTALL OF WALK IN	09/01/20	SL	15.00		16	2,236.				2,236.	474.		149.	623.
122	ELECTRIC FOR PANTRY	10/27/20	SL	15.00		16	3,926.				3,926.	436.		262.	698.
124	ELECTRICAL	11/11/20	SL	15.00		16	757.				757.	84.		50.	134.
125	WATER HEATER	06/29/21	SL	5.00		16	12,774.				12,774.	2,555.		2,555.	5,110.
126	STEEL WORK TABLES	09/23/20	SL	5.00		16	4,385.				4,385.	1,535.		877.	2,412.
128	DELL WORKSTATIONS	08/16/20	SL	2.00		16	1,752.				1,752.	1,606.		146.	1,752.
129	LENOVO LAPTOPS (2)	10/24/20	SL	2.00		16	2,145.				2,145.	1,788.		357.	2,145.
130	LENOVO LAPTOPS (4)	02/04/21	SL	2.00		16	5,152.				5,152.	3,649.		1,503.	5,152.
131	LENOVO LAPTOP	04/07/21	SL	2.00		16	939.				939.	587.		352.	939.
132	LENOVO LAPTOP	05/22/21	SL	2.00		16	1,122.				1,122.	608.		514.	1,122.
133	BLINDS	06/02/21	SL	5.00		16	6,333.				6,333.	1,373.		4,960.	6,333.
134	DELL COMPUTER	06/16/21	SL	2.00		16	1,499.				1,499.	750.		749.	1,499.
135	(D) FAUCETS-WOMENS UPSTAIRS	09/21/21	SL	2.00		16	1,266.				1,266.	475.		791.	1,266.

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
136	COMPUTER-KITCHEN	07/16/21	SL	2.00		16	1,395.				1,395.	639.		698.	1,337.
137	DELL TOUCHSCREEN LAPTOP	08/03/21	SL	2.00		16	1,507.				1,507.	627.		754.	1,381.
138	DELL LAPTOP	08/24/21	SL	2.00		16	1,163.				1,163.	485.		582.	1,067.
139	LAPTOP-ALMA	09/16/21	SL	2.00		16	2,634.				2,634.	988.		1,317.	2,305.
140	TWO DESKTOP COMPUTERS	01/16/22	SL	2.00		16	1,767.				1,767.	368.		884.	1,252.
141	TWO LAPTOPS	02/16/22	SL	2.00		16	3,129.				3,129.	522.		1,565.	2,087.
142	FIREWALL	03/03/22	SL	2.00		16	1,184.				1,184.	148.		592.	740.
143	TWO DESKTOP STATIONS	03/24/22	SL	2.00		16	3,356.				3,356.	420.		1,678.	2,098.
144	THREE CUBICLE WORKSTATIONS W/CHAIRS	04/07/22	SL	2.00		16	6,511.				6,511.	543.		3,256.	3,799.
145	DESKTOP COMPUTER-CAROLINA	05/16/22	SL	2.00		16	1,078.				1,078.	45.		539.	584.
146	STAFF REFRIGERATOR	06/08/22	SL	5.00		16	1,558.				1,558.			312.	312.
147	LAPTOP-ALBERTO	06/21/22	SL	2.00		16	2,674.				2,674.			1,337.	1,337.
148	TWO LAPTOPS	06/30/22	SL	2.00		16	2,888.				2,888.			1,444.	1,444.
156	25 STEEL GAUGE SHELVES	07/01/22	SL	7.00		16	20,148.				20,148.			1,343.	1,343.
157	INDUSTRIAL FOOD PROCESSOR	09/08/22	SL	3.00		16	3,569.				3,569.			892.	892.
158	80 GALLON KETTLE	02/01/23	SL	10.00		16	51,136.				51,136.			2,131.	2,131.
159	WASHER & DRYER-KITCHEN	04/05/23	SL	5.00		16	1,864.				1,864.			93.	93.
160	LAPTOP-ALBERTO	07/01/22	SL	2.00		16	2,652.				2,652.			1,216.	1,216.

2022 DEPRECIATION AND AMORTIZATION REPORT

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
161	LAPTOPS-AH & NH	08/16/22	SL	2.00		16	3,126.				3,126.			1,303.	1,303.
162	NEW SERVER	11/30/22	SL	5.00		16	12,155.				12,155.			1,418.	1,418.
163	NEW FIREWALL	11/30/22	SL	2.00		16	1,863.				1,863.			543.	543.
164	2 DESKTOP COMPUTERS-FL & JN	01/16/23	SL	2.00		16	3,598.				3,598.			900.	900.
165	NEW PC-JD	04/16/23	SL	2.00		16	1,246.				1,246.			156.	156.
166	NEW WINDOW SHADES	05/01/23	SL	2.00		16	10,536.				10,536.			878.	878.
167	RD CUBICLE PEDESTALS & WORK SURFACES	05/03/23	SL	3.00		16	3,179.				3,179.			177.	177.
	* 990 Page 10 Total Furniture & Fixtures						765,602.				765,602.	518,043.		64,701.	582,744.
	Transportation Equipment														
84	VEHICLE-2016 FORD T-150 VAN & TOMMY LIFT	06/28/16	SL	5.00		16	39,735.				39,735.	39,735.		0.	39,735.
168	2022 DODGE RAM PROMASTER 2500	02/01/23	SL	5.00		16	74,677.				74,677.			6,496.	6,496.
	* 990 Page 10 Total Transportation Equipment						114,412.				114,412.	39,735.		6,496.	46,231.
	Land														
79	LAND	09/01/11	L				176,700.				176,700.			0.	0.
	* 990 Page 10 Total Land						176,700.				176,700.	0.		0.	0.
	Other														
76	INTANGIBLES-MAMASKITCHEN.ORG	01/22/07	197	60M		HY43	13,761.				13,761.	13,761.		0.	13,761.
77	INTANGIBLES-MAMASPIES.ORG	12/01/10	197	60M		HY43	10,000.				10,000.	10,000.		0.	10,000.

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Asset No.	Description	Date Acquired	Method	Life	Conv	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Section 179 Expense	* Reduction In Basis	Basis For Depreciation	Beginning Accumulated Depreciation	Current Sec 179 Expense	Current Year Deduction	Ending Accumulated Depreciation
78	LOAN FEES	02/28/11	461	120M		HY43	13,530.				13,530.	13,530.		0.	13,530.
85	INTANGIBLES-MAMASKITCHEN.ORG REDESIGN	03/31/16	197	60M		HY43	8,415.				8,415.	8,415.		0.	8,415.
110	(D)IOS & ANDROID APP	08/03/18		24M		HY43	2,216.				2,216.	2,216.		0.	2,216.
111	MAMASPIES.ORG REDESIGN	11/01/18		60M		HY43	16,000.				16,000.	11,733.		3,200.	14,933.
149	MAMASPIES.ORG REDESIGN	11/30/21		36M		HY43	30,600.				30,600.	5,950.		10,200.	16,150.
	* 990 Page 10 Total Other						94,522.				94,522.	65,605.		13,400.	79,005.
	* Grand Total 990 Page 10 Depr & Amort						3,873,016.				3,873,016.	1,630,975.		156,913.	1,787,888.
Current Year Activity															
	Beginning balance						3,209,198.			0.	3,209,198.	1,627,107.			1,761,796.
	Acquisitions						663,818.			0.	663,818.	0.			22,224.
	Dispositions/Retired						79,761.			0.	79,761.	78,068.			79,758.
	Ending balance						3,793,255.			0.	3,793,255.	1,549,039.			1,704,262.
	Ending accum depr less dispositions											1,704,262.			
	Ending book value											2,088,993.			

Department of the Treasury Internal Revenue Service

Attach to your tax return.

Go to www.irs.gov/Form4562 for instructions and the latest information.

Attachment Sequence No. 179

Name(s) shown on return

Business or activity to which this form relates

Identifying number

MAMA'S KITCHEN

Form 990 Page 10

33-0434246

Part I Election To Expense Certain Property Under Section 179 Note: If you have any listed property, complete Part V before you complete Part I.

Table with 5 main rows for Section 179 election. Line 1: 1,080,000. Line 2: Total cost. Line 3: 2,700,000. Line 4: Reduction in limitation. Line 5: Dollar limitation. Line 6-7: Description and cost of property. Line 8: Total elected cost. Line 9: Tentative deduction. Line 10: Carryover. Line 11: Business income limitation. Line 12: Section 179 expense deduction. Line 13: Carryover to 2023.

Note: Don't use Part II or Part III below for listed property. Instead, use Part V.

Part II Special Depreciation Allowance and Other Depreciation (Don't include listed property.)

Table for Part II with 3 rows. Line 14: Special depreciation allowance. Line 15: Property subject to section 168(f)(1) election. Line 16: Other depreciation (including ACRS) totaling 143,513.

Part III MACRS Depreciation (Don't include listed property. See instructions.)

Section A

Table for Section A with 2 rows. Line 17: MACRS deductions for assets placed in service in tax years beginning before 2022. Line 18: Check box for grouping assets.

Section B - Assets Placed in Service During 2022 Tax Year Using the General Depreciation System

Table for Section B with 9 rows (19a-i) detailing property classification, month placed in service, basis, recovery period, convention, method, and depreciation deduction.

Section C - Assets Placed in Service During 2022 Tax Year Using the Alternative Depreciation System

Table for Section C with 4 rows (20a-d) detailing class life, recovery period, convention, and method.

Part IV Summary (See instructions.)

Table for Part IV with 3 rows. Line 21: Listed property. Line 22: Total depreciation of 143,513. Line 23: Portion of basis attributable to section 263A costs.

Part V Listed Property (Include automobiles, certain other vehicles, certain aircraft, and property used for entertainment, recreation, or amusement.)
Note: For any vehicle for which you are using the standard mileage rate or deducting lease expense, complete only 24a, 24b, columns (a) through (c) of Section A, all of Section B, and Section C if applicable.

Section A - Depreciation and Other Information (Caution: See the instructions for limits for passenger automobiles.)

24a Do you have evidence to support the business/investment use claimed? Yes No 24b If "Yes," is the evidence written? Yes No
(a) Type of property (list vehicles first) (b) Date placed in service (c) Business/investment use percentage (d) Cost or other basis (e) Basis for depreciation (business/investment use only) (f) Recovery period (g) Method/Convention (h) Depreciation deduction (i) Elected section 179 cost
25 Special depreciation allowance for qualified listed property placed in service during the tax year and used more than 50% in a qualified business use 25
26 Property used more than 50% in a qualified business use:
27 Property used 50% or less in a qualified business use:
28 Add amounts in column (h), lines 25 through 27. Enter here and on line 21, page 1 28
29 Add amounts in column (i), line 26. Enter here and on line 7, page 1 29

Section B - Information on Use of Vehicles

Complete this section for vehicles used by a sole proprietor, partner, or other "more than 5% owner," or related person. If you provided vehicles to your employees, first answer the questions in Section C to see if you meet an exception to completing this section for those vehicles.

30 Total business/investment miles driven during the year (don't include commuting miles)
31 Total commuting miles driven during the year
32 Total other personal (noncommuting) miles driven
33 Total miles driven during the year. Add lines 30 through 32
34 Was the vehicle available for personal use during off-duty hours?
35 Was the vehicle used primarily by a more than 5% owner or related person?
36 Is another vehicle available for personal use?

Section C - Questions for Employers Who Provide Vehicles for Use by Their Employees

Answer these questions to determine if you meet an exception to completing Section B for vehicles used by employees who aren't more than 5% owners or related persons.

37 Do you maintain a written policy statement that prohibits all personal use of vehicles, including commuting, by your employees?
38 Do you maintain a written policy statement that prohibits personal use of vehicles, except commuting, by your employees? See the instructions for vehicles used by corporate officers, directors, or 1% or more owners
39 Do you treat all use of vehicles by employees as personal use?
40 Do you provide more than five vehicles to your employees, obtain information from your employees about the use of the vehicles, and retain the information received?
41 Do you meet the requirements concerning qualified automobile demonstration use?
Note: If your answer to 37, 38, 39, 40, or 41 is "Yes," don't complete Section B for the covered vehicles.

Part VI Amortization

(a) Description of costs (b) Date amortization begins (c) Amortizable amount (d) Code section (e) Amortization period or percentage (f) Amortization for this year
42 Amortization of costs that begins during your 2022 tax year:
43 Amortization of costs that began before your 2022 tax year Stmt 1 43 13,400.
44 Total. Add amounts in column (f). See the instructions for where to report 44 13,400.

Form 4562 Part VI - Amortization Statement 1

(a) Description of Costs	(b) Date Began	(c) Amort. Amount	(d) Code Sect.	(e) Life/ Rate	(f) Accum. Amort.	(g) Amort. this Yr.
MAMASPIES.ORG REDESIGN	11/01/18	16,000.		60M	11,733.	3,200.
MAMASPIES.ORG REDESIGN	11/30/21	30,600.		36M	5,950.	10,200.
Total to Form 4562, Line 43						13,400.

2022 DEPRECIATION AND AMORTIZATION REPORT

- CURRENT YEAR FEDERAL - MAMA'S KITCHEN

Asset No.	Description	Date Acquired	Method	Life	Line No.	Unadjusted Cost Or Basis	Bus % Excl	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Current Sec 179	Current Year Deduction
	Buildings											
1	BUILDING	090111	SL	30.00	16	656,824.			656,824.	237,221.		21,900.
2	BLDG-GENERAL	090111	SL	30.00	16	1224134.			1224134.	439,586.		40,800.
3	BLDG-HVAC	090111	SL	10.00	16	110,860.			110,860.	110,860.		0.
4	BLDG-FIRE ALARM/SPRINKLER	090111	SL	10.00	16	62,177.			62,177.	62,177.		0.
5	BLDG-ELEVATOR	090111	SL	15.00	16	41,064.			41,064.	29,660.		2,738.
6	BLDG-FLOOR COVERING	090111	SL	5.00	16	30,313.			30,313.	30,313.		0.
7	BLDG-FENCING/GATES	090111	SL	7.00	16	19,892.			19,892.	19,892.		0.
8	BLDG-INTRUSION SYSTEM	090111	SL	7.00	16	12,632.			12,632.	12,632.		0.
9	(D) BLDG-PHONE SYSTEM	090111	SL	5.00	16	11,301.			11,301.	11,301.		0.
10	BLDG-LANDSCAPING	090111	SL	7.00	16	8,988.			8,988.	8,988.		0.
11	BLDG-SIGNAGE	090111	SL	5.00	16	4,320.			4,320.	4,320.		0.
12	(D) BLDG-INTERIOR WINDOW TREATMENT	090111	SL	7.00	16	2,313.			2,313.	2,313.		0.
13	BLDG-ROLL UP DOOR	090111	SL	5.00	16	1,995.			1,995.	1,995.		0.
14	BLDG-FIRE EXTINGUISHERS (5)	090111	SL	7.00	16	1,500.			1,500.	1,500.		0.
15	(D) BLDG-BLINDS	060112	SL	7.00	16	1,274.			1,274.	1,274.		0.
16	BLDG-LOADING DOCK COVER	110113	SL	15.00	16	16,333.			16,333.	9,438.		1,089.
86	AUTOMATIC GATE	090616	SL	5.00	16	7,900.			7,900.	7,900.		0.

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Asset No.	Description	Date Acquired	Method	Life	Line No.	Unadjusted Cost Or Basis	Bus % Excl	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Current Sec 179	Current Year Deduction
87	FRONT DOOR	063017	SL	5.00	16	7,494.			7,494.	7,494.		0.
97	KITCHEN ELECTRICAL	022519	SL	2.00	16	6,716.			6,716.	3,863.		0.
	(D) FAUCETS-MENS											
98	UPSTAIRS	061919	SL	2.00	16	1,219.			1,219.	1,219.		0.
99	LOBBY SIGN	111618	SL	2.00	16	1,794.			1,794.	1,794.		0.
	BUILDING											
123	IMPROVEMENTS	103020	SL	15.00	16	16,668.			16,668.	1,852.		1,111.
	NEW VISION GLASS											
150	DOOR	070122	SL	12.00	16	1,545.			1,545.			1,159.
151	ALOHA SOLAR PANELS	072622	SL	25.00	16	40,775.			40,775.			1,495.
152	TOP FLOOR REMODEL	022823	SL	30.00	16	85,307.			85,307.			948.
	BOD/CONFERENCE											
153	ROOM/AV EQUIP	042923	SL	10.00	16	10,663.			10,663.			178.
	REMODEL PERMITS &											
154	DONATED MATERIALS	060123	SL	30.00	16	323,214.			323,214.			898.
155	PARKING LOT PAVING	061723	SL	20.00	16	12,565.			12,565.			0.
	* 990 Page 10 Total											
	Buildings					2721780.		0.	2721780.	1007592.		72,316.
	Furniture &											
	Fixtures											
	(D) FF&E-MINOLTA											
17	COPIER D351	050703	SL	5.00	16	8,243.			8,243.	8,243.		0.
	FF&E-RAISERS EDGE											
18	SOFTWARE	061203	SL	3.00	16	15,420.			15,420.	15,420.		0.
	(D) FF&E-HP LASER											
19	JET PRINTER	062403	SL	5.00	16	1,077.			1,077.	1,077.		0.
	FF&E-MEALSERVICE											
20	SOFTWARE	092803	SL	3.00	16	6,250.			6,250.	6,250.		0.
	FF&E-BLACKBAUD											
21	SOFTWARE	010105	SL	3.00	16	8,740.			8,740.	8,740.		0.

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Asset No.	Description	Date Acquired	Method	Life	Line No.	Unadjusted Cost Or Basis	Bus % Excl	Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Current Sec 179	Current Year Deduction
22	(D)FF&E-DELL COMPUTERS-OPTIPLEX	120405	SL	3.00	16	2,441.			2,441.	2,441.		0.
23	FF&E-DONATED MICROSOFT SOFTWARE	022807	SL	3.00	16	20,943.			20,943.	20,943.		0.
24	(D)FF&E-DELL COMPUTERS (3)	030807	SL	3.00	16	2,046.			2,046.	2,046.		0.
25	(D)FF&E-TECHSOUP COMPUTER SOFTWARE	031307	SL	3.00	16	1,104.			1,104.	1,104.		0.
26	(D)FF&E-DONATED COPIER - BIZHUB	093007	SL	3.00	16	6,500.			6,500.	6,500.		0.
27	(D)FF&E-DELL LAPTOP COMPUTERS (3)	041008	SL	3.00	16	5,460.			5,460.	5,460.		0.
28	(D)FF&E-SMALL BIZ COMPUTER SERVER	010110	SL	5.00	16	6,682.			6,682.	6,682.		0.
29	FF&E-OFFICE FURNITURE BMS	090111	SL	7.00	16	42,445.			42,445.	42,445.		0.
30	FF&E-FILE CABNIETS (12)	090211	SL	5.00	16	3,029.			3,029.	3,029.		0.
31	FF&E-PROJECTION SCREEN-CONF ROOM	090111	SL	5.00	16	2,300.			2,300.	2,300.		0.
32	(D)FF&E-REFRIGERATO R/WATER COOLER-VOLU	090111	SL	5.00	16	2,047.			2,047.	2,047.		0.
33	(D)FF&E-REFRIGERATO R-STAFF KITCHEN	090111	SL	5.00	16	1,453.			1,453.	1,453.		0.
34	FF&E-DONATED HP COMPUTERS (5)	060112	SL	3.00	16	5,195.			5,195.	5,195.		0.
35	FF&E-CAPITAL CAMPAIGN VIDEO	070112	SL	3.00	16	3,400.			3,400.	3,400.		0.
36	(D)FF&E-DONOR WALL	070112	SL	5.00	16	11,888.			11,888.	11,888.		0.
37	FF&E-DONOR ROOM PLAQUES	120112	SL	3.00	16	1,877.			1,877.	1,877.		0.
38	FF&E-30 SECOND TV SPOT	120112	SL	3.00	16	1,550.			1,550.	1,550.		0.
39	FF&E-DONATED HP COMPUTERS (3)	060113	SL	3.00	16	3,546.			3,546.	3,546.		0.

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Asset No.	Description	Date Acquired	Method	Life	Line No.	Unadjusted Cost Or Basis	Bus % Excl	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Current Sec 179	Current Year Deduction
40	(D)FF&E-DONATED HP LAPTOP	060113	SL	3.00	16	829.			829.	829.		0.
41	(D)FF&E-DONATED HP PRINTER	060113	SL	3.00	16	997.			997.	997.		0.
42	FF&E-FREEZER ENLARGEMENT	010100	SL	10.00	16	1,458.			1,458.	1,458.		0.
43	FF&E-FREEZER ENLARGEMENT	060100	SL	10.00	16	1,459.			1,459.	1,459.		0.
44	FF&E-AMANA RC27S/MICROWAVE	060103	SL	10.00	16	2,685.			2,685.	2,685.		0.
48	FF&E-WALK-IN COOLER ENLARGEMENT	122006	SL	10.00	16	3,005.			3,005.	3,005.		0.
49	FF&E-MOVE/INSTALL WALK-IN COOLER @HOM	090111	SL	5.00	16	8,326.			8,326.	8,326.		0.
51	FF&E-AUTOMATIC FOOD SLICER	041508	SL	5.00	16	4,286.			4,286.	4,286.		0.
54	FF&E-FREEZER	121908	SL	7.00	16	2,759.			2,759.	2,759.		0.
55	FF&E-KITCHEN TABLES	061209	SL	7.00	16	884.			884.	884.		0.
56	FF&E-VULCAN RANGES (2)	090111	SL	10.00	16	15,682.			15,682.	15,682.		0.
57	FF&E-GAS KETTLE	090111	SL	10.00	16	13,353.			13,353.	13,353.		0.
59	FF&E-CLEAN DISH TABLE/PRE-RINSE	090111	SL	7.00	16	4,889.			4,889.	4,889.		0.
60	FF&E-FLOOR TROUGH	090111	SL	10.00	16	1,767.			1,767.	1,767.		0.
61	FF&E-SPEC MASTER TABLES (24)	090111	SL	7.00	16	18,685.			18,685.	18,685.		0.
62	FF&E-PREP TABLE	090111	SL	7.00	16	3,020.			3,020.	3,020.		0.
63	FF&E-AMANA MICROWAVE	090111	SL	10.00	16	1,169.			1,169.	1,169.		0.
64	FF&E-REFRIGERATOR SYSTEM	090111	SL	10.00	16	31,404.			31,404.	31,404.		0.

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65	FF&E-WALK-IN FREEZER	090111	SL	10.00	16	17,150.			17,150.	17,150.		0.
66	FF&E-WALK-IN COOLER	090111	SL	10.00	16	16,251.			16,251.	16,251.		0.
67	FF&E-AIR CURTAINS	090111	SL	10.00	16	1,908.			1,908.	1,908.		0.
68	FF&E-HOODS/FIRE SYSTEM	090111	SL	7.00	16	32,957.			32,957.	32,957.		0.
69	FF&E-WALL CABINETS (2)	090111	SL	5.00	16	1,138.			1,138.	1,138.		0.
70	FF&E-SHELVING/POT RACKS	090111	SL	5.00	16	1,865.			1,865.	1,865.		0.
71	FF&E-WIRE SHELVING	112811	SL	5.00	16	2,338.			2,338.	2,338.		0.
72	FF&E-PANTRY REFRIGERATOR & FREEZER	031912	SL	5.00	16	3,868.			3,868.	3,868.		0.
73	FF&E-WORK TABLES	050312	SL	7.00	16	2,169.			2,169.	2,169.		0.
74	FF&E-BLODGET DBL OVEN	081214	SL	8.00	16	8,346.			8,346.	8,171.		175.
80	FF&E - HOT BOXES	011915	SL	5.00	16	13,301.			13,301.	13,301.		0.
81	(D)FF&E - ELECTRIC DRYER	060315	SL	7.00	16	1,003.			1,003.	1,001.		0.
82	(D)FF&E - SURFACE PRO NOTEBOOK	072315	SL	2.00	16	1,109.			1,109.	1,108.		0.
83	FF&E - TWO LAPTOPS	110915	SL	2.00	16	1,556.			1,556.	1,556.		0.
88	(D)DELL SERVER	092216	SL	4.00	16	1,000.			1,000.	1,000.		0.
89	STANDUP DESK	021317	SL	1.00	16	547.			547.	547.		0.
90	STANDUP DESKS REACH IN	033117	SL	1.00	16	2,981.			2,981.	2,981.		0.
91	FRIDGE-FREEZER	080716	SL	7.00	16	7,872.			7,872.	6,659.		1,125.

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92	AUTOMATIC FOOD SLICER	031918	SL	5.00	16	6,167.			6,167.	5,343.		824.
93	(D)NUTRITION SOFTWARE	101317	SL	1.00	16	1,071.			1,071.	1,071.		0.
94	(D)MACBOOK PRO LAPTOP	040418	SL	2.00	16	1,364.			1,364.	1,364.		0.
95	(D)NUTRTION SOFTWARE LICENSE	053118	SL	1.00	16	1,285.			1,285.	1,285.		0.
100	BLAST CHILLER PANS/EQUIP FOR	100918	SL	7.00	16	21,221.			21,221.	10,179.		4,104.
101	BLAST CHILLER (D)PANTRY	102418	SL	2.00	16	2,078.			2,078.	2,078.		0.
102	REFRIGERATOR	103018	SL	5.00	16	2,573.			2,573.	1,674.		899.
103	FOOD LABELER	121918	SL	2.00	16	1,094.			1,094.	1,094.		0.
104	HOBART DISHWASHER MODEL CL44EN	030119	SL	7.00	16	38,839.			38,839.	18,397.		5,451.
105	DELFIELD T14D BLAST CHILLER	030119	SL	7.00	16	19,795.			19,795.	9,377.		2,778.
106	ELKAY TABLES (X4) MODEL WT36S72	030119	SL	7.00	16	4,635.			4,635.	2,152.		662.
107	BLAST CHILLER SHEET PANS	030119	SL	2.00	16	2,779.			2,779.	2,779.		0.
108	DISHWASHING STATION	051519	SL	2.00	16	3,432.			3,432.	3,432.		0.
109	WASHER/DRYER	051519	SL	2.00	16	1,880.			1,880.	1,880.		0.
112	WORKSTATION WIRING	121319	SL	1.00	16	1,441.			1,441.	1,441.		0.
113	ELEC & PLUMBING PANS	062220	SL	5.00	16	7,142.			7,142.	2,856.		1,428.
114	2 DELL LAPTOPS (RD)	120419	SL	2.00	16	1,789.			1,789.	1,789.		0.
115	2 DELL WORKSTATIONS	120419	SL	2.00	16	3,458.			3,458.	3,458.		0.

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116	5 DELL WORKSTATIONS	021520	SL	2.00	16	5,297.			5,297.	5,297.		0.
117	WORKSTATION-MKT WALK-IN COOLER	031620	SL	2.00	16	865.			865.	865.		0.
118	(POLAR KING) PRIOR YEARS	010120	SL	15.00	16	46,784.			46,784.	18,843.		7,798.
119	DEPRECIATION ADJUST	120119	SL	5.00	16	1.			1.	1.		0.
120	ELECTRICAL PERMITS & DRAWINGS-WALK IN	072820	SL	15.00	16	2,758.			2,758.	554.		184.
121	INSTALL OF WALK IN	090120	SL	15.00	16	2,236.			2,236.	474.		149.
122	ELECTRIC FOR PANTRY	102720	SL	15.00	16	3,926.			3,926.	436.		262.
124	ELECTRICAL	111120	SL	15.00	16	757.			757.	84.		50.
125	WATER HEATER	062921	SL	5.00	16	12,774.			12,774.	2,555.		2,555.
126	STEEL WORK TABLES	092320	SL	5.00	16	4,385.			4,385.	1,535.		877.
128	DELL WORKSTATIONS	081620	SL	2.00	16	1,752.			1,752.	1,606.		146.
129	LENOVO LAPTOPS (2)	102420	SL	2.00	16	2,145.			2,145.	1,788.		357.
130	LENOVO LAPTOPS (4)	020421	SL	2.00	16	5,152.			5,152.	3,649.		1,503.
131	LENOVO LAPTOP	040721	SL	2.00	16	939.			939.	587.		352.
132	LENOVO LAPTOP	052221	SL	2.00	16	1,122.			1,122.	608.		514.
133	BLINDS	060221	SL	5.00	16	6,333.			6,333.	1,373.		4,960.
134	DELL COMPUTER	061621	SL	2.00	16	1,499.			1,499.	750.		749.
135	(D) FAUCETS-WOMENS UPSTAIRS	092121	SL	2.00	16	1,266.			1,266.	475.		791.

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136	COMPUTER-KITCHEN	071621	SL	2.00	16	1,395.			1,395.	639.		698.
137	DELL TOUCHSCREEN LAPTOP	080321	SL	2.00	16	1,507.			1,507.	627.		754.
138	DELL LAPTOP	082421	SL	2.00	16	1,163.			1,163.	485.		582.
139	LAPTOP-ALMA	091621	SL	2.00	16	2,634.			2,634.	988.		1,317.
140	TWO DESKTOP COMPUTERS	011622	SL	2.00	16	1,767.			1,767.	368.		884.
141	TWO LAPTOPS	021622	SL	2.00	16	3,129.			3,129.	522.		1,565.
142	FIREWALL	030322	SL	2.00	16	1,184.			1,184.	148.		592.
143	TWO DESKTOP STATIONS	032422	SL	2.00	16	3,356.			3,356.	420.		1,678.
144	THREE CUBICLE WORKSTATIONS W/CHAIR	040722	SL	2.00	16	6,511.			6,511.	543.		3,256.
145	DESKTOP COMPUTER-CAROLINA	051622	SL	2.00	16	1,078.			1,078.	45.		539.
146	STAFF REFRIGERATOR	060822	SL	5.00	16	1,558.			1,558.			312.
147	LAPTOP-ALBERTO	062122	SL	2.00	16	2,674.			2,674.			1,337.
148	TWO LAPTOPS	063022	SL	2.00	16	2,888.			2,888.			1,444.
156	25 STEEL GAUGE SHELVES	070122	SL	7.00	16	20,148.			20,148.			1,343.
157	INDUSTRIAL FOOD PROCESSOR	090822	SL	3.00	16	3,569.			3,569.			892.
158	80 GALLON KETTLE	020123	SL	10.00	16	51,136.			51,136.			2,131.
159	WASHER & DRYER-KITCHEN	040523	SL	5.00	16	1,864.			1,864.			93.
160	LAPTOP-ALBERTO	070122	SL	2.00	16	2,652.			2,652.			1,216.

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161	LAPTOPS-AH & NH	081622	SL	2.00	16	3,126.			3,126.			1,303.
162	NEW SERVER	113022	SL	5.00	16	12,155.			12,155.			1,418.
163	NEW FIREWALL	113022	SL	2.00	16	1,863.			1,863.			543.
164	2 DESKTOP COMPUTERS-FL & JN	011623	SL	2.00	16	3,598.			3,598.			900.
165	NEW PC-JD	041623	SL	2.00	16	1,246.			1,246.			156.
166	NEW WINDOW SHADES	050123	SL	2.00	16	10,536.			10,536.			878.
167	RD CUBICLE PEDESTALS & WORK SUR	050323	SL	3.00	16	3,179.			3,179.			177.
	* 990 Page 10 Total Furniture & Fixtur					765,602.		0.	765,602.	518,043.		64,701.
	Transportation Equipment											
84	VEHICLE-2016 FORD T-150 VAN &TOMMY LI	062816	SL	5.00	16	39,735.			39,735.	39,735.		0.
168	2022 DODGE RAM PROMASTER 2500	020123	SL	5.00	16	74,677.			74,677.			6,496.
	* 990 Page 10 Total Transportation Equ					114,412.		0.	114,412.	39,735.		6,496.
	Land											
79	LAND	090111	L			176,700.			176,700.			0.
	* 990 Page 10 Total Land					176,700.		0.	176,700.	0.		0.
	Other											
76	INTANGIBLES-MAMASKITCHEN.ORG	012207	197	60M	43	13,761.			13,761.	13,761.		0.
77	INTANGIBLES-MAMASPIES.ORG	120110	197	60M	43	10,000.			10,000.	10,000.		0.

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78	LOAN FEES	022811	461	120M	43	13,530.			13,530.	13,530.		0.
85	INTANGIBLES-MAMASKITCHEN.ORG REDESIGN (D)IOS & ANDROID APP	033116	197	60M	43	8,415.			8,415.	8,415.		0.
110	MAMASPIES.ORG REDESIGN	080318		24M	43	2,216.			2,216.	2,216.		0.
111	MAMASPIES.ORG REDESIGN	110118		60M	43	16,000.			16,000.	11,733.		3,200.
149	MAMASPIES.ORG REDESIGN	113021		36M	43	30,600.			30,600.	5,950.		10,200.
	* 990 Page 10 Total Other					94,522.		0.	94,522.	65,605.		13,400.
	* Grand Total 990 Page 10 Depr & Amor					3873016.		0.	3873016.	1630975.		156,913.
	Current Year Activity											
	Beginning balance					3209198.		0.	3209198.	1627107.		
	Acquisitions					663,818.		0.	663,818.	0.		
	Dispositions					79,761.		0.	79,761.	78,068.		
	Ending balance					3793255.		0.	3793255.	1549039.		

2023 DEPRECIATION AND AMORTIZATION REPORT

- NEXT YEAR FEDERAL - MAMA'S KITCHEN

Asset No.	Description	Date Acquired	Method	Life	Unadjusted Cost Or Basis	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Amount Of Depreciation
	Buildings								
1	BUILDING	090111	SL	30.00	656,824.		656,824.	259,121.	21,894.
2	BLDG-GENERAL	090111	SL	30.00	1224134.		1224134.	480,386.	40,804.
3	BLDG-HVAC	090111	SL	10.00	110,860.		110,860.	110,860.	0.
4	BLDG-FIRE ALARM/SPRINKLER	090111	SL	10.00	62,177.		62,177.	62,177.	0.
5	BLDG-ELEVATOR	090111	SL	15.00	41,064.		41,064.	32,398.	2,738.
6	BLDG-FLOOR COVERING	090111	SL	5.00	30,313.		30,313.	30,313.	0.
7	BLDG-FENCING/GATES	090111	SL	7.00	19,892.		19,892.	19,892.	0.
8	BLDG-INTRUSION SYSTEM	090111	SL	7.00	12,632.		12,632.	12,632.	0.
10	BLDG-LANDSCAPING	090111	SL	7.00	8,988.		8,988.	8,988.	0.
11	BLDG-SIGNAGE	090111	SL	5.00	4,320.		4,320.	4,320.	0.
13	BLDG-ROLL UP DOOR	090111	SL	5.00	1,995.		1,995.	1,995.	0.
14	BLDG-FIRE EXTINGUISHERS (5)	090111	SL	7.00	1,500.		1,500.	1,500.	0.
16	BLDG-LOADING DOCK COVER	110113	SL	15.00	16,333.		16,333.	10,527.	1,089.
86	AUTOMATIC GATE	090616	SL	5.00	7,900.		7,900.	7,900.	0.
87	FRONT DOOR	063017	SL	5.00	7,494.		7,494.	7,494.	0.
97	KITCHEN ELECTRICAL	022519	SL	2.00	6,716.		6,716.	3,863.	0.
99	LOBBY SIGN	111618	SL	2.00	1,794.		1,794.	1,794.	0.
123	BUILDING IMPROVEMENTS	103020	SL	15.00	16,668.		16,668.	2,963.	1,111.
150	NEW VISION GLASS DOOR	070122	SL	12.00	1,545.		1,545.	1,159.	129.
151	ALOHA SOLAR PANELS	072622	SL	25.00	40,775.		40,775.	1,495.	1,631.
152	TOP FLOOR REMODEL	022823	SL	30.00	85,307.		85,307.	948.	2,844.
153	BOD/CONFERENCE ROOM/AV EQUIP	042923	SL	10.00	10,663.		10,663.	178.	1,066.
154	REMODEL PERMITS & DONATED MATERIALS	060123	SL	30.00	323,214.		323,214.	898.	10,774.
155	PARKING LOT PAVING	061723	SL	20.00	12,565.		12,565.		628.
	* 990 Page 10 Total Buildings				2705673.		2705673.	1063801.	84,708.
	Furniture & Fixtures								
18	FF&E-RAISERS EDGE SOFTWARE	061203	SL	3.00	15,420.		15,420.	15,420.	0.
20	FF&E-MEALSERVICE SOFTWARE	092803	SL	3.00	6,250.		6,250.	6,250.	0.
21	FF&E-BLACKBAUD SOFTWARE	010105	SL	3.00	8,740.		8,740.	8,740.	0.
23	FF&E-DONATED MICROSOFT SOFTWARE	022807	SL	3.00	20,943.		20,943.	20,943.	0.
29	FF&E-OFFICE FURNITURE BMS	090111	SL	7.00	42,445.		42,445.	42,445.	0.
30	FF&E-FILE CABNIETS (12)	090211	SL	5.00	3,029.		3,029.	3,029.	0.
31	FF&E-PROJECTION SCREEN-CONF ROOM	090111	SL	5.00	2,300.		2,300.	2,300.	0.

(D) - Asset disposed

* ITC, Section 179, Salvage, HR 3090, Commercial Revitalization Deduction, GO Zone

2023 DEPRECIATION AND AMORTIZATION REPORT

- NEXT YEAR FEDERAL - MAMA'S KITCHEN

Asset No.	Description	Date Acquired	Method	Life	Unadjusted Cost Or Basis	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Amount Of Depreciation
34	FF&E-DONATED HP COMPUTERS (5)	060112	SL	3.00	5,195.		5,195.	5,195.	0.
35	FF&E-CAPITAL CAMPAIGN VIDEO	070112	SL	3.00	3,400.		3,400.	3,400.	0.
37	FF&E-DONOR ROOM PLAQUES	120112	SL	3.00	1,877.		1,877.	1,877.	0.
38	FF&E-30 SECOND TV SPOT	120112	SL	3.00	1,550.		1,550.	1,550.	0.
39	FF&E-DONATED HP COMPUTERS (3)	060113	SL	3.00	3,546.		3,546.	3,546.	0.
42	FF&E-FREEZER ENLARGEMENT	010100	SL	10.00	1,458.		1,458.	1,458.	0.
43	FF&E-FREEZER ENLARGEMENT	060100	SL	10.00	1,459.		1,459.	1,459.	0.
44	FF&E-AMANA RC27S/MICROWAVE	060103	SL	10.00	2,685.		2,685.	2,685.	0.
48	FF&E-WALK-IN COOLER ENLARGEMENT	122006	SL	10.00	3,005.		3,005.	3,005.	0.
	FF&E-MOVE/INSTALL WALK-IN COOLER								
49	@HOME	090111	SL	5.00	8,326.		8,326.	8,326.	0.
51	FF&E-AUTOMATIC FOOD SLICER	041508	SL	5.00	4,286.		4,286.	4,286.	0.
54	FF&E-FREEZER	121908	SL	7.00	2,759.		2,759.	2,759.	0.
55	FF&E-KITCHEN TABLES	061209	SL	7.00	884.		884.	884.	0.
56	FF&E-VULCAN RANGES (2)	090111	SL	10.00	15,682.		15,682.	15,682.	0.
57	FF&E-GAS KETTLE	090111	SL	10.00	13,353.		13,353.	13,353.	0.
59	FF&E-CLEAN DISH TABLE/PRE-RINSE	090111	SL	7.00	4,889.		4,889.	4,889.	0.
60	FF&E-FLOOR TROUGH	090111	SL	10.00	1,767.		1,767.	1,767.	0.
61	FF&E-SPEC MASTER TABLES (24)	090111	SL	7.00	18,685.		18,685.	18,685.	0.
62	FF&E-PREP TABLE	090111	SL	7.00	3,020.		3,020.	3,020.	0.
63	FF&E-AMANA MICROWAVE	090111	SL	10.00	1,169.		1,169.	1,169.	0.
64	FF&E-REFRIGERATOR SYSTEM	090111	SL	10.00	31,404.		31,404.	31,404.	0.
65	FF&E-WALK-IN FREEZER	090111	SL	10.00	17,150.		17,150.	17,150.	0.
66	FF&E-WALK-IN COOLER	090111	SL	10.00	16,251.		16,251.	16,251.	0.
67	FF&E-AIR CURTAINS	090111	SL	10.00	1,908.		1,908.	1,908.	0.
68	FF&E-HOODS/FIRE SYSTEM	090111	SL	7.00	32,957.		32,957.	32,957.	0.
69	FF&E-WALL CABINETS (2)	090111	SL	5.00	1,138.		1,138.	1,138.	0.
70	FF&E-SHELVING/POT RACKS	090111	SL	5.00	1,865.		1,865.	1,865.	0.
71	FF&E-WIRE SHELVING	112811	SL	5.00	2,338.		2,338.	2,338.	0.
72	FF&E-PANTRY REFRIGERATOR & FREEZER	031912	SL	5.00	3,868.		3,868.	3,868.	0.
73	FF&E-WORK TABLES	050312	SL	7.00	2,169.		2,169.	2,169.	0.
74	FF&E-BLODGET DBL OVEN	081214	SL	8.00	8,346.		8,346.	8,346.	0.
80	FF&E - HOT BOXES	011915	SL	5.00	13,301.		13,301.	13,301.	0.
83	FF&E - TWO LAPTOPS	110915	SL	2.00	1,556.		1,556.	1,556.	0.

(D) - Asset disposed

* ITC, Section 179, Salvage, HR 3090, Commercial Revitalization Deduction, GO Zone

2023 DEPRECIATION AND AMORTIZATION REPORT

- NEXT YEAR FEDERAL - MAMA'S KITCHEN

Asset No.	Description	Date Acquired	Method	Life	Unadjusted Cost Or Basis	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Amount Of Depreciation
89	STANDUP DESK	021317	SL	1.00	547.		547.	547.	0.
90	STANDUP DESKS	033117	SL	1.00	2,981.		2,981.	2,981.	0.
91	REACH IN FRIDGE-FREEZER	080716	SL	7.00	7,872.		7,872.	7,784.	88.
92	AUTOMATIC FOOD SLICER	031918	SL	5.00	6,167.		6,167.	6,167.	0.
100	BLAST CHILLER	100918	SL	7.00	21,221.		21,221.	14,283.	3,032.
101	PANS/EQUIP FOR BLAST CHILLER	102418	SL	2.00	2,078.		2,078.	2,078.	0.
103	FOOD LABELER	121918	SL	2.00	1,094.		1,094.	1,094.	0.
104	HOBART DISHWASHER MODEL CL44EN	030119	SL	7.00	38,839.		38,839.	23,848.	5,548.
105	DELFIELD T14D BLAST CHILLER	030119	SL	7.00	19,795.		19,795.	12,155.	2,828.
106	ELKAY TABLES (X4) MODEL WT36S72	030119	SL	7.00	4,635.		4,635.	2,814.	662.
107	BLAST CHILLER SHEET PANS	030119	SL	2.00	2,779.		2,779.	2,779.	0.
108	DISHWASHING STATION	051519	SL	2.00	3,432.		3,432.	3,432.	0.
109	WASHER/DRYER	051519	SL	2.00	1,880.		1,880.	1,880.	0.
112	WORKSTATION WIRING	121319	SL	1.00	1,441.		1,441.	1,441.	0.
113	ELEC & PLUMBING PANS	062220	SL	5.00	7,142.		7,142.	4,284.	1,428.
114	2 DELL LAPTOPS (RD)	120419	SL	2.00	1,789.		1,789.	1,789.	0.
115	2 DELL WORKSTATIONS	120419	SL	2.00	3,458.		3,458.	3,458.	0.
116	5 DELL WORKSTATIONS	021520	SL	2.00	5,297.		5,297.	5,297.	0.
117	WORKSTATION-MKT	031620	SL	2.00	865.		865.	865.	0.
118	WALK-IN COOLER (POLAR KING)	010120	SL	15.00	46,784.		46,784.	26,641.	3,119.
119	PRIOR YEARS DEPRECIATION ADJUSTMENTS	120119	SL	5.00	1.		1.	1.	0.
120	ELECTRICAL PERMITS & DRAWINGS-WALK IN	072820	SL	15.00	2,758.		2,758.	738.	184.
121	INSTALL OF WALK IN	090120	SL	15.00	2,236.		2,236.	623.	149.
122	ELECTRIC FOR PANTRY	102720	SL	15.00	3,926.		3,926.	698.	262.
124	ELECTRICAL	111120	SL	15.00	757.		757.	134.	50.
125	WATER HEATER	062921	SL	5.00	12,774.		12,774.	5,110.	2,555.
126	STEEL WORK TABLES	092320	SL	5.00	4,385.		4,385.	2,412.	877.
128	DELL WORKSTATIONS	081620	SL	2.00	1,752.		1,752.	1,752.	0.
129	LENOVO LAPTOPS (2)	102420	SL	2.00	2,145.		2,145.	2,145.	0.
130	LENOVO LAPTOPS (4)	020421	SL	2.00	5,152.		5,152.	5,152.	0.
131	LENOVO LAPTOP	040721	SL	2.00	939.		939.	939.	0.
132	LENOVO LAPTOP	052221	SL	2.00	1,122.		1,122.	1,122.	0.
133	BLINDS	060221	SL	5.00	6,333.		6,333.	6,333.	0.

(D) - Asset disposed

* ITC, Section 179, Salvage, HR 3090, Commercial Revitalization Deduction, GO Zone

2023 DEPRECIATION AND AMORTIZATION REPORT

- NEXT YEAR FEDERAL - MAMA'S KITCHEN

Asset No.	Description	Date Acquired	Method	Life	Unadjusted Cost Or Basis	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Amount Of Depreciation
134	DELL COMPUTER	061621	SL	2.00	1,499.		1,499.	1,499.	0.
136	COMPUTER-KITCHEN	071621	SL	2.00	1,395.		1,395.	1,337.	58.
137	DELL TOUCHSCREEN LAPTOP	080321	SL	2.00	1,507.		1,507.	1,381.	126.
138	DELL LAPTOP	082421	SL	2.00	1,163.		1,163.	1,067.	96.
139	LAPTOP-ALMA	091621	SL	2.00	2,634.		2,634.	2,305.	329.
140	TWO DESKTOP COMPUTERS	011622	SL	2.00	1,767.		1,767.	1,252.	515.
141	TWO LAPTOPS	021622	SL	2.00	3,129.		3,129.	2,087.	1,042.
142	FIREWALL	030322	SL	2.00	1,184.		1,184.	740.	444.
143	TWO DESKTOP STATIONS	032422	SL	2.00	3,356.		3,356.	2,098.	1,258.
144	THREE CUBICLE WORKSTATIONS W/CHAIRS	040722	SL	2.00	6,511.		6,511.	3,799.	2,712.
145	DESKTOP COMPUTER-CAROLINA	051622	SL	2.00	1,078.		1,078.	584.	494.
146	STAFF REFRIGERATOR	060822	SL	5.00	1,558.		1,558.	312.	312.
147	LAPTOP-ALBERTO	062122	SL	2.00	2,674.		2,674.	1,337.	1,337.
148	TWO LAPTOPS	063022	SL	2.00	2,888.		2,888.	1,444.	1,444.
156	25 STEEL GAUGE SHELVES	070122	SL	7.00	20,148.		20,148.	1,343.	2,878.
157	INDUSTRIAL FOOD PROCESSOR	090822	SL	3.00	3,569.		3,569.	892.	1,190.
158	80 GALLON KETTLE	020123	SL	10.00	51,136.		51,136.	2,131.	5,114.
159	WASHER & DRYER-KITCHEN	040523	SL	5.00	1,864.		1,864.	93.	373.
160	LAPTOP-ALBERTO	070122	SL	2.00	2,652.		2,652.	1,216.	1,326.
161	LAPTOPS-AH & NH	081622	SL	2.00	3,126.		3,126.	1,303.	1,563.
162	NEW SERVER	113022	SL	5.00	12,155.		12,155.	1,418.	2,431.
163	NEW FIREWALL	113022	SL	2.00	1,863.		1,863.	543.	932.
164	2 DESKTOP COMPUTERS-FL & JN	011623	SL	2.00	3,598.		3,598.	900.	1,799.
165	NEW PC-JD	041623	SL	2.00	1,246.		1,246.	156.	623.
166	NEW WINDOW SHADES	050123	SL	2.00	10,536.		10,536.	878.	5,268.
167	RD CUBICLE PEDESTALS & WORK SURFACES	050323	SL	3.00	3,179.		3,179.	177.	1,060.
	* 990 Page 10 Total Furniture & Fixtures				704,164.		704,164.	521,309.	55,506.
	Transportation Equipment								
	VEHICLE-2016 FORD T-150 VAN & TOMMY								
84	LIFT	062816	SL	5.00	39,735.		39,735.	39,735.	0.
168	2022 DODGE RAM PROMASTER 2500	020123	SL	5.00	74,677.		74,677.	6,496.	14,935.
	* 990 Page 10 Total Transportation Equipment				114,412.		114,412.	46,231.	14,935.

(D) - Asset disposed

* ITC, Section 179, Salvage, HR 3090, Commercial Revitalization Deduction, GO Zone

2023 DEPRECIATION AND AMORTIZATION REPORT

- NEXT YEAR FEDERAL - MAMA'S KITCHEN

Asset No.	Description	Date Acquired	Method	Life	Unadjusted Cost Or Basis	* Reduction In Basis	Basis For Depreciation	Accumulated Depreciation	Amount Of Depreciation
	Land								
79	LAND	090111	L		176,700.		176,700.		0.
	* 990 Page 10 Total Land				176,700.		176,700.	0.	0.
	Other								
76	INTANGIBLES-MAMASKITCHEN.ORG	012207	197	60M	13,761.		13,761.	13,761.	0.
77	INTANGIBLES-MAMASPIES.ORG	120110	197	60M	10,000.		10,000.	10,000.	0.
78	LOAN FEES	022811	461	120M	13,530.		13,530.	13,530.	0.
	INTANGIBLES-MAMASKITCHEN.ORG								
85	REDESIGN	033116	197	60M	8,415.		8,415.	8,415.	0.
111	MAMASPIES.ORG REDESIGN	110118		60M	16,000.		16,000.	14,933.	1,067.
149	MAMASPIES.ORG REDESIGN	113021		36M	30,600.		30,600.	16,150.	10,200.
	* 990 Page 10 Total Other				92,306.		92,306.	76,789.	11,267.
	* Grand Total 990 Page 10 Depr & Amort				3793255.		3793255.	1708130.	166,416.

(D) - Asset disposed

* ITC, Section 179, Salvage, HR 3090, Commercial Revitalization Deduction, GO Zone

California Exempt Organization Annual Information Return

Calendar Year 2022 or fiscal year beginning (mm/dd/yyyy) 07/01/2022, and ending (mm/dd/yyyy) 06/30/2023

Corporation/Organization name California corporation number

MAMA'S KITCHEN

1570256

Additional information. See instructions.

FEIN 33-0434246

Street address (suite or room)

3960 HOME AVENUE

PMB no.

City

SAN DIEGO

State

CA

ZIP code

92105

Foreign country name

Foreign province/state/country

Foreign postal code

- A First return
B Amended return
C IRC Section 4947(a)(1) trust
D Final information return?
E Check accounting method
F Federal return filed?
G Is this a group filing?
H Is this organization in a group exemption

- I Did the organization have any changes to its guidelines not reported to the FTB?
J If exempt under R&TC Section 23701d, has the organization engaged in political activities?
K Is the organization exempt under R&TC Section 23701g?
L Is the organization a limited liability company?
M Did the organization file Form 100 or Form 109 to report taxable income?
N Is the organization under audit by the IRS or has the IRS audited in a prior year?
O Is federal Form 1023/1024 pending?

Part I Complete Part I unless not required to file this form. See General Information B and C.

Table with 16 rows for Receipts and Revenues, Expenses, and Filing Fee. Includes line numbers, descriptions, and amounts.

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

Sign Here Signature of officer CHIEF EXECUTIV Date Telephone

Paid Preparer's Use Only Preparer's signature JASON C. GUTZMER Date 02/09/24 Check if self-employed P01204162

Firm's name LING & BOUMAN CPA'S, LLP Firm's FEIN 81-4590836

Address 4669 MURPHY CANYON ROAD, STE 130 SAN DIEGO, CA 92123-1833 Telephone (858) 467-4770

May the FTB discuss this return with the preparer shown above? See instructions [X] Yes [] No

Part II Organizations with gross receipts of more than \$50,000 and private foundations regardless of amount of gross receipts - complete Part II or furnish substitute information.

228951 01-10-23

Receipts from Other Sources	1	Gross sales or receipts from all business activities. See instructions	•	1	81,339	00	
	2	Interest	•	2		00	
	3	Dividends	•	3	200,540	00	
	4	Gross rents	•	4		00	
	5	Gross royalties	•	5		00	
	6	Gross amount received from sale of assets (See instructions)	•	6	1,754,729	00	
	7	Other income	•	7		00	
	8	Total gross sales or receipts from other sources. Add line 1 through line 7. Enter here and on Side 1, Part I, line 1	•	8	2,036,608	00	
	9	Contributions, gifts, grants, and similar amounts paid	•	9		00	
	10	Disbursements to or for members	•	10		00	
	11	Compensation of officers, directors, and trustees	•	11	426,679	00	
	12	Other salaries and wages	•	12	1,558,094	00	
	Expenses and Disbursements	13	Interest	•	13		00
		14	Taxes	•	14	152,887	00
		15	Rents	•	15	202,870	00
		16	Depreciation and depletion (See instructions)	•	16	156,913	00
		17	Other expenses and disbursements	•	17	3,030,415	00
		18	Total expenses and disbursements. Add line 9 through line 17. Enter here and on Side 1, Part I, line 9	•	18	5,527,858	00

Schedule L Balance Sheet	Beginning of taxable year		End of taxable year	
	(a)	(b)	(c)	(d)
Assets				
1 Cash		1,052,489	•	666,924
2 Net accounts receivable			•	
3 Net notes receivable			•	
4 Inventories		93,312	•	165,105
5 Federal and state government obligations			•	
6 Investments in other bonds			•	
7 Investments in stock		7,851,833	•	8,178,126
8 Mortgage loans			•	
9 Other investments STMT 6		18,103	•	18,632
10 a Depreciable assets	2,937,976		3,524,249	
b Less accumulated depreciation	(1,561,502)	1,376,474	(1,631,341)	1,892,908
11 Land		176,700	•	176,700
12 Other assets STMT 7		1,393,627	•	1,389,620
13 Total assets		11,962,538		12,488,015
Liabilities and net worth				
14 Accounts payable		225,032	•	281,795
15 Contributions, gifts, or grants payable			•	
16 Bonds and notes payable			•	
17 Mortgages payable			•	
18 Other liabilities				
19 Capital stock or principal fund			•	
20 Paid-in or capital surplus. Attach reconciliation			•	
21 Retained earnings or income fund		11,737,506	•	12,206,220
22 Total liabilities and net worth		11,962,538		12,488,015

Schedule M-1 Reconciliation of income per books with income per return

Do not complete this schedule if the amount on Schedule L, line 13, column (d), is less than \$50,000.

1 Net income per books	•	468,714	7 Income recorded on books this year not included in this return. Attach schedule *	•	432,741
2 Federal income tax	•		8 Deductions in this return not charged against book income this year.		
3 Excess of capital losses over capital gains	•		Attach schedule STMT 10	•	156,913
4 Income not recorded on books this year. Attach schedule	•		9 Total. Add line 7 and line 8		589,654
5 Expenses recorded on books this year not deducted in this return. Attach schedule *	•	157,575	10 Net income per return.		
6 Total. Add line 1 through line 5	•	626,289	Subtract line 9 from line 6		36,635

* SEE STATEMENT

CA 199	NonCash Contributions Included on Part I, Line 3	Statement 2
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<u>Contributor's Name</u>	<u>Contributor's Address</u>		
MARS CONSTRUCTION	10531 4S COMMONS DR, #166, SUITE 450 SAN DIEGO, CA 92127		
<u>Property Description</u>	<u>Date of Gift</u>	<u>FMV of Gift</u>	<u>Total Amount</u>
BUILDING IMPROVEMENTS AND REPAIRS		322,708.	322,708.
Total included on line 3		<u>322,708.</u>	<u>322,708.</u>

CA 199 Gross Amount from Sale of Assets Statement 3

Description	Date Acquired	Date Sold	Method Acquired	
			Purchased	
	Cost or Other Basis	Deprec.	Expense of Sale	Gross Sales Price
	1,820,967.	0.	0.	1,754,729.
Total to Form 199, Page 2, ln 6	1,820,967.	0.	0.	1,754,729.

CA 199 Compensation of Officers, Directors and Trustees Statement 4

Name and Address	Title and Average Hrs Worked/Wk	Compensation
ALBERTO CORTES 3960 HOME AVENUE SAN DIEGO, CA 92105	CHIEF EXECUTIVE OFFICER 40.00	209,711.
ANDREW PICARD 3960 HOME AVENUE SAN DIEGO, CA 92105	CHIEF OPERATING OFFICER 40.00	107,068.
KELLY SHERLOCK 3960 HOME AVENUE SAN DIEGO, CA 92105	CHIEF FINANCIAL OFFICER 40.00	109,900.
THOMAS KWAN 3960 HOME AVENUE SAN DIEGO, CA 92105	PRESIDENT 2.00	0.
CARON CALABRESE 3960 HOME AVENUE SAN DIEGO, CA 92105	PRESIDENT ELECT 2.00	0.
JEANNIE POSNER 3960 HOME AVENUE SAN DIEGO, CA 92105	TREASURER 2.00	0.
MIKE HORN 3960 HOME AVENUE SAN DIEGO, CA 92105	SECRETARY 2.00	0.

CHIARA LEROY 3960 HOME AVENUE SAN DIEGO, CA 92105	VICE PRESIDENT 2.00	0.
RICHARD MOORE 3960 HOME AVENUE SAN DIEGO, CA 92105	MEMBER AT LARGE 2.00	0.
JIM BLEVINS 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
CARY BERNER 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
JENNIFER GRODBERG 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
APRIL HEINZE 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
FADOUA CHAFIK 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
JACQUELINE UNG 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
CHARLES MELTZER 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
JULIA JAFFE 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
JEFF ROBERS 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
ANDREW ROSENBERG 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.
VIC SALAZAR 3960 HOME AVENUE SAN DIEGO, CA 92105	DIRECTOR 2.00	0.

MAMA'S KITCHEN

33-0434246

JENNIFER TUTEUR
3960 HOME AVENUE
SAN DIEGO, CA 92105

DIRECTOR
2.00

0.

JAMIE YORK
3960 HOME AVENUE
SAN DIEGO, CA 92105

DIRECTOR
2.00

0.

KALI MISTRY
3960 HOME AVENUE
SAN DIEGO, CA 92105

DIRECTOR
2.00

0.

Total to Form 199, Part II, line 11

426,679.

CA 199

Other Expenses

Statement 5

Description

Amount

FOOD COSTS	2,222,968.
CLIENT EXPENSE	46,515.
SUPPLIES	40,383.
BANK FEES	36,399.
Direct expenses of fundraising events	102,646.
Pension plan contributions	16,458.
Other employee benefits	109,188.
Investment management fees	52,636.
Other professional fees	44,556.
Advertising and promotion	78,933.
Office expenses	28,517.
Information technology	108,396.
Insurance	67,086.
All other expenses	75,734.

Total to Form 199, Part II, line 17

3,030,415.

CA 199

Other Investments

Statement 6

Description

Beg. of Year

End of Year

SAN DIEGO FOUNDATION ENDOWMENT FUND	18,103.	18,632.
Total to Form 199, Schedule L, line 9	18,103.	18,632.

CA 199	Other Assets	Statement	7
Description		Beg. of Year	End of Year
DONATED ARTWORK		135,068.	135,068.
DEPOSITS		154,736.	118,490.
Pledges and Grants Receivable		1,032,436.	1,075,228.
Prepaid Expenses and Deferred Charges		46,737.	46,384.
Intangible Assets		24,650.	14,450.
Total to Form 199, Schedule L, line 12		1,393,627.	1,389,620.

CA 199	Expenses Recorded on Books this Year Not Deducted in this Return	Statement	8
Description		Amount	
Depreciation		157,575.	
Total to Form 199, Schedule M-1, line 5		157,575.	

CA 199	Income Recorded on Books this Year Not Included in this Return	Statement	9
Description		Amount	
UNREALIZED INVESTMENT GAIN/LOSS		432,741.	
Total to Form 199, Schedule M-1, line 7		432,741.	

CA 199	Deductions in this Return Not Charged Against Book Income this Year	Statement	10
Description		Amount	
Depreciation		156,913.	
Total to Form 199, Schedule M-1, line 8		156,913.	

Attach to Form 100 or Form 100W.

FORM 199

FEIN 33-0434246

Corporation name

California corporation number

MAMA ' S KITCHEN

1570256

Part I Election To Expense Certain Property Under IRC Section 179

1 Maximum deduction under IRC Section 179 for California	1	\$25,000
2 Total cost of IRC Section 179 property placed in service	2	
3 Threshold cost of IRC Section 179 property before reduction in limitation	3	\$200,000
4 Reduction in limitation. Subtract line 3 from line 2. If zero or less, enter -0-	4	
5 Dollar limitation for taxable year. Subtract line 4 from line 1. If zero or less, enter -0-	5	
(a) Description of property	(b) Cost (business use only)	(c) Elected cost
6		
7 Listed property (elected IRC Section 179 cost)	7	
8 Total elected cost of IRC Section 179 property. Add amounts in column (c), line 6 and line 7	8	
9 Tentative deduction. Enter the smaller of line 5 or line 8	9	
10 Carryover of disallowed deduction from prior taxable years	10	
11 Business income limitation. Enter the smaller of business income (not less than zero) or line 5	11	
12 IRC Section 179 expense deduction. Add line 9 and line 10, but do not enter more than line 11	12	
13 Carryover of disallowed deduction to 2023. Add line 9 and line 10, less line 12	13	

Part II Depreciation and Election of Additional First Year Depreciation Deduction Under R&TC Section 24356

(a) Description of property	(b) Date acquired (mm/dd/yyyy)	(c) Cost or other basis	(d) Depreciation allowed or allowable in earlier years	(e) Depreciation method	(f) Life or rate	(g) Depreciation for this year	(h) Additional first year depreciation
14							
SEE STATEMENT	11	3,778,494.	1,561,502.				
15 Add the amounts in column (g) and column (h). The total of column (h) may not exceed \$2,000. See instructions for line 14, column (h)						143,513	

Part III Summary

16 Total: If the corporation is electing: IRC Section 179 expense, add the amount on line 12 and line 15, column (g) or Additional first year depreciation under R&TC Section 24356, add the amounts on line 15, columns (g) and (h) or Depreciation (if no election is made), enter the amount from line 15, column (g)	16	143,513
17 Total depreciation claimed for federal purposes from federal Form 4562, line 22	17	143,513
18 Depreciation adjustment. If line 17 is greater than line 16, enter the difference here and on Form 100 or Form 100W, Side 1, line 6. If line 17 is less than line 16, enter the difference here and on Form 100 or Form 100W, Side 2, line 12. (If California depreciation amounts are used to determine net income before state adjustments on Form 100 or Form 100W, no adjustment is necessary.)	18	0

Part IV Amortization

(a) Description of property	(b) Date acquired (mm/dd/yyyy)	(c) Cost or other basis	(d) Amortization allowed or allowable in earlier years	(e) R&TC Section (see instructions)	(f) Period or percentage	(g) Amortization for this year
19						
SEE STATEMENT	12	94,522.	65,605.			
20 Total. Add the amounts in column (g)	20					13,400
21 Total amortization claimed for federal purposes from federal Form 4562, line 44	21					13,400
22 Amortization adjustment. If line 21 is greater than line 20, enter the difference here and on Form 100 or Form 100W, Side 1, line 6. If line 21 is less than line 20, enter the difference here and on Form 100 or Form 100W, Side 2, line 12	22					0

CA 3885	Depreciation					Statement	11
Asset No./ Description	Date in Service	Cost or Basis	Prior Depr	Method	Life	Depre- ciation	Bonus
1 BUILDING	09/01/11	656,824.	237,221.	SL	30.00	21,900.	
2 BLDG-GENERAL	09/01/11	1,224,134.	439,586.	SL	30.00	40,800.	
3 BLDG-HVAC	09/01/11	110,860.	110,860.	SL	10.00	0.	
4 BLDG-FIRE ALARM/SPRINKLER	09/01/11	62,177.	62,177.	SL	10.00	0.	
5 BLDG-ELEVATOR	09/01/11	41,064.	29,660.	SL	15.00	2,738.	
6 BLDG-FLOOR COVERING	09/01/11	30,313.	30,313.	SL	5.00	0.	
7 BLDG-FENCING/GATES	09/01/11	19,892.	19,892.	SL	7.00	0.	
8 BLDG-INTRUSION SYSTEM	09/01/11	12,632.	12,632.	SL	7.00	0.	
9 BLDG-PHONE SYSTEM	09/01/11	11,301.	11,301.	SL	5.00	0.	
10 BLDG-LANDSCAPING	09/01/11	8,988.	8,988.	SL	7.00	0.	
11 BLDG-SIGNAGE	09/01/11	4,320.	4,320.	SL	5.00	0.	
12 BLDG-INTERIOR WINDOW TREATMENT	09/01/11	2,313.	2,313.	SL	7.00	0.	
13 BLDG-ROLL UP DOOR	09/01/11	1,995.	1,995.	SL	5.00	0.	
14 BLDG-FIRE EXTINGUISHERS (5)	09/01/11	1,500.	1,500.	SL	7.00	0.	
15 BLDG-BLINDS	06/01/12	1,274.	1,274.	SL	7.00	0.	
16 BLDG-LOADING DOCK COVER	11/01/13	16,333.	9,438.	SL	15.00	1,089.	
17 FF&E-MINOLTA COPIER D351	05/07/03	8,243.	8,243.	SL	5.00	0.	
18 FF&E-RAISERS EDGE SOFTWARE	06/12/03	15,420.	15,420.	SL	3.00	0.	
19 FF&E-HP LASER JET PRINTER	06/24/03	1,077.	1,077.	SL	5.00	0.	
20 FF&E-MEALSERVICE SOFTWARE	09/28/03	6,250.	6,250.	SL	3.00	0.	
21 FF&E-BLACKBAUD SOFTWARE	01/01/05	8,740.	8,740.	SL	3.00	0.	
22 FF&E-DELL COMPUTERS-OPTIPLEX 170L (5)	12/04/05	2,441.	2,441.	SL	3.00	0.	
23 FF&E-DONATED MICROSOFT SOFTWARE	02/28/07	20,943.	20,943.	SL	3.00	0.	

24	FF&E-DELL COMPUTERS (3)						
	03/08/07	2,046.	2,046.	SL	3.00	0.	
25	FF&E-TECHSOUP COMPUTER SOFTWARE						
	03/13/07	1,104.	1,104.	SL	3.00	0.	
26	FF&E-DONATED COPIER - BIZHUB						
	09/30/07	6,500.	6,500.	SL	3.00	0.	
27	FF&E-DELL LAPTOP COMPUTERS (3)						
	04/10/08	5,460.	5,460.	SL	3.00	0.	
28	FF&E-SMALL BIZ COMPUTER SERVER						
	01/01/10	6,682.	6,682.	SL	5.00	0.	
29	FF&E-OFFICE FURNITURE BMS						
	09/01/11	42,445.	42,445.	SL	7.00	0.	
30	FF&E-FILE CABNIETS (12)						
	09/02/11	3,029.	3,029.	SL	5.00	0.	
31	FF&E-PROJECTION SCREEN-CONF ROOM						
	09/01/11	2,300.	2,300.	SL	5.00	0.	
32	FF&E-REFRIGERATOR/WATER COOLER-VOLUNTEER						
	09/01/11	2,047.	2,047.	SL	5.00	0.	
33	FF&E-REFRIGERATOR-STAFF KITCHEN						
	09/01/11	1,453.	1,453.	SL	5.00	0.	
34	FF&E-DONATED HP COMPUTERS (5)						
	06/01/12	5,195.	5,195.	SL	3.00	0.	
35	FF&E-CAPITAL CAMPAIGN VIDEO						
	07/01/12	3,400.	3,400.	SL	3.00	0.	
36	FF&E-DONOR WALL						
	07/01/12	11,888.	11,888.	SL	5.00	0.	
37	FF&E-DONOR ROOM PLAQUES						
	12/01/12	1,877.	1,877.	SL	3.00	0.	
38	FF&E-30 SECOND TV SPOT						
	12/01/12	1,550.	1,550.	SL	3.00	0.	
39	FF&E-DONATED HP COMPUTERS (3)						
	06/01/13	3,546.	3,546.	SL	3.00	0.	
40	FF&E-DONATED HP LAPTOP						
	06/01/13	829.	829.	SL	3.00	0.	
41	FF&E-DONATED HP PRINTER						
	06/01/13	997.	997.	SL	3.00	0.	
42	FF&E-FREEZER ENLARGEMENT						
	01/01/00	1,458.	1,458.	SL	10.00	0.	
43	FF&E-FREEZER ENLARGEMENT						
	06/01/00	1,459.	1,459.	SL	10.00	0.	
44	FF&E-AMANA RC27S/MICROWAVE						
	06/01/03	2,685.	2,685.	SL	10.00	0.	
48	FF&E-WALK-IN COOLER ENLARGEMENT						
	12/20/06	3,005.	3,005.	SL	10.00	0.	
49	FF&E-MOVE/INSTALL WALK-IN COOLER @HOME						
	09/01/11	8,326.	8,326.	SL	5.00	0.	
51	FF&E-AUTOMATIC FOOD SLICER						
	04/15/08	4,286.	4,286.	SL	5.00	0.	
54	FF&E-FREEZER						
	12/19/08	2,759.	2,759.	SL	7.00	0.	
55	FF&E-KITCHEN TABLES						
	06/12/09	884.	884.	SL	7.00	0.	
56	FF&E-VULCAN RANGES (2)						
	09/01/11	15,682.	15,682.	SL	10.00	0.	

57	FF&E-GAS KETTLE	09/01/11	13,353.	13,353.	SL	10.00	0.
59	FF&E-CLEAN DISH TABLE/PRE-RINSE	09/01/11	4,889.	4,889.	SL	7.00	0.
60	FF&E-FLOOR TROUGH	09/01/11	1,767.	1,767.	SL	10.00	0.
61	FF&E-SPEC MASTER TABLES (24)	09/01/11	18,685.	18,685.	SL	7.00	0.
62	FF&E-PREP TABLE	09/01/11	3,020.	3,020.	SL	7.00	0.
63	FF&E-AMANA MICROWAVE	09/01/11	1,169.	1,169.	SL	10.00	0.
64	FF&E-REFRIGERATOR SYSTEM	09/01/11	31,404.	31,404.	SL	10.00	0.
65	FF&E-WALK-IN FREEZER	09/01/11	17,150.	17,150.	SL	10.00	0.
66	FF&E-WALK-IN COOLER	09/01/11	16,251.	16,251.	SL	10.00	0.
67	FF&E-AIR CURTAINS	09/01/11	1,908.	1,908.	SL	10.00	0.
68	FF&E-HOODS/FIRE SYSTEM	09/01/11	32,957.	32,957.	SL	7.00	0.
69	FF&E-WALL CABINETS (2)	09/01/11	1,138.	1,138.	SL	5.00	0.
70	FF&E-SHELVING/POT RACKS	09/01/11	1,865.	1,865.	SL	5.00	0.
71	FF&E-WIRE SHELVING	11/28/11	2,338.	2,338.	SL	5.00	0.
72	FF&E-PANTRY REFRIGERATOR & FREEZER	03/19/12	3,868.	3,868.	SL	5.00	0.
73	FF&E-WORK TABLES	05/03/12	2,169.	2,169.	SL	7.00	0.
74	FF&E-BLODGET DBL OVEN	08/12/14	8,346.	8,171.	SL	8.00	175.
79	LAND	09/01/11	176,700.		L		0.
80	FF&E - HOT BOXES	01/19/15	13,301.	13,301.	SL	5.00	0.
81	FF&E - ELECTRIC DRYER	06/03/15	1,003.	1,001.	SL	7.00	0.
82	FF&E - SURFACE PRO NOTEBOOK	07/23/15	1,109.	1,108.	SL	2.00	0.
83	FF&E - TWO LAPTOPS	11/09/15	1,556.	1,556.	SL	2.00	0.
84	VEHICLE-2016 FORD T-150 VAN &TOMMY LIFT	06/28/16	39,735.	39,735.	SL	5.00	0.
86	AUTOMATIC GATE	09/06/16	7,900.	7,900.	SL	5.00	0.
87	FRONT DOOR	06/30/17	7,494.	7,494.	SL	5.00	0.
88	DELL SERVER	09/22/16	1,000.	1,000.	SL	4.00	0.
89	STANDUP DESK	02/13/17	547.	547.	SL	1.00	0.

90	STANDUP DESKS						
	03/31/17	2,981.	2,981.	SL	1.00	0.	
91	REACH IN FRIDGE-FREEZER						
	08/07/16	7,872.	6,659.	SL	7.00	1,125.	
92	AUTOMATIC FOOD SLICER						
	03/19/18	6,167.	5,343.	SL	5.00	824.	
93	NUTRITION SOFTWARE						
	10/13/17	1,071.	1,071.	SL	1.00	0.	
94	MACBOOK PRO LAPTOP						
	04/04/18	1,364.	1,364.	SL	2.00	0.	
95	NUTRITION SOFTWARE LICENSE						
	05/31/18	1,285.	1,285.	SL	1.00	0.	
97	KITCHEN ELECTRICAL						
	02/25/19	6,716.	3,863.	SL	2.00	0.	
98	FAUCETS-MENS UPSTAIRS						
	06/19/19	1,219.	1,219.	SL	2.00	0.	
99	LOBBY SIGN						
	11/16/18	1,794.	1,794.	SL	2.00	0.	
100	BLAST CHILLER						
	10/09/18	21,221.	10,179.	SL	7.00	4,104.	
101	PANS/EQUIP FOR BLAST CHILLER						
	10/24/18	2,078.	2,078.	SL	2.00	0.	
102	PANTRY REFRIGERATOR						
	10/30/18	2,573.	1,674.	SL	5.00	899.	
103	FOOD LABELER						
	12/19/18	1,094.	1,094.	SL	2.00	0.	
104	HOBART DISHWASHER MODEL CL44EN						
	03/01/19	38,839.	18,397.	SL	7.00	5,451.	
105	DELFIELD T14D BLAST CHILLER						
	03/01/19	19,795.	9,377.	SL	7.00	2,778.	
106	ELKAY TABLES (X4) MODEL WT36S72						
	03/01/19	4,635.	2,152.	SL	7.00	662.	
107	BLAST CHILLER SHEET PANS						
	03/01/19	2,779.	2,779.	SL	2.00	0.	
108	DISHWASHING STATION						
	05/15/19	3,432.	3,432.	SL	2.00	0.	
109	WASHER/DRYER						
	05/15/19	1,880.	1,880.	SL	2.00	0.	
112	WORKSTATION WIRING						
	12/13/19	1,441.	1,441.	SL	1.00	0.	
113	ELEC & PLUMBING PANS						
	06/22/20	7,142.	2,856.	SL	5.00	1,428.	
114	2 DELL LAPTOPS (RD)						
	12/04/19	1,789.	1,789.	SL	2.00	0.	
115	2 DELL WORKSTATIONS						
	12/04/19	3,458.	3,458.	SL	2.00	0.	
116	5 DELL WORKSTATIONS						
	02/15/20	5,297.	5,297.	SL	2.00	0.	
117	WORKSTATION-MKT						
	03/16/20	865.	865.	SL	2.00	0.	
118	WALK-IN COOLER (POLAR KING)						
	01/01/20	46,784.	18,843.	SL	15.00	7,798.	
119	PRIOR YEARS DEPRECIATION ADJUSTMENTS						
	12/01/19	1.	1.	SL	5.00	0.	

120	ELECTRICAL PERMITS & DRAWINGS-WALK IN					
	07/28/20	2,758.	554.	SL	15.00	184.
121	INSTALL OF WALK IN					
	09/01/20	2,236.	474.	SL	15.00	149.
122	ELECTRIC FOR PANTRY					
	10/27/20	3,926.	436.	SL	15.00	262.
123	BUILDING IMPROVEMENTS					
	10/30/20	16,668.	1,852.	SL	15.00	1,111.
124	ELECTRICAL					
	11/11/20	757.	84.	SL	15.00	50.
125	WATER HEATER					
	06/29/21	12,774.	2,555.	SL	5.00	2,555.
126	STEEL WORK TABLES					
	09/23/20	4,385.	1,535.	SL	5.00	877.
128	DELL WORKSTATIONS					
	08/16/20	1,752.	1,606.	SL	2.00	146.
129	LENOVO LAPTOPS (2)					
	10/24/20	2,145.	1,788.	SL	2.00	357.
130	LENOVO LAPTOPS (4)					
	02/04/21	5,152.	3,649.	SL	2.00	1,503.
131	LENOVO LAPTOP					
	04/07/21	939.	587.	SL	2.00	352.
132	LENOVO LAPTOP					
	05/22/21	1,122.	608.	SL	2.00	514.
133	BLINDS					
	06/02/21	6,333.	1,373.	SL	5.00	4,960.
134	DELL COMPUTER					
	06/16/21	1,499.	750.	SL	2.00	749.
135	FAUCETS-WOMENS UPSTAIRS					
	09/21/21	1,266.	475.	SL	2.00	791.
136	COMPUTER-KITCHEN					
	07/16/21	1,395.	639.	SL	2.00	698.
137	DELL TOUCHSCREEN LAPTOP					
	08/03/21	1,507.	627.	SL	2.00	754.
138	DELL LAPTOP					
	08/24/21	1,163.	485.	SL	2.00	582.
139	LAPTOP-ALMA					
	09/16/21	2,634.	988.	SL	2.00	1,317.
140	TWO DESKTOP COMPUTERS					
	01/16/22	1,767.	368.	SL	2.00	884.
141	TWO LAPTOPS					
	02/16/22	3,129.	522.	SL	2.00	1,565.
142	FIREWALL					
	03/03/22	1,184.	148.	SL	2.00	592.
143	TWO DESKTOP STATIONS					
	03/24/22	3,356.	420.	SL	2.00	1,678.
144	THREE CUBICLE WORKSTATIONS W/CHAIRS					
	04/07/22	6,511.	543.	SL	2.00	3,256.
145	DESKTOP COMPUTER-CAROLINA					
	05/16/22	1,078.	45.	SL	2.00	539.
146	STAFF REFRIGERATOR					
	06/08/22	1,558.		SL	5.00	312.
147	LAPTOP-ALBERTO					
	06/21/22	2,674.		SL	2.00	1,337.

148	TWO LAPTOPS					
		06/30/22	2,888.	SL	2.00	1,444.
150	NEW VISION GLASS DOOR					
		07/01/22	1,545.	SL	12.00	1,159.
151	ALOHA SOLAR PANELS					
		07/26/22	40,775.	SL	25.00	1,495.
152	TOP FLOOR REMODEL					
		02/28/23	85,307.	SL	30.00	948.
153	BOD/CONFERENCE ROOM/AV EQUIP					
		04/29/23	10,663.	SL	10.00	178.
154	REMODEL PERMITS & DONATED MATERIALS					
		06/01/23	323,214.	SL	30.00	898.
155	PARKING LOT PAVING					
		06/17/23	12,565.	SL	20.00	0.
156	25 STEEL GAUGE SHELVES					
		07/01/22	20,148.	SL	7.00	1,343.
157	INDUSTRIAL FOOD PROCESSOR					
		09/08/22	3,569.	SL	3.00	892.
158	80 GALLON KETTLE					
		02/01/23	51,136.	SL	10.00	2,131.
159	WASHER & DRYER-KITCHEN					
		04/05/23	1,864.	SL	5.00	93.
160	LAPTOP-ALBERTO					
		07/01/22	2,652.	SL	2.00	1,216.
161	LAPTOPS-AH & NH					
		08/16/22	3,126.	SL	2.00	1,303.
162	NEW SERVER					
		11/30/22	12,155.	SL	5.00	1,418.
163	NEW FIREWALL					
		11/30/22	1,863.	SL	2.00	543.
164	2 DESKTOP COMPUTERS-FL & JN					
		01/16/23	3,598.	SL	2.00	900.
165	NEW PC-JD					
		04/16/23	1,246.	SL	2.00	156.
166	NEW WINDOW SHADES					
		05/01/23	10,536.	SL	2.00	878.
167	RD CUBICLE PEDESTALS & WORK SURFACES					
		05/03/23	3,179.	SL	3.00	177.
168	2022 DODGE RAM PROMASTER 2500					
		02/01/23	74,677.	SL	5.00	6,496.
Total to Form 3885			3,778,494.	1561502.		143,513.

CA 3885		Amortization			Statement 12	
Asset No./ Description	Date in Service	Cost or Basis	Prior Amort	Code Sec	Life	Amor- tization
76 INTANGIBLES-MAMASKITCHEN.ORG	01/22/07	13,761.	13,761.	197	60M	0.
77 INTANGIBLES-MAMASPIES.ORG	12/01/10	10,000.	10,000.	197	60M	0.
78 LOAN FEES	02/28/11	13,530.	13,530.	461	120M	0.
85 INTANGIBLES-MAMASKITCHEN.ORG REDESIGN	03/31/16	8,415.	8,415.	197	60M	0.
110 IOS & ANDROID APP	08/03/18	2,216.	2,216.		24M	0.
111 MAMASPIES.ORG REDESIGN	11/01/18	16,000.	11,733.		60M	3,200.
149 MAMASPIES.ORG REDESIGN	11/30/21	30,600.	5,950.		36M	10,200.
Total to Form 3885		94,522.	65,605.			13,400.

TAXABLE YEAR
2022

California e-file Return Authorization for Exempt Organizations

FORM
8453-EO

Exempt Organization name	Identifying number
MAMA ' S KITCHEN	33-0434246

Part I Electronic Return Information (whole dollars only)

1 Total gross receipts (Form 199, line 4)	1	7,385,460
2 Total gross income (Form 199, line 8)	2	5,564,493
3 Total expenses and disbursements (Form 199, line 9)	3	5,527,858

Part II Settle Your Account Electronically for Taxable Year 2022

4 <input type="checkbox"/> Electronic funds withdrawal	4a Amount	4b Withdrawal date (mm/dd/yyyy)
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Part III Banking Information (Have you verified the exempt organization's banking information?)

5 Routing number _____	7 Type of account: <input type="checkbox"/> Checking <input type="checkbox"/> Savings
6 Account number _____	

Part IV Declaration of Officer

I authorize the exempt organization's account to be settled as designated in Part II. If I check Part II, box 4, I authorize an electronic funds withdrawal for the amount listed on line 4a.

Under penalties of perjury, I declare that I am an officer of the above exempt organization and that the information I provided to my electronic return originator (ERO), transmitter, or intermediate service provider and the amounts in Part I above agree with the amounts on the corresponding lines of the exempt organization's 2022 California electronic return. To the best of my knowledge and belief, the exempt organization's return is true, correct, and complete. If the exempt organization is filing a balance due return, I understand that if the Franchise Tax Board (FTB) does not receive full and timely payment of the exempt organization's fee liability, the exempt organization will remain liable for the fee liability and all applicable interest and penalties. I authorize the exempt organization return and accompanying schedules and statements to be transmitted to the FTB by the ERO, transmitter, or intermediate service provider. **If the processing of the exempt organization's return or refund is delayed, I authorize the FTB to disclose to the ERO or intermediate service provider the reason(s) for the delay.**

Sign Here		_____ Date		CHIEF EXECUTIVE OFFICER Title
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Part V Declaration of Electronic Return Originator (ERO) and Paid Preparer.

I declare that I have reviewed the above exempt organization's return and that the entries on form FTB 8453-EO are complete and correct to the best of my knowledge. (If I am only an intermediate service provider, I understand that I am not responsible for reviewing the exempt organization's return. I declare, however, that form FTB 8453-EO accurately reflects the data on the return.) I have obtained the organization officer's signature on form FTB 8453-EO before transmitting this return to the FTB; I have provided the organization officer with a copy of all forms and information that I will file with the FTB, and I have followed all other requirements described in FTB Pub. 1345, 2022 Handbook for Authorized e-file Providers. I will keep form FTB 8453-EO on file for **four** years from the due date of the return or **four** years from the date the exempt organization return is filed, whichever is later, and I will make a copy available to the FTB upon request. If I am also the paid preparer, under penalties of perjury, I declare that I have examined the above exempt organization's return and accompanying schedules and statements, and to the best of my knowledge and belief, they are true, correct, and complete. I make this declaration based on all information of which I have knowledge.

ERO	ERO's signature	Date	Check if also paid preparer <input checked="" type="checkbox"/>	Check if self-employed <input type="checkbox"/>	ERO's PTIN P01204162
Must Sign	Firm's name (or yours if self-employed) and address	LING & BOUMAN CPA'S, LLP 4669 MURPHY CANYON ROAD, STE 130 SAN DIEGO, CA			Firm's FEIN 81-4590836 ZIP code 92123-1833

Under penalties of perjury, I declare that I have examined the above organization's return and accompanying schedules and statements, and to the best of my knowledge and belief, they are true, correct, and complete. I make this declaration based on all information of which I have knowledge.

Paid Preparer	Paid preparer's signature	Date	Check if self-employed <input type="checkbox"/>	Paid preparer's PTIN	
Must Sign	Firm's name (or yours if self-employed) and address	_____			Firm's FEIN ZIP code

**ANNUAL REGISTRATION RENEWAL FEE REPORT
TO ATTORNEY GENERAL OF CALIFORNIA**
Sections 12586 and 12587, California Government Code
11 Cal. Code Regs. sections 301-306, 309, 311, and 312

Failure to submit this report annually no later than four months and fifteen days after the end of the organization's accounting period may result in the loss of tax exemption and the assessment of a minimum tax of \$800, plus interest, and/or fines or filing penalties. Revenue & Taxation Code section 23703; Government Code section 12586.1. IRS extensions will be honored.

MAIL TO:
Registry of Charitable Trusts
P.O. Box 903447
Sacramento, CA 94203-4470
STREET ADDRESS:
1300 I Street
Sacramento, CA 95814
(916) 210-6400
WEBSITE ADDRESS:
www.oag.ca.gov/charities

<p>MAMA'S KITCHEN Name of Organization</p> <hr/> <p>List all DBAs and names the organization uses or has used</p> <p>3960 HOME AVENUE Address (Number and Street)</p> <p>SAN DIEGO, CA 92105 City or Town, State, and ZIP Code</p> <p>619-233-6262 EVA@MAMASKITCHEN.ORG Telephone Number E-mail Address</p>	<p>Check if: <input type="checkbox"/> Change of address <input type="checkbox"/> Amended report</p> <hr/> <p>State Charity Registration Number CT079654</p> <p>Corporation or Organization No. 1570256</p> <p>Federal Employer ID No. 33-0434246</p>
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ANNUAL REGISTRATION RENEWAL FEE SCHEDULE (11 Cal. Code Regs. sections 301-307, 311, and 312)
Make Check Payable to Department of Justice

Total Revenue	Fee	Total Revenue	Fee	Total Revenue	Fee
Less than \$50,000	\$25	Between \$250,001 and \$1 million	\$100	Between \$20,000,001 and \$100 million	\$800
Between \$50,000 and \$100,000	\$50	Between \$1,000,001 and \$5 million	\$200	Between \$100,000,001 and \$500 million	\$1,000
Between \$100,001 and \$250,000	\$75	Between \$5,000,001 and \$20 million	\$400	Greater than \$500 million	\$1,200

PART A - ACTIVITIES

For your most recent full accounting period (beginning 07/01/2022 ending 06/30/2023) list:

Total Revenue (including noncash contributions) \$ 5,461,847 Noncash Contributions \$ 363,091 Total Assets \$ 12,488,015
 Program Expenses \$ 4,441,973 Total Expenses \$ 5,425,874

PART B - STATEMENTS REGARDING ORGANIZATION DURING THE PERIOD OF THIS REPORT

Note: All questions must be answered. If you answer "yes" to any of the questions below, you must attach a separate page providing an explanation and details for each "yes" response. Please review RRF-1 instructions for information required.

	Yes	No
1. During this reporting period, were there any contracts, loans, leases or other financial transactions between the organization and any officer, director or trustee thereof, either directly or with an entity in which any such officer, director or trustee had any financial interest?		X
2. During this reporting period, was there any theft, embezzlement, diversion or misuse of the organization's charitable property or funds?		X
3. During this reporting period, were any organization funds used to pay any penalty, fine or judgment?		X
4. During this reporting period, were the services of a commercial fundraiser, fundraising counsel for charitable purposes, or commercial coventurer used?		X
5. During this reporting period, did the organization receive any governmental funding? SEE STATEMENT 13	X	
6. During this reporting period, did the organization hold a raffle for charitable purposes?	X	
7. Does the organization conduct a vehicle donation program?		X
8. Did the organization conduct an independent audit and prepare audited financial statements in accordance with generally accepted accounting principles for this reporting period?	X	
9. At the end of this reporting period, did the organization hold restricted net assets, while reporting negative unrestricted net assets?		X

I declare under penalty of perjury that I have examined this report, including accompanying documents, and to the best of my knowledge and belief, the content is true, correct and complete, and I am authorized to sign.

EVA MATTHEWS	CHIEF EXECUTIVE OFFICER		
Signature of Authorized Agent	Printed Name	Title	Date

CA RRF-1

Information Regarding Governmental Funding
Part B, Line 5

Statement 13

HOPWA
DEPARTMENT OF HOUSING & COMMUNITY DEVELOPMENT
3989 RUFFIN RD.
SAN DIEGO, CA 92123
858-694-8712

RYAN WHITE
HIV, STD AND HEPATITIS BRANCH
3851 ROSECRANS ST., SUITE 207
SAN DIEGO, CA 92110
619-293-4721

CDBG
CITY OF EL CAJON
HOUSING DIVISION

CITY OF ESCONDIDO
HOUSING & NEIGHBORHOOD SERVICES

CITY OF VISTA
HOUSING DIVISION