



Fiscal Year July 1, 2021  
through June 30, 2022

# ANNUAL REPORT

mama's kitchen



## OUR MISSION

Mama's Kitchen believes that everyone is entitled to the basic necessity of life—nutritious food.

Our services improve the health and well-being of individuals and families vulnerable to malnutrition due to critical illness.

## OUR VISION FOR THE FUTURE

At Mama's Kitchen, we envision a community where all individuals with critical illnesses are no longer vulnerable to malnutrition.

## OUR WORK

Mama's Kitchen strives to provide nutritional support to San Diego residents at risk of malnutrition due to critical illness such as HIV, cancer, congestive heart failure, type 2 diabetes and chronic kidney disease. We support our clients by helping them avoid malnutrition, increase medication adherence, lower health care costs, and improve their overall quality of life. Mama's Kitchen provides home-delivered medically tailored meals, emergency food assistance program and nutrition education, all at no cost to clients.

# A MESSAGE FROM OUR CHIEF EXECUTIVE OFFICER & BOARD PRESIDENT



**ALBERTO CORTÉS**  
Chief Executive Officer

The fiscal year 2021-2022 witnessed Mama's Kitchen evolve into a new era of increased impact. While we had hoped to see improved conditions of the COVID-19 pandemic, the second half of 2021 brought the Delta and Omicron variants along with a greater need for our services. However, as the year progressed it became clear that while the pandemic ushered in growth at a rapid pace, this elevated demand is here to stay. It's a new reality that we have planned for and welcome.

## A NEW ERA OF IMPACT

As we continue to see increased need for our nutrition services, our leadership team has invested time strategizing and planning for the future. In the first year of the pandemic, we quickly adapted to the increased need. We developed effective strategies to prepare meals for 65% more clients even under the most strenuous conditions – strategies that continue to serve as we expand. Today, growing recognition for the value and impact of medically tailored meals is ushering in even more growth and opportunity for Mama's Kitchen.

To prepare for this new era of elevated output, it became clear that our team of professionals needed support. We hired our first Human Resources Manager in September 2021 to provide personnel support and facilitate staffing needs for the future. In February 2022, we hired our first Chief Operating Officer. This position's focus on program evaluation and large-scale contracting has helped facilitate expansion in these key areas. In April 2022, we hired our first Sous Chef to increase the kitchen's capacity and help the Executive Chef manage the daily kitchen operations and a team of cooks.

This past May, we achieved a new milestone home-delivering meals to a record-breaking 726 clients on a single delivery day – a record that

has since been exceeded multiple times over. This growth paired with the many economic challenges presented, forced us to look at solutions to challenges effecting our operations. We began placing more bulk food purchases and storing shelf-stable ingredients to anticipate supply shortages amidst the global supply chain crisis. Additionally, the operations team countered a staggering 40% increase in food and supply costs by ordering food and supplies more strategically, designing meals and changing recipes around available ingredients, and working closely with our food purchasers.

This year, the changing economy also presented a new type of challenge for Mama's Kitchen. As an organization that depends on volunteer drivers to deliver meals, the hike in gas prices made it difficult for some volunteers to drive without incurring significant expense. Understanding this hardship, Mama's Kitchen made the decision to offer volunteers a reimbursement for their mileage and share the burden of this added expense to sustain our volunteer drivers.

## HIGHPOINTS ON THE HORIZON

Our work caring for the community's most vulnerable populations has brought more recognition for the value of medically tailored meals. For the first time in our history, we are holding contracts with four



**SCOTT WALLS**  
Board President

Medi-Cal managed care providers: Aetna, Blue Shield Promise, United Healthcare, and HealthNet. This new kind of partnership allows medically tailored meals to be a reimbursable service for Medi-Cal patients. We are encouraged by the possibility of future opportunities with similar contracts and are hopeful it will increase access to the life-saving services we provide.

We continue to be prepared and responsive to anticipated increased needs for our services. To that end, we look forward to continued growth as an organization and essential resource for San Diego in the coming years.

Your support propels our mission forward as we enter this new era of impact. We are proud to say that we continue to effectively respond to the needs of our critically ill community members. We hope you find the information contained within this annual report insightful and invigorating. We remain committed to keeping you informed of our work and will continue to do so in the future. We are truly grateful for your support.

**ALBERTO CORTÉS**  
Chief Executive Officer

**SCOTT WALLS**  
Board President



# OUR PROGRAMS



## HOME-DELIVERED MEAL SERVICE

The Home-Delivered Meal Service is the only complete no-cost meal delivery and nutrition service available for critically ill San Diego residents.

Our Home-Delivered Meal Service strives to transform the health of critically ill San Diegans, enhance their ability to manage their diagnosis, and improve their short-term and long-term health outcomes. We accomplish this goal by home delivering complete medically tailored nutrition and providing nutrition education that helps clients increase disease self-management, medication adherence, and improve health outcomes. We also address nutrition insecurity within our clients' households by delivering meals to clients' dependent children.

## NUTRITION EDUCATION

Our Nutrition Education services provide evidence-based application focused on prevention, delay or management of disease and enhanced self-management.

Nutrition Education is an important component of Mama's Kitchen's medically tailored nutrition intervention. Nutrition Education, conducted through Medical Nutrition Therapy (MNT) or Nutrition Counseling, is provided by our registered dietitians and educates clients on specific ways they can use nutrition to increase treatment response and improve quality of life. Depending on their diagnosis, each Mama's Kitchen client receives between one and four nutrition counseling sessions by phone or in person.

## MAMA'S PANTRY\* & EMERGENCY FOOD ASSISTANCE PROGRAM

Mama's Pantry is a grocery pantry available to HIV positive San Diego residents whose income does not exceed \$1,700 per month, or those who face an emergent need for food assistance.

Once a month, clients who are healthy enough to shop on their own, but whose extremely low income prevents them from being able to afford nutritious, healthy food, can visit Mama's Pantry and shop for the equivalent of 21 meals per visit. The pantry offers a variety of healthy, non-perishable items such as cereals, pastas, and canned goods as well as a variety of perishable items, including meat, dairy, fresh fruit, produce, and bread. The Emergency Food Assistance Program, allows clients, once referred by case workers, to receive up to 12 weekly grocery bags in a 12-month period. The Emergency Food Assistance Program is funded by the County of San Diego with Ryan White Care Act funds.

*\*Due to the COVID-19 pandemic, Mama's Pantry temporarily closed on March 2020. To protect our clients, Pantry clients were allowed to enroll in our Home-Delivered Meal Service.*

# OUR COMMITMENT

TO INCLUSION,  
DIVERSITY,  
EQUITY,  
& ACCESS

(I.D.E.A.)



From our founding days, Mama's Kitchen has been dedicated to breaking down stigmas, celebrating diversity, and overcoming barriers to equitable access for all individuals. When our founders first set out to deliver meals to HIV+ community members in the early 1990's, many HIV+ individuals faced pervasive discrimination due to the stigma of their diagnosis. While progress has been made, Mama's Kitchen recognizes that historically discriminated and stigmatized groups still face systematic disadvantages in healthcare, income, employment, education, housing, and more.

We remain committed to efforts that drive inclusive practices; break down barriers to provide equity in employment, nutrition, and healthcare; prioritize diversity; and give voices to those who otherwise may not have a platform. Our dedication to these efforts is an important example to inspire other community members, businesses, and organizations to join a similar commitment to inclusion, diversity, equity, and access (I.D.E.A.) efforts.

## THROUGHOUT THE PAST YEAR, MAMA'S KITCHEN HAS ELEVATED OUR I.D.E.A. PRACTICES THROUGH THE FOLLOWING METHODS:

### ♥ LAND ACKNOWLEDGMENT

At Mama's Kitchen, we acknowledge that our facility is on unceded, occupied, and the traditional homeland territory of the Kumeyaay people, who have been living and working on this land from time immemorial. We recognize and acknowledge the legacy of the land our facility sits on by adding a land acknowledgment to our website, emails and annual report. Please view the back of this report for a full statement.

### ♥ I.D.E.A. COMMITTEE

Mama's Kitchen launched an internal I.D.E.A. committee, made up of staff members across all departments and levels. The committee provides guidance and support for Mama's Kitchen so that our organizational culture always acknowledges and celebrates diversity and remains equitable, inclusive, and anti-racist in its policies, practices, and programs. As our organization continues to grow, this committee will be a nurturing place for new ideas, requests, and practices to further equity and inclusion within our work.

### ♥ PRONOUN USAGE & MEETING NORMS

Creating an inclusive and welcoming environment starts with acknowledging the individuals that make up an organization. This year, Mama's Kitchen added practices that increase opportunities to celebrate the unique individuals that make up our staff, including meeting norms that start each meeting with introductions and expressions of gratitude and replacing titles for pronouns on staff name tags.

# OUR CLIENTS

Through our partnership with more than 300 healthcare referral partners, Mama's Kitchen reaches a diverse population, representing some of San Diego's most at-risk and under-served communities.

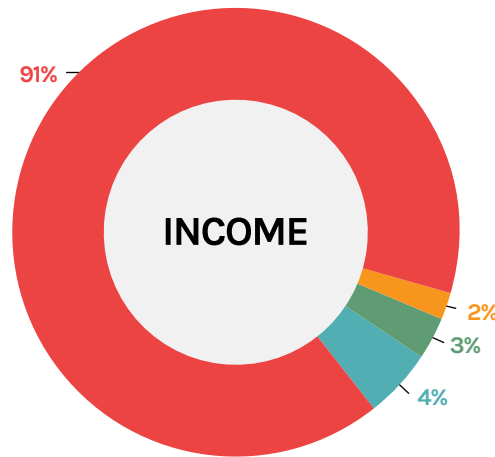
In FY 2022, the average income of Mama's Kitchen's clients was just \$1,593 per month. When clients are forced to choose between paying rent or paying for prescriptions, purchasing and preparing healthy meals can become impossible. Our Home-Delivered Meal Service provides meals to our clients completely free of charge, allowing them to use their limited resources on other necessities.

The information shown here represents data collected from the 2,232 unique clients served in the 2022 fiscal year.

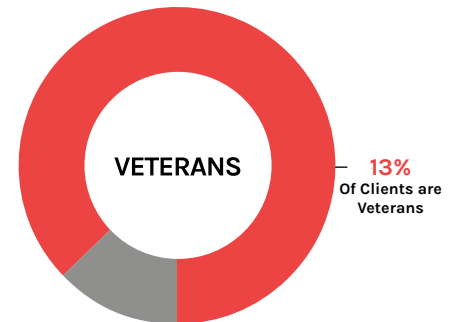
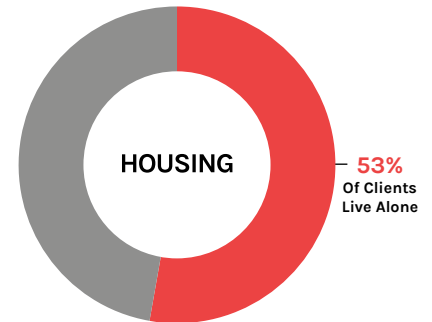


## INCOME BREAKDOWN

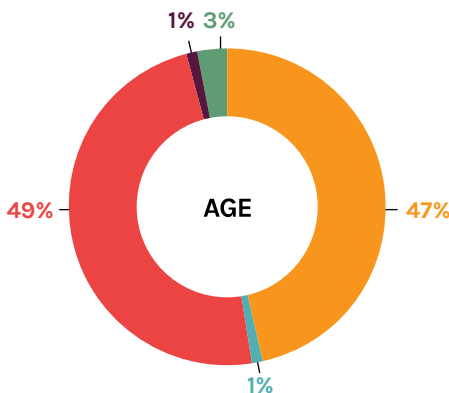
AVERAGE MONTHLY INCOME: \$1,593



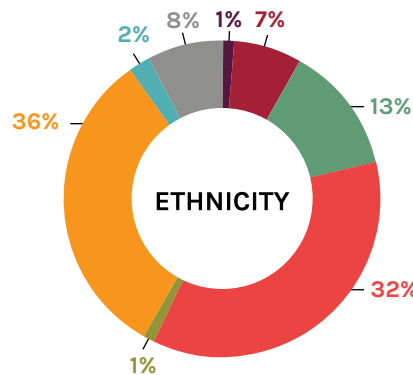
EXTREMELY LOW ≤ 30% AMI 91%  
 VERY LOW < 31% - 50% AMI 2%  
 LOW < 51% - 80% AMI 3%  
 NOT LOW > 80% AMI 4%  
 (AMI = Area Median Income)



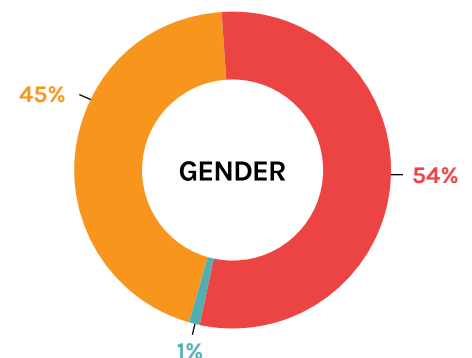
## CLIENT DEMOGRAPHICS



65+: 47%  
 25-64: 49%  
 18-24: 1%  
 6-17: 3%  
 0-5: 1%



AMERICAN INDIAN/NATIVE AMERICAN: 1%  
 ASIAN: 7%  
 BLACK/AFRICAN AMERICAN: 13%  
 HISPANIC/LATINO: 32%  
 MORE THAN ONE RACE: 2%  
 OPAC: 1%  
 WHITE: 36%  
 UNREPORTED: 8%



MALE: 54%  
 FEMALE: 45%  
 TRANS: 1%



# CLIENT TESTIMONIALS

“ When you have small kids dependent on you, it’s just pure graciousness to have them not only look out for me, but for my family. There are not too many organizations that can alleviate the huge pressure of meals. To have somebody help you that doesn’t have to help you, that doesn’t even know you. It just really, really means a lot.

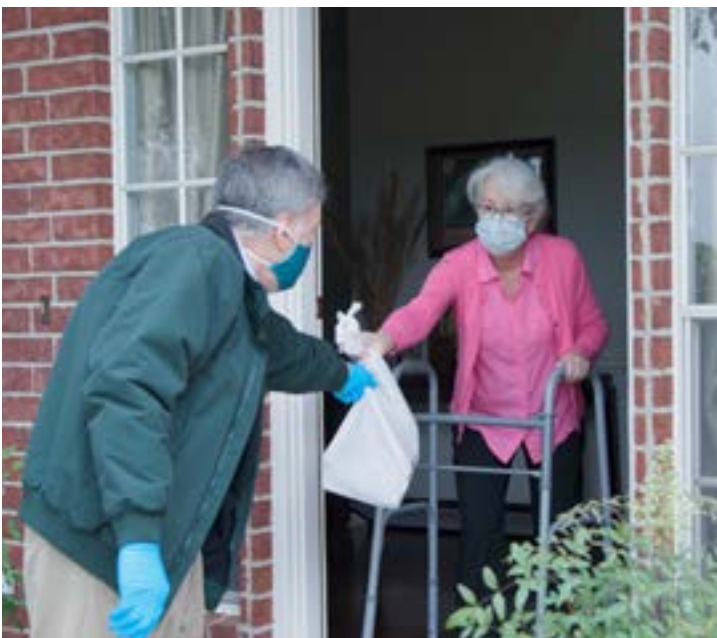
Nikole, Mama’s Kitchen Program Recipient



“

I am so grateful for Mama’s Kitchen. I am deeply appreciative of your service. It has genuinely saved my life. Thank you!

Jimmy, Mama’s Kitchen Program Recipient



“ Mama’s Kitchen is a blessing to the community. I am on a fixed income, and my financial resources are very limited. Mama’s Kitchen has helped me by providing their meals at no cost. I pray this organization will continue for a long time.

Suzie, Mama’s Kitchen Program Recipient

# OUR IMPACT

FISCAL YEAR 2022



## TOTAL IMPACT NUMBERS-AT-A-GLANCE

**2,232**

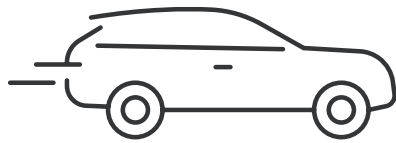
Total number of unique clients served across all programs

**662,804**

Total number of meals served through Home-Delivered Meal Service

**\$1,136,065**

Total value of volunteer contributions



## HOME-DELIVERED MEAL SERVICE

Provides three meals a day, plus healthy snacks, 7 days a week and offers 17 different meal plans to accommodate dietary restrictions and preferences.

## NUMBER OF MEALS SERVED BY PROGRAM

**200,411**

HIV Nutrition Program\*

**181,002**

Cancer Nutrition Program

**20,397**

Children's Nutrition Program\*\*

**80,588**

Congestive Heart Failure Nutrition Program

**11,124**

Medical Congestive Heart Failure Nutrition Program

**70,321**

Chronic Kidney Disease Nutrition Program

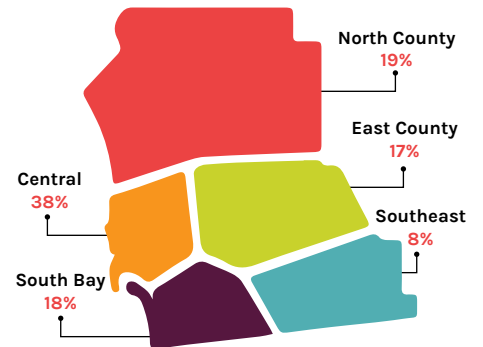
**125,707**

Diabetes Nutrition Program

\*HIV Nutrition Program includes Mama's Pantry clients who enrolled into Home-Delivered Meal Service due to COVID-19 upon Pantry closure.

\*\*Children's meals are also included in the totals for each program, based on their parents' diagnosis.

## HOME-DELIVERED MEALS BY AREA



## EMERGENCY FOOD ASSISTANCE PROGRAM

Provides up to 12 weekly grocery bags, in a 12-month period, each containing perishable and nonperishable food items to low-income, HIV+ and emergent crisis clients.

**60**

Emergency Food Assistance Program Clients

**216**

Emergency Food Assistance Program Bags Distributed

## NUTRITION EDUCATION

Partners our clients with registered dietitians to create custom menu plans and teach clients how to use nutrition to achieve the best possible health outcomes.

**618**

Nutrition Education Clients

**2,455**

Nutrition Education Sessions

## VOLUNTEER SUPPORT

**741**

Total Number of Volunteers

**208,670**

Volunteer Miles Driven

**28,515**

Total Volunteer Hours Donated

**20**

Total Number of Corporate Volunteer Groups

**\$1,013,993**

Value of Donated Hours

**\$122,072**

Value of Miles Driven

Value based on CA Volunteer Time Valuation = \$35.56 per hour, Source: The Independent Sector

Value based on the IRS Mileage Reimbursement Rate= \$0.585, Source: IRS business rate



# FINANCIAL STATEMENT

## STATEMENT OF ACTIVITIES

For the period of July 1, 2021 - June 30, 2022 (with comparative totals for the period of July 1, 2020 - June 30, 2021)

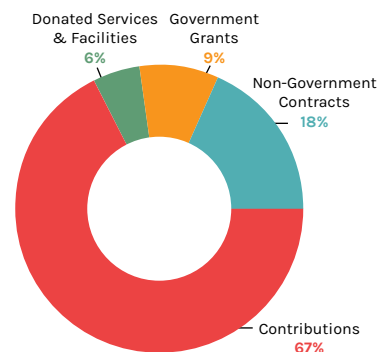
### REVENUE, GAINS & OTHER SUPPORT OPERATING REVENUE

	2022	2021
County of San Diego - Ryan White	\$553,144	\$628,832
County of San Diego - HOPWA	\$186,584	\$237,388
CDBG City of San Diego grant	\$135,439	\$89,561
CDBG Other grant	\$21,256	\$68,000
Non-Government contracts	\$1,762,258	\$326,239
Contributions	\$6,416,692	\$4,278,385
Capital projects - net of discount	-	\$150
Donations in-kind	\$10,350	\$78,247
Donated services and facilities	\$552,384	\$581,092
Special Events, Net of direct expenses	\$(41,352)	\$(26,597)
<b>TOTAL OPERATING REVENUE</b>	<b>\$9,596,755</b>	<b>\$6,261,297</b>
Other	\$(820,284)	\$641,125
<b>TOTAL REVENUE, GAINS &amp; OTHER SUPPORT</b>	<b>\$8,776,471</b>	<b>\$6,902,422</b>

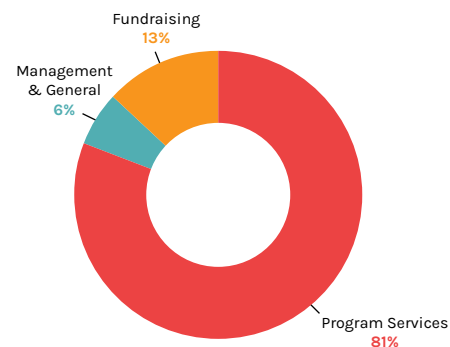
### EXPENSES & LOSSES

Program services	\$4,289,878	\$3,526,212
Management and general	\$335,029	\$239,161
Fundraising	\$652,367	\$567,903
<b>TOTAL EXPENSES &amp; LOSSES</b>	<b>\$5,277,274</b>	<b>\$4,333,276</b>
<b>CHANGE IN NET ASSETS</b>	<b>\$3,499,197</b>	<b>\$2,569,146</b>

### OPERATING REVENUE



### OPERATING EXPENSES



## STATEMENT OF FINANCIAL POSITION

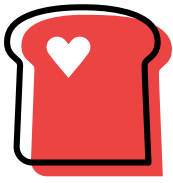
As of June 30, 2022 (with comparative totals for June 30, 2021)

### ASSETS

	2022	2021
Cash and cash equivalents	\$1,052,489	\$601,424
Investments	\$7,826,832	\$5,408,204
Accounts Receivable - net	\$1,030,845	\$355,843
Inventories	\$93,312	\$100,482
Prepaid expenses and other	\$46,737	\$27,133
Pledges receivable - net - current portion	\$1,591	\$4,091
<b>TOTAL CURRENT ASSETS</b>	<b>\$10,051,806</b>	<b>\$6,497,177</b>
Long-term investments	\$43,103	\$44,281
Deposits	\$154,737	\$129,491
Property and equipment - net	\$1,553,174	\$1,650,832
Other Assets - net	\$159,718	\$149,496
<b>TOTAL ASSETS</b>	<b>\$11,962,538</b>	<b>\$8,471,277</b>

### LIABILITIES

	2022	2021
Accounts payable & accrued expenses	\$225,032	\$232,968
<b>TOTAL CURRENT LIABILITIES</b>	<b>\$225,032</b>	<b>\$232,968</b>
Long-term debt	-	-
<b>TOTAL LIABILITIES</b>	<b>\$225,032</b>	<b>\$232,968</b>
<b>NET ASSETS</b>	<b>2022</b>	<b>2021</b>
Without donor restrictions	\$11,166,741	\$8,122,528
With donor restrictions	\$570,765	\$115,781
<b>TOTAL NET ASSETS</b>	<b>\$11,737,506</b>	<b>\$8,238,309</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>\$11,962,538</b>	<b>\$8,471,277</b>



# BREAD & BUTTER CLUB

Mama's Kitchen Bread & Butter Club is a special, dedicated community of people that provide reliable support each month to our organization and programs. This important group of people allow us to concentrate on what is essential - keeping our ovens lit and our clients' bags full of nutritious food.



Diana Lord Adam  
Charles & Patti Ahern  
Dianne Aker  
Peter Allen & Marlon Garcia  
Burt & Patricia Anderson  
A. Alex Arce  
Paul Asbury  
Kevin S. & Zachary Atto  
John Bane  
Dr. Wayne Bardwell, Ph.D. & Steven Gennaro  
Anna May Barrera  
Kirsten Barstad Mulvey  
Maurice J. Bedard, Jr.  
Thomas & Mary Ann Bennett  
Kristina Berry  
Laurie Black  
Jim Blevins & Francisco Yescas  
Rod & Sonya Bolton  
Bob & Denise Borntreger  
Jane Bossart  
Michael Braunstein  
Joan Brice  
Leo Brogan  
Valerie M. Brown  
Duane Brown & Lyndon Little  
Lisa Burgert  
Caron & Chris Calabrese  
Toni Caragozian  
William Shawn Carleton  
Heather Carlton  
David P. Carosella, Jr.  
Laura Casillas  
Penny Castleman  
Charlie's Do-Good-Stuff Fund  
Connie Chovan  
Christine Christmas  
Bill Clark

Teri Clavell  
Anne M. Clifford  
Carla Cocco  
Madeline & Lewis Cohen  
Mike Cooper  
Yasemin Corrales  
Alberto R. Cortés  
Linda Cory Allen & John E. McCarthy  
Kristina Cox  
Ben Coyle  
Margaret Crary  
Anne M. & Rodney J. Cressey  
Janet & Greg Crow  
Dean Crowder  
Nancy Cunningham  
Ellen Curtin  
Thomas J. D'Amico  
Elaine Davidson  
Linda Davis  
Terry Davis  
Deborah Deese  
Sheila DeKosky  
David & Mary Dewse  
Amy DiFrancesco  
Lorraine A. Doherty  
David Dolnick  
Clarence E. Duncan  
Lourdes Dungca  
John Earl & Jean Gear Earl  
Ralph Estrada  
Roland S. Feghali  
Ronald G. Fichter & Lee Oum  
Judy Galindo  
Perry Galloway  
Larry Ganzell  
Lawrence J. Gardepie  
Stephanie Gasca  
Joanna Gesikowski

Rhonda Gibson  
Henry Gnoza  
John Granillo-Dodds  
Joe Greenwald  
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Laura Handler  
Georgann N. Hanna  
Anna Hazlewood  
Philip Henderson  
Carlos Hernandez  
Brett Evan Hershman  
Llisa Hiebert & Michelle Burkart  
Dianne Hodges  
Jeremy & Cheri Hoolihan  
Maryka Hofman Hoover  
Adele & Jennifer Hoppe-House  
Ann Irwin, M.D  
Tami Ivko  
Jill Jacobson  
Steven Jacobson  
Mark E. James  
Stacey E. James  
Nancy Janus  
Jeffrey Jenkins  
Taylor Johndrew  
Scott Kanuha  
Autumn Kelly  
Sheila Kennedy & Carl Luster  
Michael King  
Alice Kirkham  
Daniel & Sharon Kitchen  
Dana & Ray Koch  
Anthony Konzal  
Terry E. Kovarik  
Ines Kraft, Ph.D.  
Scott Lawry & John D. Rogers  
Michael Ledwein  
Maggie & Thomas Lengyel

James & Janet Lerossignol  
 Andy Losier  
 Alice Lowe  
 Victoria Maches  
 Mark D. Maddox  
 Vince Manfredi  
 Nancy Marlin  
 Carlos Martinez  
 Martin & Joanne Marugg  
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 David Mayo  
 Deborah McClain  
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 Joanne McKee  
 Lori McMacken  
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 Renato E. Salazar  
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 N. Byron Metts, M.D.\*  
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 Brian & Sue Ann Mitchell  
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 Anthony W. Munday  
 Trish Mylet  
 William Nguyen  
 Susan Nichols  
 Ellen & John Nolan  
 Jenna Novotny  
 James P. Nugent  
 Mary L. O'Brien  
 Toni A. Occhipinti  
 Barbara Oswald  
 Fema Padrigan  
 Karen Pearce  
 Marjorie Peck  
 David Pedersen  
 Sally Prestele  
 Lorraine Pritchett  
 Samantha Przywitowski  
 Peggy Quinn  
 Lynn Rank  
 Michelle & Dennis Regan  
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 Dave Ricks  
 Jeffrey L. Robers  
 Celia Rock  
 Julia Romero Walker & Charles W.  
 Walker  
 Andrew S. Rosenberg  
 Doron E. Rosenthal  
 Timothy Rourke & Robert L. Burdge  
 Peter C. & Mary A. Roussos  
 Frances B. Russell  
 Mary Sandoval

Melodie Santodomingo  
 Leslie Schnaubelt  
 Bryan Schneider  
 Laura & Ray Seiler  
 Neal Sekiya  
 Albert & Marilyn Shelden  
 Kelly E. Sherlock  
 Sandra & Edward Silverman  
 Mary T. Singh  
 Barbara J. Sjoblom\*  
 Bridget Slatten  
 Dana M. Smith  
 Michael & Jan Standerfer  
 Allison Stevens  
 Jill & Mark Stull  
 Judith Sundquist  
 Richard Swain  
 Veronica A. Szczerba\*  
 Mary T. Teegarden  
 Terry & Carol Tennebaum  
 Debra Torres-Reyes  
 Paul & Deborah Trivino  
 Dr. Jennifer Tuteur, M.D.  
 Dan Valko

Paul Van Deusen  
 Linda Van Fulpen  
 Steven B. & Cindy T. Venolia  
 Susan A. Vintilla-Friedman &  
 Michael Friedman  
 Maja Vito  
 Nick Wagman & Kurt Gering  
 Nowell Walker & Jonathan Widener  
 Margaret Watkins  
 Dr. Gary Weitzman, D.V.M.  
 Michael Welch  
 Leland Wessel & Dane Christensen  
 Ryan White  
 Mitch Wilson  
 Alin Worley  
 Judith R. Yates  
 Caitlin Yaussi

Thank you to our Bread & Butter  
 Club members for their support!

*\* In Loving Memoriam*



For information on how to make an  
 impact by joining the Bread & Butter Club,  
 please contact Maggie Lengyel at:

[maggie@mamaskitchen.org](mailto:maggie@mamaskitchen.org) or call  
 (619) 233-6262.



# THE LEGACY CLUB AT MAMA'S KITCHEN

Our Legacy Club is a group of generous donors who have named Mama's Kitchen as a charitable beneficiary in their estate planning.

Members of the Legacy Club receive an array of benefits, ranging from our donor newsletter and annual report to meetings with key Mama's Kitchen leaders and invitations to special events and seminars.



Blair Alexander & Dan Belair  
Alice Alperin\*  
Lisa I. Amparan  
John Anguiano  
Thomas Bell  
Catherine Boyer  
Robert Brisick\*  
Tim Brouillette  
Jack Bungay  
Gene Burkard\*  
Rosemary Bybee\*  
Gloria Lee Campbell\*  
Roy L. Carlson  
Heather Chisholm-Chait  
Tim Chisser  
Leslie Cohen\*  
Alberto R. Cortés  
Linda Cory Allen  
Charles Cotton\*  
Cliff Cox  
William Daiber\*  
Rick Dallin  
Thomas J. D'Amico  
John Davis  
Jim Dexter  
Roger Joseph Duby\*  
Richard Farrar\*  
Philip Flick\*  
Gary & Cliff Fox  
Lynda Fox\*  
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George Garrison\*  
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Joan Goodwin\*  
Howard Guidry  
Edward S. Hand  
Cynthia Haney\*  
Stanley C. Harazin  
George Hecht

David Henbest  
Walter Henn\*  
Charles Higgins  
Leroy Holloway\*  
Carrie H. Holmes\*  
Carol L. Holt\*  
William Hughes\*  
Gary A. Humbracht  
Nancy Janus  
Diane M. Johnson  
James Kerr  
Marion Kolesnikoff\*  
Joan Kroc\*  
Peter Lawthers  
Harold Leifer\*  
Leonard L. Lenz\*  
Judy A. Lidstrom  
Matt LoPinto  
Ray Lubecki  
Leslie Maltman\*  
Betty Jean Marchant\*  
Faith A. Maybury  
John McCarthy  
Francis McKinnon\*  
Bruce McLean  
N. Byron Metts\*  
Gail Ann Michaels\*  
Michael Molino  
Richard Moore & Lorna Christensen  
Roger Moser\*  
Laurie D. Munday  
Franklin Neuberger\*  
Jerry R Nott\*  
William Piles\*  
John M. Prosen  
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# OUR VOLUNTEERS

Whether cooking in our kitchen, delivering meals, answering client phone calls, or another critical role – our hundreds of volunteers are the life source of Mama’s Kitchen’s impact and growth.



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Tien Nguyen

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John Walsh  
Benjamin Ward  
Cheryl Weldon  
Scott Weldon  
Darla Winn  
Patrick Zaccaria

### ♥ 25 – 49 Hours of Service

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“Mama’s Kitchen is a great organization, with good people, doing good work for clients that really rely on our services. It’s really rewarding to be a part of this collective effort.”

Richard, Mama’s Kitchen Volunteer



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