

HONORING THE PAST AND CELEBRATING THE FUTURE ~ 1990 - 2010

mama's kitchen

2010 ANNUAL REPORT

Our 20th Year



THE FIRST 20 YEARS OF CARING

looking back

Mama's Kitchen was established in 1990 when a group of volunteers at the AIDS Assistance Fund food pantry discovered that people living with AIDS were becoming homebound — too ill to shop or cook food. During the early years, the organization had a number of hard-working individuals who struggled to overcome funding issues, lack of facilities, and a growing list of clients. On more than one occasion, several generous supporters (such as Gene Burkard, Les Cohen, and Gene Kilanowski) wrote personal checks as loans to cover the costs of food and operations.

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MAMA'S KITCHEN 20 YEAR TIMELINE



1990

- Mama's Kitchen delivers its first 2 meals to clients affected by HIV/AIDS, and is serving 26 clients by end of 1990
- 21,486 meals delivered

1990

1991

- Mama's Kitchen starts cooking its meals at St. Paul's Episcopal Church
- 1st Annual Mama's Day, then termed "An Evening at the Bistro," founded by Tony Kopas



1991



1992

- 76,440 meals delivered
- 1st annual Tree of Life event

1992

MESSAGE FROM BOARD PRESIDENT AND EXECUTIVE DIRECTOR



Scott Gardner
2010 President,
Board of Directors

The year 2010 will go down as one of significant decisions for Mama's Kitchen. After 17 years of occupying the basement of a church, Mama's Kitchen's lease is not being renewed and, thus, this tenancy will come to an end in the summer of 2011. Intent on not failing those that depend on us for nutritional sustenance as well as those that will need our services in the future, the board of directors decided in 2010 to initiate a capital campaign and to purchase a property. These two decisions will have a positive difference on the lives of hunger-vulnerable, critically ill people for decades to come.

Additionally, Mama's Kitchen co-hosted the annual conference of the *Association of Nutrition Services Agencies (ANSA)* in San Diego in August. This was the first time ANSA's conference happened in San Diego and they were grateful to experience the warm climate and our welcoming community.

In September we marked the 20th Anniversary of Mama's Kitchen with a wonderful celebration that honored our organization's early pioneers and affirmed 20 years of lives made better one meal at a time.

All the while, we never missed a beat responding to the nutritional needs of people with AIDS or cancer who would otherwise be vulnerable to hunger. We delivered close to 325,000 nutritious, free meals. And Mama's Pantry witnessed a record 4,849 visits. Over 1,200 health-challenged men, women and children experienced a consistent and dependable source of quality food.

Thank you for making this an outstanding year for Mama's Kitchen. The love and generosity will be evident as you read through this report.



Alberto R. Cortés
Executive Director

With abundant gratitude,

Scott Gardner,
2010 President, Board of Directors

Alberto R. Cortés,
Executive Director

1993

- Mama's operates in donated space at St. Didacus Catholic Church in Normal Heights
- Mama's expands its service to South Bay Areas



1993

1994

- Mama's Kitchen is a founding member of ANSA (AIDS Nutrition Services Alliance)
- Mama's expands services to North County and El Cajon
- The Kitchen moves to larger location at 1875 Second Avenue



1994



1995

- Tony Kopas passes away January 10, 1995 from complications of AIDS
- 136,898 meals delivered
- 32,249 volunteer hours



1995

THE FIRST 20 YEARS OF CARING

looking back

In 1991, board member and caterer Tony Kopas gathered his friends and fellow chefs and started what is now the Kitchen's largest fundraiser: Mama's Day. The Mama's Kitchen board of directors soon grew into a strong presence of business and professional people who worked diligently to further the organization's mission.

Mama's Kitchen opened Mama's Pantry in 2004, a free pantry service for low-income, HIV positive individuals. In 2006 the Kitchen expanded its mission to serve people under the age of 60 with illnesses other than AIDS, and in 2009 Mama's Kitchen's scope was refocused to provide complete nutrition to critically-ill local residents most vulnerable to hunger and malnutrition: those fighting AIDS or any type of cancer.

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MAMA'S KITCHEN 20 YEAR TIMELINE



1996

1996

- 250,000th meal served
- Patsy Fleming, head of President Clinton's Office of National AIDS Policy, and other members of the Policy office toured MK as part of the War Against AIDS.
- 1st Wine Tasting at Bourbon Street



1997

1997

- Weekend Grocery Bag Program started
- Celebrity Closet raises \$70,000



1998

- Increased nutritional content of meals to provide 2/3 of daily nutrients as recommended by the American Dietetic Association for people with AIDS (6 days a week)
- The Kitchen is upgraded with walk-in freezer and refrigerator, stainless steel tables and new shelves, new ceiling & floor, pots & pans, utensils and food warmers

1998



Tony Kopas, who brought us Mama's Day in 1991



A slogan was adopted along the way: 'Mama's Kitchen, here we are battling the most serious worldwide epidemic of our times with chicken soup.'



Rue Tootle working at Mama's Kitchen in the early days



Laurie Leonard, one of the original founders of Mama's Kitchen



1998 Kitchen renovation



Jonathan Bailey with an auction item at Mama's Day 1995



Anne Garger in the newly remodeled Kitchen, 1998

2,000,000 Meals

1999

- April: 1 millionth meal served
- Mama's Kitchen starts providing meals 7 days a week
- MK begins providing breakfast to it's clients, with funding from Harvey & Frances White

2000

- 398,741 meals delivered
- 47,500 volunteer hours (value of \$731,025) from over 575 volunteers



2001

- Two millionth meal served
- Over 700 clients; Over 100 of these clients were children, most under the age of 13
- Launched www.mamaskitchen.org, designed and programmed by board member Kelly Abbott. In the website's first 6 months, MK raised \$2,845 online.

1999

2000

2001

THE FIRST 20 YEARS OF CARING

looking back

With our refocused mission, Mama's Kitchen strives to continue to be relevant and responsive to the people of our community who rely on us as the sole provider of their nutritional needs. Every day volunteers package, prepare, cook, and deliver nutritious meals to hundreds of individuals and their families, free of charge.

In our twenty year history, Mama's has never turned away a single person who is eligible for our services, and today, we remain as strongly committed to our mission as ever.

MAMA'S KITCHEN 20 YEAR TIMELINE



2002

- 46,820 volunteer hours
- 670 clients
- 3,490 grocery bags



2003

- Joan Kroc gives MK a \$500,000 gift which is put into a newly established endowment fund ("Mama's Promise Fund") in June 2003
- 2.5 millionth meal delivered by County Supervisor Ron Roberts
- City of SD officially declares Dec. 1st "Tree of Life Day," commemorating the 15th Anniversary of World AIDS day—a resolution sponsored by Council Members Tony Atkins and Donna Frye

2004

- 3 millionth meal delivered by County Supervisor Ron Roberts
- Mama's Pantry opens it's doors



2005

- MK 15th Anniversary
- Pie in the Sky Fundraiser begins

2002

2003

2004

2005

Carolyn & Ray McFarlane
celebrate with Diana & Jerry
Greenspan at Mama's Day 1999



Audrey Geisel at
Mama's Day 2000

Pride Float 1996



First annual Pie in the Sky, 2005

Phil White & Frances
Hamilton White



Jim Bowers
tips his hat
to Mama
in 2000



2006

- Expanded mission to serve people with critical illnesses other than AIDS
- Served over 1,500 individuals with home-delivered meals, bags of groceries, or pantry services

2007

- 3,237 Pantry visits
- 576 hot meal clients
- 10,000th visit to Mama's Pantry

2008

- 30,200 volunteer hours (= 14.5 full time employees; \$659,884 volunteer in-kind contributions)
- 172,104 miles driven (808 avg. daily miles; \$100,681 value of mileage)



2009

- 5 millionth meal delivered by San Diego Mayor Jerry Sanders
- Refocused mission to serve clients with AIDS or any type of cancer
- Tantrums & Tiaras board sponsored event



2010

- 20th Anniversary
- www.mamaspies.org website launched

2006

2007

2008

2009

2010

SERVICES PROVIDED BY MAMA'S KITCHEN IN 2010

Home-Delivered Meal Services

AIDS Nutrition Program

- 280,191 meals
- 389 clients

Critical Illness Nutrition Program (CINP)

- 43,953 meals
- 120 clients

Children's Nutrition Program (CINP)

- 35,904 meals*
- 72 children*

*These 72 children and their meals are included in the totals for the *AIDS Nutrition Program* and the *Critical Illness Nutrition Program*, based on their parents' diagnosis.)

Mama's Kitchen Hot Meal Delivery by Area

County Region	Meals	Clients
Central	161,619	245
East	48,906	79
North	42,345	67
South Bay	31,167	54
Southeast	40,107	64
Totals	324,144	509

Average cost per meal: \$2.86
(constitutes cost of food and containers)

Pantry Service

Mama's Pantry

- 4,849 Pantry visits
- 725 clients
- 82,433 lbs. of food
- 43,641 meal equivalents

Meals/Meal Equivalents

- 324,144 meals (Hot Meal Service)
- 43,641 equivalent meals (Mama's Pantry)

AIDS Nutrition Program

The primary program of Mama's Kitchen, the *AIDS Nutrition Program* provides 100% of the nutritional needs of local San Diego County residents who are living with HIV or AIDS and, as a result, are unable to shop and cook for themselves. The side effects of AIDS and the intensity of antiretroviral medications can severely affect appetite and the ability to eat enough food or absorb the proper nutrients.

The *AIDS Nutrition Program* provides breakfast, lunch and dinner, 365 days a year, to people across San Diego County. In 2010, our volunteers prepared and delivered 280,191 meals free of charge to 389 San Diego County residents.

Critical Illness Nutrition Program

Our *Critical Illness Nutrition Program* is for San Diego County residents who are under the age of 60 and struggling with any type of cancer that creates obstacles in attempts to provide for themselves. Three meals a day for every day of the year are prepared and delivered to their home, providing much needed fortification to battle their illness.

In 2010, the scope of Mama's Kitchen's *Critical Illness Nutrition Program* was refocused to target critically ill residents who are most vulnerable to hunger and malnutrition: those fighting cancer. Cancer patients are often highly susceptible to hunger and malnutrition-related illnesses due to their body's fight against their disease, and also to the intensity of chemotherapy. By providing this vital nutritional support service, our cancer clients can more easily gain or maintain the weight needed to reclaim their health.

In 2010, the *Critical Illness Nutrition Program* prepared and delivered 43,953 meals to the homes of 120 San Diego County residents, at no charge, a 90% increase in services to people affected by cancer compared to 2009.

Children's Nutritional Health Program

The *Children's Nutritional Health Program* provides the dependent children of our clients with three nutritious meals a day, 365 days a year. The *Children's Nutritional Health Program* was developed in 1999 after it came to light that parents enrolled in our *AIDS Nutrition Program* were going without food so they could share their meals with their children. The *Children's Nutritional Health Program* provides these children complete daily nutrition and makes certain that they have the suitable nourishment for healthy growth and development.

In 2010, the *Children's Nutritional Health Program* prepared and delivered 35,904 meals to 72 children, free of charge. (These 72 children and their meals are included in the totals for the *AIDS Nutrition Program* and the *Critical Illness Nutrition Program*, based on their parents' diagnosis.)

Mama's Kitchen has provided our household with a service that is invaluable.... I had no idea how much the kids were not eating until you began bringing food for them and my husband. It was then that I realized they had been going without and saying nothing. When your food came, I was amazed with the amount of food, and even more amazed by how they ate what we received.

You have made life easier at a time when we were struggling in more than one way.... We appreciate you more than you could ever imagine.

Thank you, Sandy

There have been many difficult years living with [HIV] and taking care of a special needs child alone. I have been receiving home deliveries from Mama's Kitchen and there are not enough words to say how much I appreciate this service....

Doreen L. North County client



Mama's Pantry

Established in 2004, the *Mama's Pantry* service is designed to meet the needs of low-income, HIV positive San Diego County residents who can benefit from occasional nutritional support to maintain their health and stretch their food budget. Once a month, clients can visit *Mama's Pantry* and select their own non-perishable items such as cereals, pastas, and canned goods from a wide inventory, free of charge. Our *Pantry* clients have greater mobility than most, and are able to prepare their own meals. In 2010, *Mama's Pantry* received a record 4,849 visits from 725 clients.

FINANCIAL STATEMENT

Independent Auditor's Report:

"In my opinion, the financial statements referred to below present fairly, in all material respects, the financial position of Mama's Kitchen as of December 31, 2010, and the changes in its net assets and its cash flows for the year then ended in conformity with accounting principles generally accepted in the United States of America."

— Douglas R. Ashbrook, CPA

View the complete report from the auditor at www.mamaskitchen.org

Mama's Kitchen has a strong volunteer base that contributes time and effort, which directly translates to savings in dollars and cents; time and effort that has a material impact on our financial outcomes. So we believe that the most complete financial picture of Mama's Kitchen must include the following:

Volunteer Time & Travel Valuation

- One hour of volunteer time is valued at \$23.29 in 2010*
- 30,685 volunteer hours
- Volunteer in-kind contribution value: \$714,654
- Mileage reimbursement rate: \$.55/mile for business purposes
- 138,160 miles driven in 2010 – average 886 miles driven each delivery day
- Mileage in-kind contribution value: \$75,988
- Total valuation of Volunteer contributions: \$790,642

*Source: *The Independent Sector California*

Statement of Financial Position

As of December 31, 2010 (with comparative totals for December 31, 2009)

ASSETS	2010	2009
Cash and cash equivalents	228,520	249,906
Investments	1,965,747	1,940,426
Prepaid expenses and deposits	92,900	26,648
Grant contracts receivable	65,285	36,585
Inventory	13,519	17,382
Pledges receivable - net	73,731	0
Office & computer equipment	144,541	137,859
Kitchen equipment	140,013	138,119
Vehicles	23,858	23,858
Leasehold improvements	53,039	53,039
Less: accumulated depreciation	-328,478	-310,451
Intangible assets	23,761	13,761
Less: accumulated amortization	-12,779	-8,027
TOTAL ASSETS	\$2,483,657	\$2,319,105
LIABILITIES		
Accounts payable	26,473	11,183
Accrued payroll liabilities	27,498	26,638
Deferred revenue	20,000	12,500
Accrued vacation payable	42,426	35,792
TOTAL LIABILITIES	\$116,397	\$86,113
NET ASSETS		
Unrestricted	2,229,219	2,202,553
Temporarily restricted	105,693	0
Permanently restricted	32,348	30,439
TOTAL NET ASSETS	\$2,367,260	\$2,232,992
TOTAL LIABILITIES AND NET ASSETS	\$2,483,657	\$2,319,105

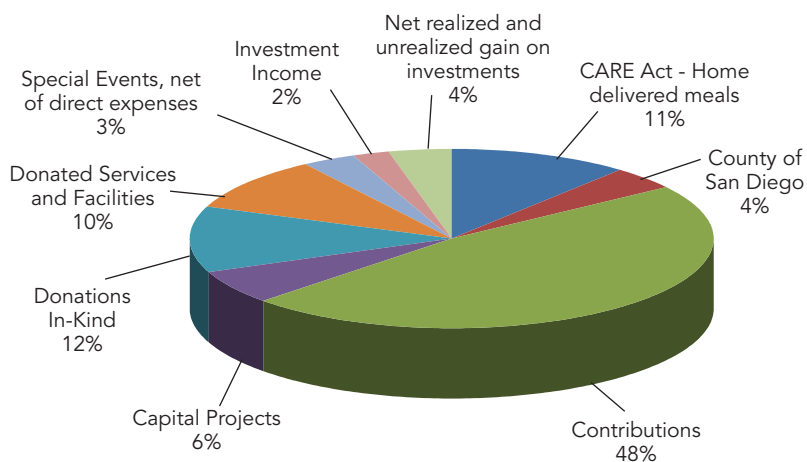


Statement of Activities

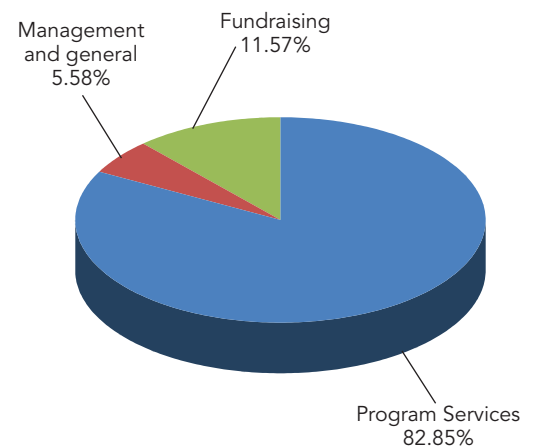
As of December 31, 2010 (with comparative totals for December 31, 2009)

REVENUE, GAINS, AND OTHER SUPPORT	2010	2009
■ CARE Act - Home delivered meals	312,817	437,919
■ County of San Diego	114,065	15,000
■ Contributions	1,337,624	1,401,069
■ Capital Projects	173,731	0
■ Donations In-Kind	339,407	293,943
■ Donated services and facilities	266,216	347,743
■ Special Events, net of direct expenses*	95,435	51,400
■ Investment Income	67,848	64,872
■ Net realized and unrealized gain on investments	105,910	171,806
TOTAL REVENUES, GAINS and OTHER SUPPORT	\$2,813,053	\$2,783,753
EXPENSES AND LOSSES		
■ Program Services	2,219,252	2,123,143
■ Management and general	149,520	149,875
■ Fundraising	310,013	374,949
TOTAL EXPENSES AND LOSSES	\$2,678,785	\$2,647,967
CHANGE IN NET ASSETS	\$134,268	\$135,946

REVENUE, GAINS AND OTHER SUPPORT



EXPENSES AND LOSSES



* Direct expenses include all related expenses plus full value for all in-kind donations of goods and services, consistent with generally accepted accounting practices.

THANK YOU TO OUR VOLUNTEERS

300 OR MORE HOURS

Ernest Andrade
Nancy Janus
Bob Kidd
Roger Negro
Mary O'Brien

200-299 HOURS

Janet Bruner
Lonnie Brunini
David Camberg
Jerry Carota
Mike Caruthers
Community Covenant Church
Jane Dostalick
Scott Gardner
Judith Kujawa
Betty Lowe
Kathryn Nosenzo
Lucinda Rubio-Barrick

150-199 HOURS

Sue Bakley
Paul Barnard
Joel Gerber
Trisha Eve Jablonski
Barbara Perez
Marion Perlman
La Vaughn Poston
Carole Salazar
Cheryl Sass
Christine Tucker
Roger Werbeck
Judy Wilson

100-149 HOURS

Victoria Albert
Lisa Arnold
Cynthia Bell
Susie Berger
Karen Berson
Bo Bortner
Mark Bradshaw
Rob Bridges
Chris Cacioppo
Nan Coffin
Sherry Cohen-Richards
John Crepeau
Michael Dostalick
Lawrence Dow
Letitia Estes
Gilbert Field
Jeffrey Fleming
Roosevelt Grant
Chris Grey
Paul Grisham
Jim Harrington
Bobbi Harwood
Kelley Hess
Julie Hollarn
David Hosaka
Patricia Hosaka
Elyse Juliano

Letitia Kurtz
Myra Lousteau
Sara Lumpkins
MAC Cosmetics
Nancie McAuley
John McCarthy
Sandy Mekuchonis
Aenea Mickelsen
Robin Moss
Stephen Nelson
Melissa Neumann
Tien Nguyen
Rob Norton
Barbara Oswalt
Patricia Pasquill
Anastasia Philippides
Monica Reinicke
Allen Rosenbaum
Andrew Rosenberg
Robert Rosenberger
Bruce Roth
Antonio Salvarrey
Judy Schroeder
Kim Sontag
Eleni Stevens
The UPS Store
Kenneth Villa
Susan Vintilla-Friedman
Scott Weldon
Jack White
Mike Willey
Sabrina Wilson
Garrison Yunker

50-99 HOURS

Blair Alexander
Jeff Alexander
Linda Allen
Michael Amick
Michael Ammons
Dominick Andreacchio
Thomas Angioletti
G. David Aposporos
George Arthur
John Ballnik
Christina Bertsch
Jadwiga Bliss
Paul Bliss
Bert Bloom
Kathy Borden
Dion Brown
Donna Budd
John Bunnasi
Robert Burdge
Karen Cabrera
Michele Chang
Robin Chiki
Storrie Chisholm
Euiyoung Chong
Pamela Ciborowski
Carol Clause
Kenneth Cloutman
Rachel Damm
Jade Davis
Kevin Day
Denise DeCaprio
Jason DeFay

Thomas DeFay
Kevin Delaney
Cheryl Devlin
Timothy Devlin
Janet Dixon
David Downing
John Drury
Albert Esquivel
John Etchechury
Kellie Evans-O'Connor
Ann Fitzpatrick
Karen Fox
Terrilou French
Emily Gilmore
Mary Giovaniello Pentrack
Carol Goynne
Guys Like Us
Elanore Hall
Jeanette Handelsman
Patricia Hansen
Harbor Presbyterian Church
Monica Harlow
Erick Haswell
Bryan Heers
Debra Hershman
Diane Holland
Kelly Hoopes
Judy Jeong
Lisa Jeong
Ming Jeong
Nui Jeong
Lawrence Johnson
Sue Johnson
Kaiser Permanente
Priti Karnik
Helen King
Marci Knoles
Maureen Krouner
Jan Kujawa
Dawn Kureshy
Kay Larimer
Carol Macias-Hale
Ron Marcus
Ryan Martinez
Kimberly McDermott
Carolyn McFarlane
Raymond McFarlane
Jan McMillan
Fernando Moreno
Sally Mowry
Gerald Neu
Kendall Nicky
Martha Obermeier
Godwin Ofoedu
James O'Grady
Cait Orwig
Anthony Pastore
Judith Paulson
Amy Perez
Anne Marie Pleska
Paul Portillo
Saxon Rawlings
Cyril Reinicke
Nick Rivera
Lotte Roache
Mark E. Roberts
Doron Rosenthal
James Ruboyianes
Natasha Sandrock Arthur
Kathleen Schow
Karen Schuldies
Ken Scruggs
Miriam Seva

Chris Sheehan
Jack Slagle
Charlene Soriano
Anton Sterzinger
Donna Sucov
Zak Szymczak
Richard Taubman
Temple Emanu-el
Bob Terris
Marie Chantal Tran
Desiree Valadez
Cris Vasquez
Steven Venolia
Alicia Vicars
Carol Wahlen
Michael Waters
G. Weldon Webb
Rebecca Weckerly
Margaret Wiedower
Naomi Wilkins
Anne Wilson
Roxanne Wisenberg
Roberta Witte
Vista Grande Community Church
Tom Yount
Krista Zamora

25-49 HOURS

Everardo Aguilar
Andrew Alcantara
Bernard Anderson
Barbara Andrade
Gary Archer
Charlonna Beach
Dawn Bentley
Elayne Berman
Marilyn Blaisdell
Sue Braddock
Thomas Braddock
Jim Carver
Julia Castlen
Matthew Chisholm
Marlene Cook
Kenny D'Arigo
Ed DeSantis
Christopher Duke
Orlee Dykan
Cheri Ellis
Fermin Estrada
Roger Frey
David Friedman
Todd Gabello
Gregg Garner
Rebecca Gonzalez
Amanda Guerra
Sabrina Hahnlein
Jeff Hanna
Jane Hardin
Carol Harris
Jordan Hemenway
Rickie Hensley
Christopher Hilinski
John Hook
Cheri Hoolihan
Anthony Johnson
Larry Johnson
Megan King
Erika Kirkland
Thomas Kwan
Mary Leivers
Elisabeth Lipton
Louis Lopez

Michael Louis
Daniel McCaslin
Paul McGrath
Michaela McNaught-Davis Hess
Valerie McNaught-Davis Hess
Alane Milton
Ingrid Moore
Jonathan Morris
Christina Orsa
Jose Pallares
Roy Peloquin
Brandon Phillips
Kathleen Pons
Sharon Reynolds
Jeff Robers
Ardell Roberts
Annette Rodriguez
Luis Rodriguez
Brant Sarber
Jerald Schuldies
Suzanne Scott
Kathryn Sergott
Gila Silver
Jonathan Silver
Roy Silver
Glenn Small
Allison Smekal
Savannah Stanley
Bradley Stech
London Stech
Summer Stech
Storefront
Scott Striegel
Juan Suarez
Raymond Tam
The Institute for Effective Education
Krista Trimlett
Fabio Tucci
Erika Walsh
Mitchell Williamson

1-24 HOURS

Patti Abramson
Blair Albanese
Derek Anderson
Derek Andreason
Jane Andrews
Rebecca Andrews
David Anglikowski
John Anguiano
Maria Aragon
Patrick Armijo
Lauren Arnett
Robin Aubin
Cindy Bautista
Andrea Bayer
Brian Bazinet
Debbie Beckwith
Gabrielle Beebee
Marc Bennett
Theo Bercot
Elisabeth Bergan
Stacy Berman
Jerome Bernardo
Lori Berris
Xia Bertoch
Bettyann Bird
Daniel Boden Miller
Cameron Boquet
Dawn Boquet

Jeffery Boss
 Isabel Boylston
 Leilani Bravo
 Michael Brierley
 Lynn Briscoe
 Barbara Brown
 Gwen Brown
 Seane Brown
 Gwynne Bruck
 Kathy Bruton
 Gene Burkard
 Sheere Burke
 Rob Cain
 Ron Call
 Thomas Cardosa
 Scott Carino
 Rachelle Carvajal
 Heather Carvey
 Jerry Castellanos
 Yamily Castillo
 Nick Catgenova
 Caitlin Catherwood
 Raymond Chala
 Sarah Charron
 Louie Chavez
 Betsy Colarusso
 Aaron Comerchero
 David Contois
 Cher Contreras-Lonetto
 Jesse Cooke
 David Coole
 Rosanne Cornwell
 Candice Cortez
 Michael Curtis
 Janice Daniels
 Zachary Daniels
 Justin Davies
 Isabella Davis
 Lee Anne Davis
 Sonal Desai
 Darin Dietz
 Michael Dodi
 August Donahue
 Art Donaldson
 Michelle Donovan
 Jonathan Douglas
 Vanessa Downing
 William Driscoll
 Rob Duarte
 Barry Dubis
 Jeremy Dutton
 Cordelia Eastridge
 Tracy Ebba
 Lauren Edwards
 Angela Egner
 Akira Eigner
 John Erickson
 Leanne Erwin
 Andrew Estrada
 Marta Ferguson
 Diane Ferreira
 Emily Field
 Patricia Field
 Kimberly Fonseca
 John Ford
 Mark Foster
 Deidra Frisby
 Adrian Gallardo
 Larry Ganzell
 Kirk Garrod
 Keirstin Gaspere
 Eileen Gaudette
 Flavian Geis
 Linda Gentry-Von Der Ahe
 Don Giaquinto
 Richard Gilb

Benjamin Giles
 Marilee Gillen
 Justin Gittelman
 Spencer Glass
 Tanner Glass
 Donald Goff
 Chris Gold
 Lester Gomez
 Nora Gomez
 Jack Gorham
 Lea Goynes
 Chad Gray
 Margaret Gray
 Melanie Gray
 Kathleen Grenfell
 Anthony Griffin
 Beth Grinblat
 Daniel Grover
 Barbara Guerrero
 Laurie Gunn
 Annette Gutierrez
 Ronald Hadley
 Kathryn Hahnlein
 Monique Halabi
 Meg Halaska
 Linda Hale
 Tom Hampton
 Jasmin Harris
 Shozo Hasegawa
 Nina Hashemi
 Dana Hayden
 Barbara Herrinton
 Kimberly Herrmann
 Leslie Herrmann
 John Hohne
 Arthur Hopkins
 Michelle Huber
 Justine Hufford
 Kevin Hunter
 Kyle Icke
 Ellen Immergut
 Bill Ingram
 Inga Intriago
 Nicole Irizarry
 Katie Jackson
 Mark James
 Karen Johnson
 Shawn Johnson
 Janie Jones
 Denise Kassal
 Michela Katz
 Sara Katz
 Jennifer Kearns
 Breanne Kebely
 Nichole Kebriti
 John Kiladis
 Deborah Kim
 Natalie King
 Matt Kirkland
 Rebecca Klatch
 Persis Knipe
 Jodi Kobashi
 Kylo Konechny
 Brianna Korthase
 Michael Kovach
 Bryna Kravtzer
 Tange Krause
 Drew Kroft
 Len Krouner
 Patrick Kruse
 Mark Kulczak
 Camie Kuo
 Sunny Kuzman
 Lynne Leach
 Kiley Lee
 Annette Lerma

Linda Long
 Timothy Loomis
 Maxine Louis
 Imelda Lugue
 Chantal MacKinnon
 Sean Makowski
 Maria Margallo
 Derek Marich
 Tanya Marsh
 Allen Martin
 Robert Martin
 Adam Martindale
 Sophie Martinez
 Stephanie Martinez
 Hortencia Mata
 Konrad Mayr
 Josh Mays
 Monica McCown
 Helene McGill
 Kaely McKelway
 Kevin McMahon
 Michaela McNaught
 Davis Hess
 Mike McRay
 Diane McSweeney
 Khann Mean
 Tessa Melendez
 Grant Mickelsen
 Daniel Moe
 Ariana Montijo
 Briana Montijo
 Diego Montijo
 Eric Montijo
 Jenna Moore
 Kelly Moore
 John Moreno
 Marsha Morgan
 Karyn Moriel
 Roberta Moss
 Regina Naranjo
 Jennifer Nelson
 Robert Nelson
 Dang Nguyen
 Duc Nguyen
 Thuba Nguyen
 Kevin Nicholas
 Maria Nolan
 Michael Nugent
 Jeffery O'Donnell
 Brandy Ogans
 Andrea Olsen Lam
 Joyce O'Neill
 Pat Ontiveros
 Michael Ortega
 Cheyne Ostrander
 Mark Padgett
 Krista Page
 Susan Pantaleoni
 William Paskert
 Michael Patterson
 Katherine Pedersen
 Denise Penn
 Russell Petty
 Elizabeth Polvent
 Austin Prida
 Katie Raymond
 Dee Reece
 Beth Reed
 Philip Reh
 Megan Reid
 Adriana Rendon-Miranda
 Patrick Reynolds
 Jennifer Ridihalgh
 Jeff Rinehart
 Larry Rinehart

Anne-Marie Roach
 James Roach
 Guylaine Robert
 Jessica Rodriguez
 Alicia Roedell
 David Roellich
 Joshua Romero
 Santiago Romo
 Jaime Rosales
 Janice Roudebush
 Christina Salazar
 Michael Salazar
 Richard Samudio
 Douglas Samuolis
 Debra Sands
 Patty Scarborough
 Jared Schaueremann
 Chris Schell
 Timothy Schmitz
 Dawn Scott
 Lance Scott
 Joshua Scott-Ibarra
 Elise Seaton
 Debbie Seid
 Shayna Seid
 Thomas Shadek
 Kathryn Shaw
 Kelly Sherlock
 Paul Sierra
 Mark Silver
 Sandy Silverman
 Jeffrey Slon
 Delma Smart
 Jamie Smart
 Beth Smith
 Taylor Smith

Lisa Ann Tays
 Kelli Thompson
 Carla Thornton
 Rachael Thornton
 Erica Tofson
 Susana Toledo
 Crispan Torres
 Laila Torres
 Ann Marie Towle-Mason
 Margarite Triemstra
 Stacey Uy
 Mark Van Bibber
 Kristin Vannieuwenhover
 Cindy Venolia
 Beverly Victor
 Ken Victor
 Jose Villa
 Adam Vincent
 Cara Vincent
 Joyce Vonstuck
 Sarah Weber
 Marty Weiner
 Arlene Weinerman
 David Wells
 Jonah Werner
 Joanna Weston
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 Phil White
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 Sabrina Wilkerson
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 Willa Winters

Volunteer Activities for 2010

- 364 new volunteers
- 30,685 volunteer hours (equal to 15 full-time employees)
- 766 active volunteers in 2010
- \$714,654 value of volunteer hours (@ \$23.29 per hour based on Independent Sector California valuation)
- 138,160 Delivery Miles (@\$.55 per mile) \$75,988
- **Total Value of Volunteer Service \$790,642** (hours plus mileage)

Volunteer Recognition Activities for 2010

- Volunteer Mixer at Mama's Kitchen – November
- Volunteers of the Year honored at Mixer – November
- Diversionary Theatre and Old Globe Theatre complimentary tickets
- Balboa Park Museum passes

Julie Soloman
 Mark Solomon
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 Laura Stadler
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 Tori Stitt
 Frank Stubbs
 Anne Sugden
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 Jared Wright
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 Salvatore Zambito
 Erin Zepf
 James Ziegler
 Linda Zweig
 Tamara Zyhylij

2010 VOLUNTEERS OF THE YEAR

Our dedicated volunteers were honored for their outstanding service at the Volunteer Mixer held on November 2, 2010. Thank you to our wonderful Volunteers of the Year, who have contributed so much to our organization.



Chuck Ferrante



Mike & Jane Dostalick



David Friedman



Carol Harris



David & Pat Hosaka



Ron Marcus



Patricia Pasquill



Erica Tofson

THANK YOU TO OUR CORPORATE PARTNERS



Thank you to our many charitable supporters who have contributed to Mama's Kitchen both financially and through in-kind gifts throughout the years. Featured here are just a few of the countless organizations that have generously supported Mama's Kitchen, helping us carry out our mission.

Sycuan Casino

The generosity of the Sycuan Band of the Kumeyaay Nation has been experienced by a wide variety of nonprofit organizations, civic groups, and individuals throughout San Diego. Sycuan's spirit of sharing goes beyond providing financial assistance; Sycuan members also provide in-kind donations and invaluable volunteerism to ensure that Sycuan's social footprint leaves a lasting impression on the history of San Diego County.

Since 1997, Sycuan Casino has collaborated with Mama's Kitchen to provide hunger relief to San Diegans who are unable to provide for themselves. Sycuan Casino generously underwrote a \$25,000 sponsorship of *Mama's Day 2010: A Tradition of Taste*, and later in the year, were so kind as to donate and bake 1,300 apple pies for *Mama's Pie in the Sky* fundraiser.



Nordstrom **NORDSTROM**

Founded in 1901 as a shoe store in Seattle, Washington, Nordstrom has evolved into one of the nation's leading fashion specialty retailers, with 204 U.S. stores located in 28 states. Nordstrom has a long-standing commitment of supporting the most pressing needs in the communities they serve, with diversity playing a key role in their charitable choices.

Nordstrom awarded a \$25,000 grant to Mama's Kitchen as a major sponsor of *Mama's Day 2010: A Tradition of Taste*.

This amazing demonstration of philanthropy allowed us to provide almost 9,000 meals, and made our event the most successful to date!



THANK YOU TO OUR GENEROUS DONORS

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Raymond T. Chala
Cher Rouge Salon
Childrens Growing Center
Circuit Line Electrical Contractors -
Chuck Gegan
City of Coronado - Recreation Services Jr.
Clearview Eye and Laser Medical Center
Coach Leatherware
Phil Cochran
Nan Coffin
Cohn Restaurant Group
Anthony B. Comito
Congregation Beth Israel
Brian Corkum
Jim Corrigan
Costco Wholesale
Cowboy Star Restaurant & Butcher Shop
Crate & Barrel
John Crepeau
Sarah Cristal
Cups La Jolla
Currant American Brasserie
Cygnnet Theatre Company
Dapper Jay's Barbershop & Hot Shaves
Geneva Darcviel
Decker Brothers Gourmet Soup
Ed A. DeSantis
Jhonnyffer Diala
Diegueño Country School

Dining Details
 Disconnected Salon
 Discovery at Cortez Hill
 Disneyland Resort
 Diversionary Theatre
 Dolce Donuts
 Dover Sands Vacation Rentals
 Richard A. Dukes
 Earnest Eats
 Eclipse Chocolat
 EDD
 Margaret M. Egler
 EJE Elementary Academy Charter School
 El Vitral Restuarant & Tequila Lounge
 Katie M. Elder
 Elizabethan Desserts
 Charles H. Elster
 Enoteca Style
 Enviouskin
 Estancia La Jolla Hotel & Spa
 Eurobar, LLC
 Events by Design
 Evolution
 Extraordinary Desserts
 F Street Corporation
 Face Aids UCSD
 Festivities Catering
 Fetish Men San Diego
 First United Methodist Church
 The Fish Market
 Steve Fleisher
 Flemings Prime Steakhouse
 Foxy Roxy Makeup Artisty
 Fred Astaire Dance Studio
 The French Gourmet
 Gay & Lesbian Times
 Gay Community Traffic School
 Geico Direct
 Ginseng Yoga and Bodywork
 Girard Gourmet
 Girl Scout Troop 3145
 The Gondola Company
 Ralph Gonzales
 Gossip Grill
 Lea Goyne
 Grande Colonial La Jolla
 Doug Grces
 Great News! Discount Cookware and
 Cooking School
 Hair Dresser to the Stars
 Yu-Chen Han
 Hard Rock Hotel
 Harrah's Rincon Cssino & Resort
 Lydia I. Harris
 Harry's Bar & American Grill
 Hash House A Go Go
 Hilton Bay Front
 Hilton Checkers Los Angeles
 Hilton San Diego Resort & Spa
 Hornblower Cruises and Events
 Hospitality Inc
 Hotcha Salsa
 Hotel La Jolla
 Mike Hughes
 Humphreys Concerts by the Bay
 Hunt & Gather
 Hyatt Regency La Jolla
 InCahoots Bar & Night Club
 Inner Balance Institute
 IN-N-OUT BURGER
 IServe Residential Lending, LLC
 Island Prime
 Jakes on 6th Wine Bar
 Liz Jardine
 Java Jive Espresso Catering
 Jewell Entertainment
 JRDN Restaurant
 JSM Bodywork, Inc.
 Albert Killen-Harvey
 The Knot Stop & Body Alchemist
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 Clyde Kroburg
 Linda C. Kurtyka
 La Jolla Playhouse
 La Valencia Hotel
 Ladeki Restaurant Group
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 LARKSPUR Hotels & Restaurants
 L'Auberge Del Mar Resort & Spa
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 Lewis Middle School
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 Ligand Pharmaceuticals, Inc.
 LightBridge Hospice
 Aaron Lindberg
 Eleanor W. Lynch
 MAC Cosmetics
 Maderas Clubhouse Grille
 Christopher W. Manahan
 Maritime Museum San Diego
 Marriott Anaheim
 Marshall Eklund Pilates & Fitness
 Tasha C. McClure
 Medical Center Pharmacy
 Merk Bistro Italiano
 Mingei International Museum
 The Mission Restaurant
 Model Call Salon
 Moonstone Health Massage Studio
 Polly Murphy
 Museum of Contemporary Art
 Museum of Photographic Arts
 Muzita Abyssinian Bistro
 Mythology By Richard Fredrick
 Naked San Diego
 Naval Sea Logistics Center
 Jim Neal
 Paul Nester
 North Coast Repertory Theatre
 The Oceanaire Seafood Room
 Oceanside Museum Of Art
 Old Town Trolley Tours
 One Hope Wine
 Pacific Beach Veterinary Clinic
 Pacific Southwest Railway Museum
 Pacifica Del Mar
 Park Manor Suites
 Parkhouse Eatery
 Parkloft COA
 Naser Parton
 Pechanga Resort & Casino
 Peet's Coffee & Tea
 Ryan Phillippi
 Piatti Ristorante & Bar
 Pizza Gourmet Express
 Preferred Employees Insurance
 Company
 Prep Kitchen
 Prone To Massage
 Provide Commerce, Inc.
 PRP Wine International
 Ralphs Grocery Store
 Rama
 Matthew B. Ramon
 George Raules
 Red Marlin
 Republic Training Center
 Reuben H Fleet Service Center
 Peter C. Roussos
 Rowley Exclusive Individual
 Portraits of Children
 Rubio's Fresh Mexican Grill
 Paul Ruegg
 Sage Canyon Elementry School
 Sail San Diego
 Sammy's Woodfired Pizza
 San Diego Automotive Museum
 San Diego BalletSan Diego Chargers
 San Diego Coaster Company
 San Diego Culinary Institute
 San Diego Harbor Excursions
 San Diego History Center
 San Diego Job Corps Center
 San Diego Jogging Tours
 San Diego Model Railroad Musuem
 San Diego Museum of Art
 San Diego Museum of Man
 San Diego Padres
 San Diego Pagan Pride
 San Diego Police Department
 San Diego Police Mid City Division
 San Diego Symphony
 San Diego Transgender Day
 of Remembrance
 San Diego Zoo
 Kim Sontag
 Sante Restaurant
 Sauce Goddess
 Sbicca - An American Bistro
 Gregory Scott
 SeaWorld
 Tim Shannahan
 Sheraton San Diego Hotel & Marina
 The Shores - La Jolla's Steak
 and Seafood Restaurant
 Shui Chiropratic & Wellness
 Side Dishes
 Sigma Nu Fraternity
 Skincare By Sanna
 Small Bar
 The Sofia Hotel
 Soleil@K
 Mark E. Solomon
 Soltan Banoo
 Sotto
 Souplantation & Sweet Tomatoes
 Southwest Airlines Co.
 Specialty Produce
 Spice Kitchen/Catering
 Splash Wine Lounge
 St. Luke Roman Catholic Church
 Stan Lawrence Portrait Art
 Photography
 Starlight Musical Theatre
 Starlite
 Stone Brewing World Bistro & Garden
 Superior Mobile Medics
 Sycuan Casino
 Zak L. Szymczak
 Sohrob TahwasebiTender Greens
 The Art of Dentistry
 The Brigantine Family of Restaurants
 The Gathering Church
 The Grand Del Mar
 The Holistic Cafe
 The Keating Hotel by Pininfarina
 The Red Door
 The San Diego Woman's Club
 The UPS Store
 The Wellington (The Red Door)
 Thornton Winery & Cafe
 Champagne
 Tiffany & Co.
 TK & A Custom Catering
 Toast Enoteca & Cucina
 Top of the Market
 Crispan O. Torres
 Ann Marie Towle-Mason
 The Tractor Room
 Trisler Wine Bar
 Truluck's Seafood, Steak &
 Crab House
 UCSD Medical Center-8th Floor
 Ortho Neou/Trauma Unit
 UCSD School of Medicine
 Urban Mo's
 Urban Solace
 Vagabond Restaurant
 Valhalla High School -
 ROP Culinary Arts
 Vela Restaruant
 Vons Carmel Valley
 W Hotel San Diego
 Warner Center Marriott
 Wawanesa Insurance
 M.E. Welch Plumbing
 West Coast Tavern
 The Westgate Hotel
 Wheeler Family Chiropratic
 Whisk'nLadle Bistro and Bar
 Willis Insurance
 Winke Design
 Winzler & Kelly
 A J. Woolley
 X Winery
 Yoga One
 Keith Zakarin
 Sam "The Cooking Guy" Zien
 Zoot Sports

MAMA'S KITCHEN EVENTS

Mama's Day 2010 – A Tradition of Taste



On May 7th, more than 70 of San Diego's finest chefs came together at the Hyatt Regency La Jolla to support Mama's Kitchen and share their incredible gastronomic creations. The poolside extravaganza raised over \$168,000 for Mama's Kitchen, enabling our organization to prepare and deliver nearly 59,000 meals to neighbors impacted by HIV/AIDS or cancer. Local personality, Sam "the Cooking Guy" Zien, joined the party as Culinary Host, mingling with guests throughout the evening. Emceeding the event was Vic Salazar, former NBC 7/39 anchor and current President/CEO of Vic Salazar Communications.



Mama's Day is truly a community effort. We would like to extend our heartfelt thanks to everyone who contributed to making this year's event such a huge success.

Mama's Day Sponsors included Sycuan Casino, Nordstrom, Union Bank, Pepsi, The Bowden Family Foundation, Issa Foundation, the Hyatt Regency La Jolla, Swank Audio Visuals, San Diego Magazine, Edward Hand & Stan Harazim, Louise L. Hay, Darin Dietz Events, Gay & Lesbian Times, Golden Eagle Insurance Corporation, and Plush Lounge Furniture Rentals. **Special thanks also goes to** Kool Party Rentals, SVEDKA Vodka, Montesquieu Wines, Dining Details, Stone Brewing Company, Resolusean Photography & Events, Embellishmint Floral & Event Design Studio, Organic Elements, Tim Altbaum Productions, Falkner Winery, PRP Wines, Paul Nestor Photography, San Diego Culinary Institute, Rage Monthly, and Just My Ticket for their in-kind support.

Great Gatsby – Mama Turns 20!

On September 12th, Mama's Kitchen celebrated its milestone 20th anniversary with a fabulous 1920s-themed Gatsby Garden Brunch at the historic estate of Jim Urbina and Jeff Johnston. A sumptuous seated brunch called to mind the carefree romance of the Roaring '20s, complete with classic cars, flowing cabanas, and live jazz. Guests donned fine period attire, toasted to Mama's Kitchen's rich history, and participated in live and silent auctions.

An exciting line up of restaurants provided the gourmet brunch, including TK&A Custom Catering, Giuseppe Restaurants & Fine Catering, The Marine Room, Dining Details, Toast Enoteca & Cucina, Urban Solace, Elizabethan Desserts, and Island Prime. **Thank you to our gracious sponsors who made this event a truly memorable one:** Dr. Seuss Foundation, Phil & Ann White, Frances Hamilton White & Sarah H. White, Nordstrom, Barefoot Wine & Bubbly, Food Team, Jewell Entertainment, Zzymzy Quartet, Kool Party Rentals, Embellishmints Floral Design, Evolution Juice, EuroBar, Tiffany & Co., Hotcha Salsa, Sycuan Casino, San Diego Business



Journal, Gay San Diego, Pix, SDGLN, Rage, San Diego Uptown News, GLT, and GLTNN.



15th Annual Wine Tasting at Bourbon Street

More than 200 friends of Mama's Kitchen enjoyed a relaxing evening at Bourbon Street on July 29th, sipping a selection of Rex Goliath wines from Southern Wine and Spirits. Guests dined on delicious tray-passed hors d'oeuvres and tasty desserts donated by local restaurants & caterers, including Lei Lounge, Jakes on 6th, Decker Brothers Gourmet, Musita Bistro, Sycuan Casino, Soltan Banoo, Pizza Gourmet Express, Small Bar and Babbo Grande. Chances to win prizes at a fun silent auction and opportunity drawing provided entertainment and raised funds to support the mission of Mama's Kitchen.



Presidential Dining Experience

Hosted by past and present board members, the third annual Presidential Dining Experience, on February 11, provided a wonderful opportunity to invite new supporters to the Kitchen. The theme for 2010 was *Romancing the Kitchen*, and with the generous donations of numerous in-kind sponsors, Mama's Kitchen was transformed into an elegant and romantic venue. Guests enjoyed a fabulous five-course dinner with wine pairings, a chef's demonstration, and live music.

Special thanks go to Dining Details, Brandt Beef, Pizza Fusion, Amber Reagan, Gossip Grill, X Winery, Provincial Wines, David Patrone Productions, Joe's on the Nose, Embellishmint Floral and Event Design Studio, Concepts Event Design, TK&A Custom Catering, Brutocoa Cellar, Events by Design, Specialty Produce, Pink star Design, Vertical Printing, Tamayo Wines, Resolusean Photography, Catalina Offshore Products, and Hyatt Regency La Jolla.

Tree of Life Ceremony

Each year on December 1, World AIDS Day, hundreds of San Diegans gather at Village Hillcrest to commemorate those affected by AIDS. 2010 marked the 19th year of our Tree of Life ceremony and candlelight vigil, which included local elected and government officials as well as festive holiday music provided by the San Diego Gay Men's Chorus. Guests purchased ornaments to personalize and hang on the tree to remember loved ones and help raise funds for Mama's Kitchen.



MAMA'S KITCHEN EVENTS

Pie In The Sky 2010

This Thanksgiving, hundreds of lives were brightened by the success of our 2010 *Pie in the Sky* bake sale fundraiser. Corporate sponsors, bakers, pie sellers, donors, volunteers, and friends generously contributed to *Pie in the Sky* this year, making *Pie in the Sky* 2010 an unparalleled success. Mama's Kitchen raised almost \$92,000, enabling us to provide over 32,000 nutritious meals to men, women and children impacted by HIV/AIDS or cancer.

This record-breaking total includes almost \$29,000 worth of pies purchased for our clients, and other donations.

Our new website, www.mamaspies.org, was made possible by a grant from the office of Supervisor Ron Roberts, and contributed to the most successful Pie

in the Sky fundraiser to date. A record number of teams and individual sellers came forward to sell pies, and were able to create their own personal "Pie Seller" web pages. This allowed them to easily spread the word to Facebook friends, Twitter followers, email contacts, and more.



The years of continued support from our Title Sponsor, Wells Fargo, have enabled our pie sales to grow and prosper, helping Mama's Kitchen provide more meals to our critically ill clients. Other 2010 sponsors include Koam Engineering Systems, Nico Insurance Services, Suna Solutions, Teague Insurance, Cardiff Seaside Market, Southwest Airlines and Michael's Printing.



The wonderful bakers that made our 2010 Pie Sale possible included SeaWorld, Sycuan Casino, Elizabethan Desserts, Sbicca, Behind the Scenes, Authentic Flavors Catering, The French Gourmet, Feast on This, Twiggs Bakery, Culinary Concepts, The Gourmet Group, Just Call Us Catering, ChiliCo Catering, Hyatt Islandia and Harbor Church.

All of us at Mama's Kitchen are encouraged by our supporters' commitment to our mission and inspired by the results of this community-wide effort. The success of Pie in the Sky 2010 is a true testament to the dedication and generosity our community.

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Lynda Woodley
Principal, The Shoy Group, LLC

Linda Zweig
*Information Officer,
Del Mar Fairgrounds*

Mama's Kitchen Staff Members

OPERATIONS

Anne R. Garger, *Executive Chef*

Bill Patten, *Director of Client & Volunteer Services*

Vickie Randle, *Bilingual Meal Services Administrator*

James (JD) Damon, *Routes Coordinator*

Chip Cline, *Stores Clerk/Pantry Coordinator*

ADMINISTRATION

Alberto Cortés, *Executive Director*

Sam Morbidelli, *Finance Manager*

DEVELOPMENT

Aimee Halfpenny, *Development Manager*

Mauya Siedler, *Marketing Coordinator*

Carlos Medina, *Grants Writer & Program Coordinator*

Kim Sontag, *Special Events Coordinator*

OUR MISSION

At Mama's Kitchen we believe that every person is entitled to the basic necessity of life, nutritious food. As a volunteer-driven, nonprofit organization, we prepare and deliver food to men, women and children who are affected by AIDS or cancer.

MAMA'S KITCHEN 2011 BOARD OF DIRECTORS

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Thomas Kwan

Timothy Loomis
David Muscat
Laurence Rinehart
Erica Tofson
Ann Marie Towle-Mason
Lynda Woodley

LOOKING INTO THE FUTURE



- Escrow close on new building

February 2011



- Renovation on Home Avenue completed

August 2011



- 7,500,000 meals served by Mama's Kitchen

2015

mama's kitchen

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www.mamaskitchen.org

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