

mama's kitchen

2014 ANNUAL REPORT



MESSAGE FROM OUR BOARD PRESIDENT & EXECUTIVE DIRECTOR



Tim Loomis
2014 President,
Board of Directors



Alberto Cortés
Executive Director
Mama's Kitchen

The year 2014 was, not unlike other years, one of successes and challenges for Mama's Kitchen. And despite the challenges over 355,000 meals were home-delivered, clients walked out of Mama's Pantry close to 5,800 times with food, and clients participated in 36 nutrition education classes. The lives of close to 1,500 individuals and families were made better as a result of these services.

The details of these efforts are most familiar to the Mama's Kitchen team of 12 employees (nine full-time and three part-time) who are consistently involved in the day-to-day operations and assure the most efficient and effective ways of responding to the nutritional needs of people affected by AIDS or cancer.

Some of what it takes to get a few hundred thousand meals to the homes of people that are otherwise vulnerable to hunger and malnutrition includes:

- Kitchen Volunteers who, with our chef, prepare hot and cold meals weekday mornings;
- Staging Volunteers who package food weekday mornings and early afternoons;
- Delivery Volunteers who pick up meals at the kitchen or one of our satellite pickup locations in North County and deliver them to our clients in their homes on Mondays, Wednesdays and Fridays;
- Pantry Volunteers who stock shelves and assist clients at Mama's Pantry Monday through Friday from 10am-4pm;
- Food Drive Volunteers who staff food drives at two Ralphs locations on the first and third Sunday of each month, collecting nonperishable items for Mama's Pantry;

These are but a few of the pieces. The feedback from our clients provides the most accurate indication of the impact of our services on the lives of the people we support and serve. Thus, the value and resonance of these words from two of our clients:

"I really appreciate the love and quality of meals in my darkest hour...you relieved me of worries. And the food was actually good."

— 60 year old man living with AIDS

"My first concern was about taking care of my children and my husband. After my surgery I was not able to work, drive, lift heavy objects, shop, let alone cook. When Mama's Kitchen came to my door with prepared food I was lifted of a burden."

— 34 year-old woman living with breast cancer

www.mamaskitchen.org

Alberto Cortés

SERVICES PROVIDED

Home-Delivered Meal Services

AIDS Nutrition Program

♥ 284,925 Meals
♥ 394 Clients



Critical Illness Nutrition Program

♥ 70,602 Meals
♥ 196 Clients

Children's Nutritional Health Program

♥ 46,584 Meals*
♥ 106 Children*

Cost of Home-Delivered Meal Services:

Hot Meal Food: \$1,034,661
Hot Meal Containers: \$54,620
Total: \$1,089,281
Average Cost of a Home-Delivered Meal: \$3.06

**These 106 children and their meals are included in the totals for the AIDS Nutrition Program and the Critical Illness Nutrition Program, based on their or their parents' diagnosis.*



mama's
pantry



Mama's Pantry Service

5,768 Pantry Visits
827 Clients
109,383 meals



Pantry Service:

Pantry Food Purchased:	\$108,007
In-kind Pantry Food Donated:	\$29,176
Total:	\$137,183
Number of Pantry Visits:	5,768
Average Cost per Pantry Visit:	\$23.78
Average Annual Income for a Mama's Pantry Client:	\$7,404

Total Meals/Meal Equivalents provided in 2014

355,527 Meals (home-delivered)
109,383 Meal Equivalents (Pantry)

Nutrition Education Service

Mama's Kitchen established a Nutrition Education Service in 2014, with 36 classes taught to a total of 55 individuals. This service is open to all members of the HIV community in San Diego County. 75% of the participants were Mama's Pantry clients.

Mama's Kitchen Hot Meal Delivery by Area

590 Clients
355,527 Meals

North County
14% of Clients

Central
45% of Clients

East County
15% of Clients

South Bay
12% of Clients

Southeast
14% of Clients



Volunteer Time & Travel Valuation

One hour of volunteer time is valued at \$26.87*

**Source: 2014 data from The Independent Sector California*

34,757 hours of service
@ \$26.87 per hour equals \$933,921

Mileage estimated reimbursement rate:
\$.56/mile for business purposes

152,412 volunteer miles driven
(an average of 977 miles driven each delivery day)

Mileage in-kind contribution value: \$85,351

Total Valuation of volunteer contributions
(service and mileage): \$1,019,272

FINANCIAL STATEMENT

Statements of Activities

As of December 31, 2014

(with comparative totals for December 31, 2013)

Revenue, Gains, and Other Support

	2014	2013
County of San Diego - Ryan White	\$257,387	\$274,536
County of San Diego - HOPWA	137,806	154,521
CDGB City of San Diego grant	56,044	46,090
Contributions	1,498,994	1,518,872
Capital projects, net of discount	142,654	520,874
Donations in-kind	148,516	238,537
Donated services and facilities	391,239	354,963
Special events, net of direct expenses*	20,030	13,161
Investment income	37,842	40,375
Net realized and unrealized gain on investments	62,119	104,569
Total Revenues, Gains and Other Support	\$2,752,631	\$3,266,498

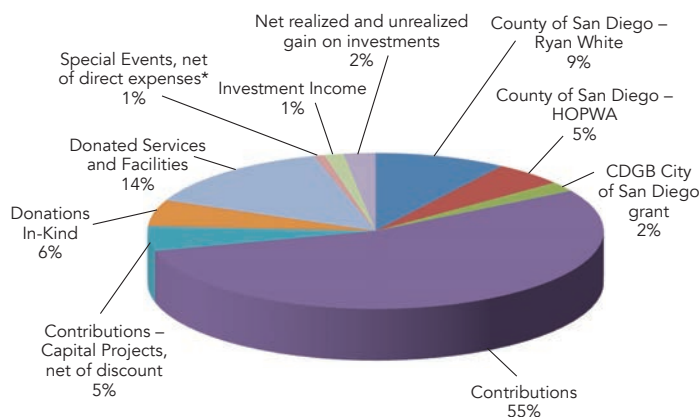
Expenses and Losses

Program services	2,416,140	2,358,286
Management and general	151,382	132,763
Fundraising	487,400	676,584
Total Expenses and losses	\$3,054,922	\$3,167,633

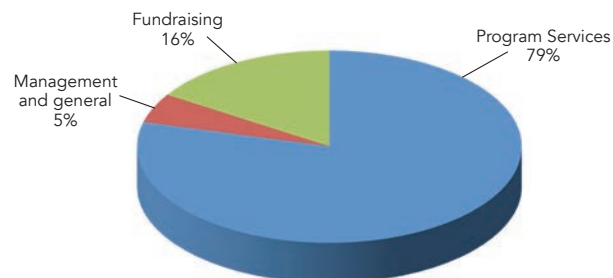
Change in Net Assets

(\$302,291) \$98,865

REVENUE, GAINS AND OTHER SUPPORT



EXPENSES AND LOSSES



* Direct expenses include all related expenses plus full value for all in-kind donations of goods and services, consistent with generally accepted accounting practices.

Statements of Financial Position

As of December 31, 2014 (with comparative totals for December 31, 2013)

Assets	2014	2013	Liabilities	2014	2013
Cash and cash equivalents	\$170,755	\$277,069	Line of credit	\$619,899	\$396,771
Investments (including \$396,771 pledged in 2013)	1,399,256	1,309,762	Accounts payable and accrued expenses	84,123	160,466
Accounts Receivable - net	94,685	96,926	Deferred revenue	74,896	16,000
Inventories	27,064	22,791	Current portion of long-term debt	50,327	46,903
Prepaid expenses and other	23,738	27,031	Total Liabilities	\$829,245	\$620,140
Pledges receivable - net - current portion	69,813	62,976	Long-term debt	861,751	922,078
Total Current Assets	\$1,785,311	\$1,796,555	Total Liabilities	\$1,690,996	\$1,612,218
Property and equipment - net	2,213,492	2,350,856	Net Assets		
Other Assets - net	59,858	134,763	Unrestricted	2,331,015	2,634,129
Total Assets	\$4,058,661	\$4,282,174	Permanently restricted	36,650	35,827
			Total Net Assets	\$2,367,665	\$2,669,956
			Total Liabilities and Net Assets	\$4,058,661	\$4,282,174

THANK YOU TO OUR VOLUNTEERS

300+ HOURS OF SERVICE

Ernest Andrade
Maria Cordileone
Tim Edwards
John McCarthy
Roger Negro
Mary O'Brien
Christine Tucker

200-299 HOURS OF SERVICE

Blair Alexander
Janet Bruner
Lonnie Brunini
David Camberg
Community Covenant Church
Jane Dostalík
Dolores Flores
Anthony Flores-Garcia
Steven Frank
Judith Kujawa
Celia Melvin
Patricia Pasquill
Steven Voshell
Scott Weldon

150-199 HOURS OF SERVICE

Anita Apostol
Sue Bakley
Zack Barmack
Paul Barnard
Claudia Bender
Stephanie Boyd
Letitia Estes
Jeffrey Fleming
Joel Gerber
Paul Grisham
Janus Guada
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Nancy Janus
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Jonathan Schwarz
Leah Tombleson
Roger Werbeck
Judy Wilson
Kelly Wing

100-149 HOURS OF SERVICE

Cynthia Bell
Stephen Bell
Kathy Borden
Bert Bloom, deceased
Rob Bridges
Robert Burdge
Robin Chiki
Kenneth Cloutman
Nan Coffin
Kathleen Corcoran
John Crepeau
Kathryn De Sousa
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Rubin Grell
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Bobbi Harwood
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Nui Jeong
Matt Klimjack
Letitia Kurtz
Lynn Luneau
Nancie McAuley
Chris McMahon
Michaela McNaught-Davis Hess
Valerie McNaught-Davis Hess
Sandy Mekuchonis
Aenea Mickelsen
Mawlid Mohamud
Robin Moss
Pamela Mudd
Barbara Perez
Daniel Potter
Leroy Pressley
Cyril Reinicke
Monica Reinicke
Karen Schuldies
Ken Scruggs
Eva Shek
Suzanne Stadler
Satoe Turner
Susan Vintilla-Friedman
Jack White
James Wong

50-99 HOURS OF SERVICE

Meherat Addis
Rodolfo Alaniz
Linda Allen
Dave Aposporos
George Arthur
Natasha Arthur
Carol Ball
John Ballnik
Elayne Berman
Karen Berson
Rita Bierman
Jadwiga Bliss
Paul Bliss
Doral Borgnis
Bo Bortner
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Debra Williams

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Christine Wood
Isaac Yonemoto
Garrison Yunker
Paul Zlotnik

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Jacob Adams
Victoria Albert
Jeff Alexander
Richard Allen
Irma Arce
Scott Archer
Lisa Arnold
Jen Arrowsmith
Steven Babe
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Timothy Brouillette
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Nicole Whadford
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Darren Wong
Stephen Wu
Kealsie Yarberry

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Everardo Aguilar
Rebecca Aguilar
Antoinette Albert
Ann Andrews
Victoria Arce
Lisa Arnold
Kevin Atto
Maureen Atwell
Rayne Bachman
Gil Badilla
Kirsten Badre
Piyam Baghal
Christopher Baker

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Stephanie Barton
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Brian Bazinet
Heather Beane
Holly Beane
Devoreo Bell
Cheyenne Bentley
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Liam Brucker-Casey
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Sophia Burt-Gracik
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Kelli Chessman
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Lynn Hardman
George Harlin
Jasmin Harris
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Rachel Henry
Barbara Herrinton
Nancy Hillenbrand
Whitney Hinshaw

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Natasha House
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Yolanda Houston
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Kyle Icke
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Calvin Iida
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Dang Nguyen
My Dung Nguyen
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Nicole Phillips
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Jennifer Pinckney
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Sharon Sullivan
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Robert Tice
Leah Tombleson
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We truly appreciate everyone's gifts to Mama's Kitchen, and we value your important contributions. If we omitted, misspelled, or listed your name incorrectly, please accept our apology for this inadvertent error, and contact Bill Patten at (619) 233-6262 ext. 109 for corrections.

THANK YOU TO OUR MAJOR SUPPORTERS

\$50,000+

Anonymous
County of San Diego
The MAC AIDS Fund

\$25,000-\$49,999

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The City of San Diego
Frances Hamilton White
San Diego Affiliate of Susan G. Komen
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Sycuan Casino

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\$5,000-\$9,999

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\$1,000-\$2,499

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At Mama's Kitchen we believe that everyone is entitled to the basic necessity of life — nutritious food. As a community-driven organization, we provide nutrition support to men, women, and children affected by AIDS or cancer who are vulnerable to hunger.

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