

TODAY AND
EVERY DAY

mama's  kitchen

2 0 0 7 Annual Report

Food preparation and delivery are central to the promise of our mission. This Annual Report is dedicated to all the volunteers who tirelessly give of their time, talents and resources, to deliver not only a basic necessity of life - nutritious food - but to share a touch of humanity with someone else in a way that nourishes us all.





Today we come together to say
who we are and why **we care.**
As abundance flows, each heart shows
gratitude and willingness **to share.**



With morning,
new challenges emerge
and old ones renew,
but **compassion** lights
paths we know to be true.

By bringing warmth
as the darkness lifts,
the sun will welcome us all
with each of its **gifts**.

MESSAGE FROM EXECUTIVE DIRECTOR & BOARD PRESIDENT

As we look back on 2007, the Board, staff, and clients of Mama's Kitchen give thanks for the generosity of so many San Diegans who transform our mission into life-saving and life-affirming action. Even when fires threatened a significant number of households last fall, our staff and volunteers continued to work diligently to prepare and deliver meals throughout the county, because we understand that nutrition is critical to our clients every day.

Given that the number of people we serve has increased by almost 25% since mid-2006, this generosity means more to our community than ever. This increase has come from two identifiable groups of people in need.

The number of people we serve, many of them
with AIDS, has increased by almost 25%.

Our commitment to people with AIDS is as strong as it has always been. In 2007, we saw an increase in the number of people with AIDS needing our services. Mama's Kitchen has always believed that every person deserves the basic necessity of life - nutritious food. For a person battling AIDS, proper nutrition is the foundation for life-sustaining medications and treatment. We continue to assess how our daily menus and services can be improved to help people affected by AIDS.

In early 2006, our Board of Directors made the decision to expand our services to people with critical illnesses other than AIDS. This means that San Diegans under age 60 who are unable to cook for or feed themselves due to a variety of illnesses now have help with meeting their basic nutritional challenges. The number of people we serve increased during 2007 as more and more San Diegans learned about Mama's Kitchen's Critical Illness Nutrition Program.

Our expanded mission has opened our eyes and our hearts to a community in need of assistance.

It would be impossible to do this work without the support of San Diego's many communities. Mama's Kitchen was the very thankful recipient in 2007 of thousands of contributions from a variety of donors in San Diego County and beyond. A very generous friend, Gloria Campbell, bequeathed to us over \$127,000 in 2007. Other donors became members of our Legacy Club, President's Circle, or Bread and Butter Club. Together with our over 700 volunteers, these donors bring our mission to life each day and provide comfort, hope and well-being throughout San Diego County to our neighbors affected by critical illness.

We are truly grateful for your support in 2007. As the challenges and opportunities of 2008 and 2009 come into clearer focus, the importance of your continued involvement in our journey is already clear. Mama's Kitchen continues to be the exclusive source of nutritious, life-sustaining food to many hundreds of men, women, and children affected by AIDS or other critical illnesses. We ask that you continue to move forward with us in our mission of nutrition and hope.

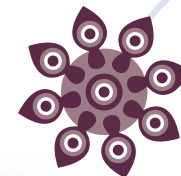
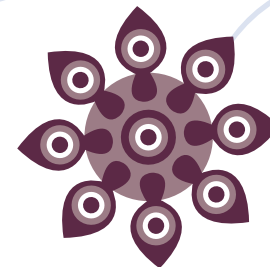


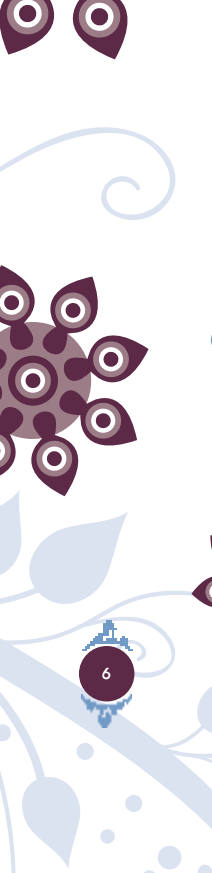
Alberto Cortés
Executive Director

Jennifer A. Kearns
Board President

The Honorable Toni Atkins joins Alberto and Jennifer to mark the 10,000th visit to Mama's Pantry.

We are so thankful for you. Your many and different gifts ensure that we keep our promise to people affected by AIDS or other critical illnesses.





To begin at dawn
without fail reveals
a depth of **commitment**
to deliver healthy meals.

On a typical Thursday morning you might find **Lonnie Brunini**, a retired postal worker, staffing Mama's Pantry in North Park by signing in clients as they get the non-perishable food they need for the month. Many have sung Lonnie's praises, and after spending a short amount of time with him it's easy to see why: he embodies the essence of every heart of every volunteer at Mama's Kitchen.

Did you know?

Beginning at 8:30 AM, an average of 50 or more volunteers show up to help deliver up to almost 900 meals a day!

Q: *How long have you been volunteering at MK?*

A: Since the Fall 2003.

For five years, Lonnie has delivered meals on Fridays to people in downtown San Diego who are living with AIDS. Lonnie doesn't own a car; so, he started working as a runner alongside a driver on the downtown route.

Q: *How many hours a week do you volunteer?*

A: I average about 5-6 hours a week.

Everyone gasped, "Wow!" He asked, "Is that a lot?" To put it in perspective, for an organization that exists only because of its volunteers, it is no small contribution – that sort of commitment easily yields 250 hours a year.

Q: *Why did you get started with Mama's Kitchen?*

A: Being retired.

That was the simple answer, but he went on to explain: he had good role models who were also facing retirement, one of whom was Bobbie Hardwood, another Mama's Kitchen volunteer. "She got me started. But not having a car and thinking MK is only about food delivery, I thought, 'What can I do?'. She brought it to my attention that there are jobs at MK other than delivery. So I went to the volunteer orientation and found out about the two person route, and I found out about the Pantry a year later."

Q: *What is it that draws you to volunteer work?*

A: The good thing about volunteer work is the people that you meet because almost 100% of the people that you work with, the co-volunteers and the volunteer coordinators, are the type of people you want to be around. I have

made countless new friends since I have started volunteering.... these are the people that I like to hang out with. It's very rewarding. And it is very mood-enhancing because anytime I start feeling not so great about things - if I do some volunteer work - I find out that I don't have it so bad. There are many, many other people in way worse. And I am really blessed and lucky. Reminding myself of that on a daily, weekly, monthly basis is really good for my own mood.

Q: *Why volunteer at Mama's Kitchen?*

A: There is a need. Non-profits cannot exist without volunteers. It is an essential part of an organization like Mama's Kitchen. Because our society is not a perfect one, we don't have enough funding from governmental and corporate sources to make it work. I mean we have to have people, everyday people, to give their time and whatever else they can to make things work. The good thing about Mama's Kitchen is that you can volunteer at the level that you are able. So it doesn't have to be a monetary contribution. It can be a time contribution or it can be a "picking your brain" contribution about how to make things better. The other good thing about Mama's Kitchen is the variety of jobs. You don't have to deliver. You can cook. You can work here in the Pantry. You can work everyday, or one day a week, or one day a month. Or one day a year at a fundraiser, which is fun in an entirely different way.



Thank you to Lonnie and
to each of our volunteers!

Your commitment is an inspiration to us all.



3,237 visits by 638 clients
29,133 Meal Equivalents
That's 55,029 lbs. of food

By early afternoon,
volunteer drivers will arrive
to pick up meals for clients
on routes that they drive.



HOME DELIVERED HOT MEAL PROGRAM

CAMP
PENDLETON

North County
Clients: 71
Meals: 45,663

ANZA
BORREGO
DESERT
STATE
PARK

Central Region
Clients: 319
Meals: 162,536

East County
Clients: 69
Meals: 42,789

South Bay
Clients: 49
Meals: 29,058

Southeast
Clients: 68
Meals: 39,277

Total Hot Meals

Clients: 576
Meals: 319,350

Average cost per meal:
(constitutes cost of food and containers)

\$2.68

Average number
of delivery routes

30

Average number
of meals on a route

27

Average cost of gas
in 2007 was approx.

\$3.04/gallon

Did you know?

On any given day, 10-20% of clients may receive "special meals" to address dietary and medical restrictions. In order to meet the needs of each and every one of our clients, Mama's Kitchen now manages up to 20 special menu plans, including:

Bland

Soft Diet

Diabetic

Liquid

Low Potassium

Vegetarian

No Tomato

No Pork

No Dairy

In addition to all those affected by HIV/AIDS, Mama's is now one of the only agencies in San Diego County to serve people with these and other critical illnesses for people under the age of 60?

CRITICAL ILLNESS NUTRITION PROGRAM

Total for 2007: 52,302 Meals

Some illnesses have included:

ALS / Quadriplegia

Amputation

Blindness

Cancer - brain

Cancer - liver

Cancer - pancreas

COPD / Pulmonary Disease

Diabetes

Kidney Disease

Pancreatitis-End Stage

Schizophrenia

Spinal Disease/Injury

Stroke

STATEMENT OF FINANCIAL POSITION

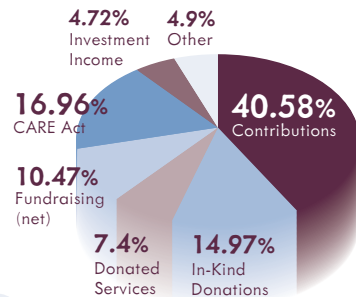
As of December 31

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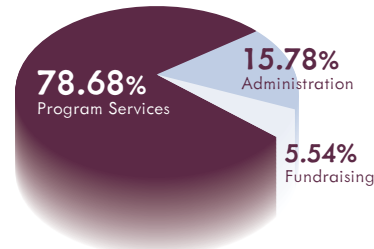
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Cash and Equivalents	529,424	495,640
Investments	2,198,214	2,153,149
Prepaid Expenses and Deposits	22,191	22,388
Grant Contracts Receivable	74,619	32,828
Inventory	11,610	15,987
Fixed and Intangible Assets (net)	97,963	93,808
TOTAL ASSETS	\$ 2,934,021	\$ 2,813,800
Accounts Payable	22,182	14,745
Accrued Liabilities	20,030	18,555
Deferred Revenue	15,000	15,000
Accrued Benefits	36,933	27,927
Unrestricted Net Assets	2,809,514	2,708,315
Permanently Restricted Net Assets	30,362	29,258
TOTAL LIABILITIES & NET ASSETS	\$ 2,934,021	\$ 2,813,800

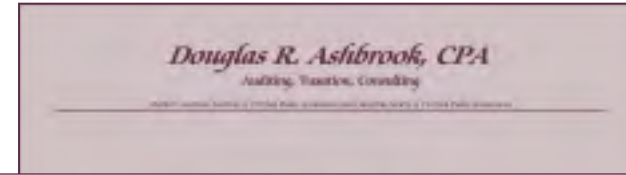
STATEMENT OF ACTIVITIES



07 REVENUE



07 EXPENSES



INDEPENDENT AUDITOR'S REPORT

To the Board of Directors of
Mama's Kitchen

I have audited the accompanying statement of financial position of Mama's Kitchen (a nonprofit organization) as of December 31, 2007, and the related statements of activities, cash flows, and fund-raising expenses for the year then ended. These financial statements are the responsibility of Mama's Kitchen's management. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with auditing standards generally accepted in the United States of America. Those standards require that I plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit is also conducted for accounting principles and accounting practices consistent with the United States of America.

In my opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Mama's Kitchen as of December 31, 2007, and the changes in its net assets and its cash flows for the year then ended in conformity with accounting principles generally accepted in the United States of America.

March 21, 2008

Douglas R. Ashbrook, CPA

View the full report

Visit www.mamaskitchen.org/AR2007
to download the PDF.

Did you know?

Food costs in 2007 were \$940,176 compared to \$765,006 in 2006 –
a 23% increase in food costs!

If not for **volunteers**
who work without pause,
we would not be able
to give aid to our cause.



300 OR MORE HOURS

Lonnie Brunini
Ed Burditt
Mike Caruthers
Nancy Janus
Roger Negro
Mary O'Brien
Barbara Oswalt

200 - 299 HOURS

The Institute for
Effective Education
Paul Barnard
Janet Bruner
Jane Pettimermet
Rob Norton
Sue Bakley
David Camberg
Concepts Worldwide
Betty Lowe
Frances Rambo
Christine Tucker

150-199 HOURS

Jadwiga Bliss
Paul Bliss
David Diener
Glenn Dugan
Letitia Estes
Joel Gerber
Bonnie Haas
Bobbi Harwood
Herman Hatley
Diane Holland
Patricia Hosaka
Kevin Hunter

Monica Reinicke
Jack White
Krista Zamora
La Jolla Country Day
School

100 - 149 HOURS

Clair Burns
Robert Burdge
Alfred Aberle
Ernest Andrade
Linda Allen
Cynthia Bell
Elayne Berman
Kathy Borden
Jerry Carota
Tim Carpenter
Robin Chiki
Nancy Christie
Nancy Clark
Carol Clause
Kenneth Cloutman
Nan Coffin
Sherry Cohen-
Richards
Lynetta Cottrell
John Crepeau
Sandy Crozier
Denise De Caprio
Karen Dey
Martha Dugan

John Etchechury
Ann Fitzpatrick
Jeffrey Fleming
Scott Gardner
Paul Grisham
Guys Like Us
Jack Hall
Barbara Herrington
Kelley Hess
Julie Hollarn
David Hosaka
Lois Hosmer
Kari Leone
Michael Lindsay
Jeffery Magee
Elizabeth Mars
Carol Matthews
MBE - The UPS
Store
Carolyn McFarlane
Tiffany McKenzie
Diane McSweeney
Robin Moss
Gerald Neu
Melissa Neumann
Tien Nguyen
Jeanette Noakes
Sandy Crozier
Denise De Caprio
Karen Dey
Martha Dugan

Patricia Pasquill
Barbara Perez
Marion Perlman
John Prosen
Caroline Reader
Sharon Reynolds
Shirley Ross
Carole Salazar
San Diego City
Schools -
Exceptional
Programs
Judy Schroeder
Ken Scruggs
Thomas Shadek
Jon Sherry
Zac Shira
Charlene Soriano
Eleni Stevens
John Tricoche
Susan Vintilla-
Friedman
Erika Walsh
Tracy Weiss
Judy Wilson
Roxanne Wisenberg

50 - 99 HOURS

Mebys Abrams
Patti Abramson
Alpha Phi Omega
Barbara Andrade
Dominick
Andreacchio
Cicely Andres
Lisa Arnold
Arusha Project
Chad Austin
Adam Beavers
Elisabeth Bergan
Susie Berger
Karen Berson
Elizabeth Biala
Shawna Biles
Bonnie Bolden
Thomas Borgerding
Bo Bortner
Joannie Brandt
John Bunrasi
Maximillian Carper
Anne Carver

Julia Castlen
Donald Caulfield
Daniel Corti
Kathryn Curtis
Larry Dalen
Rachel Damm
Jade Davis
Kevin Day
Jason DeFay
Kevin Delaney
Naomi Denenberg
Cheryl Devlin
Timothy Devlin
Janet Dixon
David Downing
Sandra Dreisbach
John Drury
Jeremy Dutton
Angela Egner
Michael Escobedo
Ramon Esquer
Albert Esquivel
Gary Foster
Geraldine Freed
Terrilou French
Roger Frey
David Friedman
Manuel Gamboa
Marilee Gillen
Carrie Gillespie
Carol Goynne
Peg Habetler
Jeff Hanna
Patie Hansen
Bryan Heers
Stephen Hoag
Scott Hogan
Leroy Holloway
Jerry Hughes
Hyatt Regency La
Jolla
Judy Jeong
Brian Jessup
Sue Johnson
Marc Knoles
Carmen Koenig

Kay Larimer
Nicole Oder
Elaine Lewis
Elisabeth Lipton
Matt LoPinto
Myra Lousteau
Sarah Lovell
MAC Cosmetics
Manchester Grand
Hyatt
Phillip Margallo
John McCarthy
Lisa McCraw
Raymond McFarlane
Gloria McNurten
David Miles
Luther Miles
Nando Mireles
Ingrid Moore
Jenna Moore
Sally Mowry
Elizabeth Murray
Jon Nack
Catherine Nerenberg
Duc Nguyen

Martha Obermeier
Nicole Oder
Mark Parker
Anthony Pastore
Judith Paulson
Roy Peloquin
Amy Perez
Rafael Petere
Sharon Peterson
Lisa Porcelli
Paul Portillo
Karen Posey
Laura Rascon

Steven Rasky
Saxon Rawlings
Douglas Reh
Tom Rice
Mark E. Roberts
Mary Anita Robinson
Jessica Rodriguez
James Ruboyanes
Elizabeth Rye
Steve Saars
Natasha Sandrock
Todd Schedel
Abbey Schneeloch
Karen Schuldis
Suzanne Schwartz

Chris Sheehan
Sheila Small
William Smith
Bradley Stech
Anton Sterzinger
Richard Stravinsky
Anne Sugden
Richard Taubman
Bob Terris
Masa Toda
Teleia Tollison
Cris Vasquez
Victor Vasquez
Joyce Vonstuck
Carol Wahlen
Ronald Wakefield



Steve Walker
Rebecca Weckerly
Eddie West
Cindy Wray
Isaac Yonemoto
Shaun Yudelson
Garrison Yunker

25-49 HOURS

Jeff Alexander
Courtney Ames
Kirsten Ashby
Mike Bahary
John Ballnik
Don Ballou
Thomas Bell
Donald Benjamin
William Boucher
Isabel Boylston
Roy Briscoe
Dion Brown
Gwen Brown
Terry Buchholz
Cristina Butterfield
Lynn Capelotti
Rachelle Carvajal
Pamela Ciborowski
Christopher Collier
Marco Collins
Community & Career
Connections
Community Covenant
Church
Terry Conley
Sharon Deatrick
Aaron DeVenere
Martha Dixon
Shannon Dooling
Barry Dubis
Doc Faulkner
Gilbert Field
Jason Finmark
Rick Fisher
Adam Francis

Carlos Garcia
Kirk Garrod
Dan Gilbreath
Donald Goff
Carol Harris
Tim Hayden
Kelly Healy
Ana Herrera-Garcia
Kelly Hoopes
Arthur Hopkins
Leticia Huerta
Alice Hussey
Gilda Ingram
Virginia Jordan
Jennifer Kearns
Rachel Keeler
Dan Kerrigan
Ky Kingston
Yamuna Krishna
Drew Kroft
Terri Laksari
Lynne Leach
Kimberly Mc Dermott
Leta Mertes
Lupe Montes
Phyllis Naiman
Seiko Nakamura
Joyce O'Neill
Connie Pappas
William Paskert
Philip Patton
Chau Pham
Bernie Piotrowski
Abigail Prescott
Peter Rambo
Leslie Randolph
Sherri Relyea
Jeff Roberts
Barbara Rose
Janice Roubesh
Lance Scott
Thomas See
Rita Sindelar
Karissa Smith
Leigh Sorge

Michael Starkman
Marty Stirtz
Donna Sucov
Young Sung
Ryann Sweeney
Zak Szymczak
Michael Thomas
Grace Trieu
Rodney Turner
Joy Watkins
Chaz Watson
Mary West
Pat Whitt
Eddie Whittaker
Margaret Wiedower
Mitchell Williamson
Robertta Witte
William Woodburn

1-24 HOURS

Shermaine Abad
Kelly Abbott
Shaheed Abdullah
Shehla Admani
Candice Alcantara
Keith Alexander
Sean Allen
Rebecca Andrews
John Anguiano
Mark Atkins
David Ayers
Donnie Baca
Diana Badyrka
Michael Bair
David Balch
John Balch
Randell Baltazar
Banana Republic
Robert Banko
Marisol Barragan
Diego Barriga
David Bayer
Noel Becchetti
Douglas Bennett

Francois Bereaud
Steve Bernier
Karen Berry
Candy Bickett
Mikel Bistrow
Vanessa Bolden
Joe Bonilla
John Bonno
Ryan Bradley
Siobhan Braun
Rashad Brazier
Michael Brierley
Janelle Broadbent
Barry Brockman
Kristin Bronowicki
Sarah Brookes
Michael Brooks
Melanie Bruce
Greta Brushie
Carolyn Bubela
Jennifer Bubenik
Donna Budd
Laurie Bullard
Susan Burgess
Gray Burnett
Becky Bykowski
Luke Camarillo
Dominico Castillo
Renee Castillo
Gowthem
Charugundla
Max Chen
Leanna Chicoine
Shawn Clay
Michaela Clegg
Bret Cleveland
Ben Cloren
Tonia Cohn
David Contois
Jessica Culpepper
Ellen Daly
James Damon
Robin Datko
Laila Daudani

Arielle Davis
Latroy Davis
Nancy Davis
Darrell Dawson
Shannon DeGross
Kaylie Denenberg
Princess Desser
Jessica Dhaliwal
Thana Dhanaphibul
Mariano Diaz
Mark Dimapawi
Kristen Donath
Ruth Eastwood
Tracy Ebba
Lori Elder
Katherine Enad
Nicole Ervin
Julieta Fajardo
Vanessa Fajardo
Gisele Fassino
Tina Feist
April Fellers
Emily Field
Patricia Field
Priscilla Figueroa
Oren Fishman
Aida Flores
Mark Foster
Kenneth Freed
Eileen Gaudette
Lauren Gaudette
Rudolf Geissmann
Breeanna Gergen
Stacey Gergen
Adam Gerza
Janis Gil
Debra Gillett
Faunee Glass
Nora Gomez
Deborah Gordon
Bradley Green
June Green
Lauren Greenberg
Miranda Greenberg
Charles Gregan
Sara Gros-Cloren
Eric Guico
Laurie Gunn

Annette Gutierrez
Agnes Haddox
Ryan Haggins
Jessica Hall
Martin Hall
Chuck Hamaker
Edward Hand
Jeanette Handelsman
Michael Hanley
Janet Hanpeter
Sam Haque
Stanley Harazim
Blair Harris
Jasmin Harris
Steve Harrison
Dana Harwood
Sherry Harwood
Eloisa Haudenschild
David Heilbrunn
Kevin Heiss
Janet Heist
Leona Heraty
Vidal Herrera
Barbara Herrington
Randy Hill
Mary Hoang
Bill Holcomb
Sarah Hollander
Lisa Hollenberg
Gary Holt
Diane Hook
Judy Howard-Jones
Joaquin Illades
Barbara Ingersoll
Intuit Inc.
Jeanne Iturri
Doreen McCoy
David Jacobs
Stacey James
Felix Jandoquile
Janie Jones
Sara Katz
Nichole Kebriti
Amy Kennedy
Jhon Kietly
David Kieschnick
Daniel Kim
Michelle Kizner
Rebecca Klatch
Persis Knipe
Adam Kosich
James Kotonias

Rita Krieger
Len Krouner
Maureen Krouner
Daniel Kurowski
Jarod La Jenness
Wayne Lam
Heather Lamb
Kimberly Lamb
Dani Lewis
Suzanne Lim
Chih Lin
Diane Lischio
Michael Louis
Justin Lowenthal
Matt Lugenbill
Lindsay Lugo
Denise Lynch
Susana Macbeath
Nicole Mackey
Lisa Maes
Kiana Majette
Cheryl Mallinoff
Michael Mangoian
Nicole Mansour
Lana Mapes
Kate Marciari
Sandy Marciari
Ron Marcus
Megan Marmo
Becky Marrokal
Allen Martin
Stephanie Matchniff
Jennifer Maurel
Guy Mayenobe
Nancie McAuley
Doreen McCoy
Lauren McKay
Daniel McMillan
Jan McMillan
Katherine McMullen
Derrick Medina
Michelle Melish
Maria Melton
Stacey Miles
Dawn Minette
Alexander Mirbod
Eric Montijo
Malika Morar
Fernando Moreno
Vanessa Morishige
Shirley Mulcahy
Stephen Munson
Jacqueline Muraski

Mina Nazaryan
Jennifer Nelson
Dang Nguyen
Flora Niebbs Araiza
Crystal Nieves
Steven Nossan
Brandy Ogans
Fred Paisley
Ilhwan Pak
Jerry Parent
Kathy Parucznik
Clarence Paul
Aziza Pavageau
John Pelkey
Ryan Penner
Alana Pennington
Lee Perry
Dana Pettaway
Looiin Phi
Curtis Philpot
Janice Philpot
Jason Phoebeus
Kim Thi Phuong
Flori Pierri
Anne Marie Pleska
Jon Potter
Ellen Preston
Grace Pugal
Ronald Ratliff
Carolyn Rattasay
Kathy Redmond
Raquel Reid
Cyril Reinicke
Sheri Rellick-Smith
Shawn Renken
Alexandra Rice
Marilyn Rice
Nicole Richards
David Ricks
Kirk Riley
Matthew Ring
Jessica Ristan
Nick Rivera
Jenny Robinson
Mary Robinson
David Roellich
Jaime Rosales

Marie Rowan
Elizabeth Russell
Randy Rye
Amy Rypins
Michael Salazar
Allene Sammons
San Diego Choice
Program
Renato Sanudo
Herb Scholnick
Kathleen Schow
Diana Schwartz
Chanin Scott
Jason Scott
Alon Shabo
Marc Shearer
Eric Shearin
Kelly Sherlock
Su-Ning Shieh
Enid Silver
Colleen Smith
Craig Smith
Juanita Smith
Sharia Smith
Mark-Allen Sniff
Nicole Soares
Michael Soriano
Anthony Sosa
Sara Southern
Meghan Sprague
Mark Stadwiser
Steven Stadwiser
Daniel Stephen
Storefront
Merry Street
Cynthia Sullivan
David Sullivan
Mark Sullivan
Susie Swaner
Kristina Swanson
Tina Swanson
Loren Taggart
Claudia Taormina
Sergio Tapia
Christine Tat
Brad Taylor

Steven Thompson
Gabe Tiano
Mike Tollison
Crispan Torres
Joshua Torres
Tiem Tran
Anne Trinh
Jessica Trost
Christina Trusty
Heidi Tuason
Kathalyn Tung
Marissa Turner
Corey Umstead
Meredith Van der
Walt
Yvonne Vargas
Marina Verdugo
Peggy Vistercil
Mark Vogel
Rachael Vrooman
Michael Wais
Jessica Wall
Ruth Walton
Sarah Weber
Laurie Weiner
Marty Weiner
Cameron Wheeler
Gloria Wilder
Evan Williams
Robin Williams
Susan Williams
Michael Williamson
Bryan Winke
Lisa Winters
Tyler Winters
Willa Winters
Gregory Wisenberg
Sam Wisenberg
Evelyn Witherby
Robert Worsham
Jeff Wright
Carlos Ynares
Brandon Zelasko
Tamara Zyhylij

Did you know?

The total number of volunteer hours in 2007 was 32,454. At \$20.36/hr.*, that is the equivalent of \$660,707.

*Source: The Independent Sector

Oh! The client letters
is **gratitude expressed!**

"This is why we give,"
some have confessed.

Three years ago, I was near death... lost 35lbs.
Then a good doctor, medication, and Mama's
Kitchen got me back on my feet. I want to thank
each of you who make my life worth living.

Thank you! Thank you!
Thank you! Thank you!
Please keep up your
loving work. I need you.

Thank you for the food, for your caring
and for the peace of mind in just knowing
that someone cares about me.

Thank you for your kindness, from the
it at my door. Your smiles and your h
and love are often the only human to

I really appreciate having someone
to talk to when I am having a rough
day. Thank you so much!

I not only look forward
to the food for my body,
but also to the food for
my soul - your love and
acceptance given with
each delivery.

Your support during my mother's illness
gave me the strength to take care of her
until she died. Mama's Kitchen is wonderful.

Without this service, my health
would not be as stable as

What you do counts.

You all do the nicest things and everyone always wears
a smile. You make the world a better place by practicing
the art of reaching out to others by giving from the heart.

Great Partnerships Build Great Communities



Daniel J. Tucker
Chairman, Sycuan

The story of the Sycuan Band of the Kumeyaay Nation is one rich with history and pride in their heritage and the environment. They understand the importance of community involvement and are always seeking new ways to give back to their native homeland.

Sycuan's community outreach program is centered on social service organizations that are the backbone of our community - Mama's Kitchen is one of these key organizations.

Daniel J. Tucker, Tribal Chairman of the Sycuan Band of the Kumeyaay Nation states it best, "We are proud to support Mama's Kitchen and believe strongly in their mission to serve patients with HIV/AIDS and other critical illnesses nutritious meals. Each and every person deserves the basic necessity of food and we are honored to do our part in attempting to achieve this mission with Mama's Kitchen."

Thank you, Sycuan!

Your continued support ensures our mission's success!



And to our community, our donors generously leave a legacy of love which together we weave.



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listing all of our supporters in 2007.
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to Mama's Kitchen and we value your
important contributions. If we omitted,
misspelled, or listed your name
incorrectly, please accept our
apology for this inadvertent error,
and please contact Russ Hayes at
(619) 233-6262 ext.112 for corrections.

A caring community, we know how to have fun!

MAMA'S DAY

Presented by Sycuan Resort and Casino, the 16th annual Mama's Day event was held at the Hyatt Regency La Jolla at Aventine on May 11th. Over 700 guests enjoyed the "Mama Loves Mambo" theme and tasted signature dishes from almost 70 of San Diego's best restaurants. This important fundraiser is one of San Diego's most popular events, and each year welcomes current supporters as well as introduces Mama's Kitchen to new friends.

PIE IN THE SKY

Since its debut three years ago, Pie in the Sky has become one of the Kitchen's signature fundraising events. Once again, Mama's family of volunteers, staff, sponsors, bakers, and sellers rallied together to sell over 2,800 apple, pumpkin, and pecan pies. For the first time, Mama's Kitchen served as "Pie Central" and what a success! The bake sale grossed over \$85,000 to support our mission.



WINE TASTING AT BOURBON ST.

The 12th annual Wine Tasting Event at Bourbon Street was made possible due to the contributions of Michael Mack from Bourbon Street, Scott Wagner from ChileCo Catering and emcee Monique Marvez from JACK 100.7 FM. The night was again an incredible success, with over 300 guests tasting fine wines, enjoying hors d'oeuvres and bidding on items in our Silent Auction. Net proceeds for the event were over \$20,000, and wines were provided by Freixenet, Jewel Collection Viognier, Stonewall Riot Chardonnay, Coppola Rosso Classic and William Hill Merlot. Thank you to our sponsors!



TREE OF LIFE

More than 300 supporters gathered in winter weather at Village Hillcrest on World's AIDS Day to commemorate those affected by AIDS, and to recognize the ongoing successes achieved against the epidemic. Special guests included Mayor Jerry Sanders, State Senator Christine Kehoe, Todd Gloria from Congresswoman Susan Davis' office, and Ron Roberts' Chief of Staff Gary Rotto. A candlelight vigil was led by Terry Cunningham from San Diego County Public Health Services, and the Gay Men's Chorus of San Diego infused the night with holiday music. Personalized ornaments decorating the Tree of Life honored loved ones affected by HIV/AIDS, and Mama's Kitchen raised over \$20,000 to support our meal delivery services.

And remembering what we share we'll come together as one.

Though our work is never done,
it's for everyone we're glad to say,
"We'll continue to live and love
today and every day!"



mama's kitchen

Lastly, we thought you'd like to know:

95.4% of clients in 2007 rated
the quality of our service as **EXCELLENT**.

OUR MISSION

At Mama's Kitchen, we believe that every person is entitled to the basic necessity of life – nutritious food. As a volunteer-driven, not-for-profit organization, we prepare and deliver food to men, women and children who are affected by AIDS or other critical illnesses.

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Alberto Cortés
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J.D. Damon
Distribution Coordinator

Anne R. Garger
Executive Chef

Melinda Balkom
Director of Development
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Alan Harris
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Bill Patten
Manager of Volunteer
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Chip Cline
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