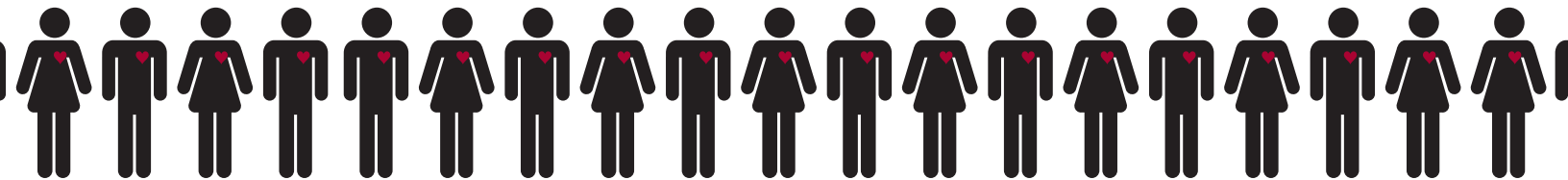
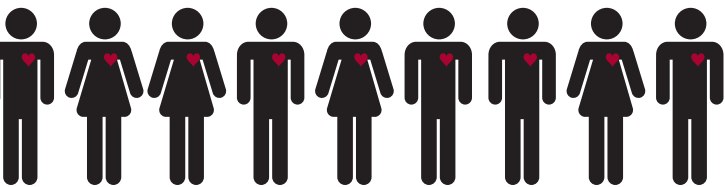


OUR MISSION

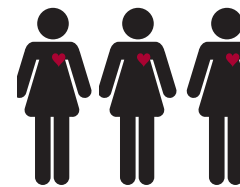


At Mama's Kitchen we believe that every person is entitled to the basic necessity of life – nutritious food. As a volunteer driven, not-for-profit organization, we prepare and deliver food to men, women and children who are affected by AIDS.

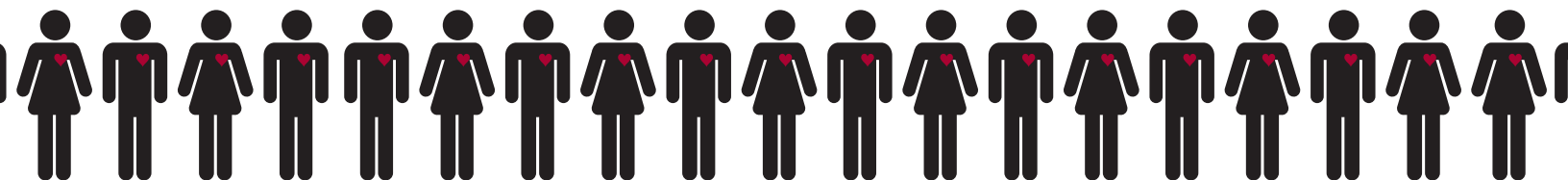
WWW.MAMASKITCHEN.ORG



Putting our **heart** into it
Annual Report 2002

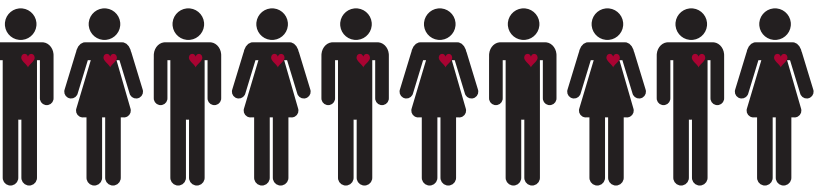


mama's  kitchen



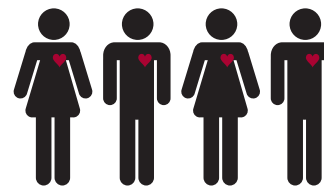
2 0 0 2 B O A R D O F D I R E C T O R S

Kelly Abbott / Technology Director, Red Door Interactive
John Barcarse / Business Owner, SEVEN Restaurant
Rick Bernardo / Vice President/Branch Manager, Union Bank of California
James C. Bingham / Division Manager, SAIC
Don Caulfield / Community Leader
Kathryn Cooney / Attorney, Law Offices of Kathryn P. Cooney
Alberto Cortés / Clinic Director, Family Health Centers of San Diego
Zapher Dajani / Business Owner, Abbey Cafe
Thomas J. D'Amico / District Sales Manager, NCR Corporation
William Dowler / Personnel Analyst, San Diego City Schools
Erich Drotleff / Project Manager, UCSD Health Plan Services
Scott Elders / Field Supervisor, Chas. Levy Circulating Company
Judy Gregg / Management Consultant
Laurie Gunn / Deputy District Attorney, County of San Diego
Stephanie Hagstrom / Business Owner, Hagstrom Consulting
Dan Howard / Corporate & Securities Specialist, Cooley Godward LLP
Stacey E. James / Associate Attorney, Sheppard, Mullin, Richter & Hampton
Robin Madlock / Principal, Madlock & Associates
Susan K. Mazza / Deputy District Attorney, County of San Diego
Don Medley / Senior Mgr. of Corporate Affairs for State Government, Intuit
Jason J. Molnar / Attorney, Manning & Marder, Kass, Ellrod, Ramirez, LLP
Carlos Morales-Stevens / Social Worker, County of San Diego
John A. Pelkey / Senior Instructional Designer, Amylin Pharmaceuticals
Rhett Peterson / Senior Marketing Associate, Voit Commercial Brokerage
Jennifer Rough / Senior Vice-President, Equity Management, Inc.
Denise Reinicke / Communications Specialist, Time Warner Cable
Jaime Rosales / Meeting Manager, Mail Boxes Etc.
Manny Soto / President, Open Doors Consulting
Robin Stemen / Attorney, Equity Management
William Tench, M.D. / Associate Clinical Professor, UCSD School of Medicine
Philip H. White / President, The Hamilton-White Foundation
Bryan Winke / Principal, Bryan Winke Design



2002: A Year in Transition

A Window of Opportunity



The year 2002 will be remembered as a period fraught with challenges for Mama's Kitchen. We began the year in the aftermath of one of our nation's most tragic occurrences - an event we all recognize by the numbers 9-11. Next came the long-planned retirement of one executive director and the hiring of another, with several other staff changes occurring during the year.

New members of our Board of Directors began their terms of office, and the board as a whole decided to reorganize their committee structure to maximize the contributions of each member. We held a staff retreat to examine our organization's direction, programs, long-term financial stability, and to share perspectives on how best to meet the challenges ahead and those within.

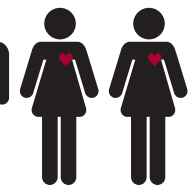
We made changes in various programs and policies to accommodate the changing face of AIDS in San Diego County. We know that, increasingly, women and children, people of color, and those who are homeless or drug-addicted make up our caseload, and we have taken measures to meet these challenges.

Transitions within any organization are about endings and beginnings, and whether they are planned well in advance or are thrust upon us unexpectedly, they create ripples in the fabric of familiarity and custom that we all find comforting. Yet transitions offer windows of opportunity to examine an organization's weaknesses and strengths. They force long-held beliefs and policies to once again prove their mettle in the arena of competing ideas. And they result in a re-birth of healthy organizations and of those beliefs and policies that have again proven their worth under the scrutiny of new eyes and awakened commitments.

Mama's Kitchen has not only survived this challenging year of transitions, but we have thrived with the opportunity to re-define those few policies needing change, and we're gratified to know that most others have stood the test of time. When the year 2002 began, we believed that Mama's Kitchen was a vibrant, healthy organization ready to face any challenges that might arise. Now, one year later and a host of transitions behind us, we know that this is true, and we are confidently poised to merit our community's continuing trust and support.

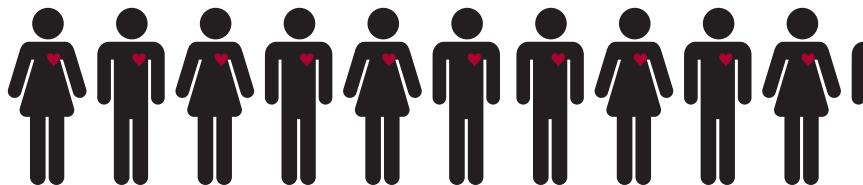


*“...every person is entitled to the
basic necessity of life - nutritious food.”*



A Letter from the Board President

Strategic Planning



Dear Friends,

Since its inception Mama's Kitchen has delivered nutritious meals to people living with AIDS in San Diego County. At Mama's Kitchen we believe that every person is entitled to the basic necessity of life – nutritious food. As a volunteer driven, not-for-profit organization, we prepare and deliver food to men, women, and children affected by AIDS.

With your generous support last year we prepared and delivered over 422,000 meals to over 700 men, women, and children affected by AIDS. These nutritious meals have allowed our clients to maintain a better quality of life during what could have been their darkest days. Thank you for allowing us to extend life, compassion, and hope to our clients.

While we experienced a small decrease in contributions, my thanks to the generosity of our individual and institutional donors, and to our board members who stepped in to bridge the year-ending gap with personal donations and individual fundraising. Mama's Kitchen survived a challenging economy with no erosion of service to our clients.

In 2002 Mama's Kitchen developed four strategies in response to the changes impacting our organization:

- ♥ Identify the best methods to organize the board and committees to maximize the potential contributions of each board member.
- ♥ Examine the changing demographics impacting Mama's Kitchen.
- ♥ Develop a diverse funding strategy to ensure our long-term future.
- ♥ Mama's Kitchen's public image should be broadened to reflect our existing and future clientele and our expertise in the field of HIV/AIDS nutrition.

Our strategic planning process takes into account the ever-changing external and internal issues that impact and shape the future of our organization. We recognize that 'who we are' is as important as 'what we do,' and we remain dedicated to honoring both our record of efficiency and our history of integrity and exceptional client services.

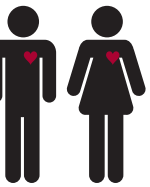
As we move into 2003 we once again ask you to renew your commitment to sustaining our mission. We need your help to ensure that Mama's Kitchen will be here for our clients until there is no longer any need. Thank you for being a loyal supporter of Mama's Kitchen.

Sincerely,


Thomas J. D'Amico / President

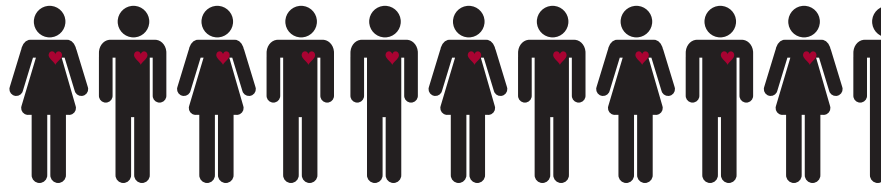


economy slumbered. The economic slump that permeated the year affected our fundraising results by decreasing the average size of individual donations, even though the total number of individual donations increased. Mama's Kitchen also experienced a decrease in value of our emergency reserve funds due to the weak performance of the



A Statement from the Executive Director

Keeping Promises



The year 2002 proved to be a period of accomplishments and challenges for Mama's Kitchen. Our many hundreds of volunteers continued to donate the generous gift of time by contributing the equivalent hours of 22 full-time employees, or over \$700,000 in donated payroll and benefit expenses. While maintaining a sharp focus on our mission, these volunteers continued to be the hands of Mama's Kitchen, preparing and delivering over 422,000 meals to over 700 men, women, and children. This was accomplished with professionalism, dedication, and most importantly, with love.

Our grocery bag program continued to grow in 2002 as we delivered over 3,500 bags of groceries to individuals and families in need of nutritional support! This program provides Mama's Kitchen the opportunity to work closely with other San Diego social service providers, including Stepping Stone of San Diego, Christie's Place, CASA South Bay, and the Hemophilia Council of San Diego. By serving as drop-off sites, these collaborating agencies help increase access to Mama's Kitchen's services.

Our fundraising events in 2002 were generously supported as we continued our tradition of netting over 80% of proceeds from fundraising activities. Despite this, Mama's Kitchen experienced one of our most difficult years as the stock market fell and the

stock market. But due to the generous response from many of our donors to a year-end request for support, as well as a fundraising campaign by our board of directors, we ended the year with only a modest deficit - and with no impact on our ability to provide services. Consistent with our tradition and history, Mama's Kitchen continued to provide services without having any waiting lists and without turning away anyone who qualified.

Mama's Kitchen has always existed with the hope of some day living in a world without AIDS and without the need for our services. But we must still perform our due diligence to assure the financial viability of Mama's Kitchen, not only in the short-term, but for the future as well. Our board of directors has been working on the establishment of an endowment fund with the goal of increasing the long-term self-sufficiency of our organization.

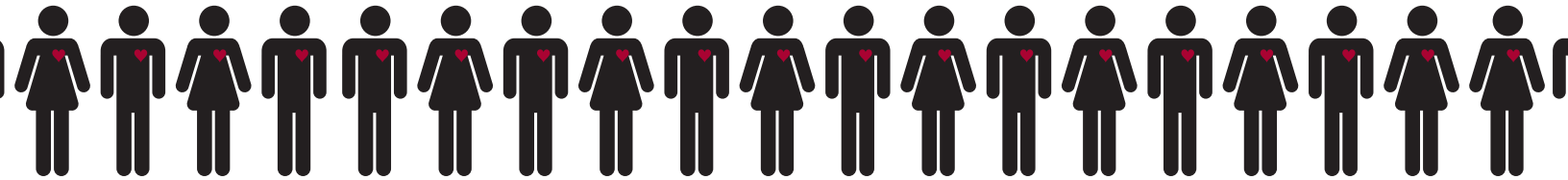
Despite remarkable medical advancements we have good reason to believe that, to paraphrase Robert Frost, we still have many promises to keep and miles to go before we sleep.

Thank you for staying on this journey with Mama's Kitchen.

Alberto Cortés / Executive Director

Bourbon Street

Wine Tasting



Tree of Life

Lighting Ceremony

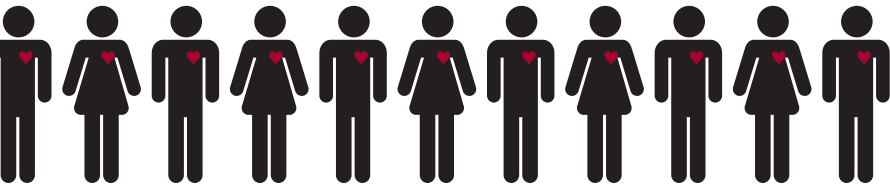


Corporate Reception

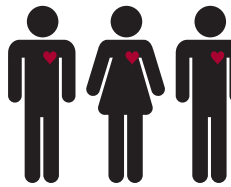
at the Kitchen



Donors & Volunteers



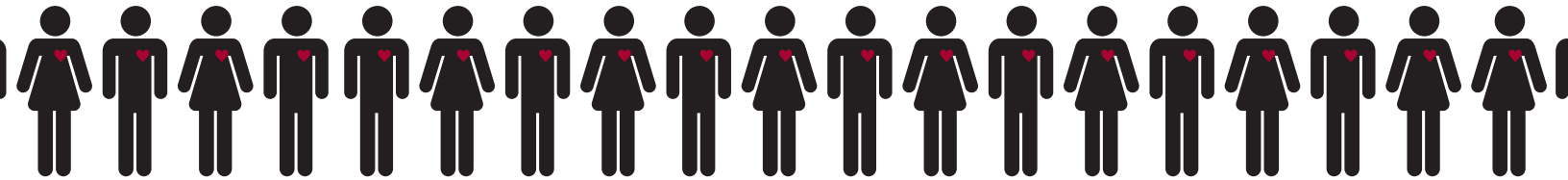
Pictures Say It All
Thanks to our Volunteers



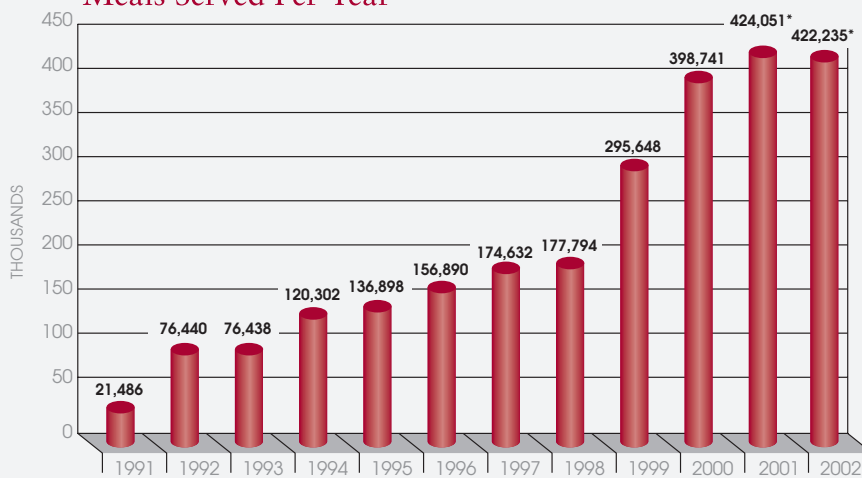
Mama's Day *The Red Hot Event*



MEALS SERVED PER YEAR AND VOLUNTEER HOURS



Meals Served Per Year

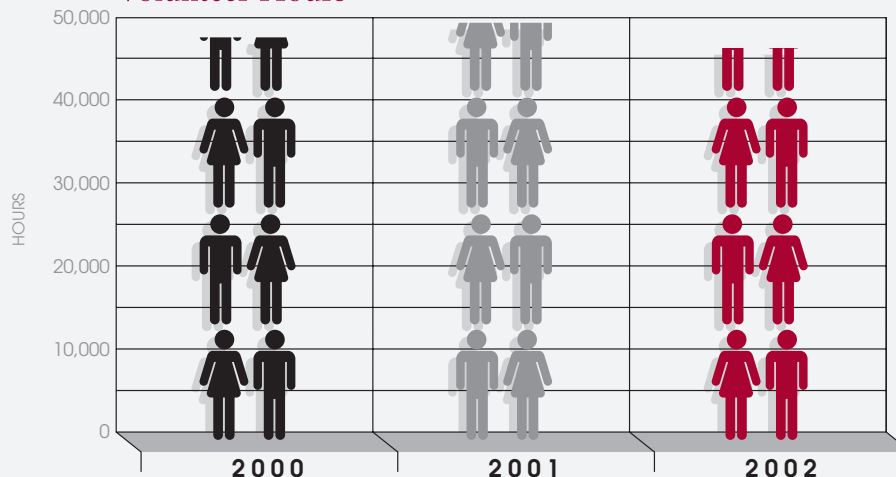


YEAR MEALS

1991	21,486
1992	76,440
1993	76,438
1994	120,302
1995	136,898
1996	156,890
1997	174,632
1998	177,794
1999	295,648
2000	398,741
2001	424,051
2002	422,235

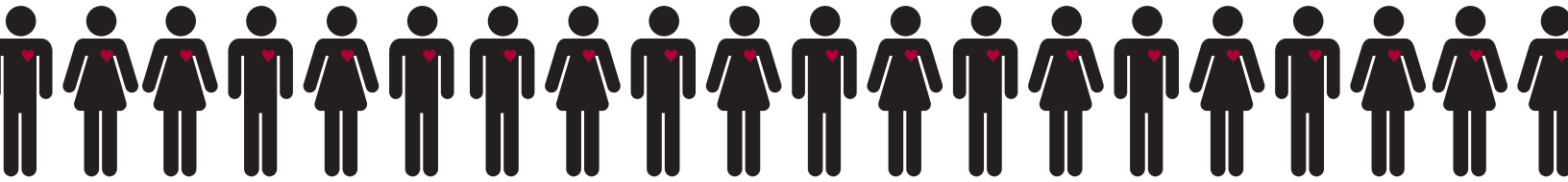
*Includes Grocery Bags

Volunteer Hours



2000	2001	2002
47500.00	49775.25	46820.25

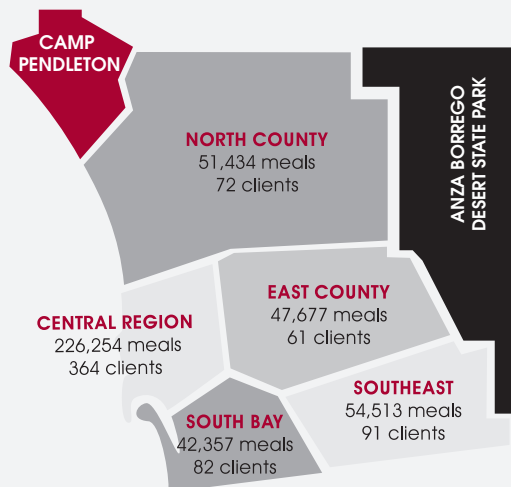
MAP OF ACTIVITIES AND GROCERY BAG PROGRAM



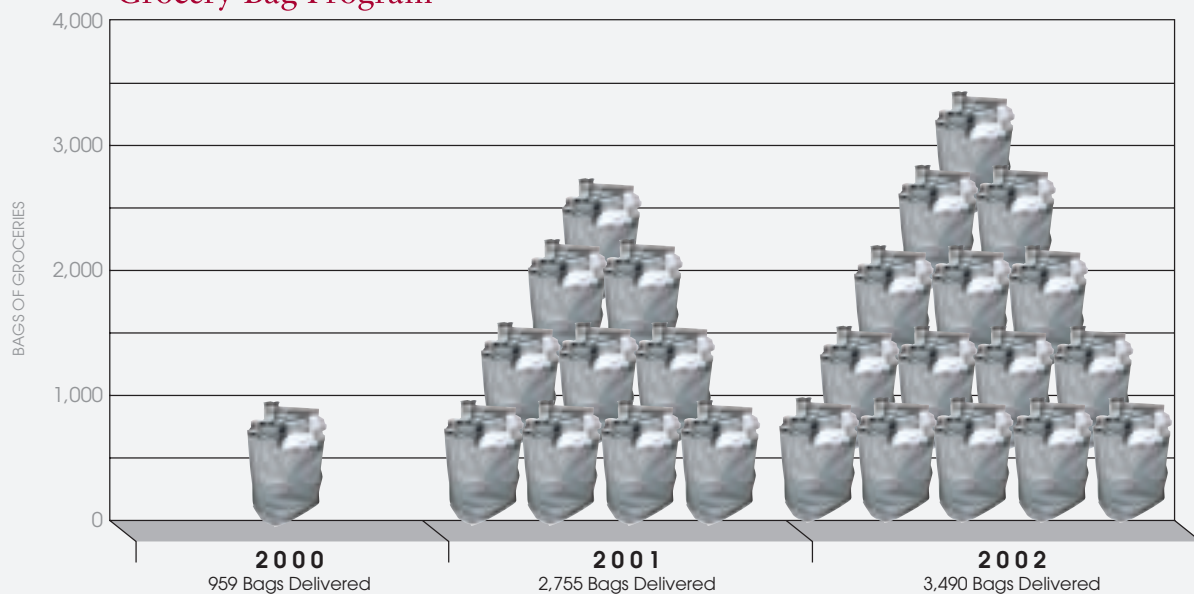
Client Totals by Region

Total Number of Clients = 670

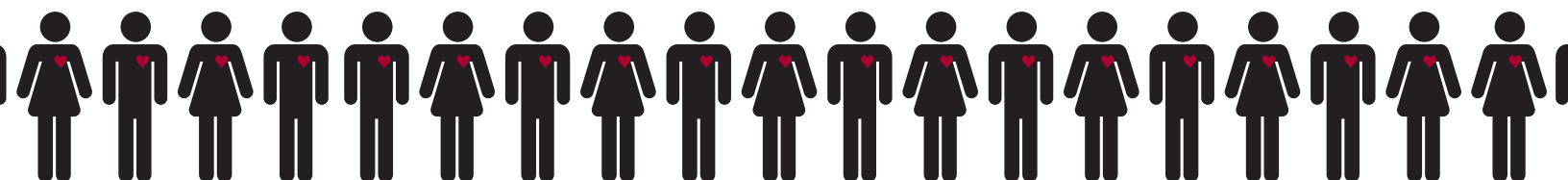
Total Number of Meals = 422,235



Grocery Bag Program



STATEMENT OF FINANCIAL POSITION



<i>As of December 31,</i>	<i>2 0 0 2</i>	<i>2 0 0 1</i>
ASSETS		
Cash and Cash Equivalents	\$337,348	\$886,598
Investments	\$1,148,610	\$634,376
Prepaid Expenses & Deposits	\$20,025	\$27,987
Grant Contracts Receivable	\$38,449	\$36,992
Inventory	\$21,921	\$24,658
Office & Computer Equipment	\$80,117	\$78,521
Kitchen Equipment	\$99,351	\$99,351
Delivery Van	\$24,808	\$24,808
Leasehold Improvements	\$24,966	\$24,966
Less: Accumulated Depreciation	\$(182,243)	\$(161,039)
Total Assets	\$1,613,352	\$1,677,218
LIABILITIES		
Accounts Payable	\$1,485	\$4,447
Accrued Vacation Payable	\$14,752	\$12,194
Grant Contract Advances	\$0	\$25,592
Sales Tax Payable	\$130	\$0
Total Liabilities	\$16,367	\$42,233
NET ASSETS		
Unrestricted	\$1,572,985	\$1,624,953
Permanently Restricted	\$24,000	\$0
Temporarily Restricted	\$0	\$10,032
Total Net Assets	\$1,596,985	\$1,634,985
TOTAL LIABILITES & NET ASSETS	\$1,613,352	\$1,677,218

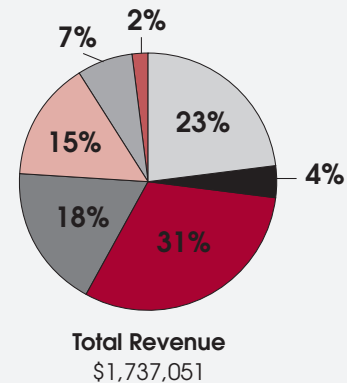
STATEMENT OF ACTIVITIES

As of December 31,

2 0 0 2

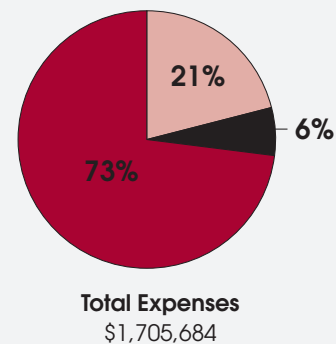
REVENUE

■ Federal C.A.R.E. Act - Ryan White	\$393,163
■ City & County of San Diego	\$77,502
■ Individuals	\$531,023
■ Corporations and Foundations	\$311,775
■ Special Events	\$264,967
■ In-kind Donations	\$124,089
■ Interest Income	\$34,532
Total Revenue	\$1,737,051



EXPENSES

■ Program	\$1,247,733
■ Management and General	\$107,180
■ Fundraising	\$350,771
Total Expenses	\$1,705,684



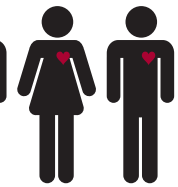
CHANGE IN NET ASSETS	\$ (38,000)
NET ASSETS, BEGINNING OF YEAR	\$1,634,985
NET ASSETS, END OF YEAR	\$1,596,985

We are deeply grateful to the individuals, corporations, foundations who are listed below for their generosity to Mama's Kitchen. The year 2002 was the most challenging in our history, and your loyal support has helped us fulfill our mission of delivering food and nutrition to San Diegans affected by AIDS. Thank you!

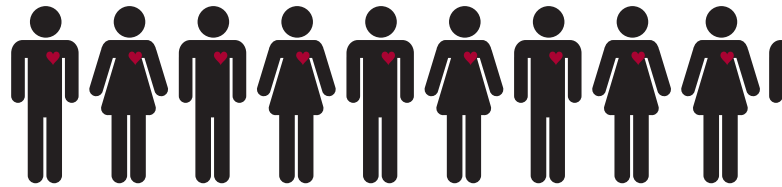
Macy's Passport Fund
Nordstrom
Kenneth T. and Eileen L. Norris Foundation
Pacific Life Foundation
Pratt Memorial Fund
Progressive Computing, LLC
San Diego County Combined Federal Campaign
Bob Schlesinger
William D. Tench M.D.
Weingart Price Fund at The San Diego Foundation
Phil and Ann White

Carl E. Crider and Carol L. Clause
Cubic Corporation
Thomas J. D'Amico and Randy Sulzer
Desire R. Igual De Montijo and Manuel A. Silva
Anthony C. Demos
Todd Dempsey
Tom Dillon
Stephen and Roberta Edelstein
Charles and Sue Edwards Foundation
Sue Elam
Scott W. Eldredge
Sharon and Steven Elggren
I. J. and Margaret Engler

San Diego Men's Chorus
San Diego Tennis Federation
Scripps Health
Sheppard Mullin Richter and Hampton LLP
Statscript/Fifth Avenue Pharmacy
Frank Stefano
Daniel R. Stephen
James L. Stoltzfus and Floyd Humphreys
Clifford and Pamela Surko
10,000 RV Sales Inc.
TRW Employees Charity Organization
TRW Systems and Information Technology Group



A heartfelt thank-you to all our generous donors!



Guardian Angel

\$50,000 +

Altria
County of San Diego
(Ryan White C.A.R.E. ACT Funds)
City of San Diego

Advocate

\$25,000 - \$49,999

Frances Hamilton White
The Hamilton-White Foundation
The San Diego Foundation

Champion

\$10,000 - \$24,999

Agouron Pharmaceuticals
AIDS Walk San Diego
Alliance Healthcare Foundation
Anonymous
Callaway Golf Company Foundation
Elton John AIDS Foundation
Intuit, Inc.
MAC AIDS Fund
Stephen D. McIntee and Robert Meinzer
National AIDS Fund
PeopleFirst Finance, LLC
Pfizer La Jolla
Qualcomm, Inc.
SAIC
San Diego HIV Funding Collaborative
Dr. Seuss Fund at The San Diego Foundation
The Charles H. Stouf Foundation
The Sunshine Brooks Permanent Fund of AIDS Foundation
Tenet Healthcare Foundation
Union Bank of California
Wells Fargo Bank

Benefactor

\$5,000 - \$9,999

Anonymous (3)
Thomas C. Ackerman Foundation
James C. Bingham and William K. M. O'Dell
Broadway Cares/Equity Fights AIDS Inc.
The Country Friends
The Max and Victoria Dreyfus Foundation
Federated Department Stores Foundation
Ben Haddad
Kaiser Permanente
Kay Larimer and Bud Larimer Jr.
Jesse Lurie Foundation

Patron

\$2,500 - \$4,999

Charles and Ruth Billingsley Foundation
Mary Louise T. Brown
Leslie J. Cohen
Kathryn P. Cooney and Robin Madlock
County Employees Charitable Organization
Donald J. and Mary D'Amico
Tom Darcy
Lani Donohoe and Tom Griffin
Flagship Research San Diego
Samuel I. and John Henry Fox Foundation
Ortis Furches and David Henbest
Joseph and Dorothy Goldberg Charitable Trust
Bill Hughes and John Davis
International Association of Culinary Professionals Foundation
Berrie and Bud Kastner
KSWB Cares for Kids Fund
Don Medley and John Morrisseau
The Oak Tree Philanthropic Foundation
David and Nora Payne
Reward Technologies LLC
SDG&E Employees' Contribution Club
SDG&E/Sempra Energy
St. Luke Roman Catholic Church
Robin Mary Stemen
Until There's A Cure Foundation
Viejas Enterprises

President's Circle

\$1,000 - \$2,499

The Abbey Café
Anonymous (2)
Bears SD/Bears San Diego
Thomas G. Belprez
John J. and Elisabeth Bergan
Rick Bernardo
Iris R. and Ronald F. Bird
W. Joseph and Brigitte Blood
Donna L. Brooks, MD and Catherine Conheim
Gene Burkard
Victoria W. Campbell and Martha Campbell
Choice Imaging Solutions Inc.
Alberto R. Cortés
Alec L. Cory, Attorney At Law
Steven and Celeste Cowell
Joe Craver

Richard D. Farrar
Raymond Fluta
GAP Foundation Money For Time Program
Geico Philanthropic Foundation
Edith and David Glassey
Bill A. Gloer
Golden Eagle Insurance Corporation
Great News
Jerome D. Halloran
Edward S. Hand and Stanley C. Harazin
Louise L. Hay
George Hecht
Charles M. and Joan F. Howe for the Howe Family Fund at The San Diego Foundation
Thomas A. Hunt and Joanne M. Berg
ITLA Capital Corporation
J.P. Morgan Chase Foundation
William H. and Wendy Jacoway
Stacey E. James and Sandy Marciari
Anthony Janus and Nancy C. Gross
David Joseph Katona
Timothy Kazwell
Terry E. Kovarik
The Leichtag Family Trust
Judy A. Lidstrom
Lipinsky Family Foundation
Joanne Lobato
Nancy L. Lynn Charitable Foundation
Inge Marasso and Fred J. Marasso, M.D.
Susan K. Mazza and Arnold La Guardia
Carolyn and Raymond McFarlane
Jason Molnar and Jeff Hendershot
Laurie D. Munday
Jerome and Eleanor Navarra
Robert O. Newbury
North Island Financial Credit Union
Thomas and Linda Oakley
Dennis and Joanne Paradise
Maria-Elena Parra and Julie Bendig
Pfizer Foundation Matching Gifts Program
Potiker Family Foundation
Kevin M. Poulos and Richard Fisher
Elizabeth A. Powell and Lynn Adams
Phil and Karen Rodgers
Doron E. Rosenthal
Jeffrey L. Rush, M.D. and Loni Rush
San Diego City Firefighters Local 145
San Diego City Schools
Community Service Association

The Unitarian Universalist Fellowship of San Dieguito

Jim Urbina
US Bank
Tobin G. Vaughn
The Vons Companies Charitable Foundation
Ronald W. Wakefield
Mike C. Ward
John Warner
David H. and Lynda H. Watson
WD-40 Company
Weekend Exercise Co Inc.
Wild Oats Markets, Inc.
dba Henry's Marketplace
Bryan Winke
Sally Woodward
Zale Corporation
James Ziegler Fund at The San Diego Foundation

Partner

\$500 - \$999

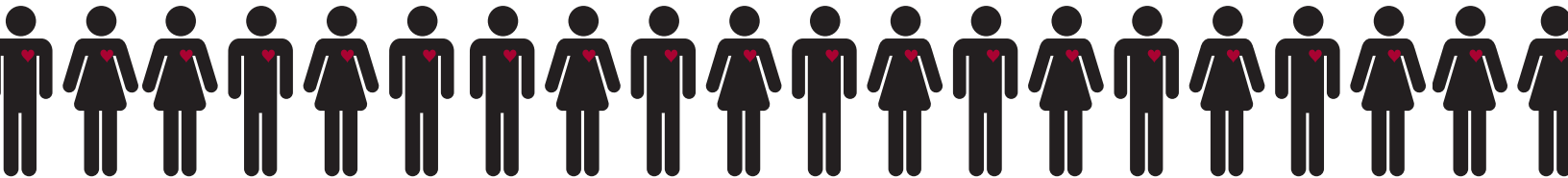
Harlen G. Alcorn, Ph.D. and Rebecca Alcorn
Howard A. Allen
American Association of Critical Care Nurses San Diego Chapter
Anonymous (5)
Gabriel Arregui
Jim T. Arrowsmith
Arter and Hadden LLP
Lyman Avilla and Robert McBride
Bankers Hill Properties
Paul V. Barnard
Katherine A. Bell
Norman Blachford
Paula M. Blocker
Bollotta and Associates
Bennett C. Borer
Arthur Brodshatzer
B. J. Brooks, M.D. and Elsa Brooks
Duane P. Brown and Lyndon Little
Buffalo Exchange
Calvary Lutheran Church
Liane and True Carr
Case Group Architects, Inc.
Donald E. Caulfield
Marsha and Bill Chandler
Millard K. Cluff II
Sydney and Larry Cousins

Barbara Cox and Peg Habetler
Susan A. Davies
Joan Dayton
Michael and Nancy Denen
Thomas and Aurora DePaolis
Marc and Robin Dime
DK Management
David Dold
Michael J. Dowling
Neal Dunn
Linda and John Elder
Isaac Engel and Ruth Schwartz
Euroflex Sleep Systems of San Diego Inc.
Factual Data

Daniel T. O'Connor and
Kellie Evans-O'Connor
Walter T. Obermeier
Olé Madrid Cafe
Barbara B. Oswalt
Robert E. Parker
Terrill Scatena Peterson
Jane F. Petitmermet
Richard Phelps and Randall A. Myres
Point Loma High School Film Club
Rad Video, Inc.
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Denise Reinicke
Edward H. Richard and Warren P. Kendrick

Antonia Barnhart
Lori and Hunter Baskins
Jedd E. Bogage
Charles Bates and Donald Carse
Helga and Charles Bencik
Kevin Berg and Dianne L. Onstad
Karlene K. Bergold
Charles A. Bird and Charlotte Soeters Bird
Mark S. Bjorstrom
Helen D. Blackeby
James W. Bolwerk
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James Lewis Bowers
Jack E. and Charmian C. Bowsher

Clarice and Don Elders
Scott Elders
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First United Methodist Church of La Mesa
Lawrence Fisher, Jr.
Lisa and David Fittinghoff



Farrell Family Foundation
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Kathryn Fishback
Eris Fortunato
Theo F. Fusby
Edward M. Gergosian and
Susan J. Hoekenga
Gill Foundation Fund at
The San Diego Foundation
Sidney Goodman and Keith May
Donald and Christine Gordon-Dill
Gordon Family Trust at
The San Diego Foundation
Jerry and Diana Greenspan
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Theodore Gryga
Bobbi and Ted Harwood
Dr. Nan Haugen and Dr. June Scopinich
Peggy Heim
Charles Higgins and Ray Lubecki
Randy Hill
Gerald and Ingrid Hoffmeister Fund at
The San Diego Foundation
Edward E. Huckle
Richard and Ann Jaffe Foundation
Sanjay Kumar Jha and Fiona Mackin-Jha
Ronald K. Jones
Joseph Webb Foods
Charles S. Karninski and Jeffrey Shorn
Philip M. Katcher
Jennifer A. Kearns Esq.
C. E. Kee, M.D.
Patrick J. Kennedy
Mary and George Krempf
Michael Landau-Harrison
David Lasky
James R. Lennox
Steven Paul Letz
Jain Malkin and Stuart Rubin
Kristin Mallory
Laura Martin
Carla Mathison
E. R. McCandless
Edith G. McCrea
Robert Michelet
Jenny Bateman Mudge
Stephen Peter Nedley
Linda Van Noy
Northstar Community Church
Larry O'Brien

Trenton R. Riley
Janet Nichol
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Beate and Michael Russe
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Kenneth Darren Schneider
Shure Family Trust
Sidney R. and Maggie Silverman
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Dolores and James Sinclair
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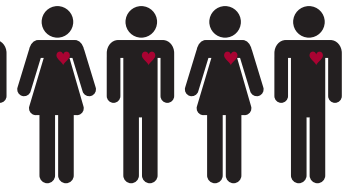
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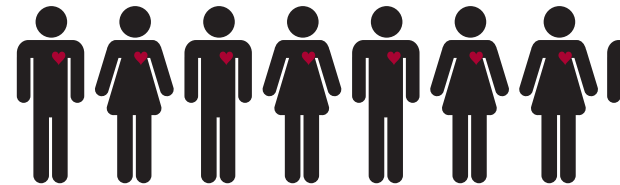
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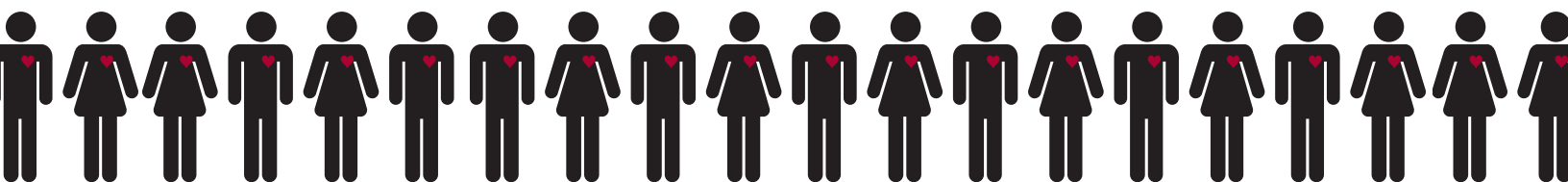
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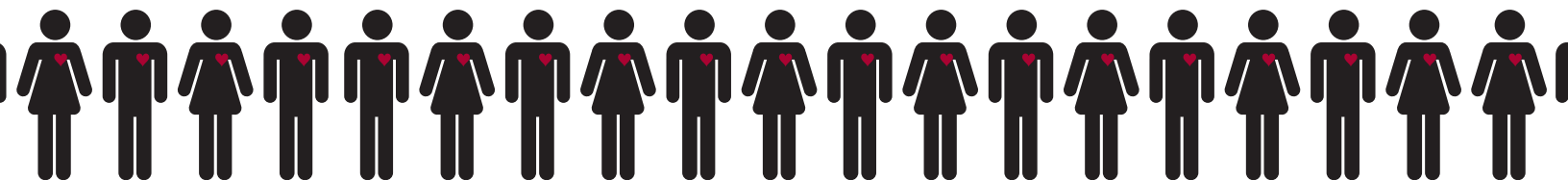
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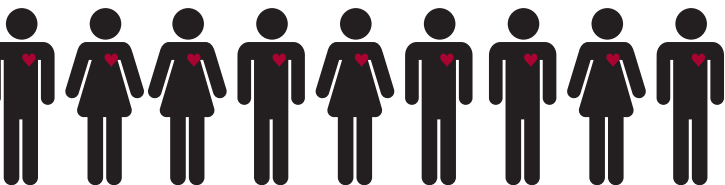
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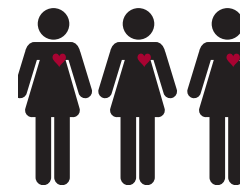
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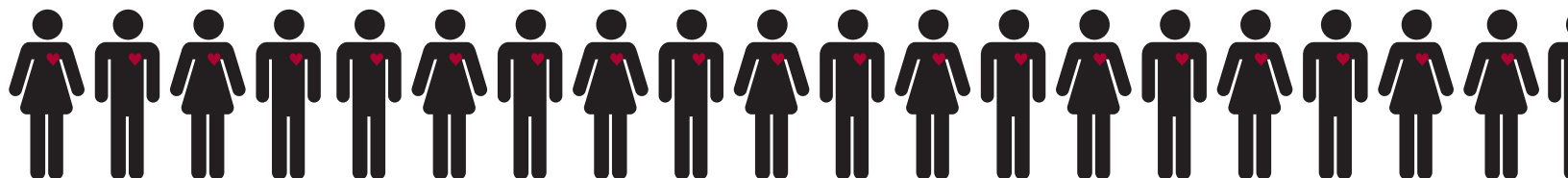
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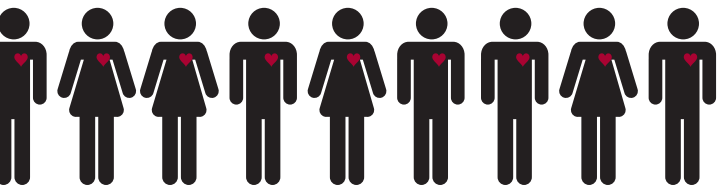
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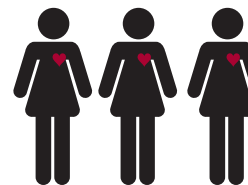
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